

Supplementary Information

Associations of social and economic and pregnancy exposures with blood pressure in UK White British and Pakistani children age 4/5

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Additional tables (x 13) reporting unadjusted associations and adjusted associations presented numerically (rather than in figures as presented in the manuscript), and additional models referred to but not presented in the manuscript.

Supplementary eTable 1 Distributions of offspring characteristics stratified by ethnicity and sex

Characteristic	All <i>n</i> =34 68	White British <i>n</i> =1644	Pakistani origin <i>n</i> =1824	p-value*	Characteristic
Child Height (cm)	<i>Boys</i>	108.79 (4.97)	108.48 (4.99)	109.11 (4.93)	0.009
mean (sd)		<i>n</i> =1670	<i>n</i> =822	<i>n</i> =848	
	<i>Girls</i>	108.04 (4.96)	107.70 (4.94)	108.32 (4.97)	0.008
		<i>n</i> =1798	<i>n</i> =822	<i>n</i> =976	
Child Weight (kg)	<i>Boys</i>	19.09 (3.02)	19.17 (2.69)	19.02 (3.31)	0.309
mean (sd)		<i>n</i> =1670	<i>n</i> =822	<i>n</i> =848	
	<i>Girls</i>	18.88 (3.13)	19.01 (2.94)	18.77 (3.28)	0.111
		<i>n</i> =1798	<i>n</i> =822	<i>n</i> =976	
Child BMI (kg/m²)	<i>Boys</i>	16.06 (1.69)	16.24 (1.47)	15.89 (1.87)	0.000
mean (sd)		<i>n</i> =1670	<i>n</i> =822	<i>n</i> =848	
	<i>Girls</i>	16.09 (1.77)	16.32 (1.63)	15.91 (1.86)	0.000
		<i>n</i> =1798	<i>n</i> =822	<i>n</i> =976	
Child systolic BP	<i>Boys</i>	98.51	98.55 (10.26)	98.47 (10.24)	0.874
mean (sd)		<i>n</i> =1670	<i>n</i> =822	<i>n</i> =848	
	<i>Girls</i>	97.27	97.34 (10.83)	97.21 (11.39)	0.800
		<i>n</i> =1798	<i>n</i> =822	<i>n</i> =976	
Child diastolic BP	<i>Boys</i>	60.39 (10.58)	59.54 (10.32)	61.21 (10.76)	0.001
mean (sd)		<i>n</i> =1670	<i>n</i> =822	<i>n</i> =848	
	<i>Girls</i>	62.04 (11.45)	61.48 (10.43)	62.51 (12.23)	0.058
		<i>n</i> =1798	<i>n</i> =822	<i>n</i> =976	

*Difference between White British and Pakistan

Supplementary eTable 2a Unadjusted associations between family social and economic exposures and offspring BP at age 4/5 stratified by ethnic group

Measure	Maternal education <i>Baseline: 5 GCSEs or less</i>			Housing tenure <i>Baseline: owning/part owning home</i>			Receipt of means tested benefits <i>Baseline: not receiving benefits</i>		
	<i>White British n=1644</i>	<i>Pakistani n=1824</i>	<i>p value[†]</i>	<i>White British n=1644</i>	<i>Pakistani n=1824</i>	<i>p value[†]</i>	<i>White British n=1644</i>	<i>Pakistani n=1824</i>	<i>p value[†]</i>
Systolic mmHg	0.449 (-0.577, 1.475)	-1.748 (-2.755, -0.739)	0.003	0.089 (-0.941, 1.121)	0.011 (-1.155, 1.176)	0.334	-1.207 (-2.264, -0.151)	0.265 (-.737, 1.267)	0.048
Diastolic mmHg	0.368 (-0.644, 1.380)	-1.621 (-2.694, -0.547)	0.009	0.308 (-0.709, 1.326)	-0.263 (-1.50, 0.978)	0.602	-0.319 (-1.363, 0.724)	-0.616 (-1.682, 0.450)	0.699

Values are differences in means (95% CI) of outcome per maternal exposure unit or category

[†] interaction p-value, difference between White British and Pakistani

Supplementary eTable 2b

Unadjusted associations between pregnancy exposures (BMI and smoking) and offspring BP at age 4/5 stratified by ethnic group

