

# Journal Pre-proof



Risk of reoperation 10 years after surgical treatment for stress urinary incontinence: a national population-based cohort study.

Mr Patrick Muller, MSc, Dr Ipek Gurol-Urganci, PhD, Prof Jan Van Der Meulen, PhD, Miss Ranee Thakar, MD, Miss Swati Jha, MD

PII: S0002-9378(21)00996-0

DOI: <https://doi.org/10.1016/j.ajog.2021.08.059>

Reference: YMOB 14052

To appear in: *American Journal of Obstetrics and Gynecology*

Received Date: 30 April 2021

Revised Date: 13 August 2021

Accepted Date: 30 August 2021

Please cite this article as: Muller P, Gurol-Urganci I, Meulen JVD, Thakar R, Jha S, Risk of reoperation 10 years after surgical treatment for stress urinary incontinence: a national population-based cohort study., *American Journal of Obstetrics and Gynecology* (2021), doi: <https://doi.org/10.1016/j.ajog.2021.08.059>.

This is a PDF file of an article that has undergone enhancements after acceptance, such as the addition of a cover page and metadata, and formatting for readability, but it is not yet the definitive version of record. This version will undergo additional copyediting, typesetting and review before it is published in its final form, but we are providing this version to give early visibility of the article. Please note that, during the production process, errors may be discovered which could affect the content, and all legal disclaimers that apply to the journal pertain.

© 2021 Elsevier Inc. All rights reserved.

1 **Risk of reoperation 10 years after surgical treatment for stress urinary**  
2 **incontinence: a national population-based cohort study.**

3 Mr Patrick MULLER MSc<sup>1,2</sup>, London, UK,

4 Dr Ipek GURUL-URGANCI PhD<sup>1,2</sup>, London, UK

5 Prof Jan Van Der MEULEN PhD<sup>1,2\*</sup>, London, UK

6 Miss Ranee THAKAR MD<sup>2,3</sup>, London, UK

7 Miss Swati JHA MD<sup>4,5\*</sup>, London, UK

8 <sup>1</sup> London School of Hygiene & Tropical Medicine

9 <sup>2</sup> Royal College of Obstetricians and Gynaecologists

10 <sup>3</sup> Croydon University Hospital Croydon

11 <sup>4</sup> British Society of Urogynaecology

12 <sup>5</sup> Sheffield Teaching Hospitals

13 \*Joint senior author

14

15 The authors declare no conflicts of interest. PM and IGU are funded by the Royal College of

16 Obstetricians and Gynaecologists. The funder had no role in the design and conduct of the

17 study; collection, management, analysis, and interpretation of the data; preparation,

18 review, or approval of the manuscript; or decision to submit the manuscript for publication.

19

20 **Word counts**

21 Abstract: 374

22 Main body: 3 575

23

**24    CONDENSATION**

25    The 10-year reoperation risk following treatment of stress incontinence with retropubic  
26    colposuspension is approximately 20%; twice as high compared to mesh sling or autologous  
27    sling procedures.

28

**29    SHORT TITLE**

30    Reoperation risk following stress urinary incontinence surgery.

31

32

**33    AJOG AT A GLANCE****34    Why was this study conducted?**

35    Reviews have highlighted a need for comparative evidence on long-term outcomes  
36    following different surgical treatment for stress urinary incontinence.

**37    What are the key findings?**

38    Retropubic colposuspension is associated with higher risk of reoperation than mesh sling  
39    insertion and autologous sling procedures, with one in five women requiring reoperation  
40    within 10 years of the initial surgery.

**41    What does this study add to what is already known?**

42    This study follows up women who had surgery for stress urinary incontinence to 10 years,  
43    longer than any previous large study. We found differences in reoperation risk between  
44    retropubic colposuspension and mesh and autologous sling procedures, which increased between  
45    five and ten years follow up.

46

47

48 **ABSTRACT**

49 **Background** There is debate about the safety and effectiveness of surgical treatments for  
50 stress urinary incontinence. Controversy about the use of synthetic mesh sling insertion has  
51 led to increased uptake of retropubic colposuspension and autologous sling procedures.  
52 Comparative evidence on long-term outcomes from these procedures is needed.

53 **Objective** To compare risk of reoperation at 10 years between women treated for stress  
54 urinary incontinence with retropubic colposuspension, mesh sling insertion, and autologous  
55 sling procedures.

56 **Study Design** Records of admissions to National Health Service hospitals were used to  
57 identify women who had first-time stress incontinence surgery between 2006 and 2013 in  
58 England. The first incidence of the following outcomes was assessed: further stress  
59 incontinence surgery, surgery for a complication (either mesh removal, prolapse repair, or  
60 incisional hernia repair), and any reoperation (either further stress incontinence surgery,  
61 mesh removal, prolapse repair, or incisional hernia repair). The cumulative incidence of each  
62 of these outcomes up to 10 years after surgery was calculated, considering death as a  
63 competing event. Multivariable modelling was then used to estimate reoperation hazard  
64 ratios (HRs) for different initial surgery types with adjustment for patient characteristics and  
65 concurrent prolapse surgery or hysterectomy.

