**S5 Table. Best medical treatment (BMT) regimen**

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| **Years from baseline** | **Medications** |
| Year 1 | Insulin + Metformin + DPP4 inhibitors |
| Year 2 | Insulin + Metformin + GLP-1 RA |
| Year 3 | Insulin + Metformin + SGLT2 inhibitor + GLP-1 RA |
| Year 4 | Insulin + Metformin + SGLT2 inhibitor + GLP-1 RA |
| Year 5 | Insulin + Metformin + SGLT2 inhibitor + GLP-1 RA |

Regimen agreed following discussion and unanimous consensus of panel of expert diabetologists: CWL, RB and GB. DPP4 = dipeptidyl peptidase 4; GLP-1 RA = glucagon like peptide-1 receptor agonist; SGLT2 = sodium glucose transport protein 2