

# Mitochondrial Neurogastrointestinal Encephalomyopathy: Into The Fourth Decade, What We Have Learned So Far

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## Abstract

Mitochondrial neurogastrointestinal encephalomyopathy (MNGIE) is an ultra-rare metabolic autosomal recessive disease, caused by mutations in the nuclear gene *TYMP* which encodes the enzyme thymidine phosphorylase. The resulting enzyme deficiency leads to a systemic accumulation of the deoxyribonucleosides thymidine and deoxyuridine, and ultimately mitochondrial failure due to a progressive acquisition of secondary mitochondrial DNA (mtDNA) mutations and mtDNA depletion. Clinically, MNGIE is characterised by gastrointestinal and neurological manifestations, including cachexia, gastrointestinal dysmotility, peripheral neuropathy, leukoencephalopathy, ophthalmoplegia and ptosis. The disease is progressively degenerative and leads to death at an average age of 37.6 years. As with the vast majority of rare diseases, patients with MNGIE face a number of unmet needs related to diagnostic delays, a lack of approved therapies, and non-specific clinical management. We provide here a comprehensive collation of the available knowledge of MNGIE since the disease was first described 42 years ago. This review includes symptomatology, diagnostic procedures and hurdles, *in vitro* and *in vivo* disease models that have enhanced our understanding of the disease pathology, and finally experimental therapeutic approaches under development. The ultimate aim of this review is to increase clinical awareness of MNGIE, thereby reducing diagnostic delay and improving patient access to putative treatments under investigation.

## Key words

MNGIE, Thymidine phosphorylase, mitochondrial disease, rare disease, Deoxyribonucleoside, TYMP, mitochondrial DNA, Mitochondrial Neurogastrointestinal Encephalomyopathy

## 40 1. Disease name and synonyms

41 Mitochondrial neurogastrointestinal encephalomyopathy (MNGIE, Online Mendelian  
42 inheritance in Man #603041, Genome Database accession #9835128) is a fatal inherited  
43 metabolic disorder caused by mutations in a nuclear gene controlling the metabolism of  
44 pyrimidine deoxyribonucleosides and indirectly influencing the replication and expression of  
45 the mitochondrial genome (Nishino et al., 1999; Hirano et al., 2004b). In the past, the disorder  
46 has also been referred to as:

- 47 • Congenital oculoskeletal myopathy
- 48 • Mitochondrial myopathy with sensorimotor polyneuropathy, ophthalmoplegia, and  
49 pseudo-obstruction (MEPOP)
- 50 • Mitochondrial neurogastrointestinal encephalopathy syndrome
- 51 • Myoneurogastrointestinal encephalopathy syndrome
- 52 • Chronic intestinal pseudo-obstruction with myopathy and ophthalmoplegia
- 53 • Polyneuropathy, ophthalmoplegia, leukoencephalopathy and intestinal pseudo-obstruction  
54 (POLIP);
- 55 • Oculogastrointestinal encephalopathy syndrome; Oculogastrointestinal muscular dystrophy  
56 (OGIDM)
- 57 • Thymidine phosphorylase deficiency

## 58 2. History

59 The condition was first described in 1976 by Okamura *et al.*, who reported a 22-year old  
60 cachectic man experiencing ptosis, ophthalmoplegia, dysphagia and myopathy. Histological  
61 findings revealed mitochondrial abnormalities in skeletal muscles and liver cells. The authors  
62 recognised that the condition exhibited familial tendencies and therefore proposed the term  
63 congenital oculoskeletal myopathy to describe the disorder (Okamura et al., 1976). Analogous  
64 patients with ocular, neurological, skeletal and gastrointestinal involvement were additionally  
65 described in the literature, and Bardosi *et al.* also reported leukoencephalopathy in a patient  
66 with a history of extraocular and skeletal myopathy and gastrointestinal symptoms (Anuras et  
67 al., 1983; Ionasescu, 1983; Ionasescu et al., 1983; Ionasescu et al., 1984; Bardosi et al., 1987;  
68 Faber et al., 1987; Simon et al., 1990). In 1994, Hirano *et al.* conducted a systematic review of  
69 all reported cases of the condition and proposed the current nomenclature mitochondrial  
70 neurogastrointestinal encephalomyopathy (MNGIE), which highlighted the central features of  
71 this mitochondrial disorder (Hirano et al., 1994). The etiology was only elucidated in 1999,  
72 when the condition was attributed to a deficiency in thymidine phosphorylase, E.C.2.4.2.4  
73 (Nishino et al., 1999).

## 74 3. Molecular etiology

75 Mutations in the *TYMP* gene and a subsequent deficiency in thymidine phosphorylase activity  
76 are the causative factors in the pathogenesis of MNGIE. Thymidine phosphorylase is also  
77 referred to as gliostatin and platelet derived-endothelial cell growth factor (PD-ECGF).  
78 Structurally the peptide is composed of two subunit homodimers each with a molecular weight  
79 of ~50 kilodaltons (Norman et al., 2004). Thymidine phosphorylase catalyses the reversible  
80 phosphorylation of thymidine (also known as deoxythymidine) and deoxyuridine to 2-  
81 deoxyribose 1-phosphate and their respective bases, thymine and uracil, Figure 1 (Nishino et  
82 al., 1999). Thymidine phosphorylase has a pivotal role in the nucleoside salvage metabolic

83 pathway, and in the recycling of pyrimidine bases by regulating the availability of thymidine  
84 for DNA biosynthesis (Nishino et al., 1999; Levene et al., 2013).

85 Mitochondrial deoxyribonucleoside pools are maintained by both the cytoplasmic *de novo*  
86 pathway and the salvage pathway located within the mitochondrion, Figure 2. In proliferating  
87 cells, the major source of mitochondrial deoxyribonucleotide diphosphates originates from the  
88 cytoplasmic *de novo* pathway, whereby a transporter located in the mitochondrial membrane  
89 transports the deoxyribonucleotide triphosphates (dNTPs) synthesised in the cytosol into the  
90 mitochondrial matrix for the synthesis of mtDNA. In quiescent cells (such as muscles and  
91 neurons) the cytoplasmic *de novo* pathway is no longer required for nuclear DNA replication  
92 and is thus down-regulated due to a reduction in ribonucleotide reductase activity, leading to a  
93 marked reduction in cytosolic dNTP pools (Rötig and Poulton, 2009). mtDNA synthesis is not  
94 limited to the S-phase of the cell cycle and mitochondria are continuously replicating, even in  
95 post-mitotic cells. Therefore, a constant supply of nucleotides is essential for the maintenance  
96 of the mitochondrial genome and hence the salvage pathway becomes important. The loss of  
97 function of thymidine phosphorylase leads to an enhancement of thymidine salvage through  
98 the action of thymidine kinase 2 (TK2) which is constitutively expressed in the mitochondria.  
99 Of note, thymidine kinase 1 (TK1) is upregulated only in proliferating cells. TK2 converts  
100 thymidine to thymidine monophosphate, as well as deoxyuridine and deoxycytidine to their  
101 respective monophosphate nucleotides, and is therefore believed to contribute to the generation  
102 of the deoxynucleotide pool imbalances in the mitochondria (Nishino et al., 1999; Hirano et  
103 al., 2004b).

104 Since thymidine phosphorylase is crucial in the pyrimidine metabolic pathway for the  
105 catabolism of thymidine, its dysfunction compromises the deoxyribonucleoside pool balance.  
106 It is observed that the tissues affected in MNGIE are predominantly post-mitotic (Samsonoff  
107 et al., 1997; Nishino et al., 1999; Pontarin et al., 2006; Zhou et al., 2008; Balasubramaniam et  
108 al., 2014). Consequently, because of the deoxyribonucleoside pool imbalance, combined with  
109 the limited ability of the mitochondrial DNA polymerase  $\gamma$  to repair DNA, mtDNA gradually  
110 accumulates mutations over time, which ultimately leads to the failure of mitochondria to  
111 perform oxidative phosphorylation, Figure 3 (Bogenhagen, 1999; Nishigaki et al., 2004).

112 In MNGIE, phenotypic manifestations of the disease develop when a threshold level of mutant  
113 mtDNA is reached, which is generally when more than 80-90% of total mitochondria are  
114 affected (Mazat et al., 2001; Nishigaki et al., 2003). This threshold effect and the heteroplasmic  
115 nature of mitochondria (the existence of two or more mitochondrial genotypes within the same  
116 cell) very likely account for the protracted interval before the condition manifests and  
117 contributes to the heterogeneous phenotypes observed.

118 In humans thymidine phosphorylase is abundantly expressed in blood cells (platelets,  
119 macrophages, peripheral lymphocytes, stromal cells, and reticulocytes), liver, lungs, brain and  
120 tissues of the digestive tract; however it is not expressed in skeletal muscle, kidneys or adipose  
121 tissue (Fox et al., 1995). In addition to its enzymatic activity driving the salvage pathway,  
122 thymidine phosphorylase also functions as a signalling molecule playing an essential role in a  
123 number of processes (Li and Yue, 2017). Thymidine phosphorylase acts as a growth factor  
124 with strong pro-angiogenic effects and is a potent mitogen for endothelial cells (Miyazono et  
125 al., 1987; O'Brien et al., 1996). In addition it has been demonstrated that thymidine  
126 phosphorylase is an inhibitor of apoptosis (Li and Yue, 2017). Platelets are a major source of  
127 thymidine phosphorylase, and it has been shown that the protein is involved in platelet  
128 activation through exhibiting a potent pro-thrombotic effect (Miyazono et al., 1987; Li and  
129 Yue, 2017). Moreover, thymidine phosphorylase shows a strong inhibitory effect on all glial

130 cells and has been demonstrated to exert a neurotrophic effect on cortical neurons (Asai et al.,  
131 1992a; Asai et al., 1992b; Ueki et al., 1993).

132 A deficiency in enzymatic activity (less than 5% of healthy individuals) results in elevated  
133 concentrations of thymidine and deoxyuridine in tissues and body fluids, which consequently  
134 generate deoxyribonucleoside pool imbalances, leading to impaired mtDNA replication, and  
135 ultimately mitochondrial failure (Hirano et al., 1994; Spinazzola et al., 2002; Marti et al., 2003;  
136 Valentino et al., 2007). In patients with MNGIE, deoxyribonucleoside concentrations can reach  
137 plasma levels of 3.9-17.7  $\mu\text{mol/L}$  for thymidine and 5.5-24.4  $\mu\text{mol/L}$  for deoxyuridine,  
138 compared to undetectable levels in healthy unaffected individuals (Hirano et al., 1998; Marti  
139 et al., 2003). In tissues such as the small intestine, kidney, liver, peripheral nerve and occipital  
140 white matter, levels in the range of 38 -1532 nmoles/g protein for thymidine and 32-728  
141 nmoles/g protein for deoxyuridine have been reported (Valentino et al., 2007). Thymidine and  
142 deoxyuridine are ultra-filterable, and thus the systemic accumulation of thymidine and  
143 deoxyuridine is further exacerbated by the efficiency of renal reabsorption of these  
144 deoxyribonucleosides (Okamura et al., 1976; Hirano et al., 1998; Spinazzola et al., 2002;  
145 Garone et al., 2011).