66 **Results** The analysis included 2 262 women treated with retropubic colposuspension,  
67 92 524 treated with mesh sling insertion, and 1 234 treated with autologous sling. The  
68 cumulative incidence of any first reoperation at 10 years was 21.3% (95% confidence  
69 interval: 19.5% - 23.0%) after retropubic colposuspension, 10.9% (10.7% - 11.1%) after mesh

70 sling insertion, and 12.0% (10.2% - 13.9%) after autologous sling procedures. Compared to  
71 women who had an autologous sling, women who had retropubic colposuspension were  
72 significantly more likely to have a reoperation (adjusted hazard ratio for any reoperation:  
73 1.79 (1.47 - 2.17); for further stress incontinence surgery: 1.64 (1.19 – 2.26); for surgery for  
74 complications: 1.89 (1.49 – 2.40)), while women who had mesh slings had similar hazard (for  
75 any reoperation: 0.90 (0.76 - 1.07); for further stress incontinence surgery: 0.75 (0.57 –  
76 0.99); for surgery for complications: 1.11 (0.89 – 1.36)). A sensitivity analysis excluding  
77 women who had concurrent prolapse surgery or hysterectomy produced similar results.

78 **Conclusion** Retropubic colposuspension is associated with higher rates of reoperation by 10  
79 years after surgery than mesh sling insertion or autologous sling procedures, with one in five  
80 women requiring reoperation.

### 81 82 83 **KEYWORDS**

84 Retropubic colposuspension; synthetic mesh sling; autologous sling; fascial sling; pelvic  
85 organ prolapse; incontinence surgery; hernia repair; mesh removal; adverse events;  
86 complications

87

88

89

90

91

## 92 INTRODUCTION

93 Since its introduction in 1998, synthetic mesh sling insertion has been the treatment of  
94 choice for stress urinary incontinence (SUI) in many countries. However, reports of severe  
95 adverse events following this treatment has led to controversy about its use.<sup>1</sup> Some women  
96 treated with mesh slings have experienced pain, dyspareunia, persistent incontinence, and  
97 mesh exposure.<sup>2,3</sup> In England, the volume of patients treated with mesh slings fell from 11  
98 000 in 2009/10 to 4 000 in 2017/18 in response to reports of adverse outcomes.<sup>4</sup> This has  
99 resulted in an increased uptake of alternative surgical procedures for SUI, such as retropubic  
100 colposuspension and autologous sling procedures (insertion of slings harvested from the  
101 patient's own fascia), which were previously gold standard treatments.<sup>5,6</sup>

102 A systematic review of the evidence from RCTs published in 2019 reported comparable  
103 effectiveness at the medium term between retropubic colposuspension, mesh sling  
104 insertion, and autologous sling procedures, and no evidence of increased adverse events  
105 with mesh slings.<sup>7</sup> However, the authors of that review cautioned that sparse data was  
106 available on effectiveness and adverse events beyond one year. The need for better data on  
107 long-term safety and effectiveness of surgical procedures used for SUI was also highlighted  
108 in a report from the Independent Medicines and Medical Devices Review in the United  
109 Kingdom published in 2020.<sup>4</sup>

110 Several recent studies have used population-based datasets to assess long-term outcomes  
111 following SUI treatment with a mesh sling insertion. One study of 95 000 women in England  
112 reported that at nine years after mesh sling insertion, 3.3% of women had mesh removal  
113 and 6.9% had either removal or further SUI surgery.<sup>8</sup> A study of 17 000 women in Scotland  
114 compared postoperative complications, further SUI surgery, and further prolapse surgery

115 between different SUI surgeries.<sup>9</sup> That study reported considerably lower risks of immediate  
116 complications and prolapse surgery at five years with mesh sling insertion compared to  
117 open retropubic colposuspension, and a comparable risk of further SUI surgery and long-  
118 term complications at five years. In contrast, a study of 155 000 women in the United States  
119 reported that by 9 years follow up, the cumulative incidence of further SUI surgery was  
120 higher amongst women treated with mesh or autologous sling insertion compared to  
121 women treated with retropubic colposuspension.<sup>10</sup>

122 The aim of our study was to estimate the risk of reoperations associated with different types  
123 of SUI surgery, including retropubic colposuspension, mesh sling insertion, and autologous  
124 sling procedures, up to 10 years after surgery, using administrative hospital data on all  
125 women who had first-time SUI surgery in the English National health Service (NHS) between  
126 2006 and 2013. We also assessed the risk of specific reoperation types including further SUI  
127 surgery, mesh removal, incisional hernia repair, and prolapse surgery.

128

## 129 **MATERIALS AND METHODS**

### 130 **Data sources**

131 Data on all admissions to NHS hospitals in England from April 2002 to March 2019 were  
132 extracted from the Hospital Episode Statistics (HES), an administrative database of all care  
133 episodes in NHS hospitals in England, with records including patient demographics, dates of  
134 admission and discharge, diagnostic and procedure information, and date of death. NHS  
135 Hospitals are reimbursed according to clinical activity recorded in the HES database, so the  
136 completeness is expected to be high.<sup>11</sup> Surgical procedures for SUI were identified using the  
137 Office for Population Censuses and Surveys Classification of Interventions and Procedures

138 Version 4 (OPCS-4) codes (full OPCS-4 code list in Appendix Table 1).<sup>12</sup> Urethral bulking  
139 agents were excluded as they are not a surgical procedure and are not expected to provide  
140 long-term cure for stress incontinence.

