STROBE Statement—Checklist of items that should be included in reports of ***cross-sectional studies***

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| **Section and Item** | **Item No** | **Recommendation** | **Page No.** | **Reported on/ Relevant text from manuscrip** |
| **Title and abstract** | 1 | (*a*) Indicate the study’s design with a commonly used term in the title or the abstract | 1,3 | Two cross-sectional studies. Abstract section |
| (*b*) Provide in the abstract an informative and balanced summary of what was done and what was found | 3 | Abstract |
| **Introduction** | | |  |  |
| Background/rationale | 2 | Explain the scientific background and rationale for the investigation being reported | 4/5 | Introduction-Background |
| Objectives | 3 | State specific objectives, including any prespecified hypotheses | 5 | Introduction-Objectives |
| **Methods** | | |  |  |
| Study design | 4 | Present key elements of study design early in the paper | 5 | Methods-Study settings and participant selection |
| Setting | 5 | Describe the setting, locations, and relevant dates, including periods of recruitment, exposure, follow-up, and data collection | 5/6 | Methods-Study settings and participant selection |
| Participants | 6 | (*a*) Give the eligibility criteria, and the sources and methods of selection of participants | 8 | Methods- Study settings and participant selection, Fig1. Flowchart of Participant Accelerometry Data Exclusion |
| Variables | 7 | Clearly define all outcomes, exposures, predictors, potential confounders, and effect modifiers. Give diagnostic criteria, if applicable | 7/10 | Methods- Study procedures-data collection & Statistical analysis |
| Data sources/ measurement | 8\* | For each variable of interest, give sources of data and details of methods of assessment (measurement). Describe comparability of assessment methods if there is more than one group | 7/10 | Methods- Study procedures-data collection & Statistical analysis |
| Bias | 9 | Describe any efforts to address potential sources of bias | 7 | Methods- Study procedures-data collection |
| Study size | 10 | Explain how the study size was arrived at | 6 | Methods- Study settings and participant selection. Detailed methodology of objectives, design, follow-up and sample selection for each study is provided elsewhere |
| Quantitative variables | 11 | Explain how quantitative variables were handled in the analyses. If applicable, describe which groupings were chosen and why | 7/10 | Methods- Study procedures-data collection & Statistical analysis, Fig 2. |
| Statistical methods | 12 | (*a*) Describe all statistical methods, including those used to control for confounding | 11 | Methods- Statistical analysis. |
| (*b*) Describe any methods used to examine subgroups and interactions |  | N/A. |
| (*c*) Explain how missing data were addressed | 11 | Methods- Statistical analysis. |
| (*d*) If applicable, describe analytical methods taking account of sampling strategy |  | N/A. |
| (*e*) Describe any sensitivity analyses |  | N/A. |
| **Results** | | |  |  |
| Participants | 13\* | (a) Report numbers of individuals at each stage of study—eg numbers potentially eligible, examined for eligibility, confirmed eligible, included in the study, completing follow-up, and analysed | 8 | Study procedures – data collection, Figure 1. |
| (b) Give reasons for non-participation at each stage | 8 | Study procedures – data collection, Figure 1. |
| (c) Consider use of a flow diagram | 8 | Study procedures – data collection: Figure 1. |
| Descriptive data | 14\* | (a) Give characteristics of study participants (eg demographic, clinical, social) and information on exposures and potential confounders | 12/13 | Results: Table 1. |
| (b) Indicate number of participants with missing data for each variable of interest | 14 | Results-Missing data is reported in the footnote to table 1. |
| Outcome data | 15\* | Report numbers of outcome events or summary measures | 14/18 | Results –Main results , Table 1-4. |
| Main results | 16 | (*a*) Give unadjusted estimates and, if applicable, confounder-adjusted estimates and their precision (eg, 95% confidence interval). Make clear which confounders were adjusted for and why they were included | 14 | Results –Main results, Line 246-247. |
| (*b*) Report category boundaries when continuous variables were categorized |  | N/A. |
| (*c*) If relevant, consider translating estimates of relative risk into absolute risk for a meaningful time period |  | N/A. |
| Other analyses | 17 | Report other analyses done—eg analyses of subgroups and interactions, and sensitivity analyses |  | N/A. |
| **Discussion** | | |  |  |
| Key results | 18 | Summarise key results with reference to study objectives | 18 | Discussion - Key results |
| Limitations | 19 | Discuss limitations of the study, taking into account sources of potential bias or imprecision. Discuss both direction and magnitude of any potential bias | 22/23 | Discussion - Limitations |
| Interpretation | 20 | Give a cautious overall interpretation of results considering objectives, limitations, multiplicity of analyses, results from similar studies, and other relevant evidence | 18/22 | Discussion - Interpretation |
| Generalisability | 21 | Discuss the generalisability (external validity) of the study results | 23 | Conclusion |
| **Other information** | | |  |  |
| Funding | 22 | Give the source of funding and the role of the funders for the present study and, if applicable, for the original study on which the present article is based |  | Entered during the submission process, as required from PLOS ONE |

\*Give information separately for exposed and unexposed groups.

**Note:** An Explanation and Elaboration article discusses each checklist item and gives methodological background and published examples of transparent reporting. The STROBE checklist is best used in conjunction with this article (freely available on the Web sites of PLoS Medicine at http://www.plosmedicine.org/, Annals of Internal Medicine at http://www.annals.org/, and Epidemiology at http://www.epidem.com/). Information on the STROBE Initiative is available at www.strobe-statement.org.