

1 **Title:** The Role for Ambulatory ECG monitoring in the Diagnosis and
2 Prognostication of Brugada Syndrome: A sub-study of the Rare Arrhythmia
3 Syndrome Evaluation (RASE) Brugada Study.

4
5 **Short title:** Ambulatory ECG monitoring in Brugada Syndrome

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Introduction

The Brugada Syndrome (BrS) is an inherited arrhythmogenic condition that can predispose to fatal ventricular tachyarrhythmias, and has also been associated with ventricular standstill and heart block¹⁻³. Current guidelines recommend that BrS can be diagnosed in the presence of an unprovoked spontaneous type 1 pattern (spT1) in leads V1 or V2 on the surface ECG positioned at the sternal margins at the fourth intercostal space, or at the third or second intercostal spaces (the “high precordial leads” - HPL). The type 1 pattern is characterised by coved ST segment elevation ≥ 2 mV and a negative T wave, and may be concealed and only induced (diT1) after provocative drug testing with intravenous sodium channel blockers (SCB). In this case, a diagnosis of ‘concealed’ BrS may be corroborated by previous aborted cardiac arrest (aCA), arrhythmic syncope or nocturnal agonal respiration, and/or a family history of BrS or of juvenile sudden death (SD) with a negative autopsy and circumstance suspicious for BrS⁴. Several clinical and ECG parameters have been proposed to identify subjects at risk of experiencing life-threatening arrhythmias during follow-up⁵⁻⁷; a spT1 pattern at presentation has consistently been associated with increased risk, whereas a diT1 confers a better

1 prognosis; however, the Brugada ECG is highly variable over time ^{8,9}, and
2 therefore relying only on the resting 12-lead ECG at presentation may
3 underestimate the actual risk. The use of 12-lead 24-hour ambulatory ECG
4 monitoring with V1-V2 simultaneously recorded in the standard and HPL
5 configuration (HPL Holter) has been shown to increase the detection of a new
6 transient spT1 ^{10,11,12}. But the correlation between spT1 appearance at follow-up
7 and arrhythmic events has not been investigated so far. The aim of this
8 retrospective analysis was two-fold: 1) to systematically assess the yield of repeat
9 resting and HPL 12-lead ECGs and the additional role of HPL Holter recordings in
10 identifying a new spT1, and the clinical and ECG predictors of its appearance; 2)
11 evaluate the prognostic role of spT1 pattern recorded in such a manner in a large
12 cohort of BrS patients.

13 **Methods**

14 ***Study Population***

15 The Rare Arrhythmia Syndrome Evaluation (RASE) consortium is a collection of
16 collaborators from the UK established in 2016 aiming to conduct observational and
17 interventional studies in the arrhythmia syndromes coupled with longitudinal
18 follow-up. The RASE-Brugada registry consecutively recruited subjects with a
19 diagnosis of BrS as per consensus guidelines at the time of enrolment. The study

1 was approved by the regional ethics committee (South West London Rec 3) and
2 local Trusts R&D Institutes and all patients gave their informed consent to the
3 inclusion in the research. Exclusion criteria included: evidence of significant
4 coronary disease (>70% stenosis in at least one coronary artery, or > 50% stenosis
5 of the left main, and/or ischaemia on a functional test); evidence of significant
6 cardiomyopathic disease (outside normal range ventricular function and structure
7 on echocardiography and/or cardiac MRI); metabolic abnormality at time of a type
8 1 ECG pattern (e.g. hyperkalaemia or hypercalcaemia).

9 *Clinical evaluation*

10 For all subjects demographic, genetic, historical clinical and follow-up data were
11 collected. Patients were classified as symptomatic if they had a history of aborted
12 cardiac arrest (aCA), documented VT or clearly arrhythmic syncope. A subject was
13 classified as having a spT1 if this was present on the ECG at presentation. A
14 proband was defined as the first member of a family being evaluated or diagnosed.
15 A positive genotype was defined as the presence of a pathogenic or likely
16 pathogenic variant in the *SCN5A* gene according to current variant interpretation
17 criteria¹³. All patients were advised to avoid the medications known to potentially
18 elicit a spT1 and to treat high temperature promptly as per current guidelines and
19 received regular follow-up, usually on an annual basis. Subjects enrolled in the

1 RASE-Brugada registry were included in this study who had complete clinical
2 data, at least 3 months follow-up data, and a minimum of two 12-lead ECGs (either
3 standard or HPL) or one 12-lead ECG and one HPL Holter recording. Follow-up
4 duration comprised the time from first clinical evaluation to 31st December 2021,
5 or the date of an arrhythmic event (defined as SCD, appropriate ICD intervention
6 or documented polymorphic ventricular tachycardia (pVT), or ventricular
7 standstill), or the start of pharmacological treatment with quinidine, whichever
8 came first.

9 ***Resting and ambulatory ECG Recording and Analysis***

10 All subject underwent resting and HPL 12-lead ECG recording at presentation and
11 at regular follow-up visit. ECGs were recorded at a paper speed of 25 mm/s and
12 amplitude of 10 mm/mV. HPL Holter recordings were recorded using the
13 CardioMem® CM 3000-12 BT recorder (sample rate 1024 s/s, Getemed, GE
14 Heathcare) and H12+ Digital recorder (sample rate 1000 s/s, Mortara Instruments,
15 Baxter). Electrodes exploring leads V1-V2 were positioned at the 4th and 3rd
16 intercostal space and, from June 2018, also in the 2nd intercostal space. All resting
17 and Holter ECGs were reviewed manually to adjudicate the presence of a spT1.
18 When a tracing was not available for review but described in the medical records

1 by a senior cardiologist with expertise in inherited cardiac conditions (ERB), this
2 was included in the analysis.

3 **Statistical analysis**

4 Data showing a normal distribution, checked via the Shapiro-Wilk test, are
5 presented as means \pm SD, otherwise as median and Interquartile Range.

6 Continuous variables were analysed using the Student's T test or the Mann
7 Whitney U Test, whereas categorical variables with the χ^2 test or Fisher's exact
8 test. Survival curves were plotted by means of the Kaplan–Meier method and
9 compared using the log-rank test. Cox proportional hazards regression models
10 were used to estimate the effect of the risk factor (the presence of a spT1) on the
11 outcome. A p value <0.05 was considered statistically significant. Statistical
12 analyses were performed using IBM®SPSS® Statistics v.29 software.

