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"I swear it is Tourette's!": On functional coprolalia and other tic-like vocalizations

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ABSTRACT

Coprolalia in neuropsychiatry is typically associated with tic disorders, in particular Gilles de la Tourette syndrome. To date, there has been no report of functional coprolalia. Here, we provide the clinical characteristics of 13 adolescent and adult patients with coprolalic and other functional tic-like complex vocalizations who, on the basis of these symptoms, were misdiagnosed with a primary tic disorder, most commonly Gilles de la Tourette syndrome. We describe similarities and highlight the differences from primary tic disorders in order to provide a pragmatic list of clinical clues that will facilitate correct diagnostic labeling and thereby treatment. Finally, we emphasize that the distinction between a primary and a functional tic disorder should rely on a combination of neuropsychiatric symptoms and signs and not on the presence of single, however striking, abnormal behaviors, such as coprolalia.

1. Introduction

Involuntary vocalizations are a well-recognised feature of tic disorders. Indeed, coprolalia, the occurrence of obscene and socially inappropriate vocalizations without intent is seen as almost pathognomonic of Gilles de la Tourette syndrome (GTS). Coprolalia has significant notoriety amongst the public, even though it is a fairly uncommon feature of GTS (lifetime prevalence of less than 20% (Freeman et al., 2009)). Coprolalia in GTS is independently associated with poor quality of life, tic severity, as well as a range of further neuropsychiatric problems, such as increased anxiety, sexually inappropriate and also non-obscene socially inappropriate behaviors (NOSI), obsessive-compulsive and attention-deficit hyperactivity disorder (Eapen et al., 2016; Eddy and Cavanna, 2013a, 2013b; Freeman et al., 2009; Kobierska et al., 2014).

However, repetitive involuntary vocalizations, including coprolalia, are not exclusively encountered in primary tic disorders. Coprolalia has been reported in patients with structural brain lesions and in patients with neurodegenerative and autoimmune disorders (Singer, 1997). Coprolalia, alongside other complex vocal tic behaviors, such as palilalia, echolalia and klazomania (compulsive shouting) has been documented in patients with post-encephalitic neuropsychiatric syndromes (Lees, 1985). Coprolalia has also been described as an ictal or

post-ictal phenomenon (Panunzi et al., 2013). Although the functional neuroanatomical basis of coprolalia remains unclear, the limbic circuitry has been suggested to play an important role in the pathophysiology of coprolalic behaviors (Van Lancker and Cummings, 1999).

Here we report 13 patients who presented with prominent vocalizations including coprolalia, palilalia and echolalia, some with additional movement disorders, but where specific features of clinical history and examination are in our view not compatible with the diagnosis of GTS, and where investigations did not reveal a secondary cause. We propose that the diagnosis of these patients is most likely a functional neurological disorder, and we discuss the problems and potential benefits of making this diagnosis in people with tic-like vocalizations and movements.

2. Methods

All patients presented at the GTS referral clinic of one of the authors (KMV; Clinic of Psychiatry, Socialpsychiatry and Psychotherapy, Hannover Medical School) during the period of 1995–2015. Among those, patients with predominant complex vocalizations, such as coprolalia and/or other prominent vocal tic-like behaviors (i.e. palilalia/echolalia/NOSI) were selected and their clinical characteristics were extracted. We selected 13 patients who in our view

