

1 **Immunization with *Mycobacterium tuberculosis* antigens encapsulated in**  
2 **phosphatidylserine liposomes improves protection afforded by BCG**

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4 Gil R. Diogo<sup>1#</sup>; Peter Hart<sup>1#</sup>; Alastair Copland<sup>1#</sup>; Mi-Young Kim<sup>1</sup>, Andy C. Tran<sup>1</sup>; Noemi  
5 Poerio<sup>3</sup>, Mahavir Singh<sup>2</sup>; Matthew J. Paul<sup>1</sup>, Maurizio Fraziano<sup>3</sup> and Rajko Reljic<sup>1\*</sup>

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7 <sup>1</sup> St George's University of London, SW17 0RE, United Kingdom

8 <sup>2</sup> Lionex, Braunschweig, 38126, Germany

9 <sup>3</sup> University of Rome Tor Vergata, Rome, 00133 Roma, Italy

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11 # These authors contributed equally to this work

12

13 \* Corresponding author: Dr Rajko Reljic

14 St George's University of London, SW17 0RE, United Kingdom

15 E-mail: [rreljic@sgul.ac.uk](mailto:rreljic@sgul.ac.uk); Tel: +\_0208-725 0554

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1 **Abstract**

2

3 Liposomes have been long considered as a vaccine delivery system but this  
4 technology remains to be fully utilised. Here, we describe a novel liposome-based  
5 subunit vaccine formulation for tuberculosis (TB) based on phosphatidylserine  
6 encapsulating two prominent TB antigens, Ag85B and ESAT-6. We show that the  
7 resulting liposomes (Lipo-AE) are stable upon storage and can be readily taken up by  
8 antigen presenting cells and that their antigenic cargo is delivered and processed  
9 within endosomal cell compartments. The Lipo-AE vaccine formulation combined with  
10 the PolyIC adjuvant induced a mixed Th1/Th17-Th2 immune response to Ag85B but  
11 only a weak response to ESAT-6. An immunisation regimen based on systemic  
12 delivery followed by mucosal boost with Lipo-AE resulted in the accumulation of  
13 resident memory T cells in the lungs. Most importantly though, when Lipo-AE vaccine  
14 candidate was administered to BCG-immunised mice subsequently challenged with  
15 low dose aerosol *Mycobacterium tuberculosis*, we observed a significant reduction of  
16 the bacterial load in the lungs and spleen compared to BCG alone. We therefore  
17 conclude that the immunization with mycobacterial antigens delivered by  
18 phosphatidylserine based liposomes in combination with Poly:IC adjuvant may  
19 represent a novel BCG boosting vaccination strategy.

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## 1 **Introduction**

2 Despite the availability of a vaccine and drug regimens, tuberculosis (TB) remains a  
3 major health burden globally. In 2016, there were approximately 1.3 million deaths  
4 from TB among HIV-negative and 374,000 among HIV-positive individuals, making it  
5 the 9<sup>th</sup> cause of death worldwide and the number one due to a single infectious agent  
6 (Churchyard et al., 2017).

7 The current vaccine, Bacille Calmette Guérin (BCG), was first administered nearly 100  
8 years ago and is still extensively used today. BCG was first used in children in 1921  
9 and is now given to more than 120 million people worldwide every year, with 4 billion  
10 people already immunised (Ottenhoff and Kaufmann, 2012). It is effective at  
11 preventing severe forms of TB in children but provides varying levels of protection  
12 against pulmonary TB in adults. Revaccination with BCG has not been shown to be  
13 advantageous (Rodrigues et al., 2005; Roth et al., 2010) and is not recommended by  
14 the WHO. Coupled with the emergence of multi-drug resistant tuberculosis (MDR-TB)  
15 with unsatisfactory treatment rates, it is clear that a more effective TB vaccine is a  
16 major healthcare priority.

17 Although there are several vaccine candidates at various stages of clinical trials and  
18 many more at preclinical stage of research and development, it is important to  
19 continuously feed the TB vaccine pipeline with both live and subunit vaccines. This is  
20 because it may well be that more than a single vaccination strategy will be needed to  
21 protect different human populations against TB (eg. different age groups, HIV status,  
22 geographical location etc). For example, a replacement BCG vaccine is likely to be  
23 another live attenuated organism (recombinant BCG or attenuated *Mtb*) in order to  
24 protect young children from severe primary TB infection but a subunit vaccine may be

1 preferable in HIV-positive population due to the host's immunocompromised state.  
2 Likewise, it may be preferable to boost BCG with a subunit rather than another  
3 attenuated vaccine to avoid excessive delayed hypersensitivity reactions (Koch's  
4 phenomenon). Recombinant protein subunit vaccines are inherently safer but are  
5 often weakly immunogenic and require adjuvants and/or specialised delivery systems  
6 to induce protective immunity.

7 One such delivery system is liposomes, which were identified as a potential drug  
8 delivery platform in the 1970s. However, the discovery that liposomes preferentially  
9 target tissue macrophages (Ellens et al., 1981) highlighted their potential also as a  
10 vaccine delivery system (Gregoriadis, 1990;Wassef et al., 1994). Subsequently, they  
11 have been used in the context of both bacterial (Lachman et al., 1996;Fulton et al.,  
12 1998) and viral infections (Ambrosch et al., 1997) and even in cancer  
13 immunotherapies (Kwak et al., 1998). An attractive characteristic of the liposomal  
14 delivery platforms is that they can shelter antigens from degradation, promote  
15 phagocytosis by antigen-presenting cells (APCs) (Wassef et al., 1994) and induce  
16 phagosome-cytosol cross-presentation pathway of antigenic peptides on MHC Class  
17 I molecules (Kovacsovics-Bankowski and Rock, 1995;Sigal et al., 1999).

18 The apoptotic body-like liposomes (ABs, Fig.1A) used in the present study are  
19 prepared from phosphatidylserine (PS), rendering them similar to apoptotic bodies.  
20 PS is hydrophilic and appears on the surface of early apoptotic cells (Fadok et al.,  
21 1992); this 'flags up' the dying cells as a target for APCs such as macrophages and  
22 dendritic cells (DC) (Tanaka and Schroit, 1983;Schlegel and Williamson, 2001). It is  
23 thought that this phenomenon can augment the presentation of the antigens by APCs,  
24 leading to improved T cell responses (Ichihashi et al., 2013). As a cell initiates  
25 apoptosis, the PS normally situated on the inner face of the lipid bilayer of the cell

1 membrane is exposed (Fadok et al., 1992). PS is implicated in the detection of  
2 apoptotic cells by its interaction with Tim4 and Tim1 on APC, which facilitates  
3 phagocytosis (Miyanishi et al., 2007).