13 **Results**

14 A total of 358 subjects consecutively evaluated at St George's University Hospitals
15 NHS Foundation Trust, London, UK, from June 2002 to December 2021 were
16 included in the study. Seventy-seven showed a spT1 at presentation (Group 1),
17 whereas 281 did not (Group 2). In the former group, 11 patients had a spT1
18 recorded during fever and one during an Addisonian crisis without reported

1 electrolyte derangement. **Figure 1** depicts the age and sex distribution of Group 1.
2 In Group 2, all patients underwent pharmacological testing with SCB which
3 unmasked a diT1 pattern, aside from 6; of these, 5 showed a spT1 after
4 presentation but before undergoing the SCB test, and in one subject a diT1 pattern
5 was elicited by antiarrhythmic therapy with flecainide for atrial fibrillation. **Table**
6 **1** details the demographic, clinical, genetic, and follow-up data of the two groups.
7 The median age at presentation was 44 ± 15 years and the majority of subjects were
8 of white ethnicity. Subjects with a spT1 pattern at presentation were more
9 frequently males and probands, and more likely to have experienced syncope or
10 presyncope compared to those with a concealed T1; conversely, they were less
11 likely to have a personal history of aCA/documentated pVT or a family history of
12 SCD. The overall prevalence of pathogenic/likely pathogenic variants in the
13 *SCN5A* gene was 25%, without differences in the two groups.

14 ***ECG and HPL Holter recordings analysis***

15 All 358 subjects had at least 2 tracings recorded, of which at least one was a resting
16 12-lead or HPL 12-lead ECG. In total, 1651 resting/HPL ECGs (median 4, range
17 1-14) and 621 HPL Holter recordings from 269 subjects (median 2, range 1-8)
18 were available; amongst these, 535 ECGs and 20 HPL Holter recordings were not
19 available for direct review but adequately described in the medical notes. Median

1 time between resting ECG recordings was 413 days [IQR 228], 355 [IQR 294] in
2 Group 1 and 424 [IQR 204] in Group 2 (p=NS). Median time between HPL Holter
3 recordings was 623 days [IQR 430], 546 [IQR 389] in Group 1 and 637 [IQR 436]
4 in Group 2 (p=NS). Over a median follow-up of 72 months (IQR 75), 42/77 (55%)
5 subjects in Group 1 showed a spT1 in at least one repeat resting HPL ECG or HPL
6 Holter recording; of these, 5 had a fever-induced T1 at presentation. No subjects in
7 this group showed a persistent spT1 in all the available tracings. In Group 2,
8 36/281 subjects (13%) had a newly detected spT1 (1.9 per 100 person-year); this
9 was evident on a follow-up resting HPL ECG in 10/281 cases (3.5%), during the
10 active or recovery phase of an exercise tolerance test in 3/281 cases (1%), and only
11 on HPL Holter recordings in 23/281 subjects (8%); in this latter group, the spT1
12 was detected on the first HPL recording performed as part of the initial clinical
13 evaluation within 30 days of the first consultation in 10 subjects (43%), and during
14 a follow-up recording in 13 cases. None of the subjects declared use of drugs
15 known to potentially unmask the spT1 pattern or high temperature at the time of
16 the recording. The median time at new spT1 detection was 12 months [IQR 41],
17 with 25/36 (70%) cases being detected within one month from the first evaluation
18 at our centre. **Figures 2-4** show examples of spT1 occurring at f-up.

19 Those patient from Group 2 with a newly detected spT1 pattern were
20 predominantly males, older at first presentation, and less likely to have a familial

1 history of sudden cardiac death, whereas there were no differences in ethnicity,
2 proband status, genetic background and previous arrhythmic events when
3 compared to patient from Group 2 without a spT1 pattern (**Table 2**). There were no
4 electrocardiographic predictors able to identify subjects from Group 2 who showed
5 a new spT1 pattern during follow-up (**Table 3**).

6 Among the 102 ECGs with a spT1 that were available for review, we observed the
7 spT1 in the standard 4th ICS only in 22 (22%), in the HPL only in 35 (34%), and
8 in both configurations in 45 (44%). Among the 47 HPL Holter recordings with a
9 spT1 for which the full disclosure was available for review, only in one (2%) the
10 spT1 was confined to the standard 4th ICS, whereas in the remaining 98% it was
11 evident across the 3rd and 2nd ICS as well. From the HPL recordings available for
12 full review, the median time in which a subject showed a spT1 was 326 minutes
13 (IQR 1280) in Group 1 (data on 30 recordings) vs 59 minutes (IQR 455) in Group
14 2 (data on 17 recordings), p value=0.004. A spT1 was observed in atypical leads in
15 10/102 (10%) 12L ECGs directly available for review (8 in aVR, 2 in aVL). Of the
16 77 subjects with spT1 at presentation in G1, 49 underwent programmed electrical
17 stimulation, which induced VF in 7. Of the 36 subjects in G2 who showed a spT1
18 during f-up, 21 underwent programmed electrical stimulation, which induced VF
19 in 3. **Figure 5** details their clinical presentation and management.

1 ***Follow-Up and Outcomes (graphic abstract)***

2 At follow-up, 12 patients experienced arrhythmic events (AE). To evaluate the
3 association between a pre-existing or newly diagnosed spT1 and AE, we
4 considered only subjects without previous aCA/documentated VT, and not whilst on
5 prophylactic antiarrhythmic therapy with quinidine. Amongst these 342 subjects,
6 over a median follow-up of 73 months, 4 subjects died for non-arrhythmic causes,
7 3 subjects experienced SCD, 3 others had appropriate ICD shock on VT/VF and
8 one had syncope with documented ventricular standstill recorded by an
9 implantable loop recorder (this subject has been previously described ²) and
10 underwent ICD implantation. Of these 7 subjects with cardiac dysrhythmias, 5 had
11 a spT1 pattern documented, 4 on the presenting ECG and 1 on the HPL Holter. The
12 remaining two subjects had diT1 BrS pattern only; one is a white male referred at
13 the age of 38 for syncopal episodes and family history of BrS in his father. He had
14 negative PES and underwent ILR implantation, which showed episodes of
15 ventricular standstill associated with syncope, for which he received an ICD. The
16 other subject, white male, experienced SCD in his sleep at the age of 38; he was
17 referred due to family history of BrS and juvenile SCD in his brother. His HPL
18 Holter ECG showed a borderline, non-diagnostic spT1. The crude annual event
19 rate was 1.15% in subjects with a spT1 at presentation, 0.52% in those with spT1
20 at f-up, and 0.05% in those never showing a spT1; however, the difference

1 between the two rates in the first two groups, considering the total person-years of
2 follow-up (Exact Poisson Method), was not statistically different ($p=0.5$). The total
3 follow-up duration was not statistically different between the two groups. Survival
4 analysis using the Kaplan-Meyer method showed that a spT1, occurring both at
5 presentation and during lifetime, was associated with worse outcome (**Fig 6A and**
6 **6B**). Univariate models showed that a spT1-BrS pattern was consistently
7 associated with increased risk of events (spT1 at presentation: HR 6.3, 95% C.I.
8 1.4-28, $p=.016$; spT1 at follow-up: HR 3.1, 95% C.I. 1.3-7.2, $p=.008$). Multivariate
9 analysis did not identify variables significantly associated with events.

