**Supplementary Material 11.** Forest plot for visuospatial abilities displaying effect sizes (Pearson product-moment correlation coefficients), which were calculated using a random effect model. Positive values indicated that subjective cognitive complaints (SCCs) were associated with poor performance in measures of visuospatial abilities.

	ES	95% CI	v	Ν
Baschi et al., 2018	0.31	0.11 , 0.51	0.01	82
Chua et al., 2021	-0.14	-0.36 , 0.08	0.01	79
Dupoy et al., 2017	0.15	-0.08 , 0.38	0.01	70
Galtier et al., 2018	0.09	-0.37 , 0.55	0.05	21
Han et al., 2021	0.04	-0.09 , 0.17	0.00	248
Hong et al., 2012	0.05	-0.30 , 0.40	0.03	35
Hong et al., 2014	-0.10	-0.40 , 0.20	0.02	46
Hong et al., 2018	0.30	0.18 , 0.41	0.00	250
Ko et al., 2021	0.32	0.11,0.53	0.01	73
Pan et al., 2021	-0.08	-0.38 , 0.22	0.02	46
Purri et al., 2020	-0.03	-0.19 , 0.13	0.01	153
Yang et al., 2022	0.11	-0.13 , 0.35	0.02	66
Yoo et al., 2020	-0.03	-0.16 , 0.10	0.00	215
Overall (random-effects model)	0.08	-0.01 , 0.18	0.00	1384

