

1 **Genome-wide association study of a lipedema phenotype among women in the UK Biobank**
2 **identifies multiple genetic risk factors**

3 **Short Title:** Genome-wide association study of lipedema

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20

21 **ABSTRACT**

22 Lipedema is a common disorder characterized by excessive deposition of subcutaneous adipose
23 tissue (SAT) in the legs, hips, and buttocks, mainly occurring in adult women. Although it
24 appears to be heritable, no specific genes have yet been identified. To identify potential genetic
25 risk factors for lipedema, we used bioelectrical impedance analysis and anthropometric data from
26 the UK Biobank to identify women with and without a lipedema phenotype. Specifically, we
27 identified women with both a high percentage of fat in the lower limbs and a relatively small
28 waist, adjusting for hip circumference. We performed a genome-wide association study (GWAS)
29 for this phenotype, and performed multiple sensitivity GWAS. In an independent case/control
30 lipedema study, we attempted to replicate our top hits. We identified 18 significant loci ($p < 5 \times$
31 10^{-9}), several of which have previously been identified in GWAS of waist-to-hip ratio with larger
32 effects in women. Two loci (*VEGFA* and *GRB14-COBLI1*) were significantly associated with
33 lipedema in the independent replication study. Follow-up analyses suggest an enrichment of
34 genes expressed in blood vessels and adipose tissue, among other tissues. Our findings provide a
35 starting point towards better understanding the genetic and physiological basis for lipedema.

36

37 **Keywords:** lipedema, lipoedema, genetic, genome-wide association study, body fat distribution

38 INTRODUCTION

39 Lipedema has been recognized since the 1940s as a condition occurring mainly in women
40 and is characterized by the bilateral enlargement of the lower limbs which in many instances
41 exaggerate the female form [1]. It can be debilitating with respect to resulting pain and impaired
42 mobility [2].

43 There are very few prevalence estimates for lipedema. A prevalence of 11% was
44 observed in a sample of women from a lymphedema clinic in Germany [3], and a prevalence of
45 9.7% was observed in a small sample of professional German women [4]. Family history has
46 been reported, suggesting that lipedema is heritable [1,5,6]. Further evidence supporting a
47 genetic contribution is that lipedema subcutaneous adipose tissue (SAT) is highly resistant to
48 lifestyle changes such as diet and exercise, occurs after menarche, and occurs nearly exclusively
49 in women. These lines of evidence suggest that environmental (non-genetic) factors may not play
50 a predominant role.

51 Although lipedema does appear to be heritable, individual genetic loci associated with it
52 have yet to be found. Identifying such loci will provide much-needed insight into the
53 pathophysiology of lipedema, and potentially enable the development of therapeutics, and the
54 identification of individuals at high risk. However, since lipedema is rarely diagnosed, and is not
55 widely recognized, there are currently no large collections of diagnosed lipedema cases with
56 whom genetic risk factors could be identified.

57 Here, we used body fat percentage and anthropometric measurements from the UK
58 Biobank to classify women into those that appear to have a lipedema phenotype, and those
59 without, in an effort to identify genetic risk factors for lipedema. Given the lack of evidence thus

60 far for a single highly penetrant gene for lipedema [5], we hypothesized that multiple individual
61 genetic variants across the genome are associated with the lipedema phenotype among adult
62 women.

63

64 **METHODS**

65 *UK Biobank*

66 The UK Biobank is a prospective cohort study of approximately 500,000 adults living in
67 the UK, aged 39 to 70 [7,8]. Participants were measured for a variety of traits and diseases from
68 2006 to 2010 at 22 centers across the UK. Only women were included in this study, and to
69 minimize the potential confounding effects of ancestry, only women self-identifying European
70 ancestry were included. All participants gave written informed consent, and ethical approval was
71 obtained from the North West Multicentre Research Ethics Committee, the National Information
72 Governance Board for Health & Social Care, and the Community Health Index Advisory Group.

73

74 *Phenotypic measurements*

75 We used bioelectrical impedance analysis (BIA) data obtained using a Tanita BC418MA
76 segmental body composition analyzer. Women who were pregnant, an amputee, wheelchair
77 bound, unable to stand, or using a pacemaker were not measured (i.e. excluded). We excluded
78 women whose left leg fat % was 30% greater or lesser than their right leg fat %, to exclude those
79 with obvious uni-lateral enlargement of the legs, based on a scatterplot visualization. We
80 averaged the left and right leg fat percentages and used this average in all subsequent analyses.
81 The UK Biobank specify that hip and waist circumferences measurements were obtained in

82 centimeters (cm) with a Seca 200 cm tape. The tape was first passed around the smallest part of
83 the trunk (natural indent). If no natural indent could be found, the waist measurement was taken
84 at the level of the umbilicus. The hip circumference was measured at the widest part of the hips.

