**Table 7: Methodological internal validity assessment of included studies, according to SIGN criteria (References 19*-27 Education and early intervention; 28-35 Rehabilitation; 36-39 Psychotherapy; and 40-43 Pharmacotherapy).***

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| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| **Study****Ref.** | **Random allocation** | **Concealed allocation** | **Blind subjects & assessors** | **Similar treatment & control groups** | **Outcomes measured reliably, validly** | **Attrition rate** | **Intention to treat** | **Comparable results across sites** | **Overall bias risk rating** |
| 19 | Yes | No | N/A | Unclear | Yes | 59% | Unclear | Unclear | Moderate |
| 20 | Yes | Unclear | N/A | Unclear | Yes | 31% | Yes | Unclear | Moderate |
| 21 | Yes-method unclear | No | N/A | Unclear | Yes | Unclear | No | Unclear | High |
| 22 | Yes-method unclear | No | N/A | Yes | Yes | 6.5 % | No | Unclear | High |
| 23 | Yes-method unclear | No | N/A | Yes | Yes | 12% | No | Unclear | High |
| 24 | Yes-method unclear | Unclear | N/A | Yes | Yes | 11% | No | Unclear | High |
| 25 | Yes | No | N/A | No\* | Yes | 17.5% | Unclear | Unclear | Moderate |
| 26 | Yes | No | N/A | No\* | Yes | 17.5% | Unclear | Unclear | Moderate |
| 27 | Yes | No | N/A | Yes | Yes | 17 % | Yes | N/A | Low |
| 28 | Yes | No | N/A | No\*\* | Yes | 31% | No | N/A | Moderate |
| 29 | Yes-method unclear | No | N/A | Unclear | Yes | 61.5% | No | N/A | High |
| 30 | Yes | Attempted | N/A | Yes | Yes | 34% | Yes | N/A | Low |
| 31 | Yes | Yes | N/A | Yes | Yes | 16.5% | Yes | N/A | High |
| 32 | Yes | Yes | N/A | Yes | Yes | 51% | Yes | N/A | High |
| 33 | Yes | Yes | N/A | Yes | Yes | 24% | Yes | N/A | Low |
| 34 | Yes | Unclear | N/A | Yes | Yes | 23.5% | Yes | N/A | Moderate |
| 35 | Yes | Unclear | N/A | Yes | Yes | 28.5% | No | Unclear | Low  |
| 36 | Yes-method unclear | Unclear | N/A | Yes | Yes | Unclear | Unclear | N/A | Moderate |
| 37 | Yes | Yes | N/A | Yes | Yes | 14.5 % | Unclear | Unclear | Low |
| 38 | Yes | Yes | N/A | Yes | Yes | 12.5 %  | Unclear | Unclear | Low |
| 39 | Yes | Yes | N/A | Yes | Yes | 16 % | Yes | Yes | Low |
| 40 | Yes-method unclear | Unclear | Unclear | No | Yes | 0% | N/A | N/A | Moderate |
| 41 | Yes-method unclear | Unclear | Unclear | No | Yes | 0% | N/A | N/A | Low |
| 42 | Yes-method unclear | Yes | Yes | No | Yes | 0% | N/A | N/A | Low |
| 43 | Yes | Yes | Yes | Yes | No^ | 11% | Yes | Unclear | Very high |