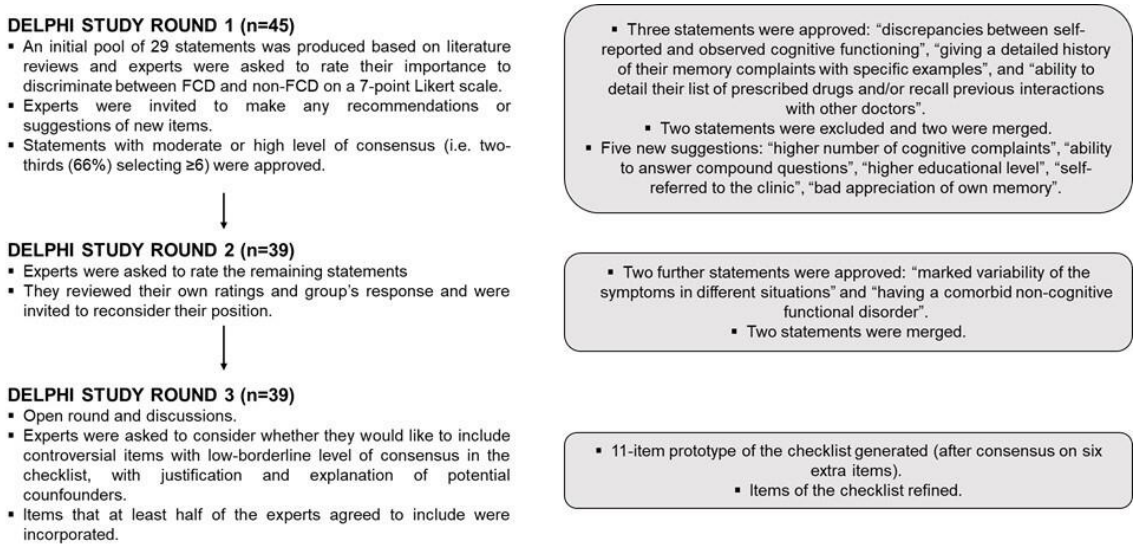
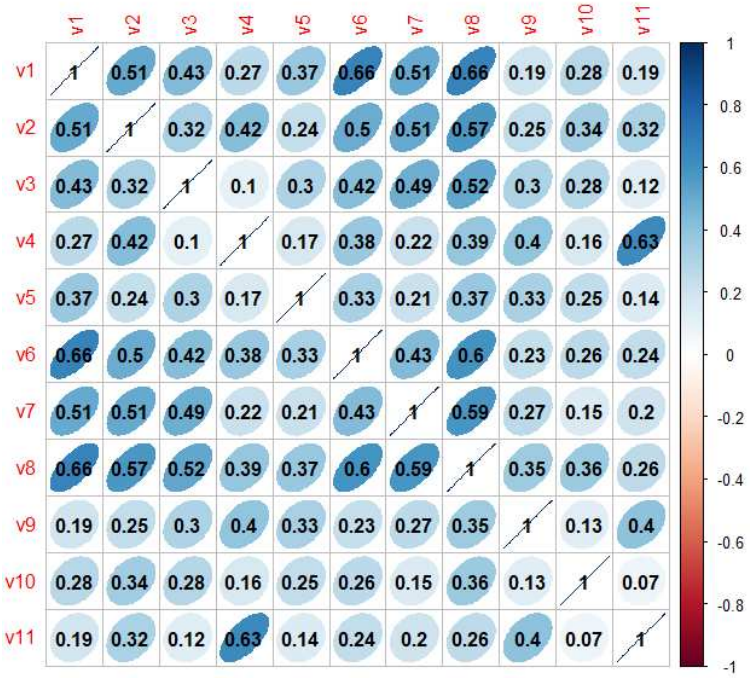
Supplementary Figure 1. Delphi process.



Supplementary Figure 2. Correlation matrix for items of the checklist.