85

86 *Lipedema definition*

87 We defined lipedema first as having a relatively high leg fat % along with a relatively
88 small waist circumference. We first obtained the residuals from a linear regression in which the
89 average of the left and right leg fat percentages was the outcome, and the independent variables
90 were height, hip circumference, age, and recruitment center. These covariates were included as
91 most leg fat is likely to be located on the upper end of the leg (by the hip), and it is therefore
92 important to take into account the anthropometric characteristics of hip size and overall body size
93 in order to minimize confounding from these characteristics. Furthermore, since lipedema
94 usually involves high levels of fat deposition throughout the leg, and not only at the hip, these
95 adjustments helps us to identify women with a high fat percentage throughout the leg, and not
96 just at the hip level. We then obtained the residuals from a linear regression in which waist
97 circumference was the outcome, and the independent variables were the same as those listed
98 above for leg fat percentage. Women were deemed to be lipedema cases if they were in the >65th
99 percentile of the leg fat percentage residual and in the <51.3rd percentile of the waist
100 circumference residual (these cutoffs were chosen to achieve a prevalence of 10%). Controls
101 were individuals with <=45th leg fat residual percentile residual or those in the >=71.3rd waist
102 circumference residual percentile. The resulting “buffer zone” of individuals was to exclude
103 potential false positives or false negatives. We also considered as a sensitivity analysis a
104 lipedema phenotype at an assumed 5% prevalence. In this case, women were deemed to be

105 lipedema cases if they were in the $>75^{\text{th}}$ percentile of the leg fat percentage residual and in the
106 $<46.7^{\text{th}}$ percentile of the waist circumference residual, and controls were individuals with $\leq 65^{\text{th}}$
107 leg fat residual percentile residual or those in the $\geq 56.7^{\text{th}}$ waist circumference residual
108 percentile.

109

110 *Leg pain*

111 Since leg pain is an associated feature of lipedema, we used responses to the following
112 question asked at the baseline exam at each UK Biobank recruitment center: “Do you get a pain
113 in either leg on walking?” This question was administered to a subset (~40%) of UK Biobank
114 participants, as it was introduced by the UK Biobank towards the end of recruitment. A lack of
115 an affirmative response to this question was required to define a patient as a control.

116

117 *Genetic data*

118 The vast majority of UK Biobank participants were genotyped with the Affymetrix UK
119 Biobank Axiom Array (Santa Clara, USA). Approximately 10% of participants were genotyped
120 with the Affymetrix UK BiLEVE Axiom Array. Tens of millions of additional SNP genotypes
121 were obtained through imputation using the Haplotype Reference Consortium [9] and UK10K
122 [10] haplotype data as references. Principal component analysis was performed by the UK
123 Biobank team, using fastPCA software on a set of 147,604 high-quality directly genotyped
124 markers. Individuals with an unusually high heterozygosity rate, a $>5\%$ missing rate, or a
125 mismatch between self-reported and genetically-inferred sex were excluded. These and other
126 details regarding the genotyping, imputation, and QC procedures are available elsewhere [8].

127 SNPs not in Hardy-Weinberg equilibrium ($p < 1 \times 10^{-6}$), with a high missingness ($> 1.5\%$), a low
128 minor allele frequency ($< 0.1\%$), or low imputation quality ($\text{info} < 0.4$) were excluded. A total of
129 16.8 million SNPs were available for analysis, including those on the X chromosome.

