**Supplementary Material 13.** Forest plot for anxiety displaying effect sizes (Pearson product-moment correlation coefficients), which were calculated using a random effect model. Positive values indicated that subjective cognitive complaints (SCCs) were associated with more marked anxious symptoms.

	ES	95% CI	V	Ν	
Barbosa et al., 2019	0.12	-0.11 , 0.35	0.01	76	
Baschi et al., 2018	0.54	0.38 , 0.70	0.01	82	
Castro et al., 2016	0.02	-0.26 , 0.30	0.02	52	+++
Chua et al., 2021	0.25	0.04 , 0.46	0.01	79	
Erro et al., 2014	-0.07	-0.30 , 0.16	0.01	76	+=-
Koster et al., 2015	0.71	0.55 , 0.87	0.01	40	
Pan et al., 2021	0.24	-0.04 , 0.52	0.02	46	
Xiao et al., 2021	0.73	0.68 , 0.78	0.00	332	
Yang et al., 2022	0.33	0.11 , 0.55	0.01	66	
Overall (random-effects model)	0.36	0.11 , 0.60	0.02	849	
					-0.2 0 0.2 0.4 0.6 0.8