### 146 **3.1 Disease-causing mutations**

#### 147 **3.1.1 *TYMP* mutations**

148 The *TYMP* gene has been mapped to the chromosomal locus 22q13.32-qter (Hirano et al., 1998;  
149 Nishino et al., 1999; Nishino et al., 2000). Since the identification of *TYMP* as the gene  
150 responsible for MNGIE, 92 different mutations have been reported by the Human Gene  
151 Mutation Database (HGMD Professional 2018.2, accessed September 2018) (Stenson et al.,  
152 2014), including 56 missense/nonsense (Nishino et al., 1999; Nishino et al., 2000; Gamez et  
153 al., 2002; Kocaeefe et al., 2003; Hirano et al., 2004b; Martín et al., 2004; Marti et al., 2005; Said  
154 et al., 2005; Slama et al., 2005; Carod-Artal et al., 2007; Schupbach et al., 2007; Monroy et al.,  
155 2008; Massa et al., 2009; Poulton et al., 2009; Baris et al., 2010; Garone et al., 2011; Nalini  
156 and Gayathri, 2011; Scarpelli et al., 2012; Mihaylova et al., 2013; Suh et al., 2013; Benureau  
157 et al., 2014; Vondrackova et al., 2014; Peedikayil et al., 2015; Wang et al., 2015; Karyampudi  
158 et al., 2016), 13 splice site mutations (Nishino et al., 1999; Nishino et al., 2000; Kocaeefe et al.,  
159 2003; Szigeti et al., 2004b; Slama et al., 2005; Laforce et al., 2009; Taanman et al., 2009;  
160 Garone et al., 2011; Libernini et al., 2012; Halter et al., 2015), 13 small deletions (Nishino et  
161 al., 1999; Nishino et al., 2000; Blazquez et al., 2005; Slama et al., 2005; Poulton et al., 2009;  
162 Filosto et al., 2011; Garone et al., 2011; Torres-Torronteras et al., 2011; Halter et al., 2015;  
163 Karyampudi et al., 2016), 6 small insertions (Nishino et al., 1999; Gamez et al., 2002; Hirano  
164 et al., 2004b; Kintarak et al., 2007; Poulton et al., 2009; Cardaioli et al., 2010), 2 small indels  
165 (Garone et al., 2011; Libernini et al., 2012) 1 gross insertion (Wang et al., 2017) and 1 gross  
166 deletion (Vondrackova et al., 2014). These mutations have been mapped to either exonic or  
167 intronic regions, with some identified as benign and some as pathogenic variants. Figure 4  
168 summarises the known pathogenic variants associated with MNGIE, based on their  
169 classification and location on the *TYMP* gene.

170 The mutation distribution suggests founder effects for some mutations such as c.866A>G in  
171 Europeans and c. 518T>G in individual from the Dominican Republic (Garone et al., 2011).

#### 172 **3.1.2 Effect on mitochondrial DNA**

173 The secondary mtDNA mutations reported in MNGIE, are caused by the toxic accumulations  
174 of thymidine and deoxyuridine, because of the nuclear *TYMP* mutations. These secondary

175 mutations have been identified as mtDNA deletions, depletion and misincorporations.  
176 Acquired secondary mitochondrial mutations appear to be conserved in most cases, with 86%  
177 of detected mutations being T>C transitions preceded by a short run of As. This can be  
178 explained by a competition between guanosine monophosphate (GMP) and adenosine  
179 monophosphate (AMP) for incorporation opposite to a thymine residue on the template DNA.  
180 After the occurrence of misincorporations, elevated thymidine triphosphate (TTP) levels  
181 accelerate polymerase  $\gamma$  exonuclease removal of mismatches, so that the T is switched to C  
182 during mtDNA replication; these mutations ultimately lead to failure of oxidative  
183 phosphorylation (Nishigaki et al., 2003). Certain mtDNA genes appear to be hotspots for  
184 mutations in MNGIE, such as the *ND5* gene which is prone to multiple deletions (Nishigaki et  
185 al., 2004). Gonzalez-Vioque *et al.* proposed a hypothesis for the mtDNA depletion observed  
186 in MNGIE, suggesting that mitochondrial replication is not affected by the accumulation of  
187 nucleosides *per se*, but rather by the secondary depletion of deoxycytidine stemming from an  
188 increase in TTP pools, thus limiting its availability for mtDNA biosynthesis (González-Vioque  
189 et al., 2011).

#### 190 **4. Epidemiology**

191 MNGIE is an ultra-rare disorder with a European incidence of less than one in a million, with  
192 Orphanet estimating the prevalence to be 1-9 in 1,000,000 world-wide (Orphanet report, 2017).  
193 Estimated epidemiological data is largely confined to various case reports or case series from  
194 several groups over the last two decades. Halter *et al* (2010), quotes a personal communication  
195 from M. Hirano of fewer than 200 identified patients world-wide (Halter et al., 2010). In the  
196 only systematic study of epidemiology of the disease, a minimum prevalence estimate of ~0.15  
197 per 1,000,000 was established in a prospective Italian survey in the Emilia-Romagna region  
198 (D'Angelo et al., 2016).

199 MNGIE is distributed amongst a widely distributed and ethnically diverse population including  
200 Hispanics, Americans, Western Europeans, Jamaicans, Ashkenazi Jewish, Middle Eastern and  
201 Canadians (Nishino et al., 2001; Hirano et al., 2004b; Kintarak et al., 2007; Borhani Haghghi  
202 et al., 2009; Baris et al., 2010). An ethnic predisposition has yet to be established. However  
203 since the pathology is inherited in an autosomal recessive fashion, populations in which  
204 consanguineous relationships are common are more at risk (Walia et al., 2006).

205 It is currently not possible to be confident about stating the prevalence of MNGIE as the  
206 disorder is appreciably under-diagnosed due its multisystem presentation and rarity (Filosto et  
207 al., 2011; Scarpelli et al., 2012). The condition is not familiar to a majority of clinicians, and  
208 patients typically undergo referral to several different specialities over a protracted period of  
209 time before a diagnosis is achieved. The diagnosis is often not made until after the death of one  
210 or two family members with similar symptomatology.

#### 211 **5. Clinical description**

212 MNGIE is a relentlessly progressive and degenerative disease, causing significant morbidity.  
213 Although the clinical presentation of MNGIE is homogeneous, it is characterised by a complex  
214 clinical picture, with the involvement of multiple organ systems to differing extents in different  
215 individuals, Table 1. The mean age mortality of 37.5 years (Nishino et al., 2000). Based on a  
216 review of the literature, we propose a classification of the major and minor clinical features of  
217 MNGIE. The major clinical features for the diagnosis of MNGIE are severe gastrointestinal  
218 dysmotility, cachexia, peripheral neuropathy, ocular symptoms, and asymptomatic diffuse  
219 leukoencephalopathy, Figure 5 (Hirano et al., 1994; Nishino et al., 2000; Hirano et al., 2004b).  
220 Other signs and symptoms represent a minor clinical criterion for the diagnosis of the disease,

221 including certain neurological, muscular, cardiac and endocrine features, as well as other  
222 sporadic manifestations discussed below.

223

## 224 **5.1 Onset of symptoms**

225 The onset of MNGIE disease is usually between the first and second and decade of life, with  
226 an average age of onset at 18.5 years (Nishino et al., 2001; Garone et al., 2011); however,  
227 reported age of onset may not be accurate due to delay in diagnosis stemming from the subtlety  
228 of non-specific symptoms (Hirano et al., 1998). A few cases of late onset beyond the third  
229 decade and as late as the fifth decade have been reported, which were associated with  
230 compound heterozygous *TYMP* mutations and a less severe phenotype characterized by a  
231 partial reduction of thymidine phosphorylase activity (Marti et al., 2005; Massa et al.,  
232 2009). The earliest reported age of onset is five months of age (Garone et al., 2011). However,  
233 in a majority of patients, the first insidious symptoms manifest during childhood (Garone et  
234 al., 2011).

## 235 **5.2 Major clinical criteria for diagnosis**

### 236 **5.2.1 Gastrointestinal features**

237 Gastrointestinal dysmotility is one of the most common features of MNGIE, with patients  
238 manifesting intestinal pseudo-obstruction, abdominal cramps, enteric bacteria overgrowth,  
239 nausea, vomiting, borborygmy, diarrhoea, dysphagia, and gastroparesis (Garone et al., 2011).  
240 Gastrointestinal dysfunctions eventually lead to malnutrition, cachexia and severe weight loss  
241 with averages of 15 Kg loss being reported (Nishino et al., 1999). Regardless of the  
242 gastrointestinal irregularities, patients appear to have normal serum levels of vitamins E, B12  
243 and folate (Holt et al., 1990; Mueller et al., 1999). Patients with MNGIE often have a frail and  
244 slender physique with reduced muscle mass. It is unclear whether the gastrointestinal  
245 involvement is the result of intestinal smooth muscle dysfunction caused by mitochondrial  
246 defects or whether damage to the enteric nervous system is primarily responsible (Verma et al.,  
247 1997). It is recognized that as the disease progresses, the gastrointestinal symptoms are  
248 exacerbated, with patients dying from severe malnutrition and gastrointestinal complications  
249 such as oesophageal varices, megacolon, diverticulosis, bowel perforations, peritonitis and  
250 bacterial overgrowth (Martinez-Garcia et al., 2001; Aksoy et al., 2005; Moran et al., 2008;  
251 Granero Castro et al., 2010; Scarpelli et al., 2012; Dreznik et al., 2014; Kalkan et al., 2015;  
252 Finsterer and Frank, 2017). Patients exhibiting hepatopathies have also been reported,  
253 including cases of hepatic steatosis, hepatomegaly, increased transaminases and cirrhosis  
254 (Schupbach et al., 2007; Garone et al., 2011; Finkenstedt et al., 2013).