130

131 *Statistical analyses*

132 We tested the association between each SNP with case-control status using linear
133 regression implemented in the BOLT-LMM software [11,12], which implements a linear mixed
134 model regression, including SNPs other than the one tested as random effects, and thereby
135 correcting for population stratification and relatedness. Since BOLT-LMM implements a linear
136 regression model, the effect size estimates for case-control outcomes are unreliable. As
137 previously done in other studies [13,14], we therefore estimated the effect sizes of the genome-
138 wide significant ($p < 5 \times 10^{-9}$) SNPs with logistic regression in R [15]. We included age, hip
139 circumference, recruitment center, genotyping platform, and the first 10 principal components
140 (PCs) as covariates in both the BOLT-LMM and the logistic regression SNP association models.
141 Hip circumference was included to account for overall body size and for proportion of fat in
142 thighs. We performed multiple sensitivity analyses. First, we considered a model without any
143 adjustment for hip circumference. Since there is considerable uncertainty regarding the actual
144 prevalence of lipedema, we also considered a prevalence of 5% instead of 10%. We also
145 performed an analysis only in women with BMI < 30 to avoid obesity complicating the analyses.
146 Finally, we considered analyses in which we added into our case definition an affirmative
147 response regarding self-reported leg pain. SNPs were considered genome-wide significant if $p <$
148 5×10^{-9} . This threshold was chosen instead of the more typical threshold because we performed
149 multiple GWAS analyses, and to optimize our ability to replicate findings in our much smaller

150 replication dataset. To estimate SNP-based heritability, and to estimate genetic correlations of
151 our lipedema phenotype with a wide range of other human traits and diseases, including other
152 body composition and cardiometabolic traits and diseases, we used the online implementation
153 (<http://ldsc.broadinstitute.org/>) of the LD score regression method [16–18]. Details of each
154 phenotype and GWAS used in these genetic correlations can be found on the aforementioned
155 website. We examined the LD-score regression intercept, as well as the Q-Q plot, to assess
156 genomic inflation. We tested the association of each of the significant SNPs identified with
157 potentially relevant anthropometric measures among all UK Biobank women of European
158 ancestry, using linear regression, including age, chip, 10 PCs, and center as covariates.

159 Gene expression enrichment patterns across different tissues were examined through the
160 web-based platform, Functional Mapping and Annotation of Genome-Wide Association Studies
161 (FUMA GWAS) [19], that uses data from GTEx v7 [20], and the MAGMA gene-based analysis
162 for identification of associated genes [21]. Briefly, the MAGMA gene-based analysis uses all the
163 SNPs in a gene as the unit of analysis to test the association of each gene across the genome with
164 the phenotype. A genome-wide significance threshold of $p < 2.6 \times 10^{-6}$ was used. We also used
165 the FUMA GWAS platform to identify eQTL from GTEx v7 and from a large blood eQTL study
166 [22], by interrogating all top SNPs, and all SNPs in LD ($r^2 > 0.6$) of top SNPs.

167 Pathway over-representation analysis was performed for the unique genes identified by
168 the aforementioned eQTL analysis, using the SOAP/WSDL interface of the
169 ConsensusPathwayDB-human. ConsensusPathwayDB is a project of the Max Planck Institute for
170 Molecular Genetics that integrates multiple interaction networks [23,24].

171

172 *Replication study*

173 We sought to replicate our top findings in a case/control study of clinically diagnosed
174 lipedema cases, as previously described [25]. Briefly, 130 lipedema cases recruited from two
175 specialist UK clinics at St George’s University Hospital NHS Trust and the University Hospitals
176 of Derby and Burton NHS Trust were genotyped with Illumina Infinium microarrays. Unaffected
177 females (N=5,848) enrolled in the Understanding Society UK study [26] genotyped with
178 Illumina HumanCoreExome-12 (v1.0) were selected as the control group to the replication
179 cohort controls (European Genome-phenome Archive ID: EGAD00010000890). Details of the
180 ‘UK Lipoedema’ cohort genotyping can be found elsewhere [25]. Imputation was performed by
181 aligning variants to the 1,000 Genomes [27] reference and the normalized variants were imputed
182 using the Michigan Imputation server [28]. Post imputation quality controls were used to remove
183 low-quality ($r^2 \leq 0.8$) imputed variants before further analyses. The association analysis was
184 performed using a univariate linear mixed model, implemented in GEMMA software (version
185 0.98.1) [29]. The p-value distribution was assessed using a Quantile-Quantile (Q-Q) plot, and
186 there was no inflation effect observed on the association analysis. Given the 14 statistically
187 significant top hits that we were able to test in the replication study, a significant replication was
188 determined based on a p-value<0.0036, according to a Bonferroni correction.

189

190 **RESULTS**

191 *GWAS*

192 In this study, we defined lipedema cases and controls based on leg fat mass and waist
193 circumference. The characteristics of the different case (n=24,450) and control (n=165,227)

194 groups are shown in Table 1. The inferred lipedema cases tend to have a higher leg fat % and a
195 lower waist-to-hip ratio (WHR).

