Opicapone versus entacapone: Head-to-head retrospective data-based comparison of healthcare resource utilization in people with Parkinson's new to COMT inhibitor treatment

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Author contributions

VDF, GHJ conceived the study and were involved in execution, analysis, and interpretation of results.

KRC and FM provided initial feedback on the study protocol. GC assisted with statistical planning of the study and XLM was involved in data analysis. VDF wrote the first draft of the manuscript. All

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authors were involved in interpretation of the data and in critical review and approval of the manuscript and take accountability for all aspects of the work.

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Conflict of interest

GHJ, GC and VDF are employed by BIAL. XLM is employed by OPEN Health who were contracted by BIAL for this work. KRC reports advisory board for AbbVie, UCB, GKC, Bial, Cynapsus, Lobsor, Stada, Zambon, Profile Pharma, Sunovion, Roche, and Therevance, Scion, as well as honoraria for lectures for AbbVie, Britannia, UCB, Zambon, Novartis, Boehringer Ingelheim, Bial, Kyowa Kirin, SK Pharma, and grants (Investigator Initiated) from Bial, EU Horizon 2020, Parkinson's UK, NIHR, Parkinson's Foundation, Wellcome Trust, and royalties or licenses (ongoing) from Oxford (book), Cambridge publishers (book), MAPI institute (KPPS, PDSS 2), and payment for expert testimony for the General Medical Council (UK). FM has received speaking honoraria from Abbvie, Medtronic, Boston Scientific, Bial, Merz; Travel grants from the International Parkinson's disease and Movement Disorder Society; Advisory board fees from Abbvie, Merz and Boston Scientific; Consultancies fees from Boston Scientific, Merz and Bial; Research support from NIHR, UKRI, Boston Scientific, Merz and Global Kinetic; Royalties for the book "Disorders of Movement" from Springer. She is member of the editorial board of Movement Disorders, Movement Disorders Clinical Practice, and the European Journal of Neurology.

Abstract

Introduction

Motor fluctuations are a significant driver of healthcare resource utilization (HCRU) in people with Parkinson's (PwP). A common management strategy is to include Catechol-*O*-methyl transferase (COMT) inhibition with either opicapone or entacapone in the levodopa regimen. However, to date, there has been a lack of head-to-head data comparing the two COMT inhibitors in real-world settings.

Methods

In this retrospective cohort study, we assessed HCRU outcomes in PwP naïve to COMT inhibition via UK electronic healthcare records (Clinical Practice Research Datalink and Hospital Episodes Statistics databases, June 2016 to December 2019). HCRU outcomes were assessed before (baseline) and after COMT inhibitor prescription at 0-6 months, 7-12 months, and 13-18 months. Opicapone treated PwP were algorithm-matched (1:4) to entacapone-treated PwP.

Results

By 6-months, treatment with opicapone resulted in 18.5% fewer neurology outpatient visits compared to entacapone treatment; this effect was maintained until the last follow-up (18-months). In the opicapone group, the mean levodopa equivalent daily dose (LEDD) decreased over the first year and then stabilised, whereas the entacapone-treated group showed an initial decrease in the first 6-months followed by a dose increase between 7-18-months. Neither COMT inhibitors had significant impact on sleep medication use.

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Conclusions

This head-to-head study is the first to demonstrate using 'real-world' data that initiating COMT inhibition with opicapone is likely to decrease the need for post-treatment HCRU versus initiation of COMT inhibition with entacapone.

Introduction

The success of levodopa and other dopaminergic therapies has meant that people with Parkinson's (PwP) generally enjoy good symptomatic control for longer periods. However, over half of PwP using levodopa, experience response fluctuations within 5 years of diagnosis, and up to 100% within 10 years [1, 2]. Often, the first motor complication to emerge is 'end-of-dose wearing-off' [3, 4], when patients experience a re-emergence of their parkinsonian symptoms before their next dose is due [5, 6]. In a substantial proportion of PwP, motor fluctuations are also accompanied by non-motor fluctuations [7], as well as sleep disturbances that can be related to nocturnal motor function, neuropsychiatric problems, insomnia or urinary difficulties [8].