10 **Discussion**

11 This is the first study consecutively assessing the yield of repeat standard/HPL 12L
12 ECGs and HPL Holter recordings in a large cohort of BrS patients over a long
13 follow-up (median 6 years). Previous studies using resting 12-lead ECGs have
14 highlighted that only a minority of BrS patients show a persistent spT1 (2-5%)⁸,
15 and a substantial proportion (up to one fifth) of those with a concealed T1 at
16 presentation develop a spT1 pattern during follow-up^{8,9}. However, these studies
17 investigated small cohorts and for a shorter period of time. Similarly, previous
18 limited experience with HPL Holter recordings suggested that a new, transient
19 spT1 can be identified in up to 30% of subjects initially labelled as “concealed”¹⁰.

1 ¹¹. One of the main findings of our study is that the combined use of resting HPL
2 12-lead ECGs and HPL Holter recordings can increase the detection of a transient
3 spT1 pattern in up to 12% in subjects with a concealed T1 pattern at presentation
4 over a long-term follow-up. The use of HPL Holter recordings increased the yield
5 by 8% (23/281 subjects with diT1 were diagnosed based on the HPL Holter
6 tracings) and, in almost half of the subjects, this occurred as part of the first clinical
7 evaluation, within 30 days since being referred to our clinic. These results suggests
8 that ambulatory ECG monitoring exploring the high right precordial leads should
9 be considered a fundamental component of the initial evaluation of subjects with a
10 suspicion of BrS, as it may indicate higher risk and avoid unnecessary SCB
11 provocation tests, in light of recent concerns on the sensitivity of SCB provocation
12 tests and the rate of false positive results ¹⁴. Unfortunately, 12L HPL Holter
13 recordings are not available in many hospitals; therefore, patients with suspected or
14 confirmed BrS pattern should be referred to specialised tertiary centres that are
15 more likely to have such investigation tools. Where these are not available,
16 repeated standard and HPL 12L ECGs, preferably recorded at rest and during effort
17 ¹⁵ at different times of day, remain the only option to investigate the presence and
18 the burden of spT1 pattern. Another interesting finding from this study is that 5/12
19 (41%) of subjects with fever-induced T1 at presentation showed a dynamic spT1
20 during follow up, in the absence of a reported increase in body temperature (**Fig.5**).

1 It is recognised that fever may trigger or exacerbate arrhythmic manifestations of
2 BrS, although a previous study has shown a 2% prevalence of T1 pattern in
3 subjects with fever attending an emergency department who did not experience
4 significant AE over a follow-up of 30 months¹⁶. Whether the presence of a spT1
5 pattern in the absence of high temperature confers a higher risk in this sub-
6 population could not be ascertained in this study due to the small sample size. One
7 subject was found to show a spT1 during an Addisonian crisis with normal
8 electrolytes. Finally, we observed that patients with a spT1 pattern on initial
9 assessment tended to be older, although this difference was not statistically
10 significant. Whether this represents a specific evolution of the dynamicity of the
11 spT1 pattern with age would require further research.

12 ***Predictors of spontaneous Type 1 pattern at follow-up***

13 We tested several clinical and ECG parameters to evaluate their association with
14 the development of a spT1 at f-up; however, aside from male sex, no clear
15 relationship was found (Table 2). This may reflect a more important role of
16 transient, modulating factors such as sympatho-vagal balance and hormone levels,
17 compared to more “fixed” electrophysiological substrate characteristics; however,
18 this hypothesis needs to be tested specifically.

19

1 *Clinical implications*

2 Risk stratification in BrS is still a hot topic of debate. Several ECG traits have been
3 associated with arrhythmic events, and intuitively, depolarisation and/or
4 repolarisation abnormalities may underlie a more diseased substrate, which in turn
5 would be more likely predisposing to arrhythmias ⁷; however, the majority of these
6 ECG markers failed to reliably predict the risk when applied to external
7 populations, although more convincing results seem to arise when they are
8 combined together ^{7,17}. One of the most reliable markers of risk is the presence of a
9 spT1 pattern detected at presentation, which consistently demonstrated to confer an
10 increased risk of arrhythmic events during follow-up in the largest case series and
11 meta-analyses ^{6,18,19}; in fact, a spT1 at presentation is associated with an estimated
12 three-fold increase in the annual event rate on average, compared to subjects with
13 concealed or diT1 pattern at presentation (0.88% vs 0.29% in asymptomatic
14 subjects, 4.08% vs 1.34% in those with previous syncope/aCA) ¹⁴.

15 We focussed our survival analysis on subjects who were asymptomatic at diagnosis
16 (graphic abstract), as this is the group in whom risk stratification is more
17 challenging; asymptomatic subjects with diT1 who never show a spT1 at follow-up
18 carry a very low yearly risk of events (0.05%), as supported by other registry
19 data¹². Conversely, as expected, the presence of a spT1 at presentation was

1 associated with increased risk (HR 6.3); in addition, our data show for the first
2 time that a spT1 detected during follow-up may increase the risk of arrhythmic
3 events, although the number of subjects and events are low in this cohort (HR 3.1).
4 Therefore, these results require validation in a larger cohort of subjects with spT1
5 during follow-up. Together, our findings provide important insights into the
6 dynamicity and significance of a spT1. This clearly advocates for continuous
7 reassessment of subjects with concealed T1 pattern at presentation, including the
8 use of HPL Holter recordings. In fact, these may increase the identification of a
9 suspicious or diagnostic BrS pattern and, together with new promising AI ECG
10 machine-learning models²⁰, can reduce the need of pharmacological testing to
11 confirm the diagnosis. In addition, HPL Holter monitoring has the potential to
12 better define the individual risk, for example in subjects with unexplained or
13 clearly arrhythmic syncope²¹. Unfortunately, recent data suggest that considerable
14 heterogeneity still exist amongst European countries with regard to the availability
15 of specialised inherited cardiac conditions clinics that can deliver this approach to
16 the management of patients with BrS²². There is no definitive data yet on the risk
17 estimation associated with individual spT1 burden. Assuming the spT1 (at any
18 time) is necessary from a pathophysiological point of view for the development of
19 VF, based on current assumptions at least one third of our concealed diT1 cohort
20 should have shown a spT1 at follow-up²³. This was, however, lower in our study