196 Cases are shown in green in Figure 1 with respect to unadjusted waist circumference and
197 unadjusted leg fat %, and in Supplementary Figure 1 with respect to the residualized values of
198 these variables that were used to determine cases and controls. The LD-score regression intercept
199 (<1.02) and Q-Q plot (Supplementary Figure 2) from the genome-wide association study suggest
200 little evidence of systematic inflation of effect sizes, beyond the polygenic signal associated with
201 the lipedema phenotype. SNP-based heritability for our main model was 5.13% (see
202 Supplementary Table 1).

203 We find 18 loci significantly associated with the primary lipedema phenotype as defined
204 in this study (see Figure 2 and Table 2). Associations of these 18 significant SNPs with relevant
205 anthropometric traits among all UK Biobank European-ancestry women are shown in
206 Supplementary Table 2. In analyses not adjusting for hip circumference, the results are relatively
207 similar, with generally smaller magnitudes of association (see Supplementary Table 3 and
208 Supplementary Figure 3). The same is observed for the other sensitivity analyses (see
209 Supplementary Figures 4-5). The addition of leg pain as a criterion for cases ($n=1,724$ cases;
210 $165,227$ controls) resulted in no genome-wide significant loci (Supplementary Figure 6). Only
211 the *LYPLALI* locus exhibited a ‘suggestive level’ of significance ($p=4.5 \times 10^{-6}$, see
212 Supplementary Table 4). The gene-based analysis, in which the collection of SNPs in each gene
213 is taken as the unit of analysis instead of each SNP individually, identified 72 genes associated
214 with lipedema (Supplementary Figure 7 and Supplementary Table 5).

215

216 *Genetic correlations with other traits and diseases*

217 We observed significant positive genetic correlations of the lipedema phenotype with
218 body fat and leptin levels (Supplementary Figure 8). We also find nominally significant positive
219 genetic correlations with hip circumference, primary biliary cirrhosis and BMI. We find
220 nominally significant negative genetic correlations with WHR, age at first birth, forced vital
221 capacity, birth weight, and age at menopause (Supplementary Figure 8)

222

223 *Associations of loci with tissue-specific gene expression levels*

224 Genes implicated by eQTL analysis, and which may provide insight into the genetic
225 regulation of the lipedema phenotype, vary by locus and by tissue. For example, the *RSPO3* top
226 SNP, rs72959041, is associated with the expression level of the *RSPO3* gene in subcutaneous
227 adipose tissue, as are *ZNF664* with the rs11057418 SNP, and *TIPARP* with the rs4680338 SNP
228 (Supplementary Table 6). The top SNP at the *GRB14-COBLL1* locus is associated with
229 expression of several genes in various tissues. A list of these gene expression patterns for the
230 significant (FDR<0.05) eQTLs of the top SNPs can be found in Supplementary Table 6. Upon
231 expanding this analysis to all SNPs in LD ($r^2>0.6$) with the top SNPs, a more extensive list of
232 genes and tissues was identified (Supplementary Table 7). A list of genes sorted by relevant and
233 highly represented tissues is shown in Supplementary Table 8. Tissue enrichment analyses based
234 on the gene-based (MAGMA) analysis identify arterial blood vessels as the main tissues where
235 these genes may exert their actions (Supplementary Figure 9).

236

237 *Pathway analysis*

238 Our pathway analysis results show significant enrichment for multiple pathways and
239 Gene Ontology Terms (Supplementary Table 9). Noteworthy are: a) the EGFR1 signaling
240 pathway, a pathway that induces growth, differentiation, migration, adhesion and cell survival
241 through multiple hormone interactions [30]; and b) GO:0003785 actin monomer binding, a
242 regulator of actin cytoskeleton dynamics in cells [31].

243

244 *Replication*

245 In a replication cohort of phenotyped lipedema patients from the ‘UK Lipodema’ study,
246 we were able to obtain results for 14 out of 18 loci (see Table 2). We identified two statistically
247 significant associations also showing the same direction of effect as in UK Biobank: *VEGFA*
248 ($p=5.0 \times 10^{-4}$) and *GRB14-COBL11* ($p=2.3 \times 10^{-3}$). Two nominally significant loci ($p<0.05$;
249 *ADAMTS9* and *LYPLAL1*) were also directionally consistent.