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Previous Diagnosis		STS	GTS	STB	GTS plus ADHD	ie, GTS plus am, ADHD pam, ADHD othixene, phenidate, azole - all azole - all ble to azole - all azole - all azole - all azole - all azole - all azole - all mefree moleng
Previous Treatments/ Improvement		None	None	Botulinum toxin in vocal cords/ Improvement due to hoarseness; Aripiprazole, Quetiapine, Fluoxetine/No	nipovenent Ripovamine/ None None	Sulpiride, Lorazepam, Clonazepam, Chlorprothixene, Methylphenidate, Aripiprazole – all without effect, but adverse effects (e. g. on table to s. preak under treatment with Aripiprazole) Symptom-free when smoking
Other functional symptoms		Urge to hit himself against objects, functional hyposmia, episodic whole-body	shivering Episodic double vision	Urge to look into sun, dizzy spells, functional hypaesthesia	None	None
Stereotyped nature/ Fluctuations		Yes/Yes	Yes/Yes	Yes/Yes	Yes/Yes	Yes/ Yes
Suggestibility/ Distractibility/ Suppressibility		No/Yes/Yes	Yes/Yes/No	No/Yes/Yes	Yes/Yes/Yes	Yes/Yes/Yes
Urge	•	Yes 1	No	Yes	Yes	Yes
Other movements on presentation		Blinking, Head banging, Hitting head with hand, Episodic hand tremor	Multifocal jerky movements	Rapid multifocal jerking, urge to exert pressure on arteries and genitals	Jerky limb movements, pulling on the curtain (only when listening to songs), pinching against the wall, gazinst the wall, gazenst the wall, agases the wall, gazes sign, showing the middle finger (only in the presence of presence of	butter of Bizarre and body movements with twisting and backward arching of trunk
Blocking phenomena		oN	Speech blocks	Speech blocks	Slurring	°z
tations on	Echolalia/ Palilalia/NOSI	Palilalia: Nonsense words ("tiff", "taff", "piff")	Palilalia: "Hilfe" (up to 15 fold)	Echolalia while watching TV	Immediate ambient echolalia: Palilalia: "meine", "ok", "man", "Kevin", "ich bin fertig damit", "leider nein" ("Bolle" (nonsense word))	Ŷ
Complex vocalizations on presentation	Coprolalia	"Ficken" "Kacken" "Kackeficken"	"Arsch", "Hurensohn" "Vollidiot", "fick dich"	"ich will dich in den Arsch ficken", "du bist hässlich", "ich kann dich nicht leiden"	"fick dich", "du Hurentochter", "du abgefickte Schlampe", "Hure", "Fotze", Dreckschwein", "fick dich", "Schiange", Nutte", "ich liebe dich", "ich will ein Kind will ein Kind	son wurdt sau, Arschloch, Hure, Ficker, Forze, Pisskopf, Schwuchtel, Hurensohn, Ficklippe,
Simple vocalizations on	presentation	"Eh"	Snuffling, coughing, engine noise, moaning	None	Screaming, syllables ("ja", "he", "paha", "alalalala", "ehm") "ehm")	Gagging, groaning
Symptoms at onset		Episodic hand tremor	Stuttering	Snuffing, blinking	Repetition of a single word ("Koth")	Sticking out his longue Noises similar to gagging
Modality of onset/ Precinitants		Abrupt/Mild accident	Abrupt/ School mobbing	Abrupt/ Change of work	Abrupt/ Familial conflict	Abrupt, while watching TV
Age at onset of functional	tic-like symptoms	ŝ	ى ا	26	4	13
Age/ Sex		42/ M	10/ M	35/ M	17/F	M M
Case Number		1	5	ო	4	ى