4 We therefore hypothesized that the PS associated antigens will similarly be taken up  
5 by professional APCs resulting in their cross-presentation and amplification of the  
6 immune response. Here, we present the evidence for the utility of this vaccine delivery  
7 system by demonstration that liposomally encapsulated *Mtb* antigens can enhance  
8 BCG-afforded protection against tuberculosis infection in mice.

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## 10 **Materials and methods**

11

### 12 *Generation of PS liposomes*

13 Briefly, the inner monolayer lipid was prepared by suspending phosphatidylserine (PS,  
14 Avanti Polar Lipids) in 1 ml of anhydrous dodecane at the concentration of 0.2 mg/ml,  
15 sonication for 30 minutes and overnight incubation. The following day, 10 µg of Ag85B  
16 or ESAT-6 (Lionex Diagnostics and Therapeutics), or bovine serum albumin  
17 conjugated to Alexafluor488 (AF488-BSA), Alexafluor647 (AF647) (Molecular Probes)  
18 or ovalbumin conjugated to BODIPY® FL [500 µg/ml] (DQ-OVA), were added to inner  
19 monolayer lipid suspension and sonicated until a homogeneous solution was  
20 obtained. The inner monolayer lipid for empty control liposomes was prepared using  
21 the same buffer used to suspend the respective antigen. The outer lipid monolayer  
22 was prepared by suspending PS in 99:1 dodecane: silicone solution to get a lipid  
23 concentration of 0.05 mg/ml. Thereafter, 2 ml of outer monolayer lipid suspension was  
24 added to 3 ml of 0.9% NaCl solution. Finally, the inner monolayer lipid suspension was

1 added to 2 ml lipid phase and the sample was centrifuged at 120 x g for 10 minutes.  
2 After the centrifugation, liposomes were collected in the aqueous phase using a 5 ml  
3 syringe with a 16-gauge stainless steel needle. Liposomes were quantified and  
4 characterized in terms of dimensions as described(Greco et al., 2012). To determine  
5 antigen recovery following encapsulation, liposomes were dialysed against a 100 kDa  
6 membrane (Float-A-Lyzer® G2, Spectrum Labs), according to manufacturer's  
7 instructions. Encapsulated antigen was then quantified by CBQCA Protein  
8 Quantitation Kit (C-6667 Molecular Probes) according to manufacturer's instructions  
9 by fluorimetric analysis (Thermofisher VARIOSKAN LUX). The schematic  
10 representation of liposomes with encapsulated antigen is shown in Fig.1A. For the  
11 final vaccine formulation, equal numbers of Ag85B and ESAT-6 encapsulating  
12 liposomes were combined to generate the Lipo-AE vaccine candidate.

13

#### 14 *Generation of human DC*

15 Human blood monocytes from healthy volunteers were separated from peripheral  
16 blood mononuclear cells (PBMCs), by using anti-CD14 monoclonal antibodies  
17 conjugated to magnetic microbeads (Miltenyi Biotec), according to manufacturer's  
18 instructions. To obtain immature dendritic cells (iDc), cells were suspended in  
19 complete medium (RPMI 1640 supplemented with 10% fetal bovine serum, 2 mM L-  
20 Glutamine and 5 µg/ml Gentamicin) and incubated for 5 days in 24-well plates at the  
21 concentration of  $5 \times 10^5$  cells/well in the presence of 20 ng/mL GM-CSF (Sigma-Aldrich)  
22 and 20 ng/mL IL-4 (Miltenyi Biotec). To obtain mature dendritic cells (mDC), iDCs were  
23 further stimulated for 18 hours with 100 ng/ml lipopolysaccharides (Sigma-Aldrich).

24

1 *Flow cytometry analysis of stability and antigen delivery by PS liposomes*

2 The stability of PS liposomes loaded with AF488-BSA was assessed in terms of  
3 fluorescence intensity immediately and at 30 days after their preparation by flow  
4 cytometry analysis. Antigen internalization was analysed after incubation of immature  
5 (iDC) or mature DC (mDC) with PS liposomes loaded with bovine serum albumin  
6 conjugated to Alexafluor647 (BSA-AF647) (Molecular Probes), at the ratio liposome :  
7 cell of 5:1, for 1 hour at 37 °C. Antigen processing was evaluated in iDC after exposure  
8 to ovalbumin conjugated to BODIPY® FL (DQ-OVA), a self-quenched conjugate that  
9 exhibits bright green fluorescence upon proteolytic processing and red fluorescence  
10 upon accumulation of proteolysed fragments in endosomal compartments. The  
11 analyses were performed by a FACSCalibur flow cytometer (Becton Dickinson).

12

13 *Confocal microscopy analysis of antigen processing in dendritic cells*

14 Briefly, iDC were stained with the nucleic acid stain Hoechst (Molecular Probes) and  
15 the acidophilic dye LysoTracker Red (Molecular Probes) for 15 minutes at 37°C.  
16 Thereafter, cells were washed with PBS, and exposed to PS liposomes loaded with  
17 AF488-BSA at the ratio 5:1 (liposome:cell) for 90 minutes at 37 °C. The analysis was  
18 performed by a confocal laser scanning microscope IX 81 and OLYMPUS FV1000  
19 operating system.

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## 1 *Animals*

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3 All animals were used with approval from St George's University of London Ethics Committee  
4 under an approved UK Home Office animal project licence and used in accordance with the  
5 Animals (Scientific Procedures) Act 1986. 8-10 week old female C57BL/6 mice were used  
6 for this study and were obtained from Charles River, UK. Animal work was conducted  
7 at St. George's University of London Biological Research Facility in accordance with  
8 local guidelines, including approval from the St George's University of London  
9 Research Ethics Committee and national legislation, the Animals in Scientific  
10 Procedures Act, 1986. All procedures were performed under the approved UK Home  
11 Office animal project licence.