Catechol-O-methyltransferase (COMT) inhibitors were specifically designed to mitigate end-of-dose motor fluctuations. They act to reduce the peripheral metabolism of levodopa thereby prolonging its plasma half-life and decreasing the peak—trough variations in levodopa plasma levels that are associated with response fluctuations [9, 10]. Currently available COMT inhibitors, tolcapone, entacapone and opicapone, are indicated for the management of end-of-dose motor fluctuations in PwP who cannot be stabilised on levodopa/dopa-decarboxylase inhibitors therapy – although tolcapone is now only used under specialist supervision [11]. For the remaining two, aside from the pivotal study showing non-inferiority of opicapone efficacy to entacapone in reducing OFF-time [12] and the open-label phase from the same study indicating a benefit of switching from entacapone to opicapone [13], there have been no head-to-head studies comparing opicapone and entacapone in real-world settings.

In this retrospective observational study of routine care, we used linked electronic healthcare records from the UK to evaluate health care resource utilisation (HCRU) and effect on sleep medications (as a measure of the impact of COMT inhibition on nocturnal motor function) when opicapone was initiated as first COMT inhibitor versus entacapone. All data were collected before the Covid pandemic (June-2016 to December-2019).

Methods

Database description

The Clinical Practice Research Datalink (CPRD) and the Hospital Episode Statistics (HES) databases are widely used electronic healthcare databases [14, 15]. The CPRD Gold and CPRD Aurum are large UK primary care databases of anonymised medical records collected from general practitioners in the community and include data from 18 million registered patients [15, 16]. HES is a database

curated by NHS digital containing patient level data of all admissions, accident & emergency (A&E)

attendances, and outpatient appointments at National Health Service (NHS) hospitals in England

different COMT inhibitor after index date and during observation, and people without contact with a neurology department in the twelve months up to and including the index date.

Endpoints

Primary endpoints for this study were assessed at baseline, 0-6, 7-12, and 13-18- months post-index date and included:

- 1. The percentage of patients who had neurology outpatient contacts defined as a record of any contact on the HES outpatient file with the specialty neurology ('tretspef'=400), as well as the number of contacts normalised to 100 treatment-months.
- 2. LEDD defined as any change in PD therapy that resulted in a change in LEDD. The LEDD was estimated using the CPRD dosage file and the conversion factors in Tomlinson et al [20] for all PD medications except entacapone or opicapone.
- 3. Percentage of patients prescribed any sleep medication.

Healthcare resource use was assessed in 6 monthly intervals for the first 18 months and any use post-18 months was noted. Where sufficient patient numbers remained on drug, normalisation of number of visits per 100 treatment-months allowed independent assessment of the outcome regardless of the duration of follow-up post 18 months. Other endpoints were also assessed: percentage of patients having a visit and number of visits normalised per 100 treatment-months for all outpatient and non-neurology visits, A&E attendances, use of sleep medication.

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Statistical Analyses

Exploratory statistical comparisons between the opicapone and entacapone groups were conducted using chi-square tests. Comparisons for continuous variables were conducted using t-tests for variables normally distributed, and Wilcoxon signed-rank tests for variables non-normally distributed. No multiplicity adjustment of p-values were conducted for statistical testing due to exploratory nature of this retrospective cohort study; standard alpha level of 0.05 was used, however p-values shall be interpreted with caution. Only observed and available data was used and it is included in the appendices alongside the corresponding average, median, Standard Deviation (SD), Interquartile Range (IQR) and 95% Confidence of Interval (95% CI) and p-values (where appropriate).

In addition, generalised linear regression analyses were performed for the primary endpoints (number of neurology outpatient visits, any change in LEDD in mg) and logistic regressions were

performed for the secondary endpoint (sleep medication dose reduction: yes or no), adjusting for

baseline sex, age in 10-year intervals, young onset of PD (diagnosis at < 50 years of age), years from

and (ii) the greater and more consistent reduction in the normalised number of visits (visits per 100

mean [95%CI] normalised number of A&E attendances was 1.35 [0.2, 2.5] in the opicapone and 8.5 [6.3, 10.8] visits per 100 treatment-months for the entacapone group (p <0.001) (**Table e7**).

