Additional File 1. Events of special interest

|  |
| --- |
| Events of special interest |
| Transient post exercise soreness  Post exercise stiffness  Post exercise fatigue  Post exercise trips, slips and/or falls  Temporary exacerbation of disease-related inflammatory pain during exercises  Trips, slips and/or falls during setup of circuit, during exercises, and/or clearing away the circuit setup  Temporary musculoskeletal pain from setup of circuit at home  Perceptions of new instance of disease flare resulting from undertaking gait rehabilitation circuit |