12

## 13 *Recombinant proteins*

14 Ag85B and ESAT-6 antigens of *Mtb* were produced in *E. coli* by Lionex company  
15 (Braunschweig, Germany) using the standard cloning techniques and the IPTG-inducible  
16 expression vector pLEXWO481. Recombinant proteins were isolated from inclusion bodies  
17 after denaturation in 8 M urea using metal chelate chromatography (Ni-NTA Superflow,  
18 Qiagen) and subsequent refolding by dialysis. Purity was assessed by SDS-PAGE (>97%  
19 purity) and identity confirmed by Western blots specific for antigens. Endotoxin content was  
20 measured by LAL assay and determined to be <5 I.U. / mg.

21

## 22 *Immunisations*

23 Mice were first immunised subcutaneously at the base of the tail with  $5 \times 10^5$  CFU  
24 BCG Pasteur in 0.1 ml or a matched volume of phosphate saline solution (Sigma) as



1 a control. 10 weeks later, mice received 0.1 ml of Lipo-AE formulation (containing  
2 approximately  $10^6$  liposomes, 1  $\mu\text{g}$  of Ag85B and 0.2  $\mu\text{g}$  ESAT-6) also by s.c. injection  
3 at the base of the tail and then 3 weeks later a further intranasal inoculation of 0.05 ml  
4 of the same formulation, while under light anaesthesia. All Lipo-AE immunisations  
5 included 20  $\mu\text{g}$ /per dose of poly(I:C) as the adjuvant. Further details of the dosing  
6 regimen are given in the corresponding figure legends.

7

#### 8 *Low-dose aerosol Mtb infection and bacterial enumeration*

9 Mice were infected 4 weeks after the final immunisation by aerosol with *Mtb* (H37Rv  
10 strain) at a low dose of approximately 200 bacilli per animal. The dose was delivered  
11 by nose only exposure using the Biaera aerosol generator controlled by the AeroMP  
12 software (Biaera Technologies) and housed in a dedicated Containment Level 3 (CL3)  
13 laboratory at Biological Research facilities at St George's. Mice were left infected for  
14 four weeks before culling and bacterial enumeration in the lungs and spleens. The  
15 organs were homogenised in 3 ml of 0.1 % Triton x-100 using the Precellys equipment.  
16 Serial dilutions of the homogenate were prepared and plated on Middlebrook 7H11  
17 plates supplemented by OADC (Becton Dickinson) and bacterial colonies counted  
18 three weeks later. The pathogenic *Mtb in vitro* work was performed in the CL3 TB suite  
19 at the Institute for Infection and Immunity at St George's.

20

#### 21 *Mucosal antibody responses*

22 IgG and IgA in bronchoalveolar lavage (BAL) specific for antigens was measured by  
23 ELISA. Antigens (Ag85B or ESAT-6, Lionex) at 2  $\mu\text{g}/\text{ml}$  were used to coat the wells of

1 an ELISA plate. After washing with PBS 0.05% v/v Tween-20 and blocking with PBS  
2 1% w/v BSA, 0.05% v/v Tween-20, samples were added in 3-fold dilutions. Specific  
3 IgG and IgA were detected with alkaline phosphatase conjugated anti-mouse IgG  
4 (Jackson ImmunoResearch) and anti-mouse IgA (Sigma), respectively, and the  
5 substrate SigmaFast p-nitrophenyl phosphate (Sigma). Triplicate assays were read at  
6 450 nm on a Tecan200 plate reader and data plotted as relative antibody titres as  
7 described in Hart et al 2017 (Hart et al., 2018).

8

### 9 *T cell proliferation, cytokine production and lung Trm*

10 T cell proliferation was assessed by measuring the incorporation of radio-labelled  
11 thymidine [<sup>3</sup>H] after stimulation of splenocytes with recall antigens. Erythrocyte-  
12 depleted splenocytes were seeded at 1.5 x 10<sup>5</sup>/well in complete RPMI 1640 medium  
13 supplemented with 10 % FBS and stimulated with 5 µg/ml antigen or 1 µg.ml ConA as  
14 the positive control. After 48 h incubation, 1 µCi of <sup>3</sup>H-thymidine (PerkinElmer, Wallac,  
15 UK) was added before a further 24h incubation. Cells were harvested with the  
16 Harvester 96 (TomTec Life Sciences, Hamdem, USA) onto Printed Filtermat paper  
17 (PerkinElmer) prior to the addition of melted wax (MeltiLex TM A. PerkinElmer) onto  
18 each scintillation sheet. Radioactive counts per minute (cpm) were measured using  
19 the 1450 Microbeta Plus-Liquid Scintillation Counter (PerkinElmer).

20 For phenotypic analysis of proliferating T cells, splenocytes were stimulated with 5  
21 µg/mL Ag85B or 1 µg/mL α-CD3 (Biolegend) for 5 days, followed by surface staining  
22 with CD4-PerCP/Cy5.5, CD8-Brilliant Violet 510, CD44-FITC, CD62L-PE and CD90.2-  
23 Brilliant Violet 421 — all from Biolegend. Cells were then fixed and permeabilised

1 using the eBioscience Foxp3 / Transcription Factor Staining Buffer Set and stained  
2 with Ki67-APC. **Example of gating strategy is shown in Supplemental Fig.S1.**

3

4 Culture supernatant cytokine levels were measured using the mouse LegendPlex™  
5 kit (Biolegend) according to the manufacturer's instructions. Samples were acquired  
6 on a BD FACSCalibur, and data analysed using the proprietary data analysis software  
7 (Biolegend).

8 For detection of lung resident memory T cells (Trm), lungs were perfused of blood by  
9 flushing PBS through the right ventricle. Tissue was then dissected into 1 mm pieces  
10 using a scalpel, followed by digestion in 1 mg/mL collagenase and 0.5 mg/mL DNase  
11 I (Roche). Cells were then passed through a 70 µm strainer (Becton Dickinson),  
12 contaminating erythrocytes were lysed, and mononuclear cells were stained for CD3-  
13 APC, CD4-PerCP/Cy5.5, CD8-Brilliant Violet 510, CD44-FITC, CD62L-PE, CD69-  
14 PE/Cy7 and CD103-Brilliant Violet 421 — all from Biolegend. Gating strategy as in  
15 (Hart et al., 2018).