### 255 **5.2.2 Peripheral neuropathy**

256 In the peripheral nervous system, MNGIE results in neuropathy (Garone et al., 2011). This  
257 manifests as numbness, paraesthesia (tingling sensation), foot drop and limb weakness (Garone  
258 et al., 2011). The neuropathy has been shown to be demyelinating in all cases, with half the  
259 reported cases also having axonal neuropathy (Garone et al., 2011). Ultra-structurally, nerve  
260 biopsies reveal segmental demyelination, myelin sheath abnormalities, and axonal  
261 degeneration and depletion (Bedlack et al., 2004). Unilateral or bilateral foot drop and clawed  
262 hands may also be observed (Garone et al., 2011). The neuropathy is characterised by decreased  
263 motor and sensory nerve conduction velocities, prolonged F-wave latency and partial  
264 conduction block (Bedlack et al., 2004). The clinical and electrophysiological features may  
265 mimic those of other conditions including chronic inflammatory demyelinating

266 polyradiculoneuropathy (CIDP) and Charcot-Marie-Tooth disease (Bedlack et al., 2004;  
267 Needham et al., 2007).

268

### 269 **5.2.3 Ocular symptoms**

270 Ocular symptoms such as ptosis and ophthalmoplegia or ophthalmoparesis are also common  
271 neurological findings in patients with MNGIE (Barboni et al., 2004). Other uncommon ocular  
272 manifestations include reports of mild myopia, glaucomatous-like features and tilted disc with  
273 focal defects of the retinal nerve fibres (Barboni et al., 2004). Rarely, pigmentary retinopathy  
274 can also be observed in patients with MNGIE (Hirano et al., 1994; Nishino et al., 1999; Aksoy  
275 et al., 2005; Garone et al., 2011).

### 276 **5.2.4 Leukoencephalopathy**

277 One peculiarity of MNGIE is the typically paucisymptomatic central nervous system (CNS)  
278 involvement. In the majority of affected individuals, this is identified as white matter lesions  
279 that remain subclinical and visible as a signal change on Magnetic Resonance Imaging (MRI)  
280 scans indicating progressive leukoencephalopathy (Garone et al., 2011). Leukoencephalopathy  
281 is the hallmark feature of the pathology and its presence in combination with gastrointestinal  
282 and neuropathic symptoms significantly narrows the differential diagnosis to MNGIE. The  
283 leukoencephalopathy as identified by MRI, is initially patchy but progressively becomes more  
284 diffuse, appearing as hypointense on T1- and hyperintense on T2- weighted images and in  
285 fluid-attenuated inversion recovery (FLAIR) and fast spin echo (FSE) T2 sequences (Garone  
286 et al., 2011; Coban et al., 2013; Scarpelli et al., 2013; Gramegna et al., 2018). The most  
287 involved region of the CNS in MNGIE is the subcortical white matter. Hyperintensities in the  
288 subcortical U-fibres and occasionally in the corpus callosum have been reported, alluding to  
289 problems in the interhemispheric communication (Millar et al., 2004; Scarpelli et al., 2013).  
290 Areas less frequently affected include the capsular white matter, and the white matter in the  
291 basal ganglia, thalami, midbrain, pons and cerebellum (Millar et al., 2004; Barragan-Campos  
292 et al., 2005; Scaglia et al., 2005; Petcharunpaisan and Castillo, 2010). The reasons why the  
293 leukoencephalopathy remains asymptomatic are yet to be elucidated, however it has been  
294 suggested that hyperintense lesions observed by MRI could be the result of alterations in the  
295 brain microvasculature causing vasogenic oedema and glial dysfunctions (Szigeti et al., 2004a;  
296 Scarpelli et al., 2013; Gramegna et al., 2018). Whether there are subtle neuropsychiatric or  
297 cognitive changes associated with the leukoencephalopathy remains an open question.

## 298 **5.3 Minor clinical criteria for diagnosis**

### 299 **5.3.1 Other central nervous system associated features**

300 A growing body of evidence suggests that the CNS involvement in MNGIE could be more  
301 symptomatic than initially described (Garone et al., 2011). For instance, in a number of  
302 patients, cases of seizures, including generalised tonic-clonic seizures, have been reported  
303 (Walia et al., 2006; Yavuz et al., 2007; Garone et al., 2011). Garone *et al.* indicated that six  
304 patients with MNGIE from their study cohort of 102 complained of headache, and similarly an  
305 independent study evaluating the frequency of migraine in mitochondrial diseases identified  
306 one patient with MNGIE suffering from episodes of cephalgia (Garone et al., 2011; Vollono et  
307 al., 2018). Psychiatric manifestations have been noted in MNGIE, with patients reporting  
308 anxiety and depression, although it remains unclear whether these are secondary to the  
309 psychological aspect of coping with a terminal debilitating condition (Garone et al., 2011;  
310 Scarpelli et al., 2013). Cases of patients with dementia and cognitive dysfunction have also

311 been reported, with one patient also showing mental retardation (Hirano et al., 1994; Carod-  
312 Artal et al., 2007; Garone et al., 2011). Problems with memory, concentration and visuospatial  
313 orientation have also been observed in some patients (Borhani Haghighi et al., 2009). Ataxia  
314 is also occasionally observed in MNGIE (Hirano et al., 1994). A case study reported trigeminal  
315 neuralgia in one patient with MNGIE, and the authors suggested that this could be ascribable  
316 to demyelinating lesions in the trigeminal intrapontine fibres within the brain stem, as observed  
317 in MRI images, in an analogous way to that observed in patients with multiple sclerosis (Peker  
318 and Necmettin Pamir, 2005).

### 319 **5.3.2 Sensorineural hearing impairment**

320 Hearing loss is reported as one of the most common neurologic features in patients with  
321 MNGIE (Hirano et al., 2004b; Baris et al., 2010; Cardaioli et al., 2010; Garone et al., 2011).  
322 For instance, the study by Garone *et al.* reported that 39% of patients, from a cohort of 102,  
323 presented with anacusis (Garone et al., 2011). Hearing loss appears to be sensorineural and is  
324 not common during the presentation of the first symptoms, however it is more prominent in the  
325 later stages of the disease (Hirano et al., 2004b).

326

### 327 **5.3.3 Muscular features**

328 Thymidine phosphorylase is not physiologically expressed in skeletal muscle, but the muscle  
329 from patients with MNGIE shows alterations in mtDNA, COX-deficient and ragged red fibres  
330 and respiratory chain enzymatic defects (Yoshimura et al., 1990; Hirano et al., 1994; Nishino  
331 et al., 1999). This observation has in the past been referred to as the “muscle paradox” (Nishino  
332 et al., 1999; Hirano et al., 2004b); it is now known that the pathological involvement of this  
333 tissue is due to systemic accumulations of the pyrimidine nucleosides rather than an absence  
334 of thymidine phosphorylase activity itself (Nishino et al., 1999). In healthy individuals, the  
335 absence of detectable thymidine and deoxyuridine suggests that thymidine phosphorylase  
336 regulates intracellular and extracellular levels of these deoxyribonucleosides. It is believed that  
337 the platelets and other blood cells, as wells as tissues rich in thymidine phosphorylase activity  
338 regulate these levels, especially in those tissues which lack thymidine phosphorylase (Nishino  
339 et al., 1999; Nishino et al., 2000; Spinazzola et al., 2002; Hirano et al., 2004a). Of note, some  
340 patients with MNGIE do not display a primary skeletal muscle involvement (Szigeti et al.,  
341 2004b; Cardaioli et al., 2010).

### 342 **5.3.4 Endocrine and metabolic dysfunctions**

343 Sporadically, there have been reports of MNGIE patients presenting endocrine and metabolic  
344 dysfunctions, including endocrine/exocrine pancreatic insufficiency, diabetes, amylase  
345 increases and glucose intolerance (Garone et al., 2011). Alteration in plasma lipid profiles have  
346 also been observed in patients presenting severe hyperlipidaemia and hypertriglyceridemia  
347 (Baris et al., 2010; Garone et al., 2011). A reduction of mitochondrial function is likely to be  
348 an important contributor to the lipid accumulation and insulin resistance. Furthermore, there  
349 have been two reports of patients with MNGIE manifesting hypergonadotropic hypogonadism  
350 (Carod-Artal et al., 2007; Kalkan et al., 2012).

### 351 **5.3.5 Immunodeficiency**

352 In patients with MNGIE, gastrointestinal dysfunctions can lead to a dysbiosis of the intestinal  
353 microbiome, and current research has shown that alterations in the gut flora can impact on  
354 systemic adaptive immune responses (Round and Mazmanian, 2009; Filosto et al., 2011; van  
355 den Elsen et al., 2017). Additionally, patients often manifest complications, which include

356 diverticular ruptures, intestinal perforations and aspiration pneumonia which expose  
357 individuals to infections that can present fatal outcomes. Recurrent infections have been  
358 reported, with these adverse events contributing to the worsening of the symptoms and  
359 prognosis (Garone et al., 2011). In one case report, a patient was described with bacterial  
360 endocarditis, suggesting the immune system may be suppressed in MNGIE (Yolcu et al., 2014).

### 361 **5.3.6 Cardiac complications**

362 Cardiac manifestations are usually asymptomatic in MNGIE, although the study of Garone *et*  
363 *al.*, reported occasional cardiac complications, including a prolonged QT interval, cardiac  
364 arrest and supraventricular tachycardia (Garone et al., 2011; El-Hattab and Scaglia, 2016).  
365 Abnormal ECG has also been reported in a number of patients, with individuals displaying left  
366 ventricular hypertrophy and bundle branch block (Hirano et al., 2004b). A study also described  
367 cardiac dysfunction in affected twins, presenting mitral valve prolapse and systolic heart  
368 murmurs (Schupbach et al., 2007). Another case study reported the death of two brothers due  
369 to cardiomyopathy (Borhani Haghighi et al., 2009).

### 370 **5.3.7 Other sporadic features**

371 From a review of the literature, other non-specific manifestations have been reported, which  
372 are sporadic and are not clearly attributable to MNGIE or the secondary ailments of the disease.  
373 Amongst these less common manifestations, patients have been reported with ovarian failure  
374 (Borhani Haghighi et al., 2009), anaemia, amenorrhoea (Gamez et al., 2002; Garone et al., 2011)  
375 and psoriasis (Garone et al., 2011). Short stature has been reported in a number of patients  
376 (Hirano et al., 1994; Debouverie et al., 1997; Papadimitriou et al., 1998; Gamez et al., 2002;  
377 Martín et al., 2004; Garone et al., 2011). Furthermore, a case of erectile dysfunction has been  
378 diagnosed in a young male MNGIE patient (Schupbach et al., 2007).

