**Table 1 The Posttraumatic Adjustment Screen (PAS) adapted for use with PICU parents**

This questionnaire asks you questions that relate to factors that occurred before, during or after your child’s admission to PICU. Circle the response that best describes how much you **agree** with the following statements.

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
|  | **Not at all** | **To a****small****extent** |  **To a** **moderate** **extent** |  **To a** **large** **extent** |  **Totally** |
| 1 I have needed professional help to deal with emotional problems in the past.2 Previously traumatic events have impacted negatively on my life in the past (e.g. assault, sexual abuse, previous combat duty, natural disasters, witnessing traumatic events).3 In the past I was able to talk about my thoughts and feelings with my family members or friends.4 In the past I was satisfied with the support that I had from my friends and family.5 At the time of the event, I felt terrified, helpless or horrified.6 During the event, I thought *my* *child*awas about to die.7 I have felt irritable or angry since the event.8 I have found it difficult to concentrate on what I was  doing or things going on around me since the event.9 I am confident that I can deal with the financial stressors that may arise as a consequence of *my child being on PICU.*a10 I can accept what happened to *my child*.a |  |  |   2  2  2 2  2 2 2 2  2 2  |   3  3 1 1 3  3 3 3 1 1 |  4 4 0 0  4  4 4 4 0 0  |

Risk of Post-traumatic Stress Disorder (PAS-P) determined by score of >=16 on the PAS, and risk of depression (PAS-D) determined by score of >=4 on sum of PAS items 1, 2, 5, 7 and 8.9 aWording was adapted slightly, with permission from developers, to reflect the fact that the potential psychological trauma under consideration was PICU admission.