16

### 17 ***Sample size, data presentation and statistical analysis***

18 **For animal experiments, sample size calculations for *Mtb* challenge studies were**  
19 **based on anticipated magnitude of vaccine effect as 1 Log<sub>10</sub> reduction of CFU, the**  
20 **intragroup variability of 0.5 Log<sub>10</sub> and a confidence level of 95%. This necessitated 6**  
21 **mice per group but due to protracted nature of experiments 7 were used per group.**  
22 **For immunological evaluation 3 mice per group were used and data expressed as**  
23 **arithmetic means +/- standard error. Two in vivo experiments were performed with**  
24 **similar outcomes with the dataset from one experiment shown in full in Figures 3-7,**

1 and only *Mtb* challenge data from the second experiment shown in the Supplemental  
2 information. For all experiments based on multiple test groups, One-way ANOVA was  
3 performed followed by Dunnett's multiple comparison test. Further details of statistical  
4 analyses are described in the relevant figure legends. All analysis was performed  
5 using FlowJo v10, Microsoft Excel 2010 and GraphPad Prism 7.

## 8 **Results**

### 10 ***Biophysical characterization and uptake analysis of PS liposomes***

11 Stability is an important issue to be addressed during the generation of novel liposome  
12 based vaccine formulations in order to ensure efficient antigen delivery (Nisini et al.,  
13 2018). This issue has been addressed by monitoring the kinetics of the encapsulation  
14 of fluorescently labelled AF488-BSA, used as a model antigen. The analysis  
15 performed by flow cytometry and illustrated in Fig.1B shows that liposomes with  
16 encapsulated AF488-BSA remain stably fluorescent up to 30 days upon generation  
17 and storage at 4° C. Then, we encapsulated PS liposomes with mycobacterial  
18 antigens (Ag85B and ESAT-6) and further tested the physical properties of the novel  
19 liposome formulation in terms of size distribution by a Malvern Zetasizer. Results  
20 shown in Fig.1C indicate that the formulation was largely homogenous with an average  
21 size of the liposomes approximately 240nm.

22 An antigen delivery system should ideally target APC and promote uptake and  
23 processing in dendritic cells (DC). Thus, we preliminarily determined whether PS  
24 liposome formulation, encapsulated with AF647-BSA, were efficiently internalized by

1 immature and mature human DC. In order to avoid the contribution of free antigen,  
2 liposome formulations were dialyzed against a 100 kDa membrane to remove non-  
3 encapsulated antigen. Fig. 2A shows that the majority of cells became fluorescent after  
4 exposure to the liposome formulation, suggesting that most of the cells have taken up  
5 the antigen. Moreover, in order to establish whether the antigen was efficiently  
6 processed by APC, iDC were exposed to PS liposomes loaded with AF488 BSA and  
7 analysed by confocal microscopy after staining with the acidophilic dye lysotraker red.  
8 Results shown in Fig. 2B show co-localization of liposomal AF488-BSA with acid  
9 compartments. Finally, as acidification of endosomal compartments is a prerequisite  
10 for protease activation and the final antigen degradation, we encapsulated PS  
11 liposomes with DQ-OVA, which is a fluorogenic substrate for proteases, and monitored  
12 fluorescence emission following liposome internalization in iDC. Fig. 2C shows 75%  
13 of cells exhibiting green fluorescence, as a consequence of proteolytic processing of  
14 the protein, and about 23% of cells displaying green/red double fluorescence,  
15 indicating endosomal accumulation of the processed antigen. Altogether, these results  
16 show that PS/PS liposomes may efficiently deliver the antigen cargo to DC and favour  
17 subsequent antigen processing.

18

### 19 ***Lipo-AE enhanced BCG mediated protection against Mtb***

20 In our *Mtb* infection experiment, BCG afforded approximately 8-fold reduction in the  
21 lung and spleen bacterial load (Fig.3), at four weeks after the aerosol challenge.  
22 Boosting BCG with Lipo-AE imparted additional statistically significant reduction of the  
23 bacterial load in both organs sets. The *Mtb* challenge experiment was performed twice  
24 and in both instances the Lipo-AE vaccine candidate conferred additional statistically

1 significant protection over BCG alone, though in one of the experiments the  
2 nonimmunized animals group showed greater than expected intragroup variability  
3 (Supplemental Fig.S2).

#### 5 ***Lipo-AE induced mucosal antibodies and T resident memory cells (Trm) in lungs***

6 To measure mucosal responses induced by the vaccine, antibody levels post-  
7 immunisation were assessed in bronchoalveolar lavage (BAL). BAL collected three  
8 weeks after final immunisation from animals that received Lipo-AE showed similar  
9 levels of IgG but higher levels of IgA specific to Ag85B (Fig.4A), compared to BCG  
10 immunisation alone. No detectable anti-ESAT-6 antibodies were present in either  
11 group (not shown).

12 Upon observing mucosal antibody responses induced by Lipo-AE, we investigated for  
13 evidence of cellular immunity. We were particularly interested if there was evidence of  
14 T cell resident memory (Trm) in the lungs and used flow cytometry to quantify these  
15 cells in the lung homogenates. Prior to harvest, the lungs were perfused to reduce  
16 blood contamination. The harvested lungs were then treated and mechanically  
17 disrupted to isolate the cells, which were stained for Trm phenotype (Fig.4B). The top  
18 and bottom panels represent CD4 and CD8 compartments, respectively. As depicted  
19 in the flow plots the total numbers of Trm as defined by the phenotype CD44<sup>high</sup> /  
20 CD62L<sup>low</sup> were very low for the BCG immunised animals, and this was true for both  
21 the CD4 and CD8 compartments. In stark contrast, there was a significant increase in  
22 Trm populations in the Lipo-AE group for both T cell compartments, increasing from  
23 2.04 in the BCG group to 13.22 in the Lipo-AE groups for CD4+ and from 1.50 to 8.16  
24 for CD8+ T cells, respectively (Fig.4B). Naïve animals showed only background levels

1 of Trm. Although our analysis was restricted to total and not antigen-specific Trm in  
2 the lungs, together with the evidence of specific antibodies to Ag85B, it indicates the  
3 presence of a mucosal immune response in the lungs of immunised animals.