Measure	Maternal BMI			Maternal smoking in pregnancy		
	Difference in means per 5 kg/m ²			Baseline: no smoking		
	White British n=1644	Pakistani n=1824	p value [†]	White British n=1644	Pakistani n=1824	p value [†]
Systolic mmHg	0.308 (-0.121, 0.736)	0.666 (0.203, 1.129)	0.265	-0.184 (-1.268, 0.899)	0.023 (-2.675, 2.720)	0.887
Diastoli c mmHg	0.067 (-0.355, 0.489)	0.339 (-0.154, 0.832)	0.412	-0.292 (-1.361, 0.777)	1.089 (-1.781, 3.960)	0.360

Values are differences in means (95% CI) of outcome per exposure unit or category, maternal BMI is difference in means per 5kg/m²
[†]interaction p-value, difference between White British and Pakistani

Supplementary eTable 2c

Unadjusted associations between pregnancy exposures (glycaemia and HDP) and offspring BP at age 4/5 stratified by ethnic group

Measure	Fasting glucose <i>Difference in means per 1mmol/L</i>			Post-load glucose <i>Difference in means per 1mmol/L</i>			GDM <i>Baseline: no GDM</i>			HDP: gestational hypertension <i>Baseline: no gestational hypertension</i>			HDP: pre-eclampsia <i>Baseline: pre-eclampsia</i>		
	<i>White British n=1644</i>	<i>Pakistani n=1824</i>	<i>p value[†]</i>	<i>White British n=1644</i>	<i>Pakistani n=1824</i>	<i>p value[†]</i>	<i>White British n=1644</i>	<i>Pakistani n=1824</i>	<i>p value[†]</i>	<i>White British n=1644</i>	<i>Pakistani n=1824</i>	<i>p value[†]</i>	<i>White British n=1644</i>	<i>Pakistani n=1824</i>	<i>p value[†]</i>
Systolic mmHg	1.203 (0.011, 2.396)	0.981 (0.104, 1.857)	0.769	0.422 (0.028, 0.816)	0.278 (-0.032, 0.588)	0.575	1.189 (-1.186, 3.563)	0.979 (-0.702, 2.659)	0.888	1.359 (-0.271, 2.988)	3.181 (0.759, 5.602)	0.219	2.566 (-0.568, 5.699)	3.905 (0.617, 7.193)	0.563
Diastolic mmHg	-0.032 (-1.209, 1.145)	0.667 (-0.267, 1.601)	0.371	0.141 (-0.249, 0.530)	0.196 (-0.134, 0.526)	0.834	0.687 (-1.655, 3.029)	0.851 (-.938, 2.639)	0.915	0.355 (-1.254, 1.964)	3.464 (0.883, 6.045)	0.042	1.597 (-1.497, 4.691)	1.186 (-2.318, 4.689)	0.863

Values are differences in means (95% CI) of outcome per exposure unit or category

[†]interaction p-value, difference between White British and Pakistani

Supplementary eTable 3a Adjusted associations of family social and economic exposures and offspring BP at age 4/5 stratified by ethnic group (Model 1*)

Measure	Maternal education <i>Baseline: 5 GCSEs or less</i>			Housing tenure <i>Baseline: owning/part owning home</i>			Receipt of means tested benefits <i>Baseline: not receiving benefits</i>		
	White British <i>n=1644</i>	Pakistani <i>n=1824</i>	<i>p value</i> [†]	White British <i>n=1644</i>	Pakistani <i>n=1824</i>	<i>p value</i> [†]	White British <i>n=1644</i>	Pakistani <i>n=1824</i>	<i>p value</i> [†]
Systolic mmHg	0.419 (-0.600, 1.439)	-1.753 (-2.759, -0.749)	0.003	0.112 (0.912, 1.137)	0.132 (-1.033, 1.297)	0.945	-1.196 (-2.246, -0.145)	0.329 (-0.669, 1.329)	0.038
Diastolic mmHg	0.414 (-0.595, 1.421)	-1.577 (-2.649, -0.503)	0.009	0.321 (-0.693, 1.334)	-0.226 (-1.469, 1.017)	0.508	-0.376 (-1.416, 0.664)	-0.602 (-1.667, 0.464)	0.761

*Model 1: Adjusted for sex; age at measurement

Values are differences in means (95% CI) of outcome per maternal exposure unit or category

[†]interaction p-value, difference between White British and Pakistani

Supplementary eTable 3b Adjusted associations of pregnancy exposures (BMI and smoking) and offspring BP at age 4/5 stratified by ethnic group (Model 1*)