141

#### 142 **Cohort selection and outcome definition**

143 All women who had a first-time treatment for SUI with retropubic colposuspension  
144 (abdominal or laparoscopic), a mesh sling insertion, or an autologous sling procedure  
145 between 1<sup>st</sup> April 2006 and 31<sup>st</sup> March 2013 were eligible for inclusion. The start of the  
146 inclusion period was chosen as mesh-specific OPCS-4 codes only became available in 2006,  
147 and the end was chosen to allow at least six years of follow up for each patient. The mesh  
148 sling cohort included women who had a retropubic or transobturator mid-urethral sling  
149 (excluding single incision slings) and the autologous sling cohort included women with  
150 treatment codes for suprapubic sling and abdominoperineal suspension of the urethra (full  
151 OPCS-4 code list in Appendix Table 1). A concurrent hysterectomy at the time of the initial  
152 SUI surgery was defined as the presence of an OPCS-4 code starting with “Q07” (abdominal  
153 hysterectomy) or “Q08” (vaginal hysterectomy). A concurrent prolapse repair was defined  
154 as the presence of any OPCS-4 code for prolapse repair (full OPCS-4 code list in Appendix  
155 Table 2).

156 Women were excluded from the cohort if an SUI treatment code (any of the SUI treatments  
157 considered in this study, or a record of unspecified SUI surgery (“M53.9”) or urethral bulking  
158 agents code (“M56.3”)) was included in the record of a hospital admission in the three years  
159 immediately before surgery. If a patient had a first non-mesh procedure but then went on to  
160 have an admission where mesh removal was recorded, it was assumed that the non-mesh



161 procedure was an incorrectly recorded surgery with mesh, and the patient was included in  
162 the mesh sling insertion group.

163 The reoperations considered included mesh removal, further SUI surgery, prolapse surgery,  
164 and incisional hernia surgery (full OPCS-4 code list in Appendix Table 2). Further SUI surgery  
165 indicates recurrence of incontinence symptoms, whilst the other three surgeries may be  
166 required to treat complications of the initial procedure. Risk of hernia specifically is  
167 increased with open surgery, and also following autologous sling procedures, due to  
168 weakness in the support of the anterior abdominal wall resulting from removal of a piece of  
169 the rectus.

170 For the time-to-event analyses, the primary outcome was defined as time from first-time  
171 SUI surgery to the first occurrence of any of the reoperations. If a patient had two of the  
172 different reoperations on the same day, the reoperation type was categorised as the first in  
173 the following sequence: mesh removal, further SUI surgery, prolapse surgery, hernia repair.  
174 This order was chosen to ensure that all mesh removals were included in the results for  
175 reoperation type. Two secondary outcomes analysed included time to first further stress  
176 incontinence surgery and time to first surgery for a complication (either mesh removal,  
177 prolapse repair, or incisional hernia repair), in each case with the other event type ignored  
178 and death considered the only competing event.

179 A woman's ethnicity was retrieved from the record of the admission during which the SUI  
180 surgery took place. If the ethnicity information was not available in that record, but was  
181 available in another HES record, information from that record was used instead. The Index  
182 of Multiple Deprivation (IMD), a score covering an area with a typical population of 1 500  
183 people, was grouped into quintiles according to the national distribution and used to

184 measure socioeconomic deprivation status.<sup>13</sup> The number of pre-existing comorbid  
185 conditions at the time of surgery was generated using the algorithm developed by the Royal  
186 College of Surgeons of England,<sup>14</sup> applied to records of the admission with the SUI surgery  
187 and all admissions in the three preceding years.

188

### 189 **Statistical methods**

190 We estimated the cumulative incidence of any first reoperation (either of further SUI  
191 surgery or surgery for a complication), up to 10 years after SUI surgery, considering death as  
192 a competing event. Follow up for each woman ended at first reoperation, at the end of the  
193 study period (31<sup>st</sup> March 2019), after 10 years of follow up, or death; whichever happened  
194 first. Cumulative incidence estimates were also produced for the other two outcomes of  
195 first further SUI surgery and first surgery for a complication.

196 The estimates of the cumulative incidence of any first reoperation were broken down  
197 according to the reoperation type. This was done by estimating the risk of each type of  
198 reoperation at each day of follow up, considering only those patients not already censored,  
199 dead, or reoperated as being at risk on that day, then summing the estimated risks of each  
200 reoperation type at each day to generate the cumulative incidence of each type up to 10  
201 years. The results are interpretable as the percentage of women who had each first  
202 reoperation type by 10 years follow up, where other potential outcomes were death or  
203 occurrence of another reoperation first.

204 Fine-Gray competing risks regression models were used to estimate the risk-adjusted  
205 subdistribution hazard ratio (HRs) representing the relative differences in the incidence  
206 rates of first reoperations between the three types of SUI surgery. The HRs were adjusted

207 for differences between the surgery groups in age, socioeconomic deprivation, number of  
208 pre-existing comorbidities, ethnicity, year of operation, and concurrent prolapse surgery or  
209 hysterectomy (divided into abdominal or vaginal).<sup>15</sup> The HRs estimated by the model can be  
210 interpreted as a measure of relative risk: a value of 1 implies no difference, a value > 1  
211 indicates an increased incidence compared to the reference and a value less than 1 a  
212 decreased incidence. Autologous sling was used as the reference category for estimates of  
213 HRs between surgery types. A p-value smaller than 0.05 was considered to indicate a  
214 statistically significant result.

215 One sensitivity analysis was done for the outcome any reoperation: hazard ratios were  
216 calculated only including women who did not have a concurrent hysterectomy or prolapse  
217 surgery at time of initial SUI surgery, to assess for confounding from differences in the  
218 frequency of these concurrent procedures on reoperation risk.