## 379 **5.4 Histopathology**

380 Skeletal muscle biopsy may show ragged-red fibres (due to abnormal proliferation of  
381 mitochondria in response to defective oxidative phosphorylation), ultra-structurally abnormal  
382 mitochondria, and abnormalities of both mtDNA and mitochondrial electron transport chain  
383 enzymes activities on enzyme analysis (Papadimitriou et al., 1998). However, it is important  
384 to note that ragged-red fibres are not always seen in MNGIE, as some patients do not display  
385 this histological abnormality (Szigeti et al., 2004b; Cardaioli et al., 2010).

386 Rectal biopsies show eosinophilic cytoplasmic inclusions in the submucosal ganglion cells  
387 (Perez-Atayde et al., 1998). Duodenal biopsies show focal muscle atrophy or absence, with  
388 increased nerve numbers, serosal granulomas and focal loss of Auerbach's plexus with fibrosis  
389 (Teitelbaum et al., 2002). Also, mtDNA depletion, mitochondrial proliferation and smooth cell  
390 atrophy are observed in the external layer of the muscularis propria in the stomach and small  
391 intestine (Giordano et al., 2006). Loss of interstitial cells of Cajal in the small bowel has also  
392 been reported (Zimmer et al., 2009; Yadak et al., 2018a).

393 Histopathological studies *post mortem* have failed to identify demyelination, neuronal loss or  
394 glial scarring in the areas of the brain white matter affected, as visualised by MRI (Szigeti et  
395 al., 2004a; Gramegna et al., 2018). However, the presence of albumin in the cytoplasm of  
396 reactive astrocytes was observed suggesting functional blood brain barrier alterations and  
397 consequent vasogenic oedema as a cause of leukoencephalopathy (Szigeti et al., 2004a).  
398 Furthermore, a mild perivascular gliosis was also observed in immunohistochemical analyses  
399 (Gramegna et al., 2018).

400 Ultra-structurally, peripheral nerve fibres show demyelination, and abnormal mitochondrial in  
401 Schwann cells (Hirano et al., 1994; Bedlack et al., 2004; Said et al., 2005). In addition to loss  
402 of myelinated fibres, nerve biopsies demonstrate mild perineural thickening, segmental  
403 demyelination, variation in internodal length and evidence of axonal regeneration (Hirano et  
404 al., 1994).

405

## 406 **6. Genotype-phenotype relationship**

407 The primary clinical manifestations of MNGIE are well characterised and homogeneous  
408 (Cardaioli et al., 2010). However, one of the problematic aspects of MNGIE is that specific  
409 *TYMP* mutations do not necessarily correlate with distinct phenotypes, and therefore it is not  
410 possible to anticipate disease severity, system involvement and age of onset based on the  
411 mutation (Nishino et al., 2000). Indeed, individuals with the same *TYMP* mutation do not  
412 always exhibit the same phenotype, resulting in heterogeneity amongst patients. We  
413 hypothesise that clinical heterogeneity in MNGIE could be attributable to mtDNA  
414 heteroplasmy, as observed in other mitochondrial disorders (Morgan-Hughes and Hanna,  
415 1999). For instance, siblings harbouring the same mutations (435G>A) have been reported not  
416 to display an identical clinical phenotype, with the proband displaying both neurological and  
417 gastrointestinal symptoms, whereas the sibling had no gastrointestinal involvement (Gamez et  
418 al., 2002).

419 Some patients have been reported to manifest typical symptoms of MNGIE without any overt  
420 muscular abnormalities to confirm the diagnosis, suggesting that there might be a clear  
421 genotype-phenotype relationship in patients lacking skeletal muscle involvement (Szigeti et  
422 al., 2004b; Cardaioli et al., 2010).

423 It is unclear how each molecular variant affects the phenotype, however certain mutations have  
424 been associated with less severe enzyme dysfunction (10-15% residual activity), such as the  
425 266G>A variant, which translates to milder manifestations and presentation of some of the  
426 canonical symptoms and a late onset of the disease (Marti et al., 2005; Massa et al., 2009).

427 Although the nervous and gastrointestinal systems are both affected, some patients display  
428 phenotypes characterized by a notably more prominent involvement of one or the other organ  
429 system (Gamez et al., 2002). The understanding of why one system is more affected than the  
430 other in certain patients remains unclear.

431 Furthermore, MNGIE-like manifestations occur in patients with normal thymidine  
432 phosphorylase activity, which are attributed to mutations in genes other than the *TYMP*, such  
433 as *POLG* and *RRM2B* (Nishino et al., 2001).

434 Heterozygotes for pathogenic *TYMP* mutations exhibit only 26-35% thymidine phosphorylase  
435 activity in buffy coats, which is sufficient to prevent the disease and the manifestation of a clear  
436 phenotype (Spinazzola et al., 2002).

## 437 **7. Diagnosis**

### 438 **7.1 Diagnostic challenges**

439 The rarity of MNGIE and its multisystem nature contribute to a complex clinical picture that  
440 is often difficult for non-specialist healthcare professionals to decipher and provide an early  
441 diagnosis (Filosto et al., 2011). This can lead to diagnostic delays of between 5 and 10 years  
442 (Lara et al., 2007; Taanman et al., 2009). Although confirmation of the diagnosis by testing for

443 thymidine and deoxyuridine in the urine and plasma, combined with Sanger sequencing of the  
444 *TYMP* gene is straightforward, initial identification of this rare condition often requires a  
445 clinical interdisciplinary approach, leading to diagnostic delays, and unnecessary invasive  
446 diagnostic procedures, such as exploratory surgeries for gastrointestinal disturbance or  
447 unnecessary treatments, such as intravenous immunoglobulin before the diagnosis is made. A  
448 late diagnosis is often associated with a worse prognosis (Scarpelli et al., 2012; Coban et al.,  
449 2013). This situation advocates the urgent need for the early diagnosis of MNGIE. Thus,  
450 thymidine phosphorylase deficiency should be suspected in cases where gastrointestinal and  
451 neurological involvement coexist, particularly where there is leukoencephalopathy on MRI or  
452 abnormalities of ocular motility (Scarpelli et al., 2012). The symptoms of MNGIE often  
453 resemble other conditions which are usually included in the differential diagnosis. Frequently,  
454 patients are incorrectly diagnosed with anorexia nervosa, inflammatory bowel disease, Crohn's  
455 disease, Whipple disease, chronic intestinal pseudo-obstruction, coeliac disease, chronic  
456 inflammatory demyelinating polyneuropathy and demyelinating forms of Charcot-Marie-  
457 Tooth disease (Said et al., 2005; Needham et al., 2007; Filosto et al., 2011; Garone et al., 2011;  
458 Demaria et al., 2016; Imperatore et al., 2017; Nagata and Buckelew, 2017; Kucerova et al.,  
459 2018). Phenotypes resembling MNGIE may be seen in patients with other mitochondrial DNA  
460 depletion syndromes including *POLG* or *RRM2B* mutations and Kearns-Sayre syndrome.  
461 These are often referred to as pseudo-MNGIE manifestations (Shaibani et al., 2009; Garone et  
462 al., 2011; Prasun and Koeberl, 2014). More recently two cases of MNGIE-like patients  
463 exhibiting *POLG* mutations were reported to manifest leukoencephalopathy and demyelinating  
464 peripheral neuropathy, which are characteristic not typically observed with these mutations  
465 (Yasuda et al., 2018). Another case study, reports two patients with a MNGIE-like phenotype  
466 exhibiting optic atrophy associated with a novel *POLG* mutation affecting the C-terminal sub-  
467 domain of the protein (Felhi et al., 2018).

468

## 469 7.2 Current diagnostic methods for MNGIE

### 470 7.2.1 Thymidine and deoxyuridine measurement in plasma and urine

471 Plasma thymidine and deoxyuridine levels are increased to  $> 3 \mu\text{mol/L}$  and  $> 5 \mu\text{mol/L}$ ,  
472 respectively, compared to undetectable levels in healthy unaffected controls (Marti et al., 2003;  
473 Marti et al., 2004). Urine concentrations of thymidine and deoxyuridine are also increased  
474 (Spinazzola et al., 2002).

### 475 7.2.2 TP activity

476 An evaluation of thymidine phosphorylase activity is typically required to complement the  
477 measurement of thymidine and deoxyuridine concentrations in body fluids, or upon the  
478 identification of novel variants of the *TYMP* gene, or when clinics do not have access to Sanger  
479 sequencing of *TYMP*. Thymidine phosphorylase activity in the leukocytes of patients with  
480 MNGIE are severely reduced, showing little ( $< 10\%$  of healthy unaffected controls) or no  
481 activity (Spinazzola et al., 2002; Marti et al., 2004). Heterozygous carriers of *TYMP* mutations  
482 have 26 to 35% of residual thymidine phosphorylase activity but are asymptomatic and have  
483 undetectable levels of plasma thymidine and deoxyuridine (Nishino et al., 1999; Spinazzola et  
484 al., 2002). These data suggest that a 70% reduction in thymidine phosphorylase activity is  
485 insufficient to be pathogenic.

### 486 **7.2.3 Molecular genetic abnormalities**

487 Patients are either homozygous or compound heterozygous for *TYMP* mutations and therefore  
488 the diagnosis is made by the detection of biallelic pathogenic variants in the gene (Nishino et  
489 al., 2001). For this reason genetic counselling is fundamental as the autosomal recessive  
490 inheritance translates to a 25% risk for offspring of carrier parents to be affected, whereas 50%  
491 will be asymptomatic carriers. Cases of MNGIE amongst twins have been reported, including  
492 a triplet in which two monozygotic pairs were affected whereas the dizygotic sibling was an  
493 asymptomatic carrier (Schupbach et al., 2007). Similarly, other case studies have described  
494 monozygotic twins carrying the same mutation and exhibiting the same phenotype  
495 (Papadimitriou et al., 1998; Bedlack et al., 2004). Genetic counselling should be made available  
496 to affected individuals and their families.

497 Targeted gene testing for primary *TYMP* mutations or more comprehensive genomic analyses  
498 for the whole genome including secondary mtDNA mutations can be used, such as Sanger or  
499 next generation sequencing, quantitative PCR, Southern blot, multiplex ligation-dependent  
500 probe amplification and genome-wide single nucleotide polymorphism microarrays (Katsanis  
501 and Katsanis, 2013). It is important to note that when biochemistry analyses are positive,  
502 revealing nucleoside accumulation and loss of thymidine phosphorylase function, Sanger  
503 sequencing is advisable. However, in case of doubtful biochemical profiling or negative  
504 detection of *TYMP* variants by Sanger sequencing, gene panels, whole exome sequencing  
505 (WES), whole genome sequencing (WGS) or mtDNA studies are recommended for the  
506 identification of MNGIE-like disorders.