4

### 5 ***Splenic T cell proliferation and polyfunctional T cells***

6 We then tested splenocyte proliferation in response to recall antigens as measured by  
7 incorporation of radiolabelled thymidine. As shown in Fig.5A, splenocytes from Lipo-  
8 AE immunised animals proliferated robustly in response to Ag85B, with a stimulation  
9 index of 22, but only modest level of proliferation was observed for ESAT-6, with a  
10 stimulation index of 4. Cells from the PBS and BCG groups did not proliferate in  
11 response to any of the stimuli. Since liposomes are thought to enhance cross priming  
12 and elicit CD8+ T cell responses, T cell proliferation in the CD8+ compartment was  
13 additionally investigated by the measurement of Ki67+ cells. Stimulation with Ag85B  
14 but not ESAT-6 induced high levels of proliferation in the CD8+ T cell population with  
15 most of the proliferating cells being of the CD62L<sup>low</sup>/ CD44<sup>High</sup> phenotype (Fig.5B).  
16 Furthermore, since Lipo-AE induced T cell proliferation (Fig.5A), we speculated that T  
17 cell-associated cytokines were also being elicited. To test this, splenocyte culture  
18 supernatants were analysed with a beads-based multiplex immunoassay. The  
19 analytes tested were IFN- $\gamma$  (Fig.5C), IL-10 (5D), IL-17 (5E) and IL-4 (5F). Stimulation  
20 with Ag85B as a recall antigen induced high levels of all cytokines, reflecting a mixed  
21 T cell response with the production of Th1 (IFN- $\gamma$ ), Th2 (IL-4) and a Treg cytokines  
22 (IL-10 and IL-17), with the latter characteristic of Th17 responses. BCG vaccination  
23 resulted in minimal cytokine production in these assays.

1 Splenocytes from Lipo-AE immunised animals displayed low level ESAT-6 responses  
2 (not shown) but stimulation with Ag85B resulted in a significant number of cytokine  
3 producing CD4+ (1.77%) and CD8+ (0.45%) T cells (Fig.6A,F). In the CD4+ T cell  
4 compartment, 1.63% of those cells produced IFN- $\gamma$ , 1.17% IL-2 and 1.76% TNF- $\alpha$   
5 (Fig.6B). Lipo-AE also induced the highest number of polyfunctional T cells producing  
6 three or more of the measured cytokines simultaneously with 1.13% of cells in this  
7 category (Fig.6C). A large portion of these cells (1.13%) were triple producers,  
8 producing INF- $\gamma$ , IL-2 and TNF- $\alpha$  simultaneously, with a further population (0.51%)  
9 double producers of IFN- $\gamma$  and TNF- $\alpha$  (Fig.6D). Of the cytokine producing cells, most  
10 were triple producers (64%) with 31% producing two cytokines and 5% producing only  
11 one of the measured cytokines (Fig.6E).

12 A similar picture was observed in the CD8+ T cell compartment, where Lipo-AE group  
13 splenocytes had the highest number of cytokine producing cells, with 0.11% producing  
14 IFN- $\gamma$  and 0.32% producing IL-17A. The highest number of polyfunctional cells  
15 producing 3 or more cytokines simultaneously was also found in the Lipo-AE group  
16 (0.036%).

17 Stimulation with Ag85B resulted in 0.04% of CD8+ T cells producing IFN- $\gamma$ , IL-2 and  
18 IL-17A, with high levels of single cytokine producing cells for IFN- $\gamma$ , 0.12%, and IL-  
19 17A, 0.30%. Of the cytokine producing cells the majority were single producers (92%)  
20 with a small proportion of triple producers (8%).

21

## 22 **Discussion**

23 Liposomes have been tested in the context of systemic immunizations but also as oral  
24 vaccine vehicles (Jackson et al., 1990;Michalek et al., 1992). Despite their relative



1 instability, liposomes were shown to be robust enough to survive oral delivery to the  
2 intestinal lumen and enhance the antigen presentation (Elson et al., 1996). Indeed,  
3 our own stability experiments showed that the liposomes used in this study are stable  
4 for at least 30 days. Subsequent Zetasizer analysis also demonstrated that the  
5 formulation was still homogeneous and the size of the liposomes remained unchanged  
6 at approximately 200 nm.

7 The mucosal delivery of liposomes *in vivo* has been tested extensively through the  
8 oral route (Childers et al., 1987; Jackson et al., 1990) and also through the intranasal  
9 route (Romero and Morilla, 2011). A comparison between the two routes in terms of  
10 ability to induce long term local immune responses seemed to favour the intranasal  
11 route (Elson et al., 1996). Here we demonstrate the ability of a novel liposome  
12 formulation to protect against *Mtb* infection when delivered first subcutaneously and  
13 then intranasally. This vaccine strategy was explored as a heterologous immunisation  
14 approach on a BCG background. In human population, boosting BCG would make use  
15 of the large number of already immunised individuals whilst taking advantage of  
16 protective properties of BCG against severe forms of childhood TB.

17 Immunisation of mice with BCG reduced the burden of infection significantly in the  
18 lungs and spleens in comparison to unvaccinated animals in a low dose aerosol  
19 challenge model. This protection afforded by BCG was further increased by boosting  
20 with Lipo-AE and this added protection was found to be statistically significant in both  
21 the lungs and spleens. Upon observing enhancement of protection conferred by Lipo-  
22 AE the immunological profile induced by the vaccine was studied. Other pre-clinical  
23 studies demonstrated that liposomes promoted antibody and cell mediated immunity  
24 to a wide range of bacterial, protozoan and viral antigens as well as tumour cell  
25 antigens, venoms and allergens and even live or attenuated microbial vaccines

1 (Gregoriadis, 1990). With regards to cellular immunity, we observed that stimulation  
2 of splenocytes from vaccinated animals with a recall antigen induced high levels of  
3 IFN- $\gamma$ . IgG and IgA specific to Ag85B was also detected by ELISA in BAL indicating  
4 the vaccine had also successfully primed the B cells in the mucosa.

5 With the view of elucidating further what immune mechanisms could be behind the  
6 observed protection we further investigated the cellular profiles induced. A cell  
7 proliferation assay revealed that splenocytes isolated from Lipo-AE vaccinated  
8 animals in culture proliferated in response to Ag85B and to a lesser extent to ESAT-  
9 6. These cells produced high amounts of IFN- $\gamma$  in response to Ag85B stimulation. IFN-  
10  $\gamma$  is considered essential for resistance to tuberculosis infection (Flynn et al.,  
11 1993;Reljic, 2007). However, despite IFN- $\gamma$  being required for protection a number of  
12 studies have suggested that other mechanisms may also be needed for protection  
13 (Gallegos et al., 2011) and the magnitude of IFN- $\gamma$  response alone is not a reliable  
14 correlate of protection (Mittrucker et al., 2007;Sakai et al., 2016).