1 (13%), and may reflect a higher proportion of lower risk cases: non-probands
2 referred due to a family history of SCD. It is also possible that different genetic
3 substrates (single gene *SCN5A* variants vs polygenic contribution) influence the
4 ECG phenotype variability in BrS; whether this could also have an influence in
5 arrhythmogenesis and potential for tailored therapeutic strategies needs to be
6 elucidated in future research²⁴. Multivariate analysis using clinical and
7 demographic parameters failed to find significant associations with events due to
8 the low event rate.

9 ***Conclusion***

10 A spT1 Brugada pattern is a recognised marker of risk of life-threatening
11 arrhythmias. However, ECG-based risk stratification in BrS remains challenging
12 and complicated by the fluctuations of the ECG. This study confirms the
13 importance of repeat ECG evaluation and the significant added value of HPL 12-
14 lead 24-hour ambulatory monitoring in identifying subjects with a transient spT1
15 pattern. This has implications for estimating risk in this population.

16 ***Study limitations***

17 Due to the retrospective, non-controlled nature of this study, the follow-up
18 appointment intervals were not homogeneous in the study cohort; hence some

1 patients may have had a substantial higher number of resting and ambulatory
2 ECGs recorded; HPL Holter recordings were not available for all subjects; exercise
3 tolerance test results were not available for all subjects and not performed
4 exploring the HPLs. These factors may have influenced the real prevalence of a
5 dynamic spT1 in the study. The risk of arrhythmic events in subjects with spT1 at
6 follow-up requires validation in a larger cohort of subjects with spT1 during
7 follow-up. However, the results from this real-life, population-based cohort of BrS
8 patients offer important insights on the actual prevalence of spT1, and its
9 prognostic implications over a long-term follow-up.

10

11 **Data Availability**

12 The data underlying this article cannot be shared publicly due to participant
13 privacy. Some data can be shared on reasonable request to the corresponding
14 author.

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1 **Figure legends**

2 **Figure 1:** Age distribution at spontaneous type 1 at baseline evaluation by sex.

3 Blue plot box represents males, pink plot box females. Overall prevalence of spT1
4 at presentation was 21% (grey dotted line). Median age at presentation was 44
5 [IQR 17] years in males and 45 [IQR15] years in females (p=NS).

6 **Figure 2:** 58-year old Caucasian male with baseline high-precordial ECG (2A) and

7 dynamic spontaneous T1 pattern recorded at follow-up ECG (2B). In the left panel
8 leads V3,V4, V5 and V6 are recorded in the 3rd and 2nd intercostal space; in the
9 right panel V3 is lead V1 recorded in the 3rd intercostal space, E1 is V2 recorded
10 in the 3rd intercostal space, E2 is V1 recorded in the 2nd intercostal space, E3 is
11 V2 recorded in the 2nd intercostal space.

12 **Figure 3:** 52-year old Caucasian male with transient spontaneous type 1 Brugada

13 ECG pattern appearing during 12-lead high-precordial 24-hour ambulatory ECG
14 monitoring (3A), compared to another time extract from the same recording (3B).

15 In this recording leads V1-V2 are recorded in the 4th intercostal space; V3-V4 are
16 V1-V2 recorded in the 3rd intercostal space; V5-V6 are V1-V2 recorded in the 2nd
17 intercostal space.

1 **Figure 4:** 55-year old Asian male with fever-induced type 1 Brugada pattern in
2 leads V1-V2 recorded in the 4th intercostal space (5A), which is also present on a
3 follow up 12-lead high-precordial ECG (5B); in the latter leads V3 represents lead
4 V1 recorded in the 3rd intercostal space, E1 is V2 recorded in the 3rd intercostal
5 space, E2 is V1 recorded in the 2nd intercostal space, E3 is V2 recorded in the 2nd
6 intercostal space.

7 **Figure 5:** Symptoms at presentation and therapeutic strategy in subjects showing
8 spontaneous type 1 Brugada pattern (spT1) pattern.

9 **Figure 6:** Kaplan-Meyer survival estimate based on spontaneous type 1 Brugada
10 pattern (spT1) presence throughout the follow-up period (6A) or present at initial
11 presentation (6B).

12 **Graphic Abstract – The implications of high precordial 12-lead ambulatory**
13 **ECG monitoring for Brugada syndrome:** The flow diagram indicates the patient
14 cohort and selection according to presence of a spontaneous type 1 Brugada pattern
15 (spT1) on the ECG at initial assessment (Group 1) and then subsequently during
16 follow-up with high precordial 12-lead ambulatory ECG monitoring (Group 2).
17 Arrhythmic event rates and hazard ratios (HR) are given for asymptomatic patients
18 from each group with a spT1 versus never showing a spT1 at all.

1 **Tables**

2 **Table 1.** Summary of demographic and clinical characteristics of BrS patients with a spontaneous vs concealed BrS type 1 pattern at
 3 presentation. Values are expressed as median with IQR or absolute number with percentage.

	Spontaneous type 1 at presentation N= 77	Concealed type 1 N = 281	P value
Male gender (%)	57 (74)	127 (45)	< .001
White ethnicity	51 (66)	215 (76)	NS
Age at presentation	45 [17]	44 [26]	NS
Proband status	72 (94)	164 (58)	< .001
P/LP variant in SCN5A gene	18/55 (33)	32/147 (22)	NS
Prior symptoms			
aCA/VT	0*	14**	NS
Syncope/pre-syncope	32 (42)	69 (25)	.003
Palpitations	15 (19)	59	NS
Family history of SD	15/74 (20)	153 /273 (56)	< .001

4 *2 subjects had ventricular arrhythmias recorded

5 ** 1 subject had nocturnal agonic respiration

- 1 **Table 2.** Summary of demographic and clinical characteristics of BrS patients with a newly identified spontaneous BrS type 1 vs those
 2 with a consistently concealed BrS type 1 pattern. Values are expressed as median with IQR or absolute number with percentage.