507 Examination of mtDNA using Southern blot analysis has revealed abnormalities, including  
508 those which are quantitative (depletions) and qualitative (multiple deletions and point  
509 mutations) (Hirano et al., 1994; Papadimitriou et al., 1998; Nishino et al., 2000). An uneven  
510 distribution of mtDNA abnormalities (depletion, single nucleotide variants, deletions,  
511 duplication) along the nerves is hypothesised to be the cause of segmental demyelination.  
512 MtDNA depletion, mitochondrial proliferation, and smooth cell atrophy have been shown in  
513 the external layer of the muscularis propria in the stomach and small intestine (Giordano et al.,  
514 2006; Giordano et al., 2008).

### 515 **7.2.4 Clinical examination**

516 Currently the diagnosis is initially suspected based on clinical signs of gastrointestinal  
517 dysmotility, cachexia, peripheral neuropathy and ophthalmoplegia (Nishino et al., 2000;  
518 Garone et al., 2011). It is noteworthy that these clinical evaluations are not specific to the  
519 disease but are rather a general approach used for patients to assist in raising the suspicion of  
520 MNGIE. Audiologic, ophthalmologic evaluation and gastroenterology examinations such as  
521 abdominal CT, upper gastrointestinal tract contrast radiography,  
522 esophagogastroduodenoscopy, sigmoidoscopy, liquid phase scintigraphy and antroduodenal  
523 manometry are supportive for the diagnosis of MNGIE (Mueller et al., 1999; Teitelbaum et al.,  
524 2002; Halter et al., 2010).

### 525 **7.2.5 MRI**

526 Progressive and diffuse leukoencephalopathy is invariably observed in brain MRI of MNGIE  
527 patients, visualised as described above. Therefore, MRI is often used to evaluate one of the  
528 main clinical criteria of MNGIE. White matter MRI abnormalities provide a clear indication of  
529 the disease and in its absence MNGIE disease is very unlikely (Scarpelli et al., 2013). In fact,  
530 leukoencephalopathy helps discriminate between MNGIE and pseudo-MNGIE presentations

531 of other disorders (Hirano et al., 2004b). However, a case study of patients with *POLG*  
532 mutations has been documented which present MNGIE-like phenotype exhibiting  
533 leukoencephalopathy on MRI, which is not a typical observation in these type of patients  
534 (Yasuda et al., 2018). One study also showed mild cortical atrophy and oculomotor and  
535 trigeminal nerve signal enhancement in T1 sequences (Petcharunpaisan and Castillo, 2010).  
536 Similarly, another study reported supratentorial cortical atrophy in patients with MNGIE  
537 (Barragan-Campos et al., 2005). Magnetic resonance spectroscopy (MRS) studies have also  
538 shown reduction in choline and N-acetyl aspartate indicating axonal loss and glial cells loss  
539 (Schupbach et al., 2007). However a recent study by Gramegna *et al.*, MRS of patients with  
540 MNGIE has shown a consistent reduction of all metabolites in the white matter although their  
541 ratio to creatine remained in the normal range. This finding combined with the increased radial  
542 water diffusivity in images is suggestive of increases in water content which could be  
543 attributable to a possible increase in the BBB permeability rather than neural cell loss  
544 (Gramegna et al., 2018).

#### 545 **7.2.6 Electrodiagnostic procedures**

546 Electrodiagnostic procedures are valuable to confirm neuromuscular dysfunctions, which are  
547 one of the major clinical criteria for MNGIE. Neurogenic and myogenic abnormalities are  
548 commonly detected on electromyography. Nerve conduction studies typically show decrease  
549 in motor and sensory nerve conduction velocities and prolonged F-wave (Hirano et al.,  
550 2004b).

#### 551 **7.2.7 Biochemical findings**

552 Routine clinical biochemical studies do not provide specific clues to a diagnosis of for MNGIE,  
553 although these are helpful to corroborate features that are common in patients including lactic  
554 acidosis, indicative of an oxidative phosphorylation defect (Marti et al., 2004). Furthermore,  
555 mild elevation in serum lactic acid and serum pyruvate have been reported, as well as elevation  
556 in uric acid, lactate dehydrogenase and creatine kinase (Hirano et al., 1994; Teitelbaum et al.,  
557 2002). Increased levels of cerebrospinal fluid lactate and total protein have been described  
558 (Teitelbaum et al., 2002; Röeben et al., 2017). Severe hypokalaemia was also observed in two  
559 patients leading to muscle tetany and cardiac arrhythmia (Garone et al., 2011).

### 560 **8. Pre-clinical experimental models**

561 *In vitro* and *in vivo* models of MNGIE have been developed to enhance the understanding of  
562 the disease pathogenesis and the development of experimental therapies, Table 2.

#### 563 **8.1 *In vitro* models**

564 There is a paucity of specific *in vitro* models of MNGIE described in the literature. A majority  
565 of the cell types implemented to date have no relevance to the organ systems affected in  
566 MNGIE and were used mainly to understand the effect of deoxyribonucleoside pool  
567 imbalances on cellular functions (Rampazzo et al., 2000; Pontarin et al., 2003; Rampazzo et  
568 al., 2004). The first model developed was by Spinazzola *et al.* (2002), where fibroblasts derived  
569 from healthy controls and patients with MNGIE were used to study the contribution of  
570 thymidine phosphorylase in the deoxyribonucleoside pool imbalances. They examined the  
571 culture medium of cultured fibroblasts to determine the ability of healthy control cells and  
572 MNGIE patient cells to metabolize thymidine; in contrast to healthy cells, where a decline in  
573 media thymidine concentrations was measured, MNGIE fibroblasts were not able to catabolize  
574 thymidine, resulting in an increase in culture medium thymidine levels (Spinazzola et al.,  
575 2002).

576 Nishigaki *et al.* (2003) employed MNGIE-derived fibroblast to further evaluate the role of  
577 dysfunctional thymidine phosphorylase in the accumulation of deoxyribonucleoside pools  
578 (both thymidine and deoxyuridine) and with consequent mtDNA damage. Using patient-  
579 derived cell lines, 36 mtDNA point mutations, a TT to AA substitution and a single nucleotide  
580 deletion were identified. In MNGIE fibroblast cultures, cyclooxygenase activity was  
581 decreased, whereas deoxyuridine levels were markedly elevated. Also, an elevation in reactive  
582 oxygen species was observed, which was proposed to be a contributing factor to the  
583 accumulation of mtDNA point mutations. MtDNA sequencing of cultured fibroblasts and *post*  
584 *mortem* biopsies of skeletal muscle cells revealed a higher level of mtDNA point mutations in  
585 fibroblasts, whereas multiple mutations and deletions were observed at low levels in skeletal  
586 muscles. This suggests that fibroblasts primarily depend on anaerobic glycolysis rather than  
587 oxidative phosphorylation and therefore the absence of pressures on defective respiratory chain  
588 complexes in mitochondria results in the accumulation of nucleotide pools that generates a  
589 higher number of point mutations (Nishigaki *et al.*, 2003).

590 In 2003, Song *et al.* used HeLa cells to show that increases in thymidine levels lead to an  
591 imbalance in dNTP pools, which ultimately result in mtDNA mutations. HeLa cells were  
592 cultured in medium supplemented with 50  $\mu$ M thymidine. After 4 hours of growth in  
593 thymidine-supplemented medium, the mitochondrial deoxythymidine triphosphate (dTTP) and  
594 deoxyguanosine triphosphate (dGTP) pools were shown to expand, whereas the deoxycytidine  
595 triphosphate (dCTP) pool dropped significantly, and the dATP pool dropped slightly. In whole  
596 cell extracts, the dTTP and dGTP pools also expanded, the dCTP pool decreased by  
597 approximately 50%, and the dATP pool remained unchanged. These changes in mitochondrial  
598 dNTP pools are consistent with a mutagenic mechanism involving the T-G mispairing followed  
599 by a next-nucleotide effect involving T insertion opposite to A. Supplementation of HeLa cells  
600 for 8 months with 50  $\mu$ M thymidine, resulted in several mtDNA deletions (Song *et al.*, 2003).  
601 It is noteworthy that to recreate MNGIE metabolite accumulations, the study implemented a  
602 2.5-fold higher thymidine concentration to that observed in MNGIE patients, which is typically  
603 20  $\mu$ M thymidine (Song *et al.*, 2003; Ferraro *et al.*, 2005).

604 In 2005, Ferraro *et al.* conducted a similar experiment to Spinazzola *et al.* (2002), but used  
605 healthy skin and lung quiescent fibroblasts to demonstrate that mtDNA depletions are  
606 associated with post-mitotic cells. The study identified that mitochondrial deoxynucleotides  
607 are synthesised by two independent salvage pathways. In cycling cells, thymidine is salvaged  
608 by cytosolic thymidine kinase 1 (TK1) whereas in quiescent cells, thymidine is phosphorylated  
609 via thymidine kinase 2 (TK2) in the mitochondria, and the thymidine diphosphates then  
610 exported to the cytosol. Both cytosolic and mitochondrial thymidine phosphates undergo rapid  
611 turnover via deoxythymidine monophosphate (dTMP)/ thymidine substrate cycles. Therefore,  
612 quiescent cells lacking *de novo* synthesis and TK1 create a bias in dTTP pools, and this is  
613 further exacerbated in MNGIE where thymidine phosphorylase is lacking. Ferraro *et al.* (2005)  
614 cultured quiescent fibroblasts in medium supplemented with 10-40  $\mu$ M thymidine and  
615 observed intra-cytosolic and intra-mitochondrial increase in dTTP and uridine triphosphates,  
616 both contributing to mtDNA depletions, concluding that mitochondrial DNA damage in  
617 MNGIE is predominant in post-mitotic cells (Ferraro *et al.*, 2005).

618 González-Vioque *et al.* (2011), made use of murine liver mitochondria to show that mtDNA  
619 depletions are a consequence of a limited dNTP availability rather than a dNTP imbalance  
620 itself. The study demonstrated that excess of thymidine results in an increase of dTTP  
621 concentrations in mitochondria due to TK2 activity, with consequent secondary depletion of  
622 dCTP. TK2 phosphorylates both thymidine and cytidine competitively; each deoxynucleotide

623 modulates the enzyme to consequently inhibit the phosphorylation of the other, although  
624 thymidine is more efficient at inhibiting the phosphorylation of cytidine. The addition of dCTP  
625 or deoxycytidine restored mtDNA depletions even in the presence of thymidine overload,  
626 confirming that mtDNA depletions are the result of a limited availability of substrates for  
627 mtDNA replication, caused by nucleotide depletion consequent to nucleotide overload rather  
628 than thymidine excess alone (González-Vioque et al., 2011).