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Previous Diagnosis			GTS plus ADHD;	GTS plus OCD	GTS	Tic disorder	GTS plus ADHD
Previous Treatments/ Improvement		cannabis.	Nabiximols improves noises by 30–40% No effect with Atomoxetin, Aripiprazole, Tiaprid, Risperidone	Aripiprazole/tics deteriorated; Amisulpride/no effect; Quietiapine/ improvement of jerks, but deterioration of coprolalia; Improvement of symptoms when mariinana	Tiapride, Aripiprazole, Pimozide, Risperidone, Fluoxetine, Quetiapine/None	None	Sulpiride, Haloperidol,
Other functional symptoms			None	None	None	None	None
Stereotyped nature/ Fluctuations			Yes/Yes	No/Yes	Yes/Yes	Yes/No	Yes/No
Suggestibility/ Distractibility/ Suppressibility			Yes/Yes/Yes	Yes/Yes/Yes	Yes/Yes/Yes	No/No/No	No/Yes/Yes
Urge			Yes	Yes, but but before co- prola- lia or voca- tions tions	Yes	No	Yes
Other movements on presentation			Copropraxia: Middle finger sign (she can say exactly that this occurs once a week) thitting her hand against her head and chest (copied upon seeing other GTS patients performing these actions), head jerking, stamping feet	on the gound Barely grimacing, Sticking of tongue	Blinking, head jerks, tongue protrusion, grimacing, hitting head with hands	None	Episodic whole- body shaking,
Blocking phenomena			° N	° N	o	No	Speech blocks
izations on	Echolalia/ Palilalia/NOSI		Echolalia: "Katzengulasch" (upon meeting patient No 8) "Policracker" "so viel Sand und keine Förmchen" Palilalia: "Interessiert keinen", "Guck mal du Frettchen"	NOSI: "man bist du hässlich", "ich bin pådophil"	Echolalia: only sounds from people with GTS; Palilalia: "Sägemehl", "Katzengulasch", "ahu", "halleujah"; NOSI: "Handy weg", "Kettenraucher", "Feuer"	Palilalia: "Wüstchen"	Palilalia: "lalalala" in bouts of about
Complex vocalizations on presentation	Coprolalia		Fotze. "Heil Hitler du Fotze", "Ich hab dich nicht beleidigt du Fickfotze", "Bullshit"	"Schwule Sau", "fette Sau", "Arschficken mit Kindern", "Pädophil", "Sex mit Kindern", "Scheißtürken"	1	I	I
Simple vocalizations on	presentation		"hm", ba, ne, miaowing, he, ja, eo, bababa,	None	None	None	"Ah", "Nah", "Hm"
Symptoms at onset			jerking	Whole body jerks	Left leg tremor	Repetition of a single word ("Wüstchen")	
Modality of onset/ Precinitants	4		Abrupt, during inpatient admission in psychiatry due to depression, panic attacks, and self- injurious behavior .	Abrupt, during withdrawal treatment from opiate addiction	Insidious/ Episodes of school mobbing	Unknown/No	Abrupt/No
Age at onset of functional	tic-like symptoms		9	33	14	29	39
Age/ · Sex			19/F 16	41/ M	18/F	41/ M	41/ M
Case Number			٥	М	∞	6	10