3

	G2 SpT1 at f-up = 36	G2 No SpT1 = 245	P value / Odds Ratio
Male gender (%)	25 (71)	102 (41)	p=.002 OR 3.18 (C.I. 1.15-6.7),
Age at presentation	48 [IQR 16]	43 [IQR 26]	P=.030
White ethnicity (%)	26/32	190/225 (84)	P=NS
Proband status (%)	27/35 (77)	137/245 (56)	P=NS
SCN5A +	8/28 (29)	24/119 (20)	P=NS
aCA/documented pVT	2/36 (6)	14/245 (6)	P=NS
Family history of SCD	9/36 (25)	144/240 (60)	P= .001 OR 0.27 (C.I. 0.13-0.61)

14

1 **Table 3.** Summary of demographic and clinical characteristics of BrS patients with a spontaneous type 1 pattern (SpT1) on presenting
 2 ECG vs a newly identified spT1 on HPL Holter. Values are expressed as median with IQR or absolute number with percentage.

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	G1 spT1 at presentation ECG = 77	G2 SpT1 at HPL Holter = 23	P value
Male gender (%)	57 (74)	15 (65)	P=NS
Age at presentation	45 [17]	53 [20]	P=.04
Proband status (%)	72 (94)	(65)	P < .001
SCN5A +	18/55 (33)	7/19 (37%)	P=NS
Prior symptoms			
aCA/VT	0*	0	P=NS
Syncope/pre-syncope	32 (42)	3 (13)	P= .01
Palpitations	15 (19)	5 (21)	P=NS
Family history of SCD	15/74 (20)	6/22 (27)	P=NS

16 *2 subjects had ventricular arrhythmias recorded

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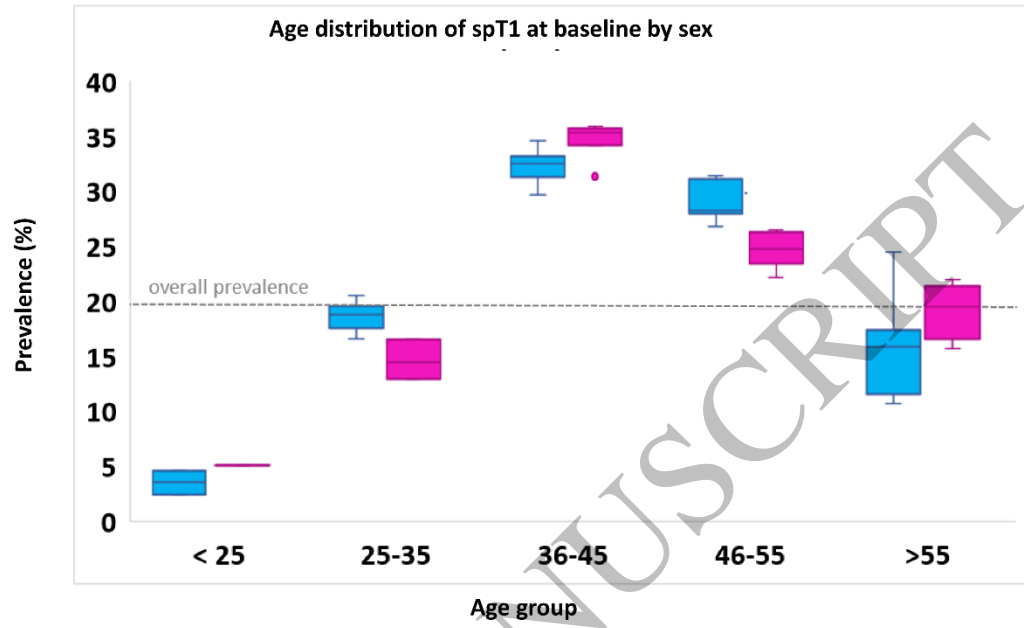
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3 **Table 4.** Baseline ECG characteristics in BrS patients with a newly identified spontaneous type 1 pattern vs those with a consistently
4 concealed BrS type 1 pattern. Values are expressed as median with IQR or absolute number with percentage.

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	G2 SpT1 at f-up = 36	G2 No SpT1 = 245	P value
QRS duration	102 [18]	100 [18]	P= NS
RR interval	861 [233]	845 [194]	P= NS
PR interval	170 [45]	166 [34]	P= NS
QTc	418 [33]	424 [28]	P= NS
1st degree AV block	6 (16%)	37 (15%)	P= NS
QRS>110 ms (%)	11 (31)	68 (28)	P= NS
S wave in lead I > 40 ms and/or > 100 uV (%)	23/36 (64)	119/241 (49)	P=0.06
fQRS (%)	0	12 (5)	P=NS
ERP (%)	6/34 (18)	36/226 (16)	P= NS

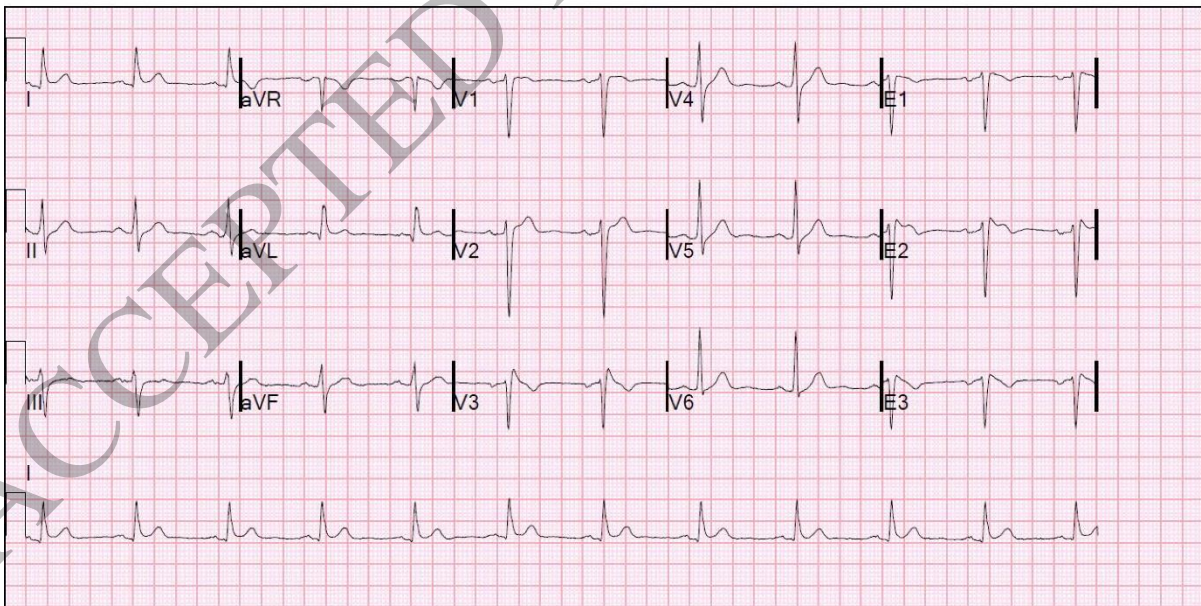
Fig 1



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Figure 1
159x90 mm (DPI)