629 Overall, *in vitro* models developed so far, have been informative and relevant for the  
630 understanding of the underlying biochemical and molecular mechanisms, associated with the  
631 deoxyribonucleoside pool imbalances and mtDNA depletions. However, to date tissue-specific  
632 models using cells relevant to the CNS, PNS and enteric system have not been developed and  
633 thus the study of alternative implications for the lack of thymidine phosphorylase expression  
634 on other biological pathways, including nervous tissue development and maintenance, has not  
635 been fully addressed.

636 Our research group has developed for the first time a MNGIE iPSC line which was used to  
637 generate a cerebral organoid model for the study of the CNS pathomolecular mechanisms and  
638 provide elucidations on the leukoencephalopathy observed (Pacitti, 2018; Pacitti and Bax,  
639 2018).

## 640 **8.2 *In vivo* models**

641 Murine models have proved to be very efficacious in the study of MNGIE, though it is  
642 important to consider the significant biological and hence metabolic differences between  
643 rodents and humans. This is exemplified by the metabolism of thymidine in the mouse, which  
644 is not only phosphorylated by thymidine phosphorylase, but also by uridine phosphorylase 1  
645 and uridine phosphorylase 2; in the human, thymidine is solely metabolized by thymidine  
646 phosphorylase (el Kouni et al., 1993). To address this, Haraguchi *et al.* (2002) established a  
647 murine model based on double knock-out of *Tymp*<sup>-/-</sup>/*Upp1*<sup>-/-</sup> genes, whilst uridine  
648 phosphorylase 2 is not knocked-out in this model. Although this model recapitulates some  
649 features of the disease, it also displays some incongruences with the clinical scenario. The  
650 knock-out animals have a 10-fold increase in plasma thymidine and deoxyuridine, compared  
651 to >100-fold increase in the human. The mice also show cerebral oedema with hyperintense T2  
652 MRI regions and axonal myelin fibre dilation without demyelination, however no peripheral  
653 neurological abnormalities were observed (Haraguchi et al., 2002). Also, Haraguchi *et al.*  
654 (2002) did not detect any mtDNA abnormalities in brain and muscle tissues of mice, suggesting  
655 that the loss of function of thymidine phosphorylase alone is not sufficient to cause MNGIE in  
656 this model. This led to the hypothesis that the adjacent gene *SCO2* overlapping with *TYMP*  
657 sequences may be also contributing to the disease. The lack of mtDNA depletion in mice may  
658 be the result of a difference in mtDNA repair and replication, by which an increase in thymidine  
659 concentration may not affect the mitochondria of mice as it does in humans (Haraguchi et al.,  
660 2002).

661 A second double knock-out murine model of MNGIE was created in 2009 by Lopez *et al.* to  
662 characterise the biochemical, genetic and histological features of MNGIE in mice, and translate  
663 findings into the clinical picture (Lopez et al., 2009). The resulting mice displayed undetectable  
664 thymidine phosphorylase activity in all tissues except in the liver, where the residual 17%  
665 activity was attributed to the expression of uridine phosphorylase 2. Mice displayed a 4 to 65-  
666 fold increase in thymidine levels in all tissues, with partial mtDNA depletions. Similarly, to  
667 the model developed by Haraguchi *et al.* (2002), the rodents manifested cerebral oedema with  
668 hyperintense T2 MRI signals in white matter, and late-onset cerebral and cerebellar white

669 matter vacuoles without demyelination or axonal loss. However, in contrast to MNGIE  
670 patients, the model displayed mtDNA depletion, respiratory chain defects and histological  
671 abnormalities only in the brains, without any gastrointestinal or skeletal muscle involvement.  
672 Lopez *et al.* (2009) suggested that the selective cerebral involvement observed in mice is  
673 possibly due to a number of factors, including differences in the life-span between species, as  
674 mice may not live long enough to accumulate sufficient mtDNA damage in most tissues or  
675 because the deoxyribonucleoside imbalance in humans is substantially more dramatic than in  
676 mutant mice. A third explanation is that high expression of TK2 in quiescent neuronal cells of  
677 rodent brains may contribute to an increased TTP production, thereby accelerating mtDNA  
678 damage in nervous tissues (Rylova *et al.*, 2007). With regard to the contrasting findings of  
679 mtDNA depletions between Haraguchi's and Lopez's model, this could be explained by  
680 limitations in the analytical methods used for evaluating mtDNA aberrations (Lopez *et al.*,  
681 2009).

682 In 2014, Garcia *et al.* conducted a study to confirm the hypotheses generated by Lopez *et al.*  
683 (2009) with regard to the role of thymidine accumulation in the pathogenesis of MNGIE, and  
684 in particular in the gastrointestinal involvement. Lopez *et al.* (2009) failed to recapitulate the  
685 gastrointestinal dysmotility in mutant mice, and only replicated certain pathological features in  
686 mouse brains. It was speculated that the mild phenotype observed in the model is attributable  
687 to the short life-span of the animals combined with the modest increase in deoxyribonucleoside  
688 accumulation produced by mutant mice (which was 45-fold lower than that observed in  
689 MNGIE patients). Thus, to overcome this, Garcia *et al.* (2014) supplemented mutant mice with  
690 exogenous thymidine and deoxyuridine to recreate a similar disproportion of  
691 deoxyribonucleoside concentrations as observed in humans, recapitulating the >100-fold  
692 increase in thymidine concentrations. The prolonged supplementation of deoxyribonucleosides  
693 in mutant mice resulted in the acquisition of biochemical abnormalities in the brain and small  
694 intestine, including mitochondrial DNA depletion as evidenced by cyclooxygenase deficiency  
695 observed through histological evaluations. Overall, treating double knock-out mice with  
696 thymidine was sufficient to enhance the phenotype of the model to recapitulate the clinical  
697 features of MNGIE, including weight loss, small intestine muscularis propria pathology,  
698 muscle weakness, leukoencephalopathy and decreased survival (Garcia-Diaz *et al.*, 2014).  
699 However, in contrast to patients with MNGIE, who have multiple mtDNA deletions in brain,  
700 muscles, kidney and liver, the brain and muscle of 24-month old treated and untreated wild-  
701 type and *Tymp<sup>-/-</sup>/Upp1<sup>-/-</sup>* mice demonstrated similar levels of deleted mtDNA, suggesting that  
702 this is most likely due to aging rather than thymidine phosphorylase deficiency (Garcia-Diaz  
703 *et al.*, 2014). Differences in the deoxyribonucleoside metabolism between humans and mice  
704 indicates the inadequacy of this model in recapitulating the human disease (Haraguchi *et al.*,  
705 2002; Lopez *et al.*, 2009; Garcia-Diaz *et al.*, 2014).

## 706 **9. Treatment options**

### 707 **9.1 Disease management**

708 Currently, there are no specific therapies for patients with MNGIE whose effectiveness has  
709 been evidenced in clinical trial studies. The current disease management guidelines aims to  
710 treat the specific symptoms that are evident in each individual and invariably requires the co-  
711 ordinated effort of different clinical specialities. Abdominal pain and nausea/vomiting  
712 secondary to gastrointestinal dysmotility are almost invariable, with patients treated  
713 symptomatically with analgesics, bowel motility stimulant drugs, anti-emetics and antibiotics  
714 for intestinal bacterial overgrowth (Teitelbaum *et al.*, 2002; Oztas *et al.*, 2010). Domperidone  
715 may be administered to control the post-prandial emesis and nausea (Yavuz *et al.*, 2007). The

716 reduction of epigastric pain episodes, especially in patients that are refractory to opiate pain  
717 management, can be achieved by performing a celiac plexus block with bupivacaine or by the  
718 selective blockade of the splanchnic nerve (Teitelbaum et al., 2002; Celebi et al., 2006). Pain  
719 may also occur in the limbs due to peripheral polyneuropathy and this can be treated with  
720 centrally acting agents such as amitriptyline, gabapentin and pregabalin (Hafez et al., 2014;  
721 Finsterer and Frank, 2017). Patients with MNGIE have an increased incidence of perforation  
722 of the gut, which generally requires emergency abdominal surgery (Granero Castro et al.,  
723 2010).

724

725 Malnutrition is a major problem in the majority of patients; various forms of parenteral  
726 nutrition, including total parenteral nutrition, are frequently required, but do not modify  
727 outcome (Wang et al., 2015). Complications of long-term parenteral nutrition use include the  
728 development of hepatic steatosis and cholestasis, and triglyceride hyperlipidemia. For patients  
729 with MNGIE there is the risk of metabolic oversupply from the lipid and carbohydrate  
730 components of the parenteral nutrition, leading to further mitochondrial toxicity. In later stages  
731 of the disease, patients are often unable to tolerate nasogastric nutrition due to gastrointestinal  
732 dysmotility (Wang et al., 2015). Portal hypertension may occur and be complicated by ascites  
733 and oesophageal varices (Moran et al., 2008). These conditions are treated in the same way as  
734 when they occur in other conditions. Drugs that interfere with mitochondrial function should  
735 be avoided and hepatically metabolised drugs should be administered with care or  
736 contraindicated depending on the patient's liver function (Halter et al., 2010). Physiotherapy  
737 and occupational therapy input is usually required, particularly to address the neurological  
738 aspects of the condition.

739

## 740 **9.2 Investigational therapies**

741 A number of experimental therapeutic approaches are currently under investigation, including  
742 haemodialysis and peritoneal dialysis (Spinazzola et al., 2002; la Marca et al., 2006; Yavuz et  
743 al., 2007), allogeneic haematopoietic stem cell transplantation (AHSCT) (Hirano et al., 2006;  
744 Halter et al., 2010; Filosto et al., 2012), platelet transfusion (Lara et al., 2006), orthotopic liver  
745 transplant (OLT) (De Giorgio et al., 2016) and enzyme replacement (Bax et al., 2013). The  
746 therapeutic strategy common to all these approaches is to reduce or eliminate the pathological  
747 concentrations of thymidine and deoxyuridine, thereby ameliorating intracellular  
748 deoxyribonucleoside imbalances and preventing further damage to mtDNA, thus translating  
749 into clinical stabilization or improvement.

750 Plasma concentrations of thymidine were shown to be transiently lowered by haemodialysis,  
751 and infusions of platelets, which contain thymidine phosphorylase, were shown to reduce  
752 circulating levels of thymidine and deoxyuridine in two patients (Lara et al., 2006; Röeben et  
753 al., 2017). Disadvantages of these approaches are that haemodialysis is a burdensome  
754 procedure and long-term platelet therapy carries risks of developing immune reactions and  
755 transmission of viral infections and the short duration of effect.

