**Supplementary Materials**

**Search Strategy**

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| **S#1** | Social Prescribing or Social Prescription or Social or Community navigator or Community health worker or Link worker or Lay person |
| **S#2** | Long term conditions or chronic disease or chronic conditions or chronic illness or multiple chronic conditions or chronic musculoskeletal pain |
| **S#3** | Health related Quality of life Or Quality of life Or Physical activity Or Social  Isolation Or Anxiety Or Depression or Mental health Or Self-Efficacy Or emotional wellbeing Or mental health Or biomarkers |
| **S#4** | S1 and S2 and S3 |
| **Filters** | Randomised/Quasi randomised controlled trials, Peer reviewed, English language |