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Light Guille upperiod Textuality (clistic properiod Operation (clistic properiod Conditif (clistic properiod C	Case Number	Age/ Sex		Modality of onset/		Simple vocalizations	Complex vocal presentation	lizations on	Blocking phenomena		Urge		Stereotyped nature/	Other functional	Previous Treatments/	Previous Diagnosis
13/7 1 Anup/No Noise No			tunctional tic-like symptoms	Precipitants		sentation	Coprolalia	Echolalia/ Palilalia/NOSI		presentation			Fluctuations	symptoms	Improvement	
13/F 11 Ahrupt/No Noises Noise Noises Noise Noises Noise Noise Noises Noises Noises Noise Noise Noises Noise Noiseinein Noise Noi										leg in the air when walking, pressing buttocks in mattress when lying						
11/2 50 Mrup() Nises, veryloud - Pallalia: repeting technical curve remeating te	11	13/F		Abrupt/No	Noises		I	Echopalilalia:	No	None	No	No/Yes/No	Yes/Yes	Aversion	Aripiprazole/	Chronic
51/ 50 Abruy/ Noises, coping, cennest reperture termest noises noises noises M Divorte sylables, shouts terms - reperture sylables, shouts fore Noises, suffixed, shouts noises noises M Divorte sylables, shouts fore Nutrificeal jerky Yes, No/Yes/Yes Yes/Yes Noise, suffixed, noises M Divorte sylables, shouts fore noise indicadiation noises indicadiation M Divorte sylables, shouts fore noise noises indicadiation indicadiation M Divorte shouts fore noise noises indicadiation Sold 46 Insidious/ Left arm Noises (brr', - patialia: "Ach-so ja No noise M surgical rependentian indicadiation indicadiation indicadiation noises no no no Sold A Parationers indicadiation indicadiation indicadiation noises no no no no					(IIISSIIIG,			completing and						LOWALUS	I FAIISICHU	VOCAL LIC
51/ 50 Abrupt/ Noises, very loud - Pallalia: repettion Speech Muttifocal jerty Yes No/Yes/Yes Yes Noise Noise Sinfins) M Divorce sylables, shouts cown words and of one words and blocks blocks muttifocal jerty Yes No/Yes/Yes Yes/Yes Noise Noise Noise Improvements of commons on the movements of the component of the company of the component of the company of the component of the company of t					smmng, conohino)			repeating technical terms -						certain noises	improvement	alsorder
31/ 50 Abrupt/ Noises, very loud - Palialia: repetition Speech Multifocal jecty Yes No/Yes/Yes None Improvement of norsements but novements but only novements but only novements but novements but remort M Divorte sylables, shouts shouts of own words and blocks blocks movements Out Improvement of novements but novements but in the novements but in the novements but in the novements A A A A A A Dosepin Dosepin None 56/ 46 Insidious/ Icf arm Noises ("but", - - Palialia: "Ach-so ja No Dosepin None Dosepin None 56/ 46 Insidious/ Icf arm Noises ("but", - - Palialia: "Ach-so ja No None None None 56/ 46 Insidious/ Icf arm Noises ("but", - - Palialia: "Ach-so ja No None None None 56/ 46 Insidious/ Icf arm Noises ("but", - - Palialia: "Ach-so ja No None None Set					(Sums noo									(smacking,		
M Divorce syllables, sources shouts of own words, sentences up to 100 movements (hut impovements but impovements of left Impovements but impovements but impovemen	12	51/	50	Abrupt/	Noises.		I	Palilalia: repetition	Speech	Multifocal jerky	Yes	No/Yes/Yes	Yes/Yes	None	Lorazepam/	GTS
56/ 46 Indicational productional producti productional producti productional production		M		Divorce	syllables,	shouts		of own words and	blocks	movements	(but				Improvement of	
Finance function duration inconstruction not sounds; tremor inconstruction inconstruction past posting posting tremor inconstruction inconstruction past posting posting for past past past posting posting for post remor for post posting M post minor temor for post post suggical post minor temor for post post post minor procedure on procedure on more more more post post post for post the left procedure on more more more post p					words,			sentences up to 100			only				movements but	
tenor tenor 56/ 46 Insidious/ Left am Noise ("br", - Palilalia: "Ach-so ja No 8 Post minor 10 Post minor 1					episodic leg			fold			dur-				not sounds;	
56/ 46 Insidious/ Left arm Noises ("brr", - Palilalia: "Ach-so ja No Pomethazin/ None 56/ 46 Insidious/ Left arm Noises ("brr", - Palilalia: "Ach-so ja No Complex Yes Yes/Yes/Yes Functional Aripiprazole, none M Post minor tremor "sch") ja" always 3 fold mo Mo Yes/Yes/Yes Yes/Yes/Yes Functional Aripiprazole, none None more mo more mo mo Mo Mo Post minor Itenerational Aripiprazole, none None surgical more "monthat of left mo Tenabenazine/ Mone None the left mo mo mo mo mo Mo None the left mo mo mo mo mo None None the left mo mo mo mo mo Mo None					tremor						ing				Doxepin,	
56/ 46 Insidious/ Left arm Noises ("br", ' Palilalia: "Ach-so ja No Mont-hs) M Post minor tremor "tsch") ja" always 3 fold No Complex Yes/Yes/Yes Functional Aripiprazole, gait disorder M Post minor tremor "tsch") ja" always 3 fold No Complex Yes/Yes/Yes Functional Aripiprazole, gait disorder M Post minor tremor "tsch") ja" always 3 fold movements of left Res/Yes/Yes Yes/Yes Functional Aripiprazole, gait disorder Post minor tremor "tsch") ja" always 3 fold movements of left No No											the				Promethazin/	
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56/ 46 Insidious/ Left arm Noises ("brr", – Palilalia: "Ach-so ja No Complex Yes Yes/Yes/Yes Functional Aripiprazole, M Post minor tremor "tsch") ja" always 3 fold movements of left gait disorder Tetrabenazine/ surgical arm and hand arm and hand None procedure on the left											mont- hs)					
Post minor tremor "tsch") ja" always 3 fold movements of left gait disorder surgical arm and hand arm and hand procedure on the left	13	56/	46	Insidious/	Left arm		I	Palilalia: "Ach-so ja	No	Complex	Yes	Yes/Yes/Yes	Yes/Yes	Functional	Aripiprazole,	GTS
e on		М		Post minor	tremor	"tsch")		ja" always 3 fold		movements of left				gait disorder	Tetrabenazine/	
procedure on the left				surgical						arm and hand					None	
				procedure on												
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had specific atypical features that led us to question the diagnosis of GTS. These features included: age at onset, abrupt symptom onset with physical and/or psychological precipitators, presence of additional functional neurological symptoms, including other functional movement disorders, such as functional tremor, as well as atypical contextual factors, including lack of response to typical anti-tic medication, such as neuroleptics. Relevant clinical and paraclinical examinations in these patients, including laboratory tests, electroencephalography and brain imaging had been performed prior to referral, and were unrevealing. Patients with functional movement disorders and additional simple and less prominent vocalizations mimicking "simple vocal tics" (such as sniffling and coughing) were not included.

