

eTable 2: Descriptive statistics, self-report resource use from the Client Service Receipt Inventory (CSRI)

	Specialist Physiotherapy		Treatment as usual	
	n (%)	mean (SD)	n (%)	mean (SD)
Community contacts				
Baseline	135 (96%)	13 (14)	104 (98%)	11 (12)
6 months	124 (95%)	12 (13)	91 (95%)	12 (12)
12 months	119 (89%)	10 (15)	85 (89%)	12 (15)
12 months total	122 (95%)	21 (22)	89 (99%)	22 (22)
Specialist outpatient contacts				
Baseline	135 (96%)	3 (3)	104 (98%)	4 (5)
6 months	98 (75%)	4 (4)	82 (85%)	3 (3)
12 months	94 (70%)	3 (4)	63 (66%)	3 (4)
12 months total	112 (88%)	6 (6)	83 (92%)	6 (6)
A&E attendances				
Baseline	65 (46%)	2 (2)	41 (39%)	2 (1)
6 months	44 (34%)	3 (5)	24 (25%)	2 (1)
12 months	31 (23%)	2 (1)	22 (23%)	2 (1)
12 months total	53 (41%)	3 (4)	40 (44%)	2 (2)
Unplanned admissions, number				
Baseline	33 (23%)	1 (0)	18 (17%)	1 (1)
6 months	16 (12%)	1 (0)	12 (13%)	2 (1)
12 months	11 (8%)	1 (0)	10 (11%)	2 (1)
12 months total	26 (20%)	1 (0)	19 (21%)	2 (1)
Unplanned admissions, nights				
Baseline	27 (19%)	6 (8)	15 (14%)	5 (5)
6 months	12 (9%)	5 (11)	11 (11%)	7 (7)
12 months	10 (7%)	6 (6)	9 (9%)	9 (10)
12 months total	21 (16%)	6 (10)	16 (18%)	10 (12)
Planned admissions, nights				
Baseline	13 (9%)	5 (7)	9 (8%)	2 (2)
6 months	2 (2%)	18 (16)	1 (1%)	2 (0)
12 months	4 (3%)	6 (10)	2 (2%)	4 (1)
12 months total	6 (5%)	10 (12)	3 (3%)	3 (2)
Hospital Investigations ^a				
Baseline	65 (46%)	13 (4)	45 (42%)	14 (2)
6 months	42 (32%)	9 (6)	34 (35%)	11 (5)
12 months	42 (31%)	9 (6)	31 (33%)	8 (6)
12 months total	63 (49%)	12 (9)	46 (51%)	14 (9)
Total hospital contacts				
Baseline	97 (69%)	13 (9)	69 (65%)	12 (7)
6 months	66 (50%)	10 (10)	47 (49%)	12 (8)
12 months	66 (49%)	8 (8)	45 (47%)	9 (8)
12 months total	83 (65%)	14 (12)	58 (64%)	15 (14)
Publicly funded social care (hours)				
Baseline	19 (13%)	38 (44)	7 (7%)	42 (41)
6 months	18 (14%)	30 (38)	10 (10%)	35 (23)
12 months	16 (12%)	43 (53)	5 (5%)	27 (15)
12 months total	19 (15%)	62 (77)	10 (11%)	43 (29)
Contacts with wheelchair service				
Baseline	25 (18%)	2 (2)	10 (9%)	9 (15)
6 months	14 (11%)	11 (26)	14 (15%)	2 (1)
12 months	9 (7%)	2 (2)	11 (12%)	6 (12)
12 months total	16 (13%)	11 (27)	19 (21%)	5 (10)

Home adaptations				
Baseline	49 (35%)	1 (0)	36 (34%)	1 (0)
6 months	51 (39%)	1 (0)	34 (35%)	1 (0)
12 months	45 (34%)	1 (0)	24 (25%)	1 (0)
12 months total	61 (48%)	2 (1)	39 (43%)	1 (0)

n = proportion who used the service; mean is only for those who used the service (excludes 0s).

A&E = Accident and Emergency

^a = includes MRI, Lumbar puncture and EEG