219

220

## 221 **RESULTS**

### 222 **Descriptive results**

223 Records from 96 020 women were analysed, including 2 262 who had retropubic  
224 colposuspension, 92 524 who had a mesh sling insertion, and 1 234 who had treatment with  
225 an autologous sling procedure. The majority of women were aged between 40 and 60 years  
226 at the time of initial SUI surgery (Table 1). The groups of women receiving different types of  
227 SUI surgery were similar with respect to socioeconomic deprivation status, pre-existing  
228 comorbidities, and ethnicity. A concurrent hysterectomy was more often carried out in

229 women who had retropubic colposuspension (21.9%) than in women who had a mesh sling  
230 insertion (5.7%), or autologous sling procedure (3.5%). Concurrent prolapse surgery was less  
231 frequently carried out in women who had an autologous sling procedure (8.6%) than in  
232 women who had a mesh sling insertion (16.9%) or retropubic colposuspension (17.1%).

233 The average time that women were followed up, defined as the time from SUI surgery to  
234 death or end of follow-up, was 9.8 years for women treated with retropubic  
235 colposuspension, compared to 8.8 years for women treated with a mesh sling insertion and  
236 9.6 years for women treated with an autologous sling procedure.

237

#### 238 **Time to event results**

239 There were stark differences in the cumulative incidence of any first reoperation at 10 years  
240 between women who had different types of SUI surgery: 21.3% (95% confidence interval:  
241 19.5% - 23.0%) for the women who had retropubic colposuspension, compared to 10.9%  
242 (95% confidence interval: 10.7% - 11.1%) for women who had a mesh sling insertion, and  
243 12.0% (95% confidence interval: 10.2% - 13.9%) for the women who had an autologous sling  
244 procedure (Table 2, Figure 1). While mesh sling insertion and autologous sling procedures  
245 were associated with similar incidence of any first reoperation, the types were different.  
246 Compared to women who had an autologous sling procedure, the women who had a mesh  
247 sling insertion were at risk of having mesh removal (3.0% compared to 0.0%), but they had a  
248 lower incidence of further surgery for SUI (2.6% compared to 4.5%), hernia repair (0.7%  
249 compared to 1.9%), and prolapse surgery (4.6% compared to 5.5%).

250 In the analysis of first surgery for a complication, where further incontinence surgery was  
251 not considered as a competing event, the 10-year incidence was 15.6% (14.1% - 17.2%) for

252 women treated with retropubic colposuspension, compared to 8.8% (8.6% - 8.9%) for  
253 women treated with mesh sling insertion and 7.8% (6.3% - 9.4%) for women who had an  
254 autologous sling procedure (Appendix Table 3). In the equivalent analysis of first further SUI  
255 surgery, the 10-year incidence was 7.6% (6.5% - 8.8%) for women treated with retropubic  
256 colposuspension, compared to 3.5% (3.3% - 3.6%) for women who had a mesh sling  
257 insertion and 4.8% (3.7% - 6.2%) for women who had autologous sling procedures.

258 In the fully adjusted model for hazard of any first reoperation, compared to women who  
259 had an autologous sling procedure, women who had retropubic colposuspension had  
260 considerably higher hazard (adjusted ratio: 1.79 (1.47 - 2.17)), while women who had mesh  
261 slings had similar hazard (0.90 (0.76-1.07)). In the adjusted model for first surgery for a  
262 complication, where further incontinence surgery was not treated as a competing event,  
263 retropubic colposuspension was associated with higher hazard (1.89 (1.49 – 2.40)) whilst  
264 mesh sling insertion was associated with similar hazard (1.10 (0.90 – 1.36)). In the  
265 equivalent model for first further stress incontinence surgery, women treated with  
266 retropubic colposuspension had higher hazard (1.78 (1.31 – 2.42)), and there was weak  
267 evidence women treated with a mesh sling had lower hazard (0.79 (0.60 – 1.03)).

268 A sensitivity analysis, including only the 76 903 women who did not have a concurrent  
269 prolapse repair or hysterectomy at time of initial SUI surgery, returned very similar results  
270 (Appendix Table 4, Appendix Table 5). The 10-year cumulative incidence of any reoperation  
271 was 19.9% (17.9% - 22.2%) for women who had retropubic colposuspension, 9.8% (9.6% -  
272 10.1%) for women who had a mesh sling insertion, and 11.1% (9.3% - 13.2%) in women who  
273 had an autologous sing procedure. In the modelling sensitivity analysis the adjusted hazard

274 ratio for reoperation for women who had retropubic colposuspension was 1.91 (1.53 - 2.38)  
275 and for women who had a mesh sling insertion it was 0.93 (0.77 – 1.13).

276

277

## 278 **COMMENT**

### 279 **Principal findings**

280 Women treated with retropubic colposuspension had nearly double the rate of any  
281 reoperation in the first 10 years after SUI surgery, compared to women treated with a mesh  
282 sling insertion or an autologous sling procedure. Concurrent abdominal or vaginal  
283 hysterectomy, or prolapse surgery, alongside the initial SUI surgery were associated with  
284 increased risk of reoperation. Women who had retropubic colposuspension were most likely  
285 to have one of these concurrent surgical procedures. However, this did not explain the  
286 higher reoperation rates: a sensitivity analysis including only women who did not have  
287 concurrent procedures returned similar results.

288 Mesh sling insertion and autologous sling procedures were associated with similar overall  
289 risk of reoperation. The reoperation types were different, however. Women who had mesh  
290 slings were at risk of having mesh removal, but had lower risk of further SUI surgery, hernia  
291 repair, and prolapse surgery.