756 AHSCT offers the possibility of a permanent correction of the thymidine phosphorylase  
757 deficiency but is limited by the availability of a matched donor. Patients are often in a poor  
758 clinical condition with an impaired capacity to tolerate transplant related problems and the  
759 aggressive conditioning and immunosuppressive chemotherapy (Halter et al., 2010; Halter et  
760 al., 2015). AHSCT also presents pharmacological challenges in terms of administering drugs  
761 with possible mitochondrial toxicity, and the requirement for parenteral administration due to  
762 disturbed gastrointestinal function and impairment of absorption. A published consensus

763 proposal for standardising an approach to AHSCT in patients with MNGIE recommended a  
764 recruitment restriction to patients in a stable clinical condition without irreversible end stage  
765 disease and having optimal donor (Halter et al., 2010). AHSCT is associated with an elevated  
766 mortality risk due to host-*versus*-graft reactions and hospital acquired infections caused by the  
767 aggressive immunosuppressive regimen, combined with the disease (Halter et al., 2010; Filosto  
768 et al., 2012; Peedikayil et al., 2015). Halter *et al.* (2015) reported a mortality of 62.5% after the  
769 follow-up of 24 patients who received AHSCT (Halter et al., 2015). Patients who are  
770 oligosymptomatic are often reluctant to undergo AHSCT due to its high morbidity and  
771 mortality risk. A recent study suggested that the effect of AHSCT may be transient (Baker et  
772 al., 2017). Furthermore, a study focusing on the neuromuscular pathology of the small intestine  
773 in MNGIE highlighted that AHSCT may be insufficient to restore integrity of the enteric  
774 neurons and glia, thus without any short-term impact on the neurogenic and myogenic intestinal  
775 changes observed in later stages of MNGIE (Yadak et al., 2018a).

776 Due to the elevated expression of thymidine phosphorylase in the liver, solid organ  
777 transplantation is considered an alternative long-term therapeutic option (Boschetti et al.,  
778 2014). A case study has shown that OLT was able to normalise metabolite levels and provide  
779 mild improvements of neurological symptoms (De Giorgio et al., 2016; D'Angelo et al., 2017).  
780 The extent to which tissue damage can be reversed through the clearance of  
781 deoxyribonucleoside imbalances post- OLT has yet to be determined (De Giorgio et al., 2016).

782 Enzyme replacement therapy using autologous erythrocyte-encapsulated thymidine  
783 phosphorylase (EETP) is under investigation and has Orphan drug Designation by the FDA  
784 and EMA. The rationale for the development of EETP is based on thymidine and deoxyuridine  
785 being able to freely diffuse across the erythrocyte membrane via nucleoside transporters into  
786 the cell where the encapsulated enzyme catalyses their metabolism to the normal products  
787 (Figure 6). The products are then free to exit the cell into the blood plasma where they are  
788 further metabolised as normal. EETP is directed at ameliorating thymidine and deoxyuridine  
789 levels to slow the progression of MNGIE and stabilise the clinical condition and could therefore  
790 increase the chance of eligibility for AHSCT or OLT once a match is identified. Encapsulation  
791 of enzyme within the erythrocyte has the pharmacological advantages of prolonging the  
792 circulatory half-life of the enzyme and potentially minimising immunogenic reactions which  
793 are frequently observed in enzyme replacement therapies administered by the conventional  
794 route. To date five patients have received EETP under a compassionate use programme, where  
795 clinical and metabolic improvements were observed (Moran et al., 2008; Halter et al., 2010;  
796 Godfrin et al., 2012; Godfrin Y, 2012; Bax et al., 2013).

797 Promising gene therapies for MNGIE are also under experimentation in murine models, using  
798 adenoviral vectors (AVV) targeting the liver for the correction of *TYMP* mutations for the  
799 restoration of normalized nucleoside metabolism (Torres-Torronteras et al., 2014). More  
800 recently, pre-clinical investigations of hematopoietic stem cell gene therapy in murine models  
801 have been conducted (Torres-Torronteras et al., 2016; Yadak et al., 2018a; Yadak et al., 2018b).  
802 A timeline of all investigational therapeutic approaches is summarised in Figure 7.

### 803 **9.3 Clinical Efficacy endpoints**

804 The development of drugs for rare diseases is confounded by a number of challenges such as  
805 small patient populations, phenotypic heterogeneity, incomplete knowledge of the disease  
806 pathophysiology or natural history and an absence of prior clinical studies. Consequently, the  
807 selection of clinical efficacy endpoints, which assess the way a patient feels, functions, or

808 survives, can be an arduous process, particularly as validated endpoints appropriate for the  
809 disease are often unavailable.

810 There are generally no accepted endpoints for clinical studies in patients with MNGIE. This  
811 ultra-rare disease presents with usually a combination of cachexia, gastrointestinal dysfunction,  
812 and neuromuscular dysfunction. The determinants of morbidity and mortality in patients with  
813 MNGIE cannot be easily ascertained and owing to the rarity of the disease, there is no  
814 authoritative literature on the topic. The available case series of patients with MNGIE are small  
815 and with limited follow-up; the heterogeneity of the sources further limits the possibility to  
816 collate this information objectively. Additionally, there are no established patient reported  
817 outcomes specific to MNGIE. The experimental treatments for MNGIE aim to reverse the  
818 biochemical imbalances by eliminating the elevated systemic concentrations of thymidine and  
819 deoxyuridine. However, these metabolites do not provide objective measurements correlated  
820 to clinical status and are thus not suitable as end-points for predicting clinical benefit of  
821 therapeutic strategies. Several patients reported outcomes are available for specific symptoms  
822 or groups of symptoms (e.g. gastrointestinal, neuropathic) which are highly prevalent in  
823 patients with MNGIE; however, the extent to which those measurement instruments would be  
824 applicable to patients with MNGIE is unknown.

825 Despite genotypic differences and a variable phenotype, gastrointestinal symptoms including  
826 early satiety, nausea, dysphagia, gastroesophageal reflux, postprandial emesis, episodic  
827 abdominal pain, episodic abdominal distention, and diarrhoea are cardinal manifestations of  
828 MNGIE and severely compromise nutritional homeostasis in almost all patients, leading to  
829 weight loss and cachexia. One of the largest case series available reports a 'thin' body habitus  
830 in all patients, with weight loss from diagnosis averaging 15.2 kg (range: 5.9 to 30.0 kg)  
831 (Nishino et al., 1999).

832 Although clinicians treating patients with MNGIE, unanimously agree that weight loss is the  
833 key feature of the disease and has a major impact on their functional status, individual weight  
834 loss trajectories are not typically available in published case series. The consensus in personal  
835 communications with clinicians who treat those patients suggests that patients with MNGIE  
836 relentlessly lose weight and that this has a major impact on their functional status. Anecdotal  
837 evidence based on a review of case series and case studies in the literature suggests that organ  
838 failure, hepatic and gastrointestinal complications associated to cachexia are frequent causes  
839 of death in patients with MNGIE (Nishino et al., 2000; Garone et al., 2011).

840 The collection of uniform observational data through the operation of patient registries is one  
841 approach that is employed to identify suitable efficacy endpoints. Registries are particularly  
842 relevant to the field of rare diseases where the disorder has a heterogeneous presentation and  
843 information on the natural history is scarce. Of relevance to patients with MNGIE is **the Rare  
844 Disease Clinical Research Network Natural History Study of MNGIE (NCT01694953)** and  
845 **also the** North American Mitochondrial Disease Consortium which is currently collecting  
846 medical and family history, diagnostic test results, and prospective medical information;  
847 information from this will be invaluable for supporting the evaluation of new treatment  
848 modalities.

849 The Regulatory agencies are now recognising the need for flexibility in the review of therapies  
850 for rare diseases and may consider approving a therapy based on a surrogate endpoint or  
851 biomarker as these can provide better objective measures of clinical benefit. Based on the  
852 identification of a number of dysregulated miRNAs in the serum of patients with MNGIE

853 compared to age and sex matched healthy controls, Levene *et al* are examining the application  
854 of a miRNA panel as a surrogate end-point biomarker in parallel with a clinical trial of EETP  
855 (Levene et al., 2018).

## 856 **10. Prognosis**

857 MNGIE is a relentlessly progressive degenerative and terminal disorder with a poor prognosis.  
858 The estimated mean age of mortality is 37.6 years, with a range of 26 to 58 years (Nishino et  
859 al., 2000). Garone *et al.* reports the use of a Kaplan-Meier analysis, as a valuable instrument to  
860 give a reliable prognosis, thus providing the most updated estimates in term of life expectancy  
861 to date, indicating that in MNGIE survival lies between 20 and 40 years of age. Common  
862 causes of death include malnutrition, metabolic acidosis, aspiration pneumonia, intestinal  
863 perforation, peritonitis and complications aroused by bacterial overgrowth (Filosto et al., 2011;  
864 Garone et al., 2011).