15 Splenocytes were also found to produce IL-10, which has an ambiguous role in TB,  
16 with some reports showing that it is undesirable (Redford et al., 2011) while other  
17 suggesting that it can convert human DCs into macrophage like cells that have  
18 increased antibacterial activity against *Mtb* (Fortsch et al., 2000). Intriguingly, high  
19 levels of IL-17A were also detected in response to Ag85B and to a lesser extent to  
20 ESAT-6 in splenocyte cultures from Lipo-AE vaccinate animals. Whilst the role of IL-  
21 17 in *Mtb* infection is not clearly defined it has been reported that its induction after  
22 vaccination could be beneficial. Thus, Khader et al, hypothesized that IL-17 producing  
23 CD4+ T cells occupy the lung after infection and elicit the production of chemokines  
24 that attract IFN- $\gamma$  secreting CD4+ T cells resulting in better control of infection (Khader  
25 et al., 2007).

1 Thus, the cytokine profile characterised by high IFN- $\gamma$  and IL-17A with low levels of IL-  
2 10 observed here could be the key to enhanced protection. IL-10 produced by vaccine-  
3 induced Tregs could limit collateral damage within the lung. It was suggested that  
4 granulomas depended on a balance of inflammatory and anti-inflammatory cytokines  
5 in order to effectively control bacteria (Wigginton and Kirschner, 2001). This concept  
6 was validated in the Rhesus macaque model, where sterile granulomas were  
7 associated with a balance of IFN- $\gamma$ /IL-17A and IL-10 in contrast to the non-sterile  
8 granulomas that featured a predominantly inflammatory response lacking IL-10  
9 (Gideon et al., 2015). Finally, evidence from *T. gondii* model of infection has shown  
10 that multifunctional IL-10-producing Th1 cells retain their ability to activate intracellular  
11 killing mechanisms in macrophages, and in fact are superior to conventional IL-10  
12 negative Th1 cells at inducing macrophage nitrite (NO) production (Jankovic and  
13 Trinchieri, 2007). Given that we observed modest IL-10 and even lower IL-4 production  
14 alongside potent Th1/Th17 responses, we therefore conclude that the vaccine induced  
15 a strong Th1-Th17 response with only modest Th2-Treg activity and this may have  
16 contributed to the protection observed.

17 The superior immunogenicity of Ag85B over ESAT-6 has also been observed in other  
18 studies where both antigens were used together (Dietrich et al., 2006;van Dissel et al.,  
19 2011), Ag85B is known to be one of the most immunogenic TB antigens whilst ESAT-  
20 6 is weakly immunogenic. Nevertheless both antigens have been previously shown to  
21 be protective, particularly when used in combination (Dietrich et al., 2006;van Dissel  
22 et al., 2011).

23 Ichihashi et al showed that PS could deliver antigens to APCs resulting in the  
24 stimulation of helper and cytotoxic T cell responses *in vivo* (Ichihashi et al., 2013). In  
25 keeping with those observations, a flow cytometry assay measuring Ki67 expression

1 indicated that the CD8 T cells from the Lipo-AE group proliferated robustly in response  
2 to Ag85B antigen and had a CD62L<sup>Low</sup>/CD44<sup>High</sup> phenotype.

3 CD4+ T cell responses to aerosol *Mtb* challenge are characterized by a delayed  
4 recruitment of effector T cells in the lungs, potentially hampering the host's response  
5 to infection and permitting the bacteria to establish a persistent infection (Reiley et al.,  
6 2008). The rationale behind the heterologous systemic prime mucosal boost strategy  
7 was to elicit a robust systemic response with a strong mucosal component to challenge  
8 the pathogen on entry. Recently, tissue-memory resident T (Trm) cells have become  
9 topical in the field. Thus, Perdomo et al demonstrated that mucosal but not  
10 subcutaneous, BCG immunisation generates lung resident memory T cell populations  
11 that mediate protection against TB (Perdomo et al., 2016). We established that Lipo-  
12 AE given mucosally could generate Trm, characterised as CD69+CD103+ memory T  
13 cells in the lung parenchyma. These cells were found to belong to both CD4 and CD8  
14 compartment and are likely to be antigen specific, though we have no formal evidence  
15 of their antigen specificity as we did not have appropriate MHC tetramers to confirm  
16 this.

17 In conclusion, boosting BCG with Lipo-AE mediated enhanced immunity and  
18 protection over that afforded by BCG alone. This vaccine delivery platform is well  
19 suited for TB but the liposomal system can be adapted to suit other diseases and  
20 recently the first ever liposomes-adjuvanted vaccine was licensed indicated for malaria  
21 (Hawkes, 2015;Morrison, 2015), while a therapeutic vaccine candidate RUTI  
22 formulated in liposomes is currently in clinical trials (Cardona, 2006). This underscores  
23 the potential of liposome technology as an attractive vaccine delivery system.

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**Author contribution:** G.R.D, A.C and P.H. performed all immunisation and Mtb infection experiments, as well as key immunological analyses. M-Y.K. performed bronchoalveolar antibody analysis; A.C.T. performed statistical analysis; N.P. generated Lipo-AE and performed APC experiments; M.J.P. contributed to processing of tissues and setting up CFUs; M.S. provided antigens; M.F. conceived the potential use of liposomes as a vaccine delivery platform. G.R.D., M.F. and R.R. co-wrote the manuscript.

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1 **Figure legends**

2

3 **Fig. 1** Encapsulation and stability of PS/PS liposomes and their physical  
4 characteristics. The stability of PS liposomes carrying Alexafluor488-BSA was  
5 assessed for fluorescence intensity by flow cytometry and size distribution by Malvern  
6 Zetasizer, immediately and after 30 days from liposome generation and storage at  
7 4°C.

8 **(A)** Schematic showing PS/PS liposome encapsulating an antigen

9 **(B)** Overlay of flow cytometry histogram plots of AF488-BSA loaded liposomes with  
10 'empty' liposomes over time. Grey corresponds to empty liposomes while green  
11 corresponds to AF488-BSA liposomes after 30 days storage at 4°C.

12 **(C)** Size distribution measured by Zetasizer of Ag85B-loaded liposomes following  
13 30 day storage at 4°C.

14

15 **Fig. 2** Antigen internalization and processing in human DC after delivery by PS  
16 liposome.