Post-baseline medication use

Levodopa daily dose equivalents (all antiparkinsonian medications) were reduced in both the opicapone- and entacapone-treated groups (Figure 4, Table e8). Whereas the mean [95% CI] LEDD tended to decrease over the first year and then stabilise in the opicapone group (from 964.2 [892.1, 1036.4] mg at baseline to 711.9 [629.2, 794.6] mg at month 12 and 709.8 [608.6, 811.0] mg at month 18), patients in the entacapone group had an initial decrease in the first 6 months (from 946.7 [897.7, 995.9] mg to 809.9 mg [768.0, 851.9]) followed by dose increases between 6-18 months (reaching 847.4 [793.5, 901.3] mg at month 18) (Table e8). Dose reductions from baseline were significantly larger for the opicapone versus the entacapone group at 7-12 months (p=0.002) and 13-18 months (p=0.015) post-index date. Regression analyses of LEDD showed that, while controlling for other covariates, first-line opicapone patients had a 10.6% [2.7%, 17.8%] lower LEDD at 6 months compared to first-line entacapone patients (p=0.009). The beneficial effect of opicapone vs. entacapone on post-treatment LEDD level consistently increased over time and the difference remained significant (p< 0.0001) with an estimated reduction of 25.6% [17.5, 33.0%] at 12 months and of 30.5% [20.3, 39.3%] at 18 months (Figure 4d). There was no consistent statistically significant effect of any covariates in this regression analysis.

Analysis of levodopa therapy and dopamine agonists showed similar trends to the overall LEDD effect, although no significant differences were reported for the dopamine agonists analysis (**Figure 4, Table e8**). First-line opicapone patients reduced their mean [95%CI] levodopa daily doses from 763.3 [698.5, 828.0] mg at baseline to 568.2 [499.4, 636.9] mg at month 7-12 and 582.6 [494.4, 670.8] mg at month 13-18; reductions were significantly larger with opicapone versus entacapone at 7-12 months (p=0.006) and 13-18 months post-baseline (p<0.001) (**Figure 4, Table e8**).

No significant impact nor differences between COMT inhibitor treatment groups were observed regarding concomitant sleep medication doses (**Figure 5, Table e9**).

Discussion

To date, any clinical and health economic comparisons of the benefits of COMT inhibition with opicapone versus entacapone have previously been hindered by the limited availability of directly comparative data. Using a retrospective observational cohort study design in algorithm matched

patients, this study indicates that initiating COMT inhibition with opicapone as first line COMT inhibitor therapy is likely to decrease HCRU, as well as lowering the LEDD, versus initiation of COMT inhibition with entacapone. Initiation of opicapone was associated with a lower number of outpatient neurology and general visits, A&E attendances as well as progressive reduction of LEDD versus initiation of entacapone. No significant impact was seen on the use of sleep medications.

Even after propensity matching, patients in the opicapone group had a higher number of hospital outpatient visits as well as higher LEDD at baseline than those who initiated COMT inhibition with entacapone, suggesting that patients initiated on opicapone had a greater 'severity' of disease. This suggests a tendency of clinicians to reserve opicapone prescriptions for the more difficult patients, whom they do not believe will derive enough benefit from entacapone. Such observations align with NICE [21] and local hospital [22] recommendations to start with entacapone because of the availability of generic forms and their lower medication price. In this respect, it is noteworthy that prescription data (collected during the same collection period) found that branded levodopa/carbidopa/entacapone (Stalevo) accounted for 56.5% of all entacapone use in England — thereby counteracting much of the cost savings of a generic product.

After controlling for various baseline factors, head-to-head regression analysis demonstrated that patients in the opicapone-treated group had 18.5% fewer neurology outpatient visits within 6 months of initiation compared to entacapone-treated patients. Indeed, while there was a marked reduction in HCRU for patients in the opicapone group during the first 6 months, the number of visits per patient in the entacapone group increased compared to baseline in all HCRU parameters. Of note, the overall reduction in outpatient visits (any department) appears to have been primarily driven by the reduction in neurology visits, although the number of non-neurology outpatient visits was also significantly lower for the opicapone group at 13-18 months. While, the once daily dosing of opicapone as compared with multiple dosing of entacapone daily could also have driven the lower number of outpatient visits versus entacapone (which should be taken with each levodopa dose), the differences in HCRU in the early months post COMT inhibitor initiation are also consistent with the idea that PwP receiving entacapone often require frequent follow-up for tolerability post initiation. For example, a Cochrane systematic review found that treatment with entacapone significantly increased the likelihood that participants would withdraw due to adverse events (AEs) compared to placebo (Peto OR 1.52, p=0.02) [23]. While similar systematic data are not yet available for opicapone, rates of clinical trial discontinuation due to AEs appear to favour opicapone

(discontinuation rates of 5-14% with open-label opicapone treatment [24, 25] vs 14-24% with open-label entacapone treatment [26, 27]).

