Supplementary Material 10. Forest plot for memory displaying effect sizes (Pearson product-moment correlation coefficients), which were calculated using a random effect model. Positive values indicated that subjective cognitive complaints (SCCs) were associated with poor performance in measures of memory.

	ES	95% CI	v	Ν
AlDakheel et al., 2019	0.22	0.06,0.38	0.01	139
Baschi et al., 2018	0.16	-0.05,0.37	0.01	82
Chua et al., 2021	0.15	-0.07,0.37	0.01	79
Dujardin et al., 2010	-0.10	-0.38,0.19	0.02	50
Dupoy et al., 2017	0.12	-0.12,0.36	0.01	70
Galtier et al., 2018	0.19	-0.26,0.64	0.05	21
Han et al., 2021	0.16	0.04 , 0.28	0.00	248
Hong et al., 2012	-0.04	-0.38,0.31	0.03	35
Hong et al., 2014	0.07	-0.23, 0.37	0.02	46
Hong et al., 2018	0.35	0.24 , 0.46	0.00	250
Ko et al., 2021	0.34	0.14 , 0.55	0.01	73
Koster et al., 2015	0.42	0.15,0.69	0.02	40
Leherner et al., 2014	0.29	0.11,0.47	0.01	104
Mills et al., 2016	0.15	0.08,0.22	0.00	759
Mills et al., 2020	0.13	0.02,0.24	0.00	324
Pan et al., 2021	0.02	-0.28,0.32	0.02	46
Purri et al., 2020	0.06	-0.10,0.22	0.01	153
Sitek et al., 2011	0.25	-0.03 , 0.53	0.02	45
Yang et al., 2022	-0.02	-0.27,0.23	0.02	66
Yoo et al., 2020	0.09	-0.04 , 0.22	0.00	215
Overall (random-effects model)	0.16	0.11,0.21	0.00	2845