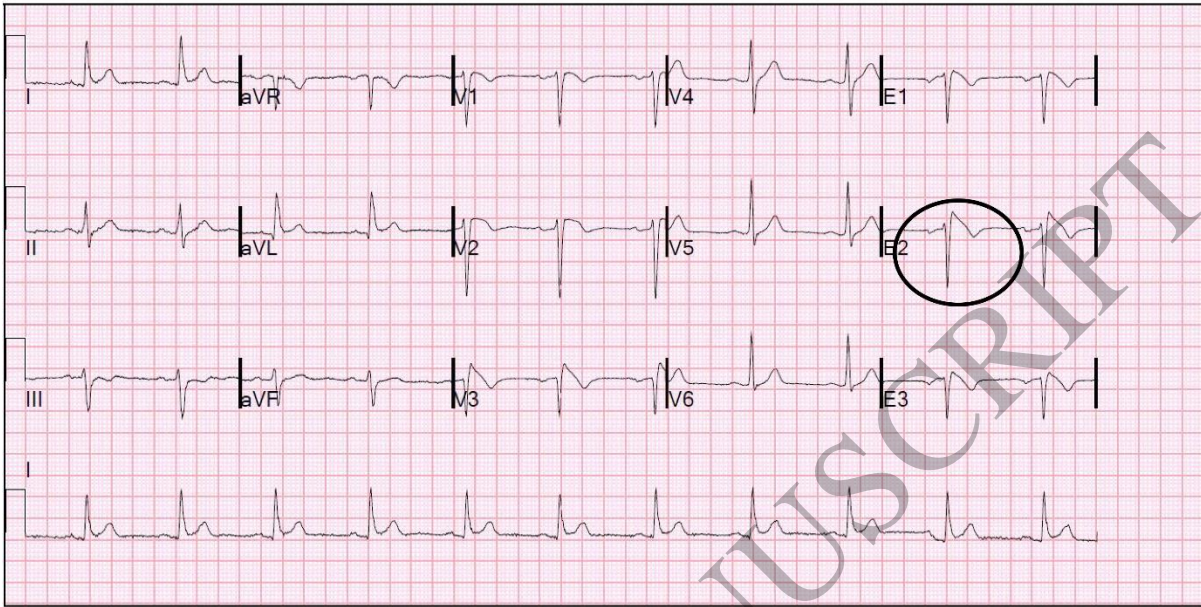
Fig 2A



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Figure 2A
159x89 mm (DPI)

Fig 2B



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Figure 2B
159x87 mm (DPI)

Fig 3A

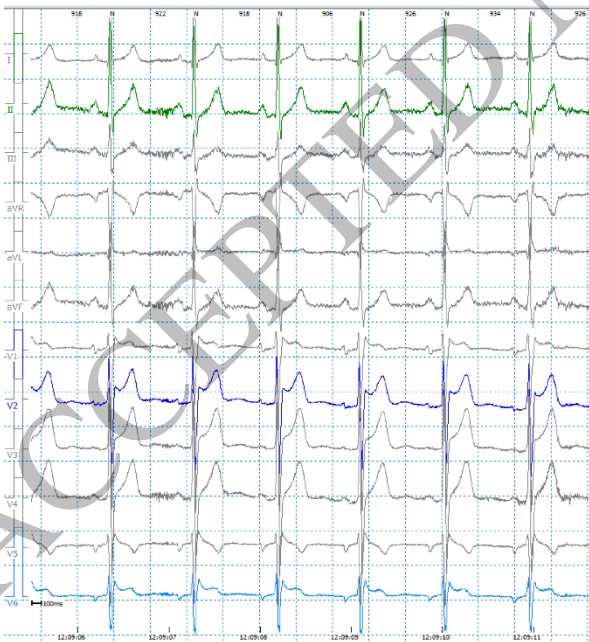


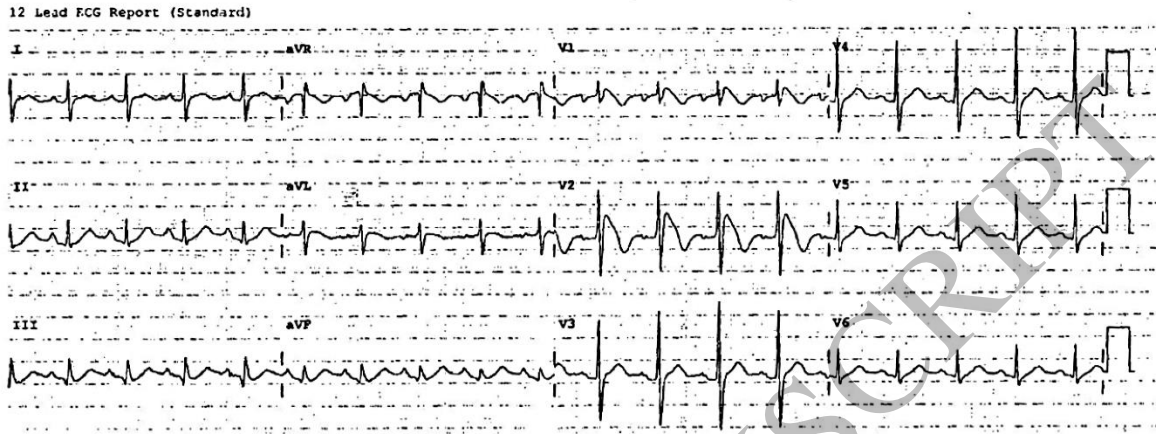
Fig 3B



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Figure 3
159x92 mm (DPI)