In the longer-term, the reduced use of HCRU with opicapone use is further supported by the UK population of the OPTIPARK study, where the sustained effectiveness of opicapone on PD symptoms and overall health allowed for a significant reduction in total treatment costs [28]. In that study, hospital and residential services costs accounted for almost a quarter (23%) of total service costs and the cost saving following opicapone initiation were mainly driven by reductions in these services [28]. To the best of our knowledge, our data are the first to indicate a difference in the number of A&E attendances (as well as the other parameters) following initiation of opicapone versus entacapone. Interestingly, A&E attendances with opicapone are consistently reduced at any time point analysed, including at the additional >18-month time point. Conversely, entacapone treated patients had an increase in the normalised number of A&E attendances per patient immediately after initiation (0-6 months) and after the 18-month time-point. Common reasons for A&E attendance in PwP typically include falls, fractures, infections, and neuropsychiatric symptoms [29, 30], and the differences between the two COMT inhibitors on this outcome merits further study.

In line with other studies [10, 28], patients in the opicapone group reduced their LEDD by approximately 20% in the first 6 months (a mean reduction of 186 mg in this study) and by 26% (254 mg) at 13-18 months. While the initial decrease in levodopa dosing to adjust for tolerability is expected with COMT inhibition, the observation that PwP could better maintain their long-term levodopa dosing regimen with opicapone use than with entacapone confirms and extends observations from the open-label phase of the BIPARK-2 study where 63% of opicapone-treated PwP continued to receive the same dose of levodopa over one year [31]. However, our data somewhat differ from the NOMESAFE open-label entacapone study where LEDD decreased over the 12 months of treatment but then (as in the present study) tended to increase thereafter [26]. Reasons for the discrepancy in the earlier months may include the differing timepoints for evaluation. No significant impact nor differences between treatment groups were observed regarding concomitant sleep medication usage. This is perhaps not surprising as most of the sleep medications were for insomnia (sleep fragmentation, onset, etc.) and not for reducing night-time disability where bedtime dosing of a COMT inhibitors has evidence of benefit [25, 32, 33].

Strengths of the study lie in its pragmatic, real-world setting, the use of the nationally curated, wellestablished CPRD/HES linked database and the matched sampling approach, which was used to

reduce variability and align baseline characteristics of the two treated cohorts. Recent audits of UK PD services indicate that only 1.9% of patients are managed in the community by nurses without consultant input [34], thereby supporting the generalisability of the hospital-based data to the wider population of PwP. As an additional strength, the results were supported by a consistent trend when analysing pre-matched cohort data. However, the size of the available opicapone cohort limited the overall study sample size and a larger sample size of the same patient population would be expected to increase the power of statistical analyses, which were only considered exploratory in this study. The study is also limited by duration which was constrained by launch of opicapone at one end and by the Covid pandemic at the other end. Future evaluations would not be constrained in the same way and would presumably include more PwP as experience with using opicapone continues to grow in the UK. Other limitations lie on the databases and type of information recorded, for example for lack of granularity on the precise reasons for hospital visits (e.g., reasons for A&E attendance), which would have helped understand if the reasons for each visit were associated with PD progression, PD medication, or something else. Likewise, we do not know the rates of COMT inhibitor discontinuation in either group. In the UK, a proportion of PwP are managed by geriatricians and it was not possible to differentiate between PD and non-PD related geriatric visits; consequently, the databases used for this evaluation may have fluctuating quality and low internal validity. Finally, it should be noted that while the longitudinal post-18-month analyses support the continued trend to reduced HCRU use with opicapone vs entacapone, the analyses are based on varying durations of follow-up which had impact on the variance observed.