17 **(A)** Immature and mature DC cells were exposed to dialyzed PS liposomes loaded  
18 with AF647-BSA to a ratio of 5:1 for 1 hour. Analysis was performed by flow  
19 cytometry.

20 **(B)** Immature DC cells were stained with the nucleic acid stain Hoechst and the  
21 acidophilic dye LysoTracker Red and stimulated with PS liposomes loaded  
22 with AF647-BSA at the ratio 5:1 for 90 minutes. A representative image from  
23 over many taken by confocal microscopy, is shown. Sample analysis indicated  
24 majority of cells positively stained with approximately 23 % strongly positive for  
25 both stains.

26 **(C)** Immature DC cells were exposed to PS liposomes loaded with DQ-OVA or to  
27 empty liposomes at a ratio of 5:1 for 1 hour. Red and green fluorescence was  
28 evaluated by flow cytometry. A representative experiment with cells from one,  
29 out of three, healthy donors is shown.

30

1 **Fig. 3** Reduced *Mtb* infection in Lipo-AE immunised mice. Four weeks after the final  
2 immunisation, mice were challenged with aerosolised *Mtb* and then four weeks later  
3 culled and organs harvested for bacterial enumeration. Each point corresponds to log  
4 CFU value for the individual animals (n=7).

5 (A) Schematic depicting immunisation and *Mtb* infection schedule

6 (B) CFU in the lungs and spleens

7 The horizontal bars represent the mean for each group  $\pm$  SEM. Log transformed data  
8 were analysed using a 1-way ANOVA and a Dunnett's multiple comparison test  
9 comparing all groups to the BCG control or comparing Lipo-AE with empty liposomes  
10 (Lipo); \*  $P \leq 0.05$ , \*\*  $P \leq 0.01$ , \*\*\*  $P \leq 0.001$ , \*\*\*\*  $P \leq 0.0001$ .

11

12 **Fig. 4** Mucosal antibody responses and lung Trm induced by Lipo-AE.

13 (A) Levels of anti-Ag85B specific BAL IgG and IgA determined by antigen-specific  
14 ELISA. Each bar corresponds to the mean of triplicate samples from 3 animals  
15 from each group  $\pm$  SEM. The set of bars represent 3-fold serial dilutions from  
16 the starting neat sample. Average end point titres are indicated above the bars.

17 (B) Analysis of the lung resident memory T cell populations. Except for the PBS  
18 group, animals were vaccinated with BCG sc and then with Lipo-AE or empty  
19 liposomes, both containing PolyIC, as described in Methods. Cells isolated  
20 from the lungs of immunised animals were stained and analysed by flow  
21 cytometry to determine the Trm populations. The gating strategy used was cells  
22  $\rightarrow$  single cells  $\rightarrow$  live cells  $\rightarrow$  CD3<sup>+</sup>  $\rightarrow$  CD4<sup>+</sup>/CD8<sup>+</sup>  $\rightarrow$  CD44<sup>high</sup> / CD62L<sup>low</sup> and  
23 the CD69/CD103 double positive Trm presented. Data originated from n=3  
24 pooled animals and a representative plot is shown.

25 .

26 **Fig. 5** Cellular immune response induced by Lipo-AE.

27 (A) Antigen specific splenocyte and T cell proliferation. Splenocytes harvested from  
28 immunised animals were stimulated with Ag85B (blue) or ESAT-6 (red) as the  
29 recall antigens and media alone as the negative control, and proliferative

1 responses were then measured by radiolabelled thymidine incorporation.  
2 Vertical bars represent the stimulation indices (stimulation index = antigen  
3 specific radioactive counts per minute / background radioactive counts per  
4 minute).

5 **(B)** CD8 T cell proliferation. Splenocytes were stimulated with the recall antigens  
6 and the CD8+ Ki67+ cells identified. The gating strategy used was cells ->  
7 single cells -> live cells -> CD90.2+ -> CD8+ -> KI67+ and CD44/CD62L cells.  
8 The bars represent the percent of CD8+ cells that are Ki67+ and are broken  
9 down based on memory marker phenotype.

10 **(C) D, E and F:** Cytokine production following antigen recall assay. Splenocyte  
11 stimulation culture supernatants were collected and assayed for cytokine  
12 presence by. Legendplex: IFN- $\gamma$  (C), IL-10 (D), IL-17 (E) and IL-4 (F). Bars  
13 depict means pg/ml +/-SEM, with \* indicating statistically significant values  
14 above the background ( $P < 0.05$ ).

15

16 **Fig. 6** Polyfunctional T cell responses induced by Lipo-AE.

17 Splenocytes isolated from immunised animals were stimulated with Ag85B and the  
18 production of IFN- $\gamma$ , IL-2, IL-17A and TNF- $\alpha$  measured by intracellular cytokine  
19 staining and flow cytometry.

20 **(A) and (F)** Proportion of CD4 and CD8 positive cells producing cytokines

21 **(B) and (G)** Proportion of CD4 and CD8 cells expressing each individual cytokine

22 **(C) and (H)** Proportion of CD4 and CD8 cells producing at least 3 or 4 cytokines

23 **(D) and (I)** Polyfunctional CD4 and CD8 T cells phenotype by cytokine combinations

24 **(E) and (J)** Frequency of single or multiple cytokine producing CD4 and CD8 T cells  
25 as a proportion of all antigen specific cells



1 Gating strategy was the same as in our recent report (Hart et al., 2018).

2

3 **Figure 7. Analysis of the lung resident memory T cell populations.** Except for the  
4 PBS group, animals were vaccinated with BCG sc and then received one s.c. and one  
5 i.n. administration of Lipo-AE or empty PS/PS liposomes with PolyIC. Cells isolated  
6 from the lungs of immunised animals were stained and analysed by flow cytometry to  
7 determine the T<sub>rm</sub> populations. The gating strategy used was cells -> single cells ->  
8 live cells -> CD3<sup>+</sup> -> CD4<sup>+</sup>/CD8<sup>+</sup> -> CD44<sup>high</sup> / CD62L<sup>low</sup> and the CD69/CD103 double  
9 positive T<sub>rm</sub> presented. Data originated from n=3 pooled animals and a representative  
10 plot is shown.