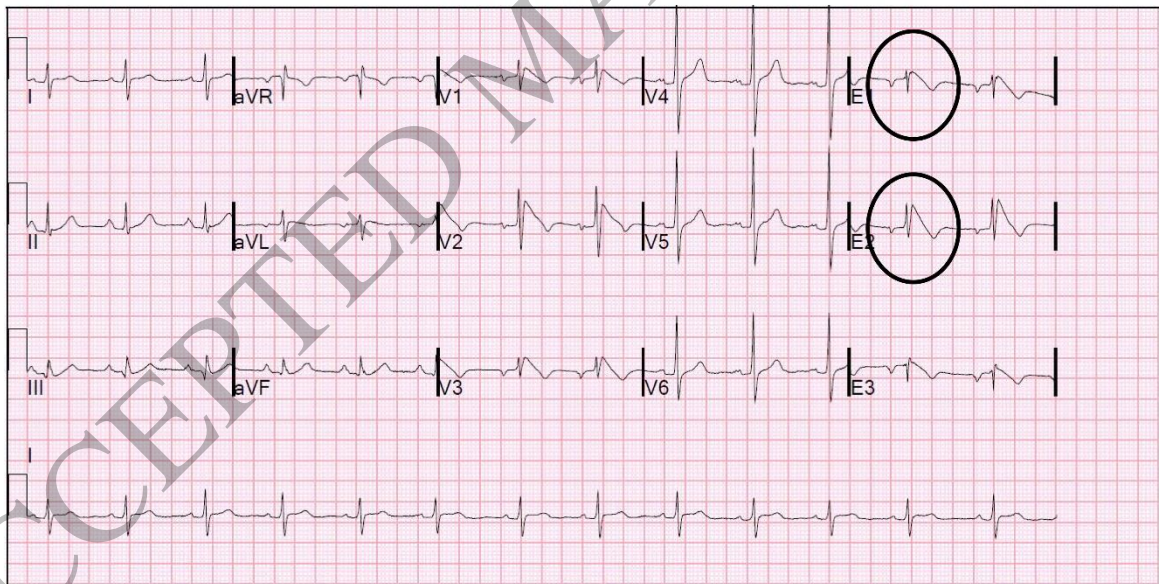
Fig 4A



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Figure 4A
159x73 mm (DPI)

Fig 4B



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Figure 4B
159x85 mm (DPI)

Fig 5A

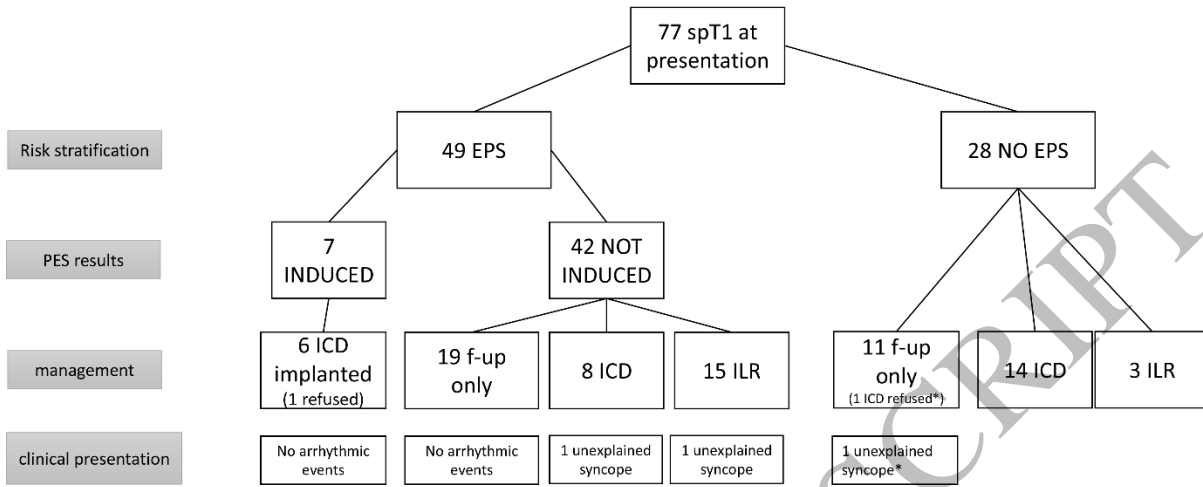


Figure 5A
159x69 mm (DPI)

Fig 5B

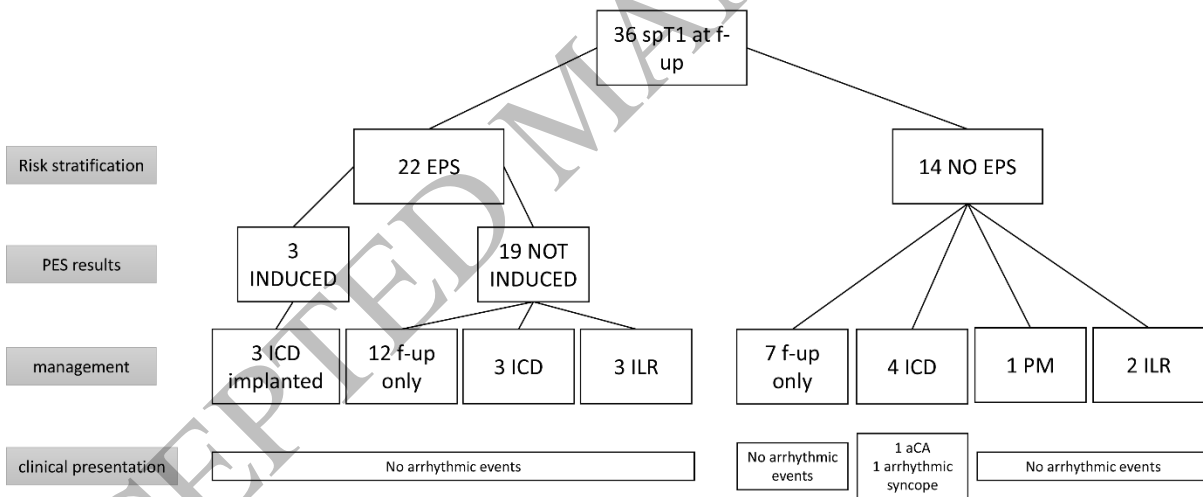
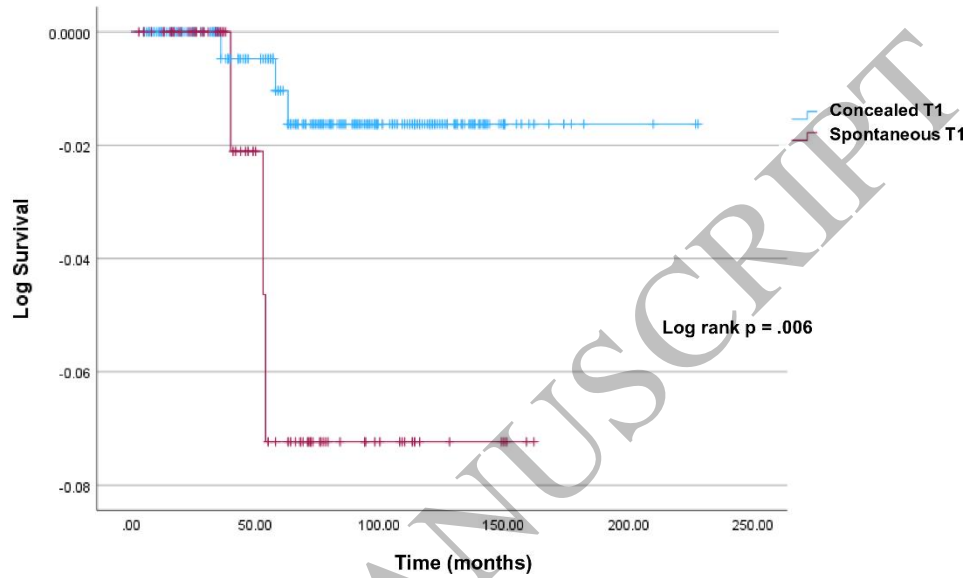


