**Table 5. Variables included in the Heart Failure Frailty Score and in its short version**

|  |  |  |
| --- | --- | --- |
|  | **S-HFFS** | **HFFS** |
| DOMAIN |  |  |
| **CLINICAL** | *Comorbidities:*(Permanent atrial fibrillation, Ischemic heart disease -previous myocardial infarction and/or Coronary Artery Bypass and/or Percutaneous Coronary Intervention-, severe valvular heart disease, previous stroke with residual neurological deficits, Chronic Kidney disease with GFR < 30 mL/min, COPD stage GOLD > 3) | *Comorbidities*All cardiovascular and non-cardiovascular comorbidities  |
|  | *Unintentional weight loss**(> 5% of weight) in the past 6 months* |
|  | *Falls*> 2 over the past 12 months |
|  |  | *Nutrition (patient’s food intake)* |
| **FUNCTIONAL** | *Limitations in bathing*- No limitations- partially requiring assistance- completely dependent |
|  | *Limitations in dressing*- No limitations- partially requiring assistance- completely dependent |
|  |  | *Limitations in toileting*- No limitations- partially requiring assistance - completely dependent  |
|  |  | *Limitations in eating*- No limitations- partially requiring assistance - completely dependent  |
|  |  | *Limitations in transferring*- No limitations- partially requiring assistance - completely dependent  |
|  |  | *Limitations in walking or moving around*- No limitations- partially requiring assistance - completely dependent  |
|  | *Mobility problems*:- No (indipendent)- YES (requiring assistance: carer, stick, etc)- completely dependent (wheel-chair or bedridden) |
|  |  | *Walk speed*(slow – normal – fast) |
|  | *30 sec Chair Stand test*Result /Unable to perform | *Five Times Sit to Stand Test* Result /Unable to perform |
|  |  | *Gait speed test*Result /Unable to perform |
| **PSYCHO-COGNITIVE** |  | *Diagnosis or a treatment for cognitive impairment* |
|  |  | *Abbreviated Mini Mental test*Result /Unable to perform |
|  | *Diagnosis or on treatment for Dementia* |
|  | *Diagnosis or on treatment for Depression* |
|  |  | *Clinical suspicion of depression (lonely, sad, hopeless, feeling little interest or pleasure in doing things)*  |
| **SOCIAL** | *Patient living arrangements*-at home alone-at home with family support-Institutionalized/hospice setting |
|  | Availability of family/friends/ social support/carer), if needed |

AMT4= Abbreviated Mini Mental test; COPD= Chronic Obstructive Pulmonary Disease; GFR= Glomerular Filtration Rate; GOLD= Global Initiative for Chronic Obstructive Lung Disease; HFFS= Heart Failure Frailty Score; S-HFFS= short Heart Failure Frailty Score