250

251 **DISCUSSION**

252 Using an inferred lipedema phenotype based on high leg fat % and small waist in the UK
253 Biobank, we performed the first GWAS of a lipedema phenotype and identified 18 loci across
254 the genome. Two of these loci (*VEGFA* and *GRB14-COBL11*) were significantly associated with
255 lipedema in an independent case-control study including clinically diagnosed lipedema cases.

256 Loci in/near *RSPO3*, *GRB14-COBL11*, *ZNF664-FAM101A* (near *CCDC92*), *VEGFA*,
257 *ADAMTS9*, *LYPLAL1*, *ANKRD55-MAP3K1* have previously been found to be associated with
258 WHR, and importantly, to exhibit stronger effects in women than in men [32–34]. Importantly,

259 we show that these loci are associated with leg fat % independently of hip circumference,
260 indicating that these associations are not predominately driven by hip circumference or fat
261 around the hip, but rather fat throughout the lower limbs.

262 Pain in the lower limbs is a common complaint among lipedema patients [2] and when
263 including pain as a criterion in the GWAS, only one of the loci, rs749853052 near *LYPLALI*,
264 exhibited a ‘suggestive level’ of significance. We strongly suspect that the reduced sample size
265 when incorporating leg pain information resulted in reduced statistical power to detect
266 significantly associated loci. The *LYPLALI* variant is over 250 kb downstream of the *LYPLALI*
267 (lysophospholipase-like 1) gene. The function of this locus is still unknown, although it may act
268 as a triglyceride lipase or lysophospholipase [35,36]. This locus has been associated with WHR,
269 with a stronger effect in women than in men [32,37,38]. It has also been associated with a
270 “favorable adiposity” or gynoid phenotype [39], and with non-alcoholic fatty liver disease [40].
271 It has also been found to be more abundantly expressed in the subcutaneous adipose tissue of
272 obese compared to lean individuals [41], potentially making it an interesting association to
273 explore in the context of lipedema.

274 One of the novel loci identified on chromosome 5 is located in the *LINC01184* non-
275 coding gene, and just upstream of the *SLC12A2* gene. Our eQTL analysis revealed that the top
276 SNP at this locus is associated with increased expression of the fibrillin 2 (*FBN2*) gene in the
277 thyroid. The *FBN2* gene is located downstream of the *SLC12A2* gene. This locus was also
278 identified in a GWAS of varicose veins of the lower extremities [42]. The allele associated with
279 decreased risk of varicose veins is in strong LD ($r^2 > 0.93$) with the allele associated with
280 increased odds for the lipedema phenotype, suggesting a potential connection between lipedema
281 and varicose veins.

282 We identified an intronic variant in the *ADAMTSL3* gene which codes for a glycoprotein.
283 *ADAMTSL3* localize to the extra-cellular matrix (ECM) [43] where it may modulate the
284 *ADAMTS* proteinases [44]. *ADAMTS* proteins are involved in ECM or cell-matrix interactions
285 [44]. As the EMC is important for the regulation of adipocyte expansion and proliferation [45],
286 *ADAMTS* and *ADAMTS*-like protein could be important in that process. Interestingly,
287 *ADAMTSL3* has been associated with overall body fat [46] and lean body mass [47].

288 Finally, another locus worth highlighting is at the *DNAH10-CCDC92-ZNF664* locus.
289 Knockdown of both *DNAH10* and *CCDC92* has previously been shown to result in lowered
290 mRNA levels of the respective gene, and in reduced lipid accumulation in mouse adipocytes,
291 consistent with an impairment of lipid accumulation in peripheral adipose tissues in humans [48].
292 This locus was also implicated in abnormally high HDL-C levels [49], and in large HDL
293 particles [50], further suggesting the involvement of this locus in adipose tissue growth and its
294 consequences.

295 Of course, for any of the above, the question remains if the inferred lipedema phenotype
296 has any resemblance to a clinically defined lipedema cohort. When validating 14 SNPs in the
297 ‘UK Lipoedema’ cohort [25], the *VEGFA* and *GRB14-COBLL1* loci were significantly
298 associated with lipedema. In addition to the well-established association of these loci with WHR
299 [34], they have also been associated with other cardiometabolic traits and diseases [51,52], as
300 well as with a favorable pattern of adiposity [39,53]. Interestingly, other loci identified with
301 favorable adiposity overlap with some of those identified here, such as *ANKRD55/MAP3KI*,
302 *DNAH10/CCDC92*, and *FAM101A* [39,53]. It has been suggested previously that despite higher
303 BMI, lipedema patients have relatively lower risk of type 2 diabetes [54] and the gynoid SAT
304 may protect against cardiovascular risk [55].