Measure	Maternal BMI <i>Difference in means per 5 kg/m²</i>			Maternal smoking in pregnancy <i>Baseline: no smoking</i>		
	<i>White British n=1644</i>	<i>Pakistani n=1824</i>	<i>p value[†]</i>	<i>White British n=1644</i>	<i>Pakistani n=1824</i>	<i>p value[†]</i>
Systolic mmHg	0.314 (-0.112, 0.740)	0.678 (0.217, 1.139)	0.248	-0.172 (-1.249, 0.906)	-0.022 (-2.711, 2.667)	0.888
Diastolic mmHg	0.101 (-0.319, 0.523)	0.333 (-0.159, 0.826)	0.476	-0.238 (-1.304, 0.827)	1.149 (-1.718, 4.018)	0.360

*Model 1: Adjusted for sex; age at measurement

Values are differences in means (95% CI) of outcome per maternal exposure unit or category, maternal BMI is difference in means per 5kg/m²

[†]interaction p-value, difference between White British and Pakistani

Supplementary eTable 3c Adjusted associations of pregnancy exposures (glycaemia and HDP) and offspring BP at age 4/5 stratified by ethnic group (Model 1*)

Measure	Fasting glucose <i>Difference in means per 1mmol/L</i>			Post-load glucose <i>Difference in means per 1mmol/L</i>			GDM <i>Baseline: no GDM</i>			HDP: gestational hypertension <i>Baseline: no gestational hypertension</i>			HDP: pre-eclampsia <i>Baseline: no pre-eclampsia</i>		
	<i>White British n=1644</i>	<i>Pakistani n=1824</i>	<i>p value[†]</i>	<i>White British n=1644</i>	<i>Pakistani n=1824</i>	<i>p value[†]</i>	<i>White British n=1644</i>	<i>Pakistani n=1824</i>	<i>p value[†]</i>	<i>White British n=1644</i>	<i>Pakistani n=1824</i>	<i>p value[†]</i>	<i>White British n=1644</i>	<i>Pakistani n=1824</i>	<i>p value[†]</i>
Systolic mmHg	1.114 (-0.072, 2.299)	0.955 (0.079, 1.830)	0.802	0.404 (0.013, 0.797)	0.268 (-0.041, 0.578)	0.570	1.037 (-1.325, 3.399)	0.872 (-0.804, 2.548)	0.880	1.299 (-0.321, 2.919)	3.051 (0.636, 5.466)	0.240	2.459 (-0.658, 5.575)	3.909 (0.636, 5.466)	0.529
Diastolic mmHg	-0.026 (-1.199, 1.148)	0.624 (-0.310, 1.559)	0.411	0.140 (-0.248, 0.528)	0.182 (-0.149, 0.512)	0.886	0.583 (-1.753, 2.919)	0.849 (-0.938, 2.638)	0.869	0.446 (-1.158, 2.049)	3.508 (0.929, 6.087)	0.043	1.812 (-1.271, 4.896)	1.154 (-2.347, 4.654)	0.792

*Model 1: Adjusted for sex; age at measurement

Values are differences in means (95% CI) of outcome per maternal exposure unit or category

[†]interaction p-value, difference between White British and Pakistani

Supplementary eTable 4a Adjusted associations of pregnancy exposures (BMI and smoking) and offspring BP at age 4/5 stratified by ethnic group (Model 2*)

(For Social and economic variables, model 1 and 2 are the same)

Measure	Maternal BMI**			Maternal smoking in pregnancy		
	<i>Difference in means per 5 kg/m²</i>			<i>Baseline: no smoking</i>		
	<i>White British n=1644</i>	<i>Pakistani n=1824</i>	<i>p value[†]</i>	<i>White British n=1644</i>	<i>Pakistani n=1824</i>	<i>p value[†]</i>
Systolic mmHg	0.261 (-0.174, 0.695)	0.564 (0.078, 1.049)	0.309	0.262 (-0.919, 1.442)	-0.030 (-2.728, 2.667)	0.974
Diastolic mmHg	0.024 (-0.407, 0.455)	0.305 (-0.214, 0.824)	0.468	-0.009 (-1.179, 1.162)	1.131 (-1.749, 4.010)	0.390

*Model 2: Adjusted for sex; age at measurement; maternal age; parity; maternal education; family housing tenure; family receipt of benefits

**Additionally adjusted for smoking in pregnancy

Values are differences in means (95% CI) of outcome per maternal exposure unit or category, maternal BMI is difference in means per 5kg/m²

[†]interaction p-value, difference between White British and Pakistani

Supplementary eTable 4b Adjusted associations of pregnancy exposures (glycaemia and HDP) and offspring BP at age 4/5 stratified by ethnic group (Model 2*)

