**Table 5. Variables included in the Heart Failure Frailty Score and in its short version**

|  |  |  |
| --- | --- | --- |
|  | **S-HFFS** | **HFFS** |
| DOMAIN |  |  |
| **CLINICAL** | *Comorbidities:*  (Permanent atrial fibrillation, Ischemic heart disease -previous myocardial infarction and/or Coronary Artery Bypass and/or Percutaneous Coronary Intervention-, severe valvular heart disease, previous stroke with residual neurological deficits, Chronic Kidney disease with GFR < 30 mL/min, COPD stage GOLD > 3) | *Comorbidities*  All cardiovascular and non-cardiovascular comorbidities |
|  | *Unintentional weight loss*  *(> 5% of weight) in the past 6 months* | |
|  | *Falls*  > 2 over the past 12 months | |
|  |  | *Nutrition (patient’s food intake)* |
| **FUNCTIONAL** | *Limitations in bathing*  - No limitations  - partially requiring assistance  - completely dependent | |
|  | *Limitations in dressing*  - No limitations  - partially requiring assistance  - completely dependent | |
|  |  | *Limitations in toileting*  - No limitations  - partially requiring assistance  - completely dependent |
|  |  | *Limitations in eating*  - No limitations  - partially requiring assistance  - completely dependent |
|  |  | *Limitations in transferring*  - No limitations  - partially requiring assistance  - completely dependent |
|  |  | *Limitations in walking or moving around*  - No limitations  - partially requiring assistance  - completely dependent |
|  | *Mobility problems*:  - No (indipendent)  - YES (requiring assistance: carer, stick, etc)  - completely dependent (wheel-chair or bedridden) | |
|  |  | *Walk speed*  (slow – normal – fast) |
|  | *30 sec Chair Stand test*  Result /Unable to perform | *Five Times Sit to Stand Test*  Result /Unable to perform |
|  |  | *Gait speed test*  Result /Unable to perform |
| **PSYCHO-COGNITIVE** |  | *Diagnosis or a treatment for cognitive impairment* |
|  |  | *Abbreviated Mini Mental test*  Result /Unable to perform |
|  | *Diagnosis or on treatment for Dementia* | |
|  | *Diagnosis or on treatment for Depression* | |
|  |  | *Clinical suspicion of depression (lonely, sad, hopeless, feeling little interest or pleasure in doing things)* |
| **SOCIAL** | *Patient living arrangements*  -at home alone  -at home with family support  -Institutionalized/hospice setting | |
|  | Availability of family/friends/ social support/carer), if needed | |

AMT4= Abbreviated Mini Mental test; COPD= Chronic Obstructive Pulmonary Disease; GFR= Glomerular Filtration Rate; GOLD= Global Initiative for Chronic Obstructive Lung Disease; HFFS= Heart Failure Frailty Score; S-HFFS= short Heart Failure Frailty Score