305 Among the strengths of our study are the large sample size that enabled our genetic
306 investigation and identification of associated loci. Although there are other studies of lipedema,
307 they have much smaller samples, and thereby do not have sufficient power to detect the tiny
308 effect sizes that characterize the genetic architecture of most traits that do not have a single-gene
309 cause. Another strength is the availability of relatively detailed body composition measures.
310 Given the small effect sizes typically observed for the genetics of complex traits and diseases, a
311 large sample size increased our probability of detecting loci associated with the lipedema
312 phenotype, at the cost of the quality of the phenotype (i.e. absence of a lipedema diagnosis, see
313 next paragraph). A major limitation of this study is that we could not rely on an actual diagnosis
314 or on a validated classifier of lipedema. Since the recognition and diagnosis of lipedema is in its
315 infancy, and is still very limited, it is currently difficult to obtain large collections of genotyped
316 women with diagnosed lipedema. The binary classifier that we used likely mis-classified a
317 number of lipedema cases and controls. However, the larger sample size and the availability of a
318 replication cohort consisting of diagnosed lipedema cases likely counter-balanced some of the
319 resulting loss in power from the discovery cohort. It is also possible that the 16 loci identified in
320 the UK Biobank discovery cohort that were not replicated in the replication cohort are loci that
321 are not associated with lipedema, but rather with other associated aspects of body shape that are
322 similar to, but not related, to lipedema. In addition, it could be that our replication cohort is still
323 too small to successfully replicate most of the loci, and that only through the study of further
324 cohorts could we confirm the potential role of these loci in lipedema. Another limitation of our
325 study is that it is limited to people of European (mainly British) ancestry, and to individuals
326 between the ages of 40 and 70, many years after lipedema typically initiates, and when the
327 lipedema phenotype is more likely to be confounded by frank obesity.

328 In conclusion, we have identified 18 loci associated with an inferential lipedema
329 phenotype in adult women of European descent, among which, 2 successfully replicate in a study
330 of clinically diagnosed lipedema cases. Some have previously been identified as female-specific
331 loci for WHR, while others have not previously been linked to body composition phenotypes. In
332 a replication study with clinically diagnosed lipedema cases, we successfully replicate the
333 *VEGFA* and *GRB14-COBLL1* loci, which have previously been associated with fat distribution
334 patterns. We hope that these loci and the genes and tissues that they implicate will provide
335 starting points towards a better understanding of the pathophysiology of lipedema, and
336 eventually to treatment and prevention approaches.

337

338

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344

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349 and Meta-analysis), CKDGen (Chronic Kidney Disease Genetics consortium), dbGAP (database
350 of Genotypes and Phenotypes), DIAGRAM (DIAbetes Genetics Replication And Meta-analysis),
351 ENIGMA (Enhancing Neuro Imaging Genetics through Meta Analysis), EAGLE (EARly
352 Genetics & Lifecourse Epidemiology Eczema Consortium, excluding 23andMe), EGG (Early
353 Growth Genetics Consortium), GABRIEL (A Multidisciplinary Study to Identify the Genetic and
354 Environmental Causes of Asthma in the European Community), GCAN (Genetic Consortium for
355 Anorexia Nervosa), GEFOS (GENetic Factors for OSteoporosis Consortium), GIANT (Genetic
356 Investigation of ANthropometric Traits), GIS (Genetics of Iron Status consortium), GLGC
357 (Global Lipids Genetics Consortium), GPC (Genetics of Personality Consortium), GUGC
358 (Global Urate and Gout consortium), HaemGen (haematological and platelet traits genetics
359 consortium), HRgene (Heart Rate consortium), IIBDGC (International Inflammatory Bowel
360 Disease Genetics Consortium), ILCCO (International Lung Cancer Consortium), IMSGC
361 (International Multiple Sclerosis Genetic Consortium), MAGIC (Meta-Analyses of Glucose and
362 Insulin-related traits Consortium), MESA (Multi-Ethnic Study of Atherosclerosis), PGC
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369

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533

534 **FIGURE LEGENDS**

535 **Figure 1:** Scatter plot of raw, unadjusted waist circumference and leg fat % measurements of
536 females in the UK Biobank, indicating in green the lipedema phenotype cases. The horizontal
537 and vertical lines indicate the mean of leg fat % and waist circumference of entire female
538 sample, respectively.

