

eTable 4: Incremental costs and quality adjusted life years (QALYs) for sensitivity and secondary analyses

	Incremental Cost	Incremental Benefit	ICER	Probability CE £20000	Probability CE £30000
Health & Social Care Value Set for England (VSE) EQ-5D-5L QALY					
Groups ABD ¹	£143 (£-1080 to £1367)	0.03 (-0.01 to 0.08)	4133.397	86%	89%
Groups ABCD ¹	£581 (£-324 to £1486)	0.03 (-0.01 to 0.07)	19144.66	59%	67%
Groups AB ¹	£745 (£-982 to £2471)	0.02 (-0.04 to 0.07)	46775.72	53%	59%
Groups D ¹	£-905 (£-2347 to £537)	0.06 (-0.02 to 0.14)	Dominant	95%	94%
Health & Social Care Mapping to EQ-5D-3L QALY					
ABD ¹	£143 (£-1068 to £1354)	0.04 (0.00 to 0.09)	3374.954	90%	93%
Wider Societal (VSE QALY)					
ABD ¹	£-5169 (£-15394 to £5056)	0.03 (-0.01 to 0.08)	Dominant	89%	90%
Training costs £413 per patient (VSE QALY)					
Groups ABD ¹	£367 (£-891 to £1626)	0.03 (-0.01 to 0.08)	10598.41	79%	85%
Training costs £33 per patient (VSE QALY) ²					
Groups ABD ¹	£-13 (£-1236 to £1211)	0.03 (-0.01 to 0.08)	Dominant	90%	92%

1-Group A completed follow-up before March 23, 2020 (when national COVID-19 lockdown was instigated in the UK). Group B completed treatment before March 23, 2020, but completed follow-up after March 23, 2020. Group C were randomly assigned to treatment groups but did not receive treatment before March 23, 2020, and completed follow-up after March 23, 2020. Only 30 (34%) participants in group C received their physiotherapy treatment within the trial follow-up period and the treatment was delayed (8 from specialist physiotherapy, received at a median of 253 days post randomisation; 22 from treatment as usual, received at a median of 174 days post randomisation). Group D were recruited in the extension period from Aug 3, 2021.

2 -Physiotherapy training was delivered over 5 days at a total cost of £33,788 for the 17 therapists trained or £1,988 per therapist. As 179 participants in the specialist physiotherapy arm received the intervention this translates to an (upper) conservative estimate of £189 per participant given that therapists are likely to deliver the intervention to a greater number of patients than this in usual practice. Assuming a caseload of 15 patients per therapist per year this cost could be as low as £33 per patient.