292

### 293 **Results in the Context of What is Known**

294 Our finding of a 10-year cumulative incidence of further SUI surgery of 21.3% with  
295 retropubic colposuspension compared to 10.9% with a mesh sling insertion indicates a

296 greater difference in long-term safety and effectiveness than has previously been reported.  
297 For example, a recent systematic review published in 2019 found no evidence of differences  
298 between mesh slings and retropubic colposuspension, but it concluded that there was a lack  
299 of data on long-term effectiveness and adverse outcomes.<sup>7</sup>

300 The population-based study in Scotland by Morling *et al* found that readmissions for further  
301 SUI surgery by five years were slightly higher for women treated with retropubic  
302 colposuspension (6%) compared to mesh (4% for retropubic and 5% for transobturator  
303 slings).<sup>9</sup> We report a greater difference in the 10-year incidence of further stress  
304 incontinence surgery, at 7.6% with retropubic colposuspension compared to 3.5% with  
305 mesh sling insertion, which is especially relevant for younger women undergoing first-time  
306 SUI surgery. In contrast to our study and the one in Scotland, and a meta analysis published  
307 in 2019,<sup>7</sup> the population-based study in the United States by Jonsson Funk *et al* reported  
308 higher overall incidence of further stress incontinence surgery at 9 years follow up with  
309 every initial surgery type, and a lower risk 9 years follow up with retropubic  
310 colposuspension (10.8%) compared to mesh sling insertion (13.0%).<sup>10</sup> As that study  
311 evaluated women with specific private medical insurance plans up to age 65 only in the  
312 period 2000-2009, the different findings may be partly attributable to differences in surgeon  
313 experience with mesh sling insertion (which was introduced from 1997) at that time, and  
314 the patient population analysed.

315 Our results are in line with other studies which compared rates of prolapse surgery  
316 following retropubic colposuspension and mesh slings, though ours is the only study to  
317 report the cumulative incidence of these procedures over a follow-up period of 10 years.  
318 The Scottish population-based study reported that 7% of the women treated with

319 retropubic colposuspension and 2% of the women treated with mesh slings had further  
320 prolapse surgery within five years, compared to 11.9% and 4.6% within 10 years in our  
321 analysis.<sup>9</sup> A randomised controlled trial comparing mesh sling insertion with retropubic  
322 colposuspension reported that 7.5% of women in the retropubic colposuspension arm and  
323 1.8% of women in the mesh sling arm were readmitted for prolapse surgery by five years.<sup>16</sup>  
324 This difference in an RCT setting underlines that the increased prolapse risk associated with  
325 retropubic colposuspension can be directly attributed to the initial surgery, and not any  
326 residual case-mix differences. The higher risk is likely to be attributable to the disruption of  
327 the vaginal axis leaving the posterior wall of the vagina under pressure or to an intrinsic  
328 weakness of the pelvic floor in these women.

### 329 **Strengths and limitations**

330 A key strength of this study is that it is based on a national population-based cohort of all  
331 women who received SUI surgical treatment in the NHS in England between 2006 and 2013,  
332 followed up until 31<sup>st</sup> March 2019. Less than 5% of healthcare expenditure in England covers  
333 treatment outside the NHS, so the cohort is highly representative of the whole population.<sup>17</sup>  
334 The study outcome, reoperation within the NHS, is expected to be near 100% complete for  
335 the same reason. We analysed patients up to 10 years after their operation, a longer period  
336 than any previous large study, which fills the evidence gap on long-term outcomes.<sup>7, 18</sup>  
337 Another strength is that we estimated the cumulative incidence of first reoperations by  
338 reoperation type. These results illustrate the impact of higher rates of prolapse surgery and  
339 further SUI surgery after retropubic colposuspension on the overall risk of reoperation by 10  
340 years. The statistics we report can be readily interpreted by patients and clinicians as the  
341 long-term risk of specific first reoperations following SUI surgery.



342 One limitation of our study is that we had no data on patient-reported outcomes which  
343 would have given further information about the nature and the severity of adverse  
344 outcomes after SUI surgery. We also had no details of immediate intra- and post-operative  
345 complications, or on need for self-catherization. For three of the reoperation types (i.e.  
346 further SUI surgery for persistent/recurrent incontinence, prolapse operation, or incisional  
347 hernia repair), the specific surgical procedure indicates the nature of problems treated.  
348 Mesh removal, however, can be done in response to various adverse events known to be  
349 associated with a mesh sling insertion, but the indication for removal is not deducible in this  
350 study. In addition, it is likely that reoperations were only carried if the problem was severe,  
351 and so the cumulative incidence of reoperations underestimates the frequency of adverse  
352 outcomes after SUI surgery across the full spectrum of severity, as many women would  
353 choose not to have reoperations and cope with their problems.

354 Finally, the patients who had different types of SUI surgery may have had different  
355 characteristics that are associated with reoperation risk, which were not included in the risk  
356 adjustment in our models. However, given the observed risk of reoperation after a  
357 retropubic colposuspension is considerably higher than after mesh sling insertion or an  
358 autologous sling procedure, it is very unlikely that residual confounding can explain the  
359 difference.

### 360 **Clinical and Research Implications**

361 The decrease in the use of synthetic mesh sling insertion for continence surgery in many  
362 countries has resulted in an increase in non-mesh surgery (i.e. retropubic colposuspension  
363 and autologous sling procedures).<sup>4</sup> It is important that patients considering surgery are  
364 made aware of the evidence on the risks and benefits from each of these treatments.