3. Results

Thirteen patients who presented with complex atypical tic-like vocalizations were identified (complete clinical characteristics provided in Table 1). All patients had previously received a diagnosis of a primary tic disorder and were referred for further specialist treatment.

Seven patients had onset of symptoms in adulthood and the remaining six during childhood or adolescence (range: 5–50 years). Ten patients had abrupt onset of symptoms. At symptom onset, patients presented with abnormal vocalizations, but also movement disorders such as functional tremor or functional jerks. Coprolalic behaviors were the predominant symptom in seven cases and in four of those this was already during early childhood or adolescence (cases 2, 4–6). Echolalia was present in five patients and palilalia in 10. Interestingly, two patients with echolalia would echo sounds or vocalizations from other people with GTS (case 6, 8), but also from each other. Two patients had NOSI (case 7, 8). Eleven patients also had jerky tic-like movements, which were, however, in most cases milder compared to their repetitive vocalizations.

Nine patients reported a general sensory premonition prior to the occurrence of their vocalizations. Tic-like symptoms were suggestible in seven cases, and could be temporarily suppressed by 10 patients. Fluctuations of symptom severity were present in 11 patients and were atypical in most cases (e.g. full remission during holidays with sudden symptom onset at the moment the patient crossed the doorstep of his house upon his return; case 11). Ten patients had been treated – in most cases with several different - classical anti-tic medications, for example antipsychotics, without any symptom improvement or with atypical adverse effects (e.g. inability to speak after treatment with low dose aripiprazole, case 5). Remarkably, in three, otherwise pharmacological treatment-resistant patients (cases 5–7), usage of cannabinoids led to marked symptom improvement.

Five patients had additional functional symptoms at the time of last follow-up, including functional movement disorders (see Table 1). Four patients had received a diagnosis of attention-deficit hyperactivity disorder (cases 4–6, 10) and one of obsessive-compulsive behavior (case 7). There was no family history of tic disorders in any of the patients.

4. Discussion

Functional tic disorders are a rare presentation of functional movement disorders (Demartini et al., 2015). Their distinction from organic tics is challenging, as the very nature of the latter sits at the phenomenological edge between volition and involuntariness (Ganos et al., 2015). Functional tic disorders were acknowledged in earlier literature, but their clinical characteristics, perhaps due to the difficulties in ascertaining a definite diagnosis, have only recently been summarized in two case series (Baizabal-Carvallo and Jankovic, 2013; Demartini et al., 2015). However, emphasis was given at motor manifestations, whereas complex vocalizations, such as coprolalia were not reported.

The patients presented here were atypical, in our view, from

patients with vocalizations due to GTS, and had no features of a secondary cause for their vocalizations. In most cases, additional ticlike movements were present, but these usually rather accompanied the loud utterances, were milder in severity and did not present an equal source of distress. In fact, the majority of the presented cases had sought medical attention due to vocalizations and not due to their other symptoms and had all, therefore, been first diagnosed as primary tic disorder.

Some of the clinical features of these cases overlapped with previous suggested clues to distinguish functional tic-like movements from their organic counterparts (Baizabal-Carvallo and Jankovic, 2013; Demartini et al., 2015). For example, as in previous reports (Baizabal-Carvallo and Jankovic, 2013; Demartini et al., 2015) also in our cases onset of symptoms in adulthood, psychological or physical precipitants and tic-related blocks were common. In addition, response to anti-tic medications was disappointing. Further functional symptoms, including functional movement disorders, were present in five of 13 cases and only five patients had psychiatric comorbidity profiles comparable to those observed in primary tic disorders. Interestingly, obsessivecompulsive behavior was very rare in our group of patients (only in one case).