Measure	Fasting glucose			Post-load glucose			GDM			HDP: gestational hypertension			HDP: pre-eclampsia		
	Difference in means per 1mmol/L			Difference in means per 1mmol/L			Baseline: no GDM			Baseline: no gestational hypertension			Baseline: no pre-eclampsia		
	White British n=1644	Pakistani n=1824	p value [†]	White British n=1644	Pakistani n=1824	p value [†]	White British n=1644	Pakistani n=1824	p value [†]	White British n=1644	Pakistani n=1824	p value [†]	White British n=1644	Pakistani n=1824	p value [†]
Systolic mmHg	0.894 (-0.307, 2.095)	0.838 (-0.059, 1.735)	0.806	0.292 (-0.108, 0.693)	0.216 (-0.107, 0.538)	0.524	0.599 (-1.778, 2.977)	0.683 (-1.024, 2.390)	0.836	1.078 (-0.544, 2.711)	3.104 (0.678, 5.529)	0.253	2.301 (-0.825, 5.427)	4.043 (0.762, 7.324)	0.521
Diastolic mmHg	-0.243 (-1.435, 0.949)	0.573 (-0.385, 1.531)	0.385	0.070 (-0.327, 0.467)	0.156 (-0.189, 0.500)	0.885	0.321 (-2.037, 2.679)	0.761 (-1.061, 2.583)	0.865	0.355 (-1.265, 1.975)	3.355 (0.763, 5.948)	0.049	1.854 (-1.249, 4.957)	1.101 (-2.406, 4.609)	0.751

*Model 2: : Adjusted for sex; age at measurement; maternal age; parity; smoking in pregnancy; maternal education; family housing tenure; family receipt of benefits

Values are differences in means (95% CI) of outcome per maternal exposure unit or category

[†]interaction p-value, difference between White British and Pakistani

Supplementary eTable 5 Adjusted associations of pregnancy exposures (glycaemia and HDP) and offspring BP at age 4/5 stratified by ethnic group (Model 3*)

(For Social and economic variables, model 1, 2 and 3 are the same; for family variables models 2 and 3 are the same)

Measure	Fasting glucose <i>Difference in means per 1mmol/L</i>			Post-load glucose <i>Difference in means per 1mmol/L</i>			GDM <i>Baseline: no GDM</i>			HDP: gestational hypertension <i>Baseline: no gestational hypertension</i>			HDP: pre-eclampsia <i>Baseline: no pre-eclampsia</i>		
	White British <i>n=164</i> 4	Pakistani <i>n=182</i> 4	<i>p</i> value [†]	White British <i>n=164</i> 4	Pakistani <i>n=182</i> 4	<i>p</i> value [†]	White British <i>n=164</i> 4	Pakistani <i>n=182</i> 4	<i>p</i> value [†]	White British <i>n=164</i> 4	Pakistani <i>n=182</i> 4	<i>p</i> value [†]	White British <i>n=164</i> 4	Pakistani <i>n=182</i> 4	<i>p</i> value [†]
Systolic mmHg	0.749 (-0.504, 2.003)	0.613 (-0.314, 1.539)	0.908	0.259 (-0.147, 0.665)	0.155 (-0.172, 0.482)	0.557	0.498 (-1.886, 2.881)	0.408 (-1.316, 2.131)	0.810	0.914 (-0.773, 2.601)	2.818 (0.372, 5.265)	0.231	2.169 (-0.976, 5.314)	3.685 (0.379, 6.990)	0.526
Diastolic mmHg	-0.285 (-1.529, 0.959)	0.459 (-0.531, 1.450)	0.355	0.068 (-0.335, 0.472)	0.124 (-0.226, 0.474)	0.870	0.313 (-2.052, 2.679)	0.619 (-1.222, 2.462)	0.875	0.377 (-1.298, 2.051)	3.218 (0.601, 5.835)	0.048	1.871 (-1.251, 4.993)	0.929 (-2.607, 4.465)	0.749

*Model 3: Adjusted for sex; age at measurement; maternal BMI; maternal age; parity; smoking in pregnancy; maternal education; family housing tenure; family receipt of benefits
Values are differences in means (95% CI) of outcome per maternal exposure unit or category

[†]interaction p-value, difference between White British and Pakistani

Supplementary eTable 6a Adjusted associations of family social and economic exposures and offspring BP at age 4/5 stratified by ethnic group (Model 4*)