Figure 5B
159x72 mm (DPI)

Fig 6A

Log Survival Function based on BrS pattern at presentation

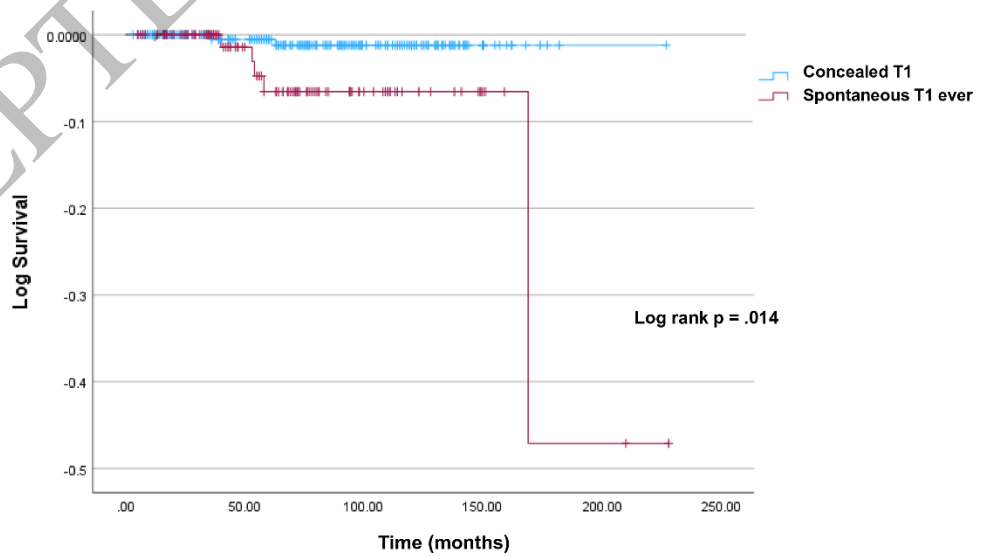


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Figure 6A
159x96 mm (DPI)

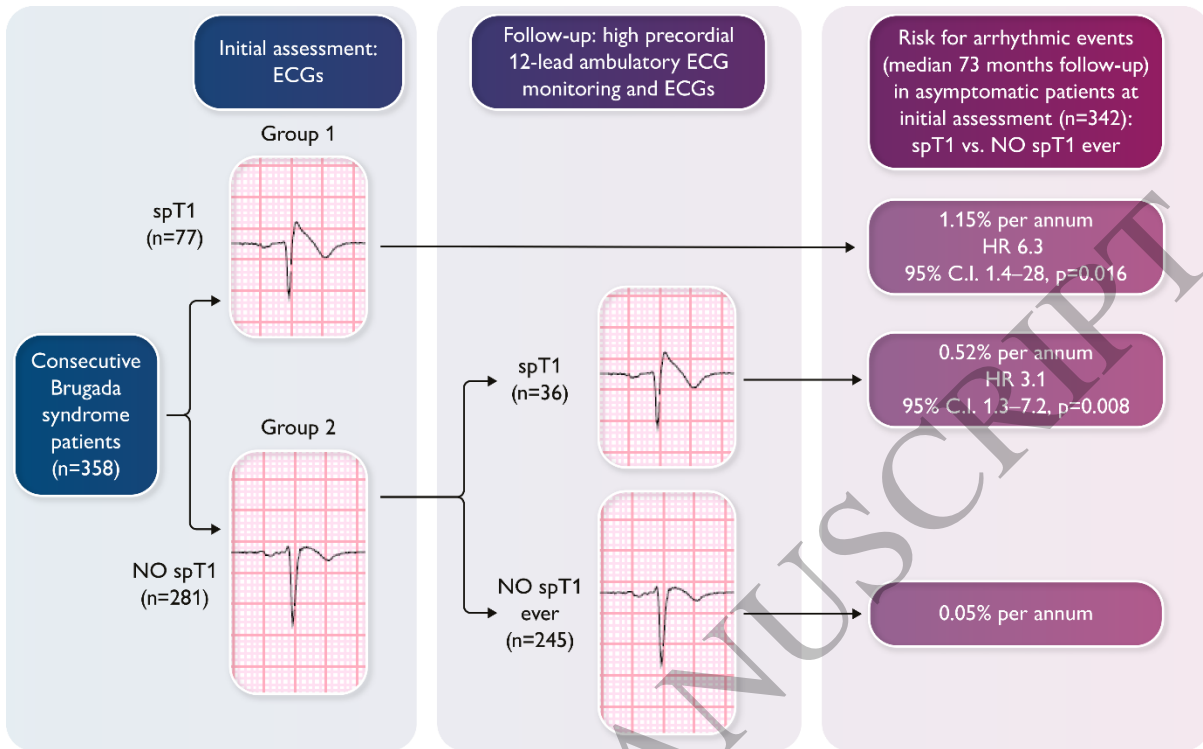
Fig 6B

Log Survival Function based on BrS pattern throughout observation period



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Figure 6B
159x92 mm (DPI)



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Graphical Abstract
159x98 mm (DPI)