Supplementary material

Table S1. Recommended set of early life age groups by WHO (adapted from Cohen et al., 2014)

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| **Descriptor** | **Age span** | **Simplified age span** |
| Preconception | Preconception | Conception to birth |
| Foetal | Prenatal |
| Newborn (Neonatal) | Birth ≤ 1 month | Birth <1 month |
| Infant | > 1 ≤ 3 months | 1 to <12 months |
|  | 3 to <6 months |
|  | 6 to <12 months |
| Toddler | 1 to <2 years | 1 to <2 years |
| Early childhood | 2 to <3 years | 2 to <6 years |
|  | 3 to <6 years |
| Middle childhood | 6 to <11 years | 6 to <11 years |
| Early adolescence | 11 to <16 years | 11 to <16 years |
| Late adolescence | 16 to <21 years | 16+ years |