365 However, thus far there has been sparse comparative data on long-term outcomes. This  
366 study provides robust evidence which can be used to counsel women considering surgery.  
367 Women considering surgery should be informed that the 10-year risk of surgery for mesh  
368 removal following synthetic sling insertion is approximately 3% while risk of reoperation for  
369 prolapse repair following retropubic colposuspension is over 10%; and also that the overall  
370 reoperation risk following retropubic colposuspension, at approximately 20%, is twice as  
371 high as the risk following surgery with synthetic or autologous slings.

372 The difference in reoperation rates between different SUI surgeries we report does not by  
373 itself support a restriction on the use of mesh slings, such as the pause on routine use of  
374 them with the NHS in England which has been in place since 2018. However, there is a need  
375 for long-term data from patient reported outcomes following mesh and non-mesh surgeries  
376 to fully understand the relative long-term risks and benefits from these different  
377 procedures.

### 378 **Conclusion**

379 Women considering surgical treatment for stress urinary incontinence should be provided  
380 with robust information on its long-term effectiveness and the risk of adverse events. One in  
381 five women treated with retropubic colposuspension require reoperation within ten years,  
382 whilst mesh sling insertion and autologous sling procedures are associated with  
383 considerably lower overall risk. However, the severity of the conditions leading to  
384 reoperation may be different between these three procedures, and long-term patient  
385 reported outcome data are needed to give a complete picture of the risks and benefits  
386 associated with each procedure.

387

## 388 REFERENCES

- 389 1. HENEGHAN C, ARONSON JK, GOLDACRE B, MAHTANI KR, PLÜDDEMANN A, ONAKPOYA I. Transvaginal  
390 mesh failure: lessons for regulation of implantable devices. *Bmj* 2017;359.
- 391 2. LEONE ROBERTI MAGGIORE U, FINAZZI AGRÒ E, SOLIGO M, LI MARZI V, DIGESU A, SERATI M. Long-term  
392 outcomes of TOT and TVT procedures for the treatment of female stress urinary  
393 incontinence: a systematic review and meta-analysis. *Int Urogynecol J* 2017;28:1119-30.
- 394 3. WOHLRAB KJ, EREKSON EA, MYERS DL. Postoperative erosions of the Mersilene suburethral sling  
395 mesh for antiincontinence surgery. *International urogynecology journal and pelvic floor*  
396 *dysfunction* 2009;20:417-20.
- 397 4. CUMBERLEGE J. First do no harm: the report of the Independent Medicines and Medical  
398 Devices Safety Review.
- 399 5. LAPITAN MCM, CODY JD, MASHAYEKHI A. Open retropubic colposuspension for urinary  
400 incontinence in women. *Cochrane Database Syst Rev* 2017;7:CD002912-CD12.
- 401 6. BEZERRA CA, BRUSCHINI H, CODY DJ. Traditional suburethral sling operations for urinary  
402 incontinence in women. *Cochrane Database Syst Rev* 2005:CD001754.
- 403 7. IMAMURA M, HUDSON J, WALLACE SA, et al. Surgical interventions for women with stress urinary  
404 incontinence: systematic review and network meta-analysis of randomised controlled trials.  
405 *BMJ* 2019;365:l1842.
- 406 8. GUROL-URGANCI I, GEARY RS, MAMZA JB, et al. Long-term Rate of Mesh Sling Removal Following  
407 Midurethral Mesh Sling Insertion Among Women With Stress Urinary Incontinence. *JAMA*  
408 2018;320:1659-69.
- 409 9. MORLING JR, MCALLISTER DA, AGUR W, et al. Adverse events after first, single, mesh and non-  
410 mesh surgical procedures for stress urinary incontinence and pelvic organ prolapse in  
411 Scotland, 1997&#x2013;2016: a population-based cohort study. *The Lancet* 2017;389:629-  
412 40.
- 413 10. JONSSON FUNK M, SIDDIQUI NY, KAWASAKI A, WU JM. Long-term outcomes after stress urinary  
414 incontinence surgery. *Obstet Gynecol* 2012;120:83-90.
- 415 11. BOYD A, CORNISH R, JOHNSON L, et al. Understanding Hospital Episode Statistics (HES). London,  
416 UK: CLOSER, 2017.
- 417 12. NATIONAL HEALTH SERVICE. Office of Population Censuses and Surveys Classification of  
418 Interventions and Procedures Version 4 (OPCS-4).
- 419 13. DEPARTMENT OF THE ENVIRONMENT TRANSPORT AND THE REGIONS. Measuring multiple deprivation  
420 at the small area level: the indices of deprivation 2000. London, 2000.
- 421 14. ARMITAGE JN, VAN DER MEULEN JH. Identifying co-morbidity in surgical patients using  
422 administrative data with the Royal College of Surgeons Charlson Score. *Br J Surg*  
423 2010;97:772-81.
- 424 15. FINE JP, GRAY RJ. A Proportional Hazards Model for the Subdistribution of a Competing Risk.  
425 *Journal of the American Statistical Association* 1999;94:496-509.
- 426 16. WARD K, HILTON P, UK, GROUP ITT. Tension-free vaginal tape versus colposuspension for  
427 primary urodynamic stress incontinence: 5-year follow up. *BJOG: An International Journal of*  
428 *Obstetrics & Gynaecology* 2008;115:226-33.
- 429 17. LAINGBUISSON. Health Cover UK Market Report, 2015 (vol 12).
- 430 18. HILTON P. Commentary: Long-term follow-up studies in pelvic floor dysfunction: the Holy  
431 Grail or a realistic aim? *BJOG: An International Journal of Obstetrics & Gynaecology*  
432 2008;115:135-43.

