**Supplementary Table 5. Subheadings for Data Extraction**

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| **Subheading** | **Description** |
| Research Question | Any research questions |
| Study Setting | Location and country (e.g., prenatal clinic in LA, USA) |
| Population Demographics | Summary of main factors with values if given (e.g., mean age, %married etc.) |
| Gestational Age | How age of gestation was confirmed during pregnancy (i.e., last menstrual period, ultrasound)How preterm birth was definedMean(SD) gestational age/length at birth/number of the sample born prematurely (if given) |
| Sample Strategy/Size | Sample sizeWeek of gestation participants recruited (if available – i.e., completed questionnaire at 24 weeks gestation)How they were recruited |
| Psychometric Measure of Anxiety Used | How anxiety was measured (e.g., STAI, HADS, clinical interview- if certain cut-offs are given also state these here) |
| Study Design | Study design (e.g., prospective, cohort, case-control) |
| Method of Data Collection | How data was collected (e.g., self-report of questionnaires but medical data extracted from records)If data was collected at a specific time |
| Ethical Issues | Any criteria that meant a participant was ineligible or excluded from the study (e.g., multiple birth, foetal malformation, or anything else of note) |
| Method of Analysis (incl. control for confounders) | How confounders were identified How data was analysed |
| Study Findings | Precedence was given over reporting statistics adjusted for confounders |
| Relationship | Is there a relationship between gestational age and anxiety |
| Other Comments | Anything else important to note |