In summary, this retrospective observational cohort study is the first to indicate, using head-to-head 'real-life' data, that initiating COMT inhibition with opicapone as first-line COMT inhibitor therapy is likely to decrease the need for post-treatment HCRU, as well as lowering the LEDD, versus initiation of COMT inhibition with entacapone. Since hospital costs are a key driver for PD associated costs, this suggests that the current secondary position of opicapone to entacapone in local PD algorithms due to basic prescribing costs should be reconsidered. The study design provides an additional framework for cost effectiveness modelling and this analysis will be published separately.

Data Availability Statement

Raw data were obtained from CPRD and NHS (HES) under license and are not publicly available.

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Sharing Agreement: DARS-NIC-05934-M7V9K). All available analyses are provided in the supplementary appendices.

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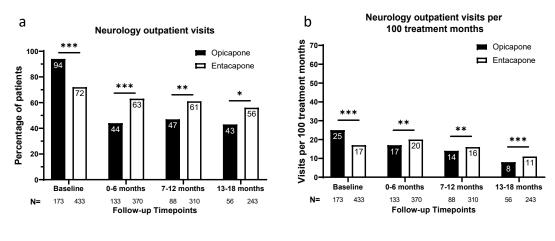
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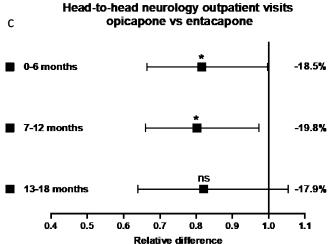
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Figure 1. Neurology outpatient visits over 18 months of follow up (a) Percentage patients who had ≥1 visit (b) number of visits per patient normalised to 100 treatment-months (c) regression analyses.

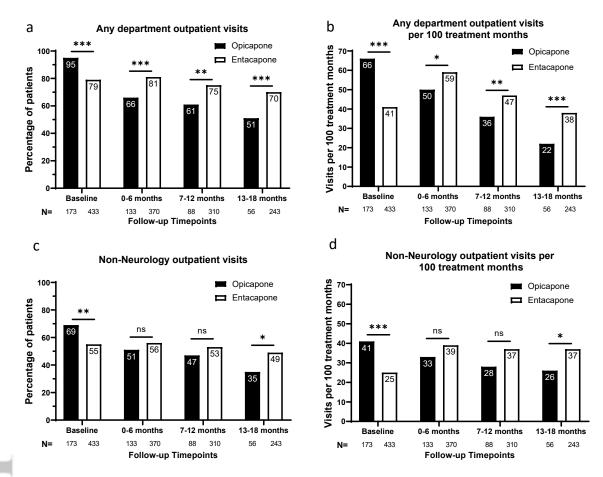




*p<0.05, **p<0.01, ***p<0.001. P values in 2a and 2b are derived from Wilcoxon Rank Sum tests; P values in 2c are derived from generalised linear models. For the generalised linear regression analyses, mean [95% CI] relative difference is shown. Entacapone outcomes are normalised to 1, points to the left of this line favour treatment with opicapone. Covariates included: sex, age in 10-year intervals, young onset of PD (first diagnosis at <50 years of age), years from PD diagnosis to index in 5-year intervals, baseline healthcare resource utilization and baseline medications including sleep medication.

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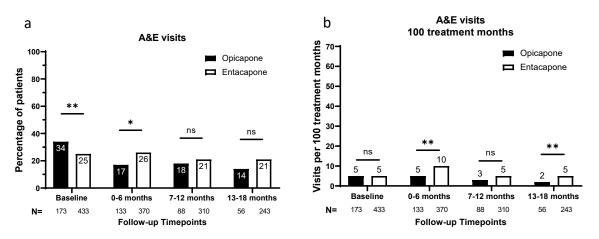
Figure 2. Overall outpatient visits over 18 months of follow up (a) Percentage patients who had ≥1 outpatient (any department) visit, (b) number of outpatient (any department) visits per patient normalised to 100 treatment-months, (c) Percentage patients who had ≥1 outpatient (non-neurology department) visit (d) number of outpatient (non-neurology department) visits per patient normalised to 100 treatment-months.



*p<0.05, **p<0.01, ***p<0.001 derived from Wilcoxon Rank Sum tests.