On the other hand, there were some other features that differed from previously published case series of functional tics. Indeed, six patients developed symptoms under the age of 18, and one of them at the age of 5 years. This is consistent with some reports on functional movement disorders in children and adolescents showing that functional tics can occur in this age group (Ahmed et al., 2008; Isaacs et al., 2011), but may also point to the common situation of co-occurrence of functional and organic neurological disorders. Although establishing the exact prevalence of functional tic disorders is beyond the scope of this report, our data emphasize that, albeit rare, the diagnosis of a functional tic disorder should be considered even in children who present with complex tic-like vocalizations, including coprolalia. Further, different than previous reports (Baizabal-Carvallo and Jankovic, 2013; Demartini et al., 2015), nine of our 13 patients did in fact report the presence of a sensory premonition prior to tic-like vocalizations. Even though qualitative descriptions of premonitory sensations were atypical compared to patients with primary tic disorders (e.g. "a sudden energy pulse", "generalized whole body pressure"), this highlights that the mere presence or absence of sensory experiences related to tics and tic-like phenomena cannot be a single diagnostic criterion. Finally, the absence of symptom fluctuation has been suggested as a further helpful hint to discern functional from primary tics (Demartini et al., 2015). However, 11 of our patients did in fact report (unusual) changes in their tic frequency and severity over the course of time. This again highlights that clinicians should not rely on a single clinical characteristic in order to reach diagnosis.

Another interesting point to raise relates to the content of coprolalic behaviors. Coprolalic words in GTS are usually uttered loudly during sentence pauses, often with imprecise pronunciation of phonemes and in a different pitch and tone than that of the ongoing conversation (Singer, 1997). Common coprolalic utterances comprise short words, typically, in English language, four-letter words (Nuwer, 1982; Singer, 1997). On the other hand, in most patients reported here the selection of words was rather different. Patients with functional coprolalia uttered not only longer or compound words or even short sentences of obscene content, but also an atypically high number of different swear words (up to thirteen different words) or unusual coprolalic utterances the authors never encountered before in patients with GTS (examples presented in clinical table). Although our patient sample is quite small, we suggest this to be a further hint to guide diagnosis.

We appreciate that the clinical categorization of a functional disorder for the patients presented here is difficult, for reasons, which have been highlighted in previous papers on functional (motor) tics (Baizabal-Carvallo and Jankovic, 2013; Demartini et al., 2015). We, also, cannot exclude that some patients may have had primary

(organic) tics at some point. Indeed the co-occurrence of organic and functional disorders is common in movement and also other neurological (particularly paroxysmal) disorders, such as seizures (Benbadis et al., 2001; Erro et al., 2016; Erro and Tinazzi, 2014; Ganos et al., 2014). However, the predominant clinical signs of the cases presented here, are, we argue, functional for the reasons outlined above. Though we accept that our classification may be open to error, we believe it to be important to try to separate out these patients from those with GTS, as treatment is likely to be different, as evidenced by the poor response of most of our patients to anti-tic medication. In addition, this is a retrospective study and hence there are limitations as to the clinical information that has been retrieved. However, thorough evaluation at the time of presentation allowed for a precise characterization of the main clinical features of these patients. Further, our study sample is relatively small. On the other hand, this is the first report to highlight functional coprolalia and other complex tic-like vocalizations, which are particularly rare, as we identified 13 of a large sample of about 1.500 patients seen in a large tic disorders psychiatric clinic in a period of 20 years. However, the clinical impression was that the prevalence of functional coprolalia increased within this period, particularly over the last decade, owing, we believe, to raised awareness concerning GTS, as a result of media coverage. Finally, we do not provide follow-up details and information on treatment outcome. Although the diagnosis was explained in detail to all patients, and in fact accepted by their majority, they were, subsequently, referred back to their attending physicians for treatment of functional neurological symptoms. However, the nature of such treatment for functional symptoms in general is still much debated, with limited evidence available to guide decision making, and therefore may be a case for continuing to look after such patients within a specialist tic clinic.

To conclude, we here present the clinical characteristics of patients with functional coprolalia and other complex tic-like vocalizations, who on the basis of their symptoms had been misdiagnosed as having a primary tic disorder, most commonly GTS. We wish to highlight that the diagnosis of a primary tic disorder should rely on a combination of neuropsychiatric symptoms and signs and not on single clinical features, even in the presence of striking behaviors such as coprolalia.

Conflict of interest

All authors report no conflict of interest.

All authors have approved the final version of the manuscript.

Author disclosures

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