Supplementary Table 1. Percentages of agreement and median/IQR scores for individual statements after two rounds of the Delphi survey. Statements in **bold** were accepted for checklist incorporation after completion of round 3.

Statement	% responses ≤2 (extremely unimportant/unimportant)	% responses ≥6 (extremely important/important)	Level of consensus	Median	IQR	Checklist incorporation
Evidence of internal inconsistency (discrepancies between self-reported and observed cognitive functioning)	**2**	**87**	**Strong**	**7**	**1**	**Yes (round 1)**
Marked variability of the symptoms in different situations	**0**	**77**	**Moderate to strong**	**6**	**1**	**Yes (round 2)**
Memory symptoms stable or improving over time	**7**	**54**	**Low**	**6**	**1**	**Yes (discussion – round 3)**
Delayed onset of symptoms after an injury or specific event	3	49	Trend to low	5	2	No
Higher number of cognitive complaints	8	49	Trend to low	5	2	No
Patient dating the symptom onset with precision/abrupt symptom onset	**0**	**49**	**Trend to low**	**5**	**2**	**Yes (discussion – round 3)**
Frequently forgetting overlearned information (e.g. phone PIN code)	15	41	No consensus	5	2.5	No
Ability to follow the plot of a TV show or to read a book	15	28	No consensus	5	1.5	No
Detailed history of memory complaints, with specific examples	**2**	**82**	**Strong**	**6**	**1**	**Yes (round 1)**
Ability to detail list of drugs and/or recall previous interactions with other doctors	**4**	**69**	**Moderate**	**6**	**1**	**Yes (round 1)**
Patient being more aware of the problem than others	**3**	**59**	**Low**	**6**	**2**	**Yes (discussion – round 3)**

Patient brings a written list of symptoms	0	49	Trend to low	5	2	No
Patient attends the clinic alone	8	36	No consensus	5	2	No
Frequent mention of his/her previous memory e.g., 'I used to have a brilliant memory'	10	31	No consensus	5	2	No
Frequent "I don't know" answers	28	22	No consensus	4	3	No
A comorbid non-cognitive functional disorder	**0**	**69**	**Moderate**	**6**	**1.5**	**Yes (round 2)**
Presence of an obvious psychological stressor	**5**	**49**	**Trend to low**	**5**	**2.5**	**Yes (discussion – round 3)**
Obsessive personality traits	5	46	No consensus	5	2	No
Comorbid mood disorder (e.g. depression or anxiety)	8	41	No consensus	5	2	No
Normal or incongruent cognitive performance	**3**	**54**	**Low**	**6**	**2**	**Yes (discussion – round 3)**
Evidence of poor effort/failing performance validity tests	5	49	Trend to low	5	2	No
Family history of dementia at an older age	41	5	No consensus	5	2	No
Higher educational level	33	0	No consensus	3	2	No
Female gender	33	8	No consensus	4	3	No

High achiever individual	13	21	No consensus	4	1.5	No
Bad appreciation of own memory	19	26	No consensus	4	2.5	No
Ability to answer compound questions	**13**	**49**	**Trend to low**	**5**	**2**	**Yes (discussion – round 3)**
Self-referred to the clinic	**3**	**46**	**Trend to low**	**5**	**1**	**Yes (merged with "patient being more aware of the problem than others")**
Memory symptoms of longer duration without progression	**8**	**49**	**Trend to low**	**6**	**1**	**Yes (merged with "Memory symptoms stable or improving over time"**
Patient talking for long time if not interrupted	10	36	No consensus	5	1.5	No
Younger age (under 65)	0	36	No consensus	5	2	No
Loss of recent and remote autobiographical memories	10	33	No consensus	5	2	No
Complaint of memory gaps for specific periods and events	9	40	No consensus	REMOVED (potential confusion with transient global amnesia)		
Head turning during history taking	31	13	No consensus	REMOVED (exclusionary sign)		