539

540 **Figure 2:** Manhattan plot of GWAS of the inferred lipedema phenotype from the UK Biobank,
541 at an assumed 10% prevalence. Loci that were successfully replicated in the ‘UK Lipoedema’
542 cohort are shown in red. The red horizontal line represents the genome-wide significance p-value
543 threshold of 5×10^{-9} .

544 **Table 1:** Inferred lipedema case and control characteristics in the UK Biobank. Means and
 545 standard deviations are shown for each trait in cases and controls in analyses adjusting and not
 546 adjusting for hip circumference (HC).

547

	HC-Adjusted		Not HC-Adjusted	
	Cases (n=24,450)	Controls (n=165,227)	Cases (n=24,450)	Controls (n=134,347)
Age (yrs)	56.7 (7.71)	56.6 (7.98)	56.7 (7.8)	56.3 (8.03) **
BMI (kg/m ²)	26.9 (3.85)	27 (5.55) **	28.5 (2.31)	25.7 (5.99) ***
Waist Circumference (cm)	80.1 (7.83)	85.6 (13.7) ***	84.7 (4.07)	81.7 (14.9) ***
Hip Circumference (cm)	103 (7.68)	103 (11.1) ***	106 (5.55)	101 (11.9) ***
WHR	0.78 (0.032)	0.83 (0.078) ***	0.80 (0.049)	0.81 (0.075) ***
Mean Leg Fat %	42.5 (3.53)	39.6 (6.1)***	43.9 (2.03)	38.0 (6.17)***

548 *p<0.05, **p<0.0001, *** p<2x10⁻¹⁶, comparing controls to cases

549 HC: hip circumference; WHR: waist-to-hip ratio

550 **Table 2:** List of lead variants showing significant association with the lipedema phenotype (hip
551 circumference (HC) adjusted) from the UK Biobank GWAS, including associations of the
552 corresponding SNPs with lipedema in the UK Lipoedema replication study. The SNPs have been
553 annotated to their nearest gene(s). Effect size (OR) and p-values are shown for both analyses.
554 The SNPs have been sorted in ascending order of p-value from UK Biobank GWAS. The rows
555 with bold font indicates the successfully replicated loci.