Measure	Maternal education <i>Baseline: 5 GCSEs or less</i>			Housing tenure <i>Baseline: owning/part owning home</i>			Receipt of means tested benefits <i>Baseline: not receiving benefits</i>		
	<i>White British n=1644</i>	<i>Pakistani n=1824</i>	<i>p value[†]</i>	<i>White British n=1644</i>	<i>Pakistani n=1824</i>	<i>p value[†]</i>	<i>White British n=1644</i>	<i>Pakistani n=1824</i>	<i>p value[†]</i>
Systolic mmHg	0.651 (-0.349, 1.652)	-1.591 (-2.569, -0.613)	0.003	-0.069 (-1.074, 0.935)	0.033 (-1.100, 1.167)	0.945	-1.360 (-2.389, -0.331)	0.272 (-0.699, 1.244)	0.038
Diastolic mmHg	0.543 (-0.459, 1.547)	-1.461 (-2.522, -0.400)	0.009	0.219 (-0.789, 1.227)	-0.297 (-1.525, 0.931)	0.508	-0.468 (-1.501, 0.566)	-0.643 (-1.696, 0.410)	0.761

*Model 4: Adjusted for sex; age at measurement; maternal age; parity; smoking in pregnancy; maternal education; family housing tenure; family receipt of benefits; child BMI at BP measurement
Values are differences in means (95% CI) of outcome per maternal exposure unit or category

[†]interaction p-value, difference between White British and Pakistani

Supplementary eTable 6b Adjusted associations of pregnancy exposures (BMI and smoking) and offspring BP at age 4/5 stratified by ethnic group (Model 4*)

Measure	Maternal BMI**			Maternal smoking in pregnancy		
	Difference in means per 5 kg/m ² **			Baseline: no smoking		
	White British n=1644	Pakistani n=1824	p value [†]	White British n=1644	Pakistani n=1824	p value [†]
Systolic mmHg	-0.270 (-0.713, 0.172)	-0.228 (-.726, 0.271)	0.863	0.242 (-0.913, 1.397)	-1.367 (-4.003, 1.269)	0.392
Diastolic mmHg	-0.279 (-0.725, 0.167)	-0.265 (-0.805, 0.276)	0.858	-0.020 (-1.184, 1.143)	0.186 (-2.674, 3.045)	0.753

*Model 4: Adjusted for sex; age at measurement; maternal age; parity; maternal education; family housing tenure; family receipt of benefits; child BMI at BP measurement

**Additionally adjusted for smoking in pregnancy

Values are differences in means (95% CI) of outcome per maternal exposure unit or category, maternal BMI is difference in means per 5kg/m²

[†]interaction p-value, difference between White British and Pakistani

Supplementary eTable 6c Adjusted associations of pregnancy exposures (glycaemia and HDP) and offspring BP at age 4/5 stratified by ethnic group (Model 4*)

Measure	Fasting glucose** Difference in means per 1mmol/L			Post-load glucose** Difference in means per 1mmol/L**			GDM** Baseline: no GDM			HDP: gestational hypertension** Baseline: no gestational hypertension			HDP: pre-eclampsia** Baseline: no pre-eclampsia		
	White British n=164 4	Pakistani n=182 4	p value†	White British n=164 4	Pakistani n=182 4	p value†	White British n=164 4	Pakistani n=182 4	p value†	White British n=164 4	Pakistani n=182 4	p value†	White British n=164 4	Pakistani n=182 4	p value†
Systolic mmHg	0.876 (-0.350, 2.103)	0.598 (-0.305, 1.500)	0.576	0.286 (-0.111, 0.684)	0.119 (-0.199, 0.438)	0.314	0.716 (-1.617, 3.049)	0.263 (-1.416, 1.941)	0.546	0.981 (-0.671, 2.632)	2.386 (0.002, 4.769)	0.463	2.173 (-0.905, 5.251)	4.130 (0.910, 7.350)	0.440
Diastolic mmHg	-0.213 (-1.449, 1.023)	0.448 (-0.531, 1.428)	0.514	0.084 (-0.316, 0.485)	0.098 (-0.248, 0.444)	0.926	0.438 (-1.912, 2.788)	0.516 (-1.305, 2.336)	0.945	0.414 (-1.248, 2.078)	2.909 (0.320, 5.497)	0.091	1.874 (-1.227, 4.975)	1.246 (-2.251, 4.743)	0.807

*Model 4: Adjusted for sex; age at measurement; maternal age; parity; smoking in pregnancy; maternal education; family housing tenure; family receipt of benefits; child BMI at BP measurement

**Additionally adjusted for maternal BMI

Values are differences in means (95% CI) of outcome per maternal exposure unit or category

†interaction p-value, difference between White British and Pakistani