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Figure 1

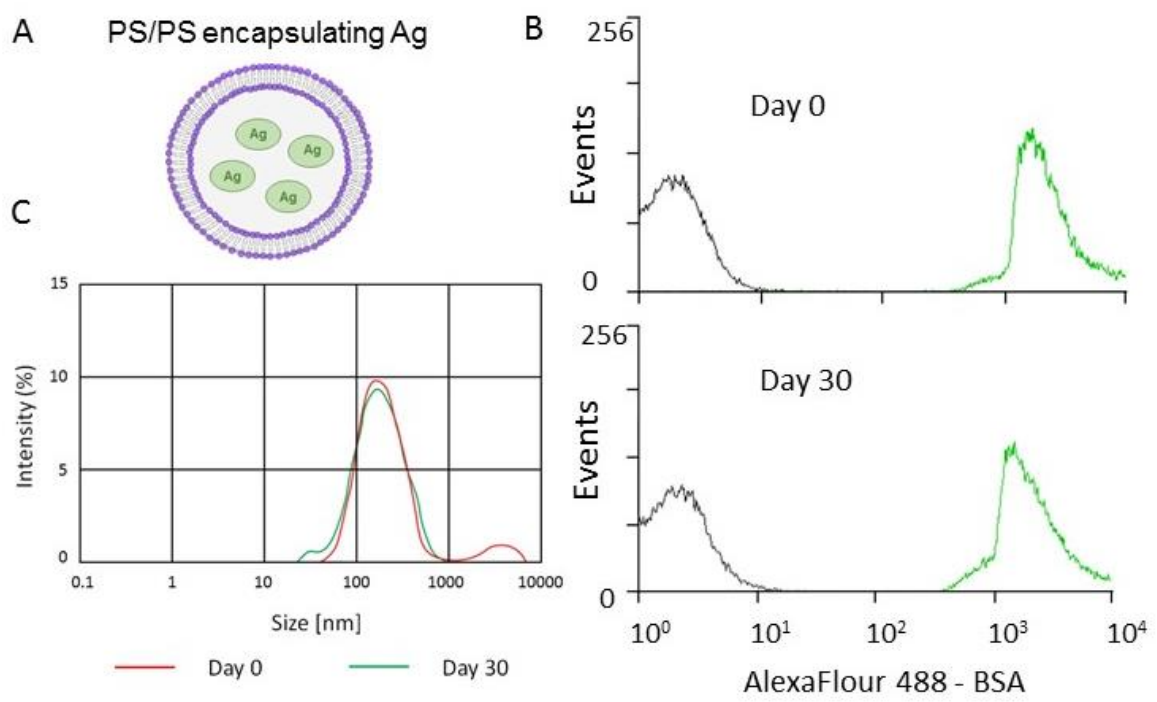


Figure 2

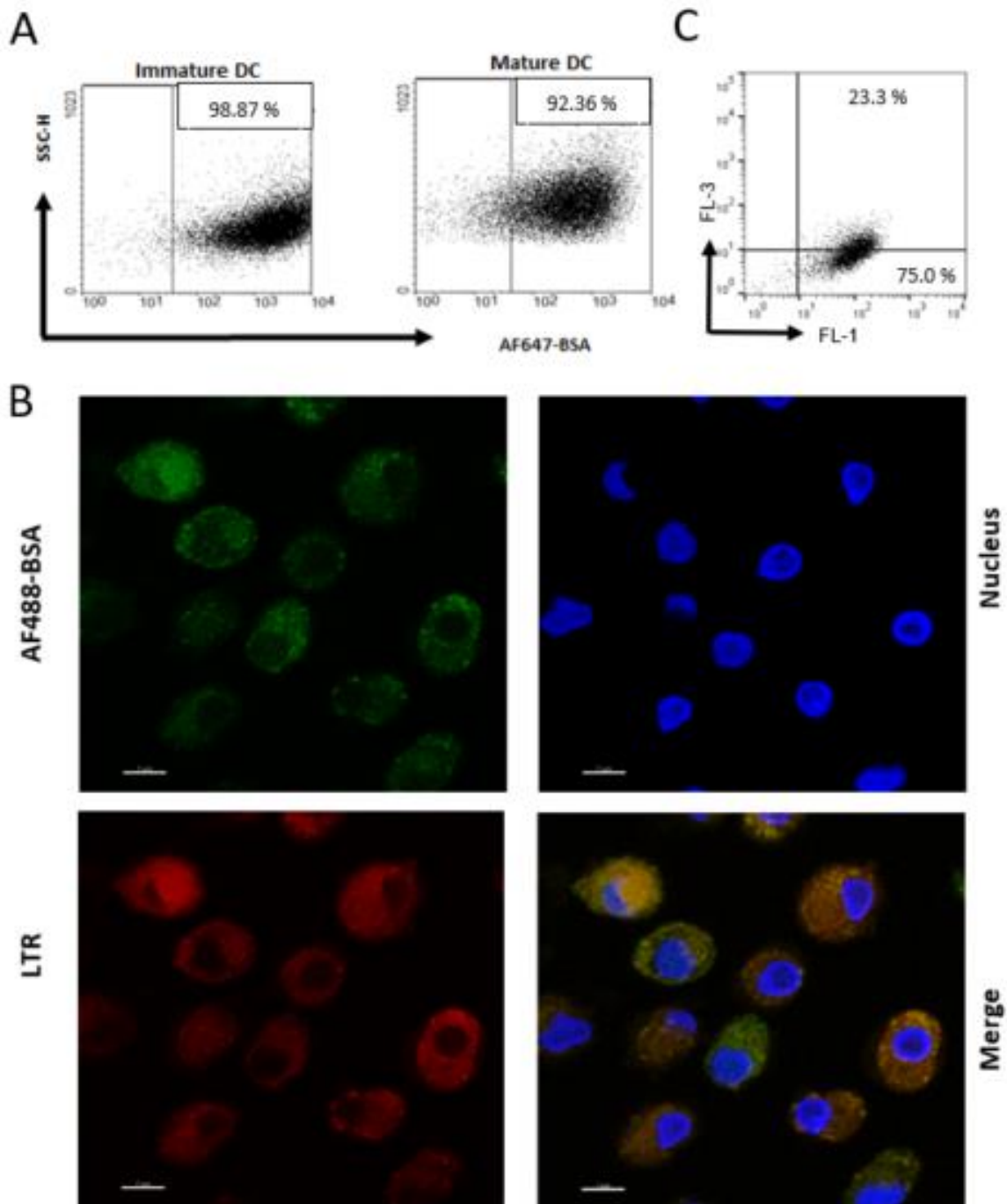


Figure 3

