

**Supplementary Material 8.** Forest plot for executive functions displaying effect sizes (Pearson product-moment correlation coefficients), which were calculated using a random effect model. Positive values indicated that subjective cognitive complaints (SCCs) were associated with poor performance in measures of executive functions.

	ES	95% CI	V	N
AlDakheel et al., 2019	0.19	0.02 , 0.35	0.01	139
Baschi et al., 2018	0.10	-0.12 , 0.32	0.01	82
Castro et al., 2016	-0.07	-0.35 , 0.21	0.02	52
Chua et al., 2021	0.19	-0.03 , 0.41	0.01	79
Dujardin et al., 2010	0.19	-0.09 , 0.47	0.02	50
Dupoy et al., 2017	0.20	-0.03 , 0.43	0.01	70
Galtier et al., 2018	0.36	-0.04 , 0.76	0.04	21
Han et al., 2021	0.10	-0.02 , 0.22	0.00	248
Hong et al., 2012	0.22	-0.11 , 0.55	0.03	35
Hong et al., 2014	0.03	-0.27 , 0.33	0.02	46
Hong et al., 2018	0.27	0.15 , 0.39	0.00	250
Ko et al., 2021	0.28	0.07 , 0.50	0.01	73
Koster et al., 2015	0.17	-0.14 , 0.48	0.03	40
Kudlicka et al., 2013	-0.06	-0.31 , 0.19	0.02	65
Leherner et al., 2014	0.05	-0.14 , 0.24	0.01	104
Pan et al., 2021	0.18	-0.11 , 0.47	0.02	46
Purri et al., 2020	0.08	-0.08 , 0.24	0.01	153
Yang et al., 2022	0.13	-0.11 , 0.37	0.02	66
Yoo et al., 2020	0.03	-0.10 , 0.16	0.00	215
Overall (random-effects model)	0.13	0.09 , 0.18	0.00	1834