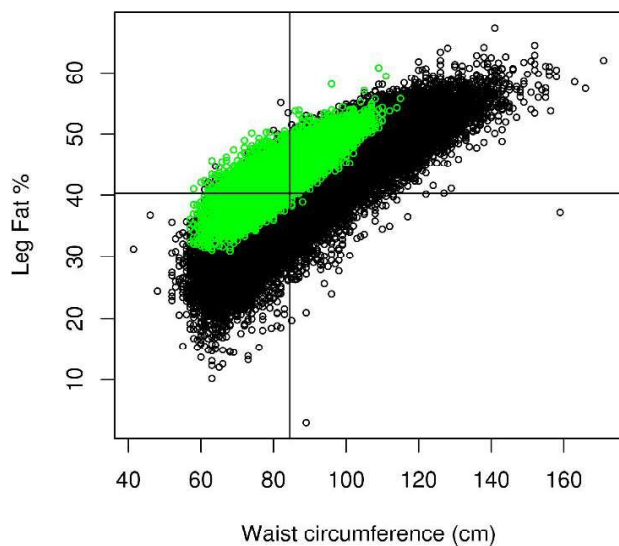
SNP	Chr	BP	Nearest gene	UK Biobank					UK Lipoedema study			
				A1	A0	A1 Freq	OR	p-value	SNP	A1	A1 Freq	OR
rs72959041	6	127,454,893	<i>RSPO3</i>	G	A	0.95	1.24	2.70E-19	rs72959041	A	0.052	0.9920
rs1128249	2	165,528,624	<i>GRB14-COBL1</i>	G	T	0.61	0.92	3.00E-16	rs1128249	T	0.385	1.0086
rs11057418	12	124,508,976	<i>ZNF664-FAM101A</i>	G	C	0.798	1.1	5.60E-14	rs11057418	C	0.204	0.9998
rs6905288	6	43,758,873	<i>VEGFA</i>	G	A	0.429	1.07	1.80E-13	rs6905288	A	0.550	0.9029
rs6602994	15	84,490,757	<i>ADAMTSL3</i>	T	C	0.276	0.92	6.90E-13	rs7164141 ^a	G	0.730	1.0033
rs10649697	5	127,432,908	<i>SLC12A2</i>	T	TAGA	0.246	0.92	1.30E-12	no proxy found			
rs4616635	3	64,702,275	<i>ADAMTS9</i>	C	G	0.723	0.93	4.90E-12	rs4616635	G	0.269	1.0064
rs749853052	1	219,747,226	<i>LYPLAL1</i>	TG	T	0.702	0.93	1.50E-11	rs2820443 ^b	C	0.291	1.0070
rs536569640	12	123,553,002	<i>PITPNM2</i>	TAATA	T	0.726	1.08	1.90E-11	no proxy found			
rs28394864	17	47,450,775	<i>ZNF652</i>	G	A	0.538	1.07	1.90E-11	rs28394864	A	0.441	0.9986
rs543302184	10	96,009,182	<i>PLCE1</i>	T	TA	0.58	1.07	3.00E-11	no proxy found			
rs11772918	7	46,609,344	intergenic	A	G	0.46	0.93	3.60E-11	rs11772918	G	0.531	0.9986
rs62492368	7	150,537,635	<i>ABP1/AOC1</i>	G	A	0.694	1.07	4.00E-11	rs62492368	A	0.309	0.9973
rs5868014	5	55,860,907	<i>ANKRD55-MAP3K1</i>	GC	G	0.814	1.08	2.70E-10	rs28650790 ^c	T	0.190	0.9933
rs71490394	11	62,370,155	<i>EML3</i>	G	A	0.629	1.07	1.20E-09	rs71490394	A	0.351	0.9956
rs28849840	12	50,703,384	<i>LIM1-FAM186A</i>	G	A	0.65	0.94	1.50E-09	rs28849840	A	0.349	0.9969
rs565113908	18	37,904,550	intergenic	T	G	0.999	0.52	1.60E-09	no proxy found			
rs4680338	3	156,794,425	<i>LEKRI-CCN1</i>	C	G	0.595	0.94	2.30E-09	rs4680338	G	0.403	1.0044

556
557 A1 refers to effect allele that OR (odds ratio) corresponds to; A1 Freq: effect allele frequency
558

559 ^a A allele at rs7164141 in LD ($r^2=1.0$) with T allele of rs6602994
560 ^b C allele at rs2820443 in LD ($r^2=1.0$) with no G nucleotide at rs749853052
561 ^c C allele at rs28650790 in LD ($r^2=1.0$) with C allele at rs5868014

562

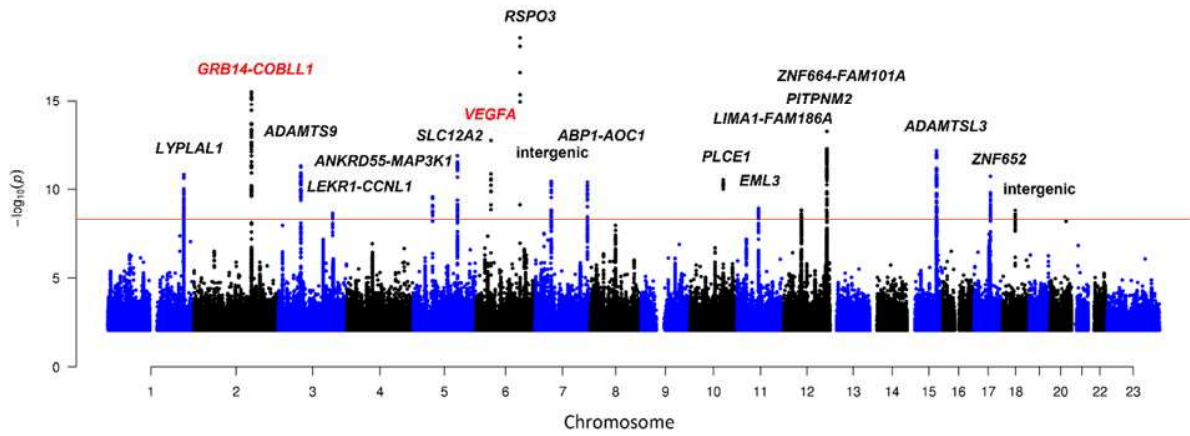
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