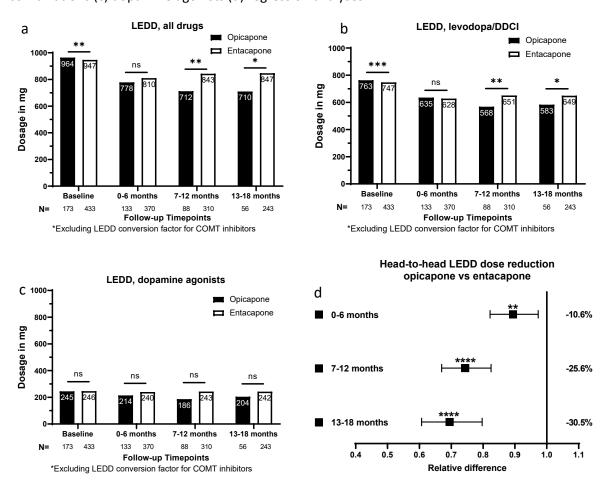
Figure 3. Any accident and emergency (A&E) attendances over 18 months of follow up (a)

Percentage patients who had ≥1 visit (b) number of visits per patient normalised to 100 treatmentmonths.



ns: non-significant, *p<0.05, **p<0.01, ***p<0.001 derived from Wilcoxon Rank Sum tests.

Figure 4. Mean levodopa equivalent daily doses (a) all antiparkinsonian medications (b) levodopa combinations (c) dopamine agonists (d) regression analyses.



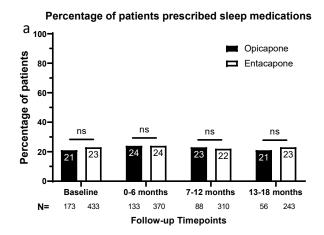
ns: non-significant, *p<0.05, **p<0.01, ***p<0.001. P values in 5a, 5b, and 5c are derived from Wilcoxon Rank Sum tests; P values in 5d are derived from generalised linear models.

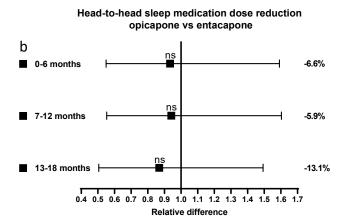
For the generalised linear regression analyses, mean [95% CI] relative difference is shown.

Entacapone outcomes are normalised to 1, points to the left of this line favour treatment with opicapone. Covariates included: sex, age in 10-year intervals, young onset of PD (first diagnosis at <50 years of age), years from PD diagnosis to index in 5-year intervals, baseline healthcare resource utilization and baseline medications including sleep medication, painkillers, and antidepressants.

LEDD, levodopa equivalent daily dose.

Figure 5. Use of sleep medications (a) percentage patients on sleep medications (b) generalised linear regression analyses.





ns: non-significant, *p<0.05. P values in 6a are derived from Wilcoxon Rank Sum tests; P values in 6b are derived from logistic regressions. Sleep medications included alprazolam, clobazam, clonazepam, diazepam, loprazolam, nitrazepam, temazepam, zolpidem and zopiclone. For the logistic regression analyses, mean [95% CI] relative difference is shown. Entacapone outcomes are normalised to 1, points to the left of this line favour treatment with opicapone. Covariates included: sex, age in 10-year intervals, young onset of PD (first diagnosis at <50 years of age), years from PD diagnosis to index in 5-year intervals, baseline healthcare resource utilization and baseline medications including painkillers and antidepressants.

Table 1 Baseline characteristics (120 days prior to index date) in the matched opicapone and entacapone populations

	Opicapone group (N=173)	Entacapone group (N=433)	Standardised Difference	P value
Age (years); mean ± SD	68.5 ± 10.0	69.8 ± 9.9	0.01	0.069
[95% CI]	[67.0, 70.0]	[68.9, 70.7]		
Sex (male); n (%)	112 (64.7%)	287 (66.3%)	-0.03	0.776
Time since PD diagnosis (years);	8.34 ± 5.62	7.97 ± 5.80	-0.03	0.208
mean ± SD [95% CI]	[7.50, 9.18]	[7.42, 8.52]		
Sleep Medications; n (%)	37 (21.4%)	99 (22.9%)	-0.04	0.694

P values are derived from t-tests or Wilcoxon Rank Sum tests (depending on normality distribution assumptions being met or not) for continuous variables and from Chi-square tests for categorical variables. Standardised difference was calculated as described in Austin, 2009.[35]. PD, Parkinson's disease.

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