## 865 **11. External resources for clinicians and patients**

866 Below we present a list of resources for clinicians and patients:

867 <https://www.omim.org/entry/603041>

868 <https://rarediseases.org/rare-diseases/mitochondrial-neurogastrointestinal-encephalopathy/>

869 <https://www.mitocon.it/malattie-mitochondriali/le-principali-patologie-mitochondriali/MNGIE/>

870 [https://ghr.nlm.nih.gov/condition/mitochondrial-neurogastrointestinal-encephalopathy-](https://ghr.nlm.nih.gov/condition/mitochondrial-neurogastrointestinal-encephalopathy-disease)  
871 [disease](https://ghr.nlm.nih.gov/condition/mitochondrial-neurogastrointestinal-encephalopathy-disease)

872 <https://www.orpha.net/>

873 [www.telethon.it](http://www.telethon.it)

874 <http://www.pumpa.org.uk/>

875 <https://www.thelilyfoundation.org.uk/>

876 <http://www.umdf.org/>

877 <http://www.mitoaction.org/>

## 878 **12. Concluding remarks**

879 MNGIE is a metabolic disorder with an invariably fatal outcome. In the last 40 years since the  
880 first description of MNGIE, considerable progress has been made in the elucidation of the  
881 pathogenic mechanisms that underlie this ultra-rare disease. The wealth of knowledge available  
882 enabled the canonical and the sporadic features of the pathology to be clearly defined,  
883 permitting explicit diagnostic criteria and approaches to be determined. It is important to  
884 highlight however that MNGIE, as for many other mitochondrial disorders lacks of a  
885 prospective natural history study, although one is currently ongoing and pending results. In this  
886 respect patient stratification, still remains a challenge. Nevertheless, the advent of NGS, has  
887 certainly changed the diagnostic approach towards mitochondrial diseases, including MNGIE,  
888 thus reliably improving the screening and clustering of patients. Therefore, in many cases a  
889 shift in diagnostic methodologies can be observed towards a direct genetic screening. On the  
890 other hand, NGS has not entirely replaced the use of the first line investigations identification  
891 of MNGIE, i.e. quantifying thymidine and deoxyuridine in plasma and urine. In fact, recent  
892 research efforts have been directed at improving the analytical methods used. For instance,

893 optimised and validated methods aimed at simplifying the chromatographic conditions and  
894 reducing analytical errors for the quantification of thymidine and deoxyuridine in urine and  
895 plasma of MNGIE patients, was developed and compared with previously reported analytical  
896 methods. It is noteworthy that advancements in experimental therapies for MNGIE are mostly  
897 of recent development; indeed, the first published data collection of all patients treated with  
898 AHSCT was in 2015, sixteen years after the mutation was first identified. It is also important  
899 to note, that predominantly in eastern countries, the most dated therapeutic approach, more  
900 specifically peritoneal dialysis and haemodialysis, are still being used in the management of  
901 MNGIE. A number of experimental therapies are under development with the aim of rescuing  
902 the phenotype by restoring homeostatic thymidine phosphorylase activity and/or normalising  
903 systemic deoxyribonucleoside accumulations. Most notably, a recent study conducted by Marti  
904 et al, describes a novel promising pre-clinical investigation regarding the long-term efficacy of  
905 AVV gene therapy in MNGIE. However, there is still a substantial gap between pre-clinical  
906 trials and the translation of novel treatments into humans. Furthermore, the rarity of the  
907 condition and the absence of a natural history study hinders the identification of reliable end-  
908 points, further complicating the progression of experimental therapies. In this respect, MNGIE  
909 benefits from clinical interest as because is one of the few treatable rare mitochondrial disorders  
910 (Filosto et al., 2018). With the up and coming clinical trials of these novel therapeutic  
911 approaches, including the enzyme replacement therapy under investigation by our group, we  
912 believe this comprehensive review will guide and inform clinicians of the intricacies of this  
913 rare and fatal disorder, thereby expediting disease diagnosis and treatment access to patients  
914 earlier on in the disease process.

915

#### 916 **Author contributions statement**

917 DP, ML, CG, NN and BB contributed to the conception, writing and review of the manuscript.

#### 918 **Conflict of Interest Statement**

919 St George's, University of London holds a licencing agreement with Orphan Technologies for  
920 the development of an enzyme replacement therapy for MNGIE.

921

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## 1424 List of Figures and Tables

1425 **Figure 1.** Reactions catalysed by thymidine phosphorylase.

1426 **Figure 2.** Deoxynucleotide salvage and *de-novo* synthesis pathways. Abbreviations are as  
1427 follows: deoxythymidine (dThd), deoxyuridine (dUrd), deoxythymidine monophosphate  
1428 (dTMP), deoxythymidine diphosphate (dTDP), deoxynucleotidase 1 (dNT1), thymidine  
1429 phosphorylase (TP), thymidine kinase 1 (TK1), deoxynucleotidase 2 (dNT2), nucleotide  
1430 monophosphate kinase (NMPK), nucleotide diphosphate kinase (NDPK), deoxythymidine  
1431 triphosphate (dTTP), thymidine kinase 2 (TK2), DNA polymerase Y (DNA pol Y), nucleotide  
1432 diphosphate (NDP), ribonucleotide reductase (RNR), deoxyribonucleotide diphosphate  
1433 (dNDP) and deoxynucleotide triphosphate (dNTP).

1434 **Figure 3.** Metabolic defect in MNGIE.

1435 **Figure 4.** Pathogenic *TYMP* gene mutations (NM\_001113755.2; NP\_001107227) in exonic  
1436 and intronic regions. Protein changes, where known are indicated in red font.

1437 **Figure 5.** Major clinical features of MNGIE.

1438 **Figure 6.** Mechanism of EE-TP action. Plasma thymidine and deoxyuridine enter the  
1439 erythrocyte via nucleoside transports located in the cell membrane, where the encapsulated  
1440 thymidine phosphorylase catalyses their metabolism to thymine and uracil. The products are  
1441 then free to diffuse out of the cell into the blood plasma where they can enter the normal  
1442 metabolic pathways.

1443 **Figure 7.** Timeline of pre-clinical and clinical investigational therapeutic approaches for  
1444 MNGIE.

1445 **Table 1.** List of clinical features reported in MNGIE. +++ indicates a major diagnostic feature  
1446 of MNGIE, ++ a common clinical presentation and + a sporadic feature.

1447 **Table 2.** *In vitro* and *in vivo* models of MNGIE

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1461 **Table 1.**

Features	Sign/Symptom	Frequency
Neurological	Peripheral neuropathy	+++
	Hearing loss	++
	Leukoencephalopathy	+++
	Seizures	+
	Migraine	+
	Anxiety	+
	Depression	+
	Cognitive dysfunction	+
	Dementia	+
	Mental retardation	+
	Memory loss	+
	Ataxia	+
Trigeminal neuralgia	+	
Neuro-ophthalmic	Ophthalmoplegia	+++
	Ophthalmoparesis	+++
	Ptosis	+++
	Glaucoma	+

	Pigmentary retinopathy	+
Muscular	Myopathy	++
	Red ragged fibres	++
Gastrointestinal	Intestinal pseudo-obstruction	++
	Constipation	++
	Abdominal cramps	++
	Nausea	+++
	Emesis	+++
	Borborygmy	++
	Diarrhoea	++
	Dysphagia	+++
	Gastroparesis	+++
	Cachexia	+++
	Weight loss	+++
	Oesophageal varices	++
	Megacolon	+
	Diverticulosis	++
	Intestinal perforation	++
	Peritonitis	++
Hepatic steatosis	++	
Hepatomegaly	+	
Cirrhosis	+	
Endocrine/Metabolic	Diabetes	++
	Hyperlipidaemia	++
	Hypertriglyceridemia	++
	Hypergonadotropic hypogonadism	+
Cardiac	Long QT	+
	Supraventricular tachycardia	+
	Ventricular hypertrophy	+
	Mitral valve prolapse	+
Reproductive	Ovarian failure	+
	Erectile dysfunction	+
	Amenorrhea	+
Haematological	Anaemia	+
Dermatological	Psoriasis	+
Developmental	Short stature	++

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1465 **Table 2.**

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Cell type	Investigation	Summary of findings	Reference
<i>In vitro models</i>			
Healthy control and MNGIE fibroblasts	Contribution of thymidine phosphorylase deficiency to nucleotide pool imbalance	Decline in thymidine concentration in culture medium of healthy cells. MNGIE fibroblasts incapable of metabolising thymidine but released it	Spinazzola <i>et al.</i> (2002)
MNGIE fibroblasts	Role of thymidine phosphorylase deficiency and deoxynucleotide pool accumulation in mtDNA damage	Identification of 36 mtDNA point mutations, a TT to AA substitution and single nucleotide deletion in MNGIE cell lines. COX activity reduced and ROS production increased contributing to mtDNA mutations	Nishigaki <i>et al.</i> (2003)
HeLa cell line	Perturbation of deoxynucleoside pools in cultured cells to evaluate mtDNA damage	Cells cultured in 50µM thymidine showed expansion of TTP and dGTP pools and depletion of dCTP and dATP pools. Several mtDNA deletions observed	Song <i>et al.</i> (2003)
Healthy skin and lung quiescent fibroblasts	Association of mtDNA depletions with post-mitotic cells	Thymidine phosphorylated via mitochondrial TK2 in quiescent cells and via cytosolic TK1 in cycling cells. Absence of TK1 in quiescent creates a bias in TTP pools, contributing to mtDNA depletions.	Ferraro <i>et al.</i> (2005)
Murine hepatocytes	Murine hepatocyte mitochondria as an <i>in organello</i> model to demonstrate mtDNA depletion is a result of deoxynucleoside depletion	Excess thymidine resulted in increased dTTP and consequent depletion of dCTP, due to competition of thymidine and cytidine for TK2, resulting in mtDNA depletion. Supplementation of dCTP restored mtDNA depletions	Gonzalez-Vioque <i>et al.</i> (2011)
MNGIE-derived iPSCs	Differentiation of patient derived iPSCs into cerebral organoids as an <i>in vitro</i> model of the CNS	MNGIE cerebral organoids expressed neuronal progenitors, neurons, differentiated astroglial cells and myelinating oligodendrocytes. No difference in myelination patterns observed between MNGIE and healthy control organoids.	Pacitti and Bax (2018)

<i>In vivo models</i>			
Murine KO ( <i>Tymp<sup>-/-</sup>/Upp1<sup>-/-</sup></i> )	Physiological function of thymidine phosphorylase. Ascertain if pathogenesis of MNGIE and mtDNA depletion and replication error were attributable to aberrant thymidine metabolism	10-fold increase in plasma deoxyuridine and thymidine. Development of cerebral oedema and hyperintense T2 MRI regions, with dilation in axonal myelin fibres but no demyelination. No peripheral neuropathy observed. Lack of mtDNA abnormality in brain and muscle	Haraguchi <i>et al.</i> (2002)
Murine KO ( <i>Tymp<sup>-/-</sup>/Upp1<sup>-/-</sup></i> )	Characterisation of the biochemical, genetic and histological features of MNGIE and specific tissues involved	Undetectable thymidine phosphorylase in all tissue except liver. Thymidine elevated by 4-65-fold in all tissues. MRI showed cerebral oedema and T2 hyperintensities, with late onset cerebral and cerebellar white matter vacuoles without demyelination or axonal loss. Detection of mtDNA depletion and histological abnormalities in the brain but without skeletal muscle and gastrointestinal system involvement	Lopez <i>et al.</i> (2009)
Murine KO ( <i>Tymp<sup>-/-</sup>/Upp1<sup>-/-</sup></i> )	Role of deoxynucleoside accumulation in the pathogenesis of MNGIE. Recreation of the gastrointestinal phenotype by dietary supplementation with thymidine and deoxyuridine	100-fold increase in thymidine concentrations. Acquisition of mtDNA depletion and histologically evident COX deficiency in brain and small intestine cells. Treated mice had reduced body masses and intestinal smooth muscle cells, and increased fibrosis, muscle weakness, leukoencephalopathy, and decreased survival	Garcia-Diaz <i>et al.</i> (2014)