433

434

435

436

437 *Table 1. Baseline patient characteristics by type of stress urinary incontinence surgery done,*  
 438 *2006-2013.*

	<b>Retropubic colposuspension</b>	<b>Mesh sling insertion</b>	<b>Autologous sling procedure</b>
	<b>number (%)</b>	<b>number (%)</b>	<b>number (%)</b>
	2 262	9 2524	1 234
<b>Concurrent prolapse surgery</b>			
Yes	386 (17.1%)	15 627 (16.9%)	106 (8.6%)
No	1 876 (82.9%)	76 897 (83.1%)	1 128 (91.4%)
<b>Concurrent hysterectomy</b>			
Yes	495 (21.9%)	5 234 (5.7%)	43 (3.5%)
No	1 767 (78.1%)	87 290 (94.3%)	1 191 (96.5%)
<b>Age group (years)</b>			
18-39	288 (12.7%)	9 687 (10.5%)	150 (12.2%)
40-49	814 (36.0%)	31 390 (33.9%)	371 (30.1%)
50-59	544 (24.0%)	23 777 (25.7%)	314 (25.4%)
60-69	412 (18.2%)	17 181 (18.6%)	230 (18.6%)
>=70	202 (8.9%)	10 484 (11.3%)	161 (13.0%)
<i>Missing</i>	2 (0.1%)	5 (0.0%)	8 (0.6%)
<b>Deprivation quintile*</b>			
1 Most deprived	386 (17.1%)	15 264 (16.5%)	233 (18.9%)
2	406 (17.9%)	17 562 (19.0%)	276 (22.4%)
3	436 (19.3%)	19 518 (21.1%)	261 (21.2%)
4	504 (22.3%)	20 066 (21.7%)	243 (19.7%)
5 Least deprived	512 (22.6%)	19 727 (21.3%)	215 (17.4%)
<i>Missing</i>	18 (0.8%)	387 (0.4%)	6 (0.5%)
<b>Number of comorbid conditions</b>			
0	1 743 (77.1%)	72 016 (77.8%)	921 (74.6%)
1	444 (19.6%)	17 085 (18.5%)	251 (20.3%)
2	59 (2.6%)	2 779 (3.0%)	42 (3.4%)
3+	16 (0.7%)	644 (0.7%)	20 (1.6%)
<i>Missing</i>	0 (0.0%)	0 (0.0%)	0 (0.0%)
<b>Ethnicity</b>			
White	2 078 (91.9%)	86 143 (93.1%)	1 168 (94.7%)
Asian / Asian British	54 (2.4%)	2 086 (2.3%)	25 (2.0%)
Black / Black British	39 (1.7%)	747 (0.8%)	9 (0.7%)
Other	45 (2.0%)	1 356 (1.5%)	13 (1.1%)
<i>Missing</i>	46 (2.0%)	2 192 (2.4%)	19 (1.5%)
<b>Year of operation</b>			
2006	445 (19.7%)	5 578 (6.0%)	297 (24.1%)
2007	396 (17.5%)	12 215 (13.2%)	214 (17.3%)
2008	347 (15.3%)	13 560 (14.7%)	155 (12.6%)
2009	288 (12.7%)	13 289 (14.4%)	114 (9.2%)
2010	246 (10.9%)	12 778 (13.8%)	101 (8.2%)
2011	198 (8.8%)	12 349 (13.3%)	104 (8.4%)
2012	173 (7.6%)	11 610 (12.5%)	124 (10.0%)
2013	169 (7.5%)	11 145 (12.0%)	125 (10.1%)
<i>Missing</i>	0 (0.0%)	0 (0.0%)	0 (0.0%)
* Ecological measure of the socioeconomic status, based on the national distribution of the Index of Multiple Deprivation ranking of the patient's local area of residence.			

439

440

441

442 *Table 2. Cumulative incidence of any first reoperation (95% confidence interval) following*  
 443 *stress urinary incontinence surgery by initial surgery type, broken out by reoperation done,*  
 444 *2006-2013.*

	<b>Retropubic colposuspension</b>	<b>Mesh sling insertion</b>	<b>Autologous sling</b>
<i>Number of patients at risk</i>			
Total cohort	2,262	92,524	1,234
At 1 year	2,160	89,500	1,191
At 5 years	1,866	83,460	1,089
At 10 years	951	28,483	559
<i>Cumulative incidence of first reoperations (of any type)</i>			
At 1 year	4.2% (3.4%, 5.1%)	3.1% (2.9%, 3.2%)	2.7% (1.9%, 3.7%)
At 5 years	16.0% (14.4%, 17.4%)	7.8% (7.6%, 7.9%)	8.7% (7.2%, 10.3%)
At 10 years	21.3% (19.5%, 23.0%)	10.9% (10.7%, 11.1%)	12.0% (10.2%, 13.9%)
<i>Distribution of first reoperation types at 1 year</i>			
Mesh removal	0%	1.3%	0.0%
Further stress incontinence surgery	1.6%	1.0%	1.8%
Prolapse surgery	2.4%	0.8%	0.4%
Hernia repair	0.2%	0.1%	0.5%
<b>Total</b>	<b>4.2%</b>	<b>3.1%</b>	<b>2.7%</b>
<i>Distribution of first reoperation types at 5 years</i>			
Mesh removal	0%	2.4%	0.0%
Further stress incontinence surgery	5.4%	2.1%	3.8%
Prolapse surgery	8.9%	2.9%	3.5%
Hernia repair	1.6%	0.4%	1.3%
<b>Total</b>	<b>16.0%</b>	<b>7.8%</b>	<b>8.7%</b>
<i>Distribution of first reoperation types at 10 years</i>			
Mesh removal	0.0%	3.0%	0.0%
Further stress incontinence surgery	7.1%	2.6%	4.5%
Prolapse surgery	11.9%	4.6%	5.5%
Hernia repair	2.3%	0.7%	1.9%
<b>Total</b>	<b>21.3%</b>	<b>10.9%</b>	<b>12.0%</b>

445

446

447

448

449

450 *Table 3. Fine-Gray model estimates of reoperation hazard by type of initial stress urinary*  
 451 *incontinence surgery done, for three outcomes: any first reoperation, first further stress*  
 452 *incontinence surgery and first surgery for a complication, 2006-2013.*

	Subhazard ratio for any first reoperation (95% CI)	Subhazard ratio for first further stress incontinence surgery (95% CI)	Subhazard ratio for first surgery for a complication (95% CI)
<b>Operation type</b>			
Autologous sling	1.00	1.00	1.00
Retropubic colposuspension	1.79 (1.47, 2.17)	1.78 (1.31, 2.42)	1.89 (1.49, 2.40)
Mesh sling insertion	0.90 (0.76, 1.07)	0.79 (0.60, 1.03)	1.10 (0.90, 1.36)
<b>Concurrent prolapse repair</b>			
No	1.00	1.00	1.05 (0.96, 1.14)
Yes	1.63 (1.55, 1.71)	0.94 (0.85, 1.03)	1.05 (0.96, 1.14)
<b>Concurrent hysterectomy</b>			
None	1.00	1.00	1.00
Abdominal hysterectomy	1.08 (0.90, 1.29)	0.56 (0.38, 0.81)	1.37 (1.13, 1.65)
Vaginal hysterectomy	1.09 (1.00, 1.19)	0.71 (0.59, 0.87)	1.18 (1.08, 1.30)
<b>Operation year</b>			
2006	1.00	1.00	1.00
2007	1.05 (0.96, 1.14)	1.09 (0.94, 1.25)	1.05 (0.95, 1.15)
2008	0.96 (0.89, 1.05)	0.94 (0.81, 1.08)	1.01 (0.91, 1.11)
2009	0.89 (0.81, 0.97)	0.77 (0.66, 0.89)	0.94 (0.85, 1.03)
2010	0.85 (0.78, 0.93)	0.68 (0.58, 0.79)	0.90 (0.81, 1.00)
2011	0.85 (0.78, 0.93)	0.65 (0.56, 0.76)	0.94 (0.84, 1.04)
2012	0.78 (0.71, 0.86)	0.65 (0.55, 0.76)	0.83 (0.74, 0.92)
2013	0.75 (0.68, 0.83)	0.58 (0.49, 0.69)	0.84 (0.75, 0.94)
<b>Age group (years)</b>			
18-39	1.00	1.00	1.00
40-49	0.95 (0.88, 1.01)	0.84 (0.75, 0.95)	0.99 (0.92, 1.07)
50-59	0.89 (0.83, 0.96)	0.72 (0.64, 0.81)	0.94 (0.87, 1.02)
60-69	0.91 (0.84, 0.98)	0.77 (0.68, 0.88)	0.92 (0.85, 1.00)
>=70	0.77 (0.70, 0.84)	0.80 (0.69, 0.92)	0.69 (0.62, 0.77)
<b>Deprivation quintile*, n (%)</b>			
1 Most deprived	1.00	1.00	1.00
2	1.03 (0.96, 1.10)	1.03 (0.92, 1.15)	1.05 (0.97, 1.12)
3	0.96 (0.90, 1.02)	0.98 (0.87, 1.09)	0.96 (0.89, 1.03)
4	0.96 (0.90, 1.02)	1.01 (0.91, 1.13)	0.97 (0.90, 1.04)
5 Least deprived	0.94 (0.88, 1.00)	0.87 (0.78, 0.98)	0.96 (0.90, 1.04)
<b>Charlson Score</b>			
0	1.00	1.00	1.00
1	1.04 (0.98, 1.09)	1.05 (0.96, 1.15)	1.04 (0.98, 1.10)
2	1.15 (1.02, 1.29)	1.15 (0.94, 1.40)	1.13 (0.99, 1.29)
3+	1.24 (0.98, 1.56)	1.68 (1.19, 2.36)	1.09 (0.83, 1.44)
<b>Ethnicity</b>			
White	1.00	1.00	1.00
Asian / Asian British	0.70 (0.60, 0.81)	0.82 (0.64, 1.05)	0.65 (0.55, 0.78)
Black / Black British	0.80 (0.63, 1.01)	0.81 (0.54, 1.22)	0.81 (0.63, 1.06)
Other	0.84 (0.70, 1.00)	0.54 (0.37, 0.79)	0.90 (0.74, 1.09)

\* Ecological measure of the socioeconomic status, based on the national distribution of the Index of Multiple Deprivation ranking of the patient's local area of residence.

453

454 **List of Figures & Legends**

455

456

457 **Figure 1.** Cumulative incidence of reoperations up to 10 years by initial stress urinary  
458 incontinence surgery type, England, 2006-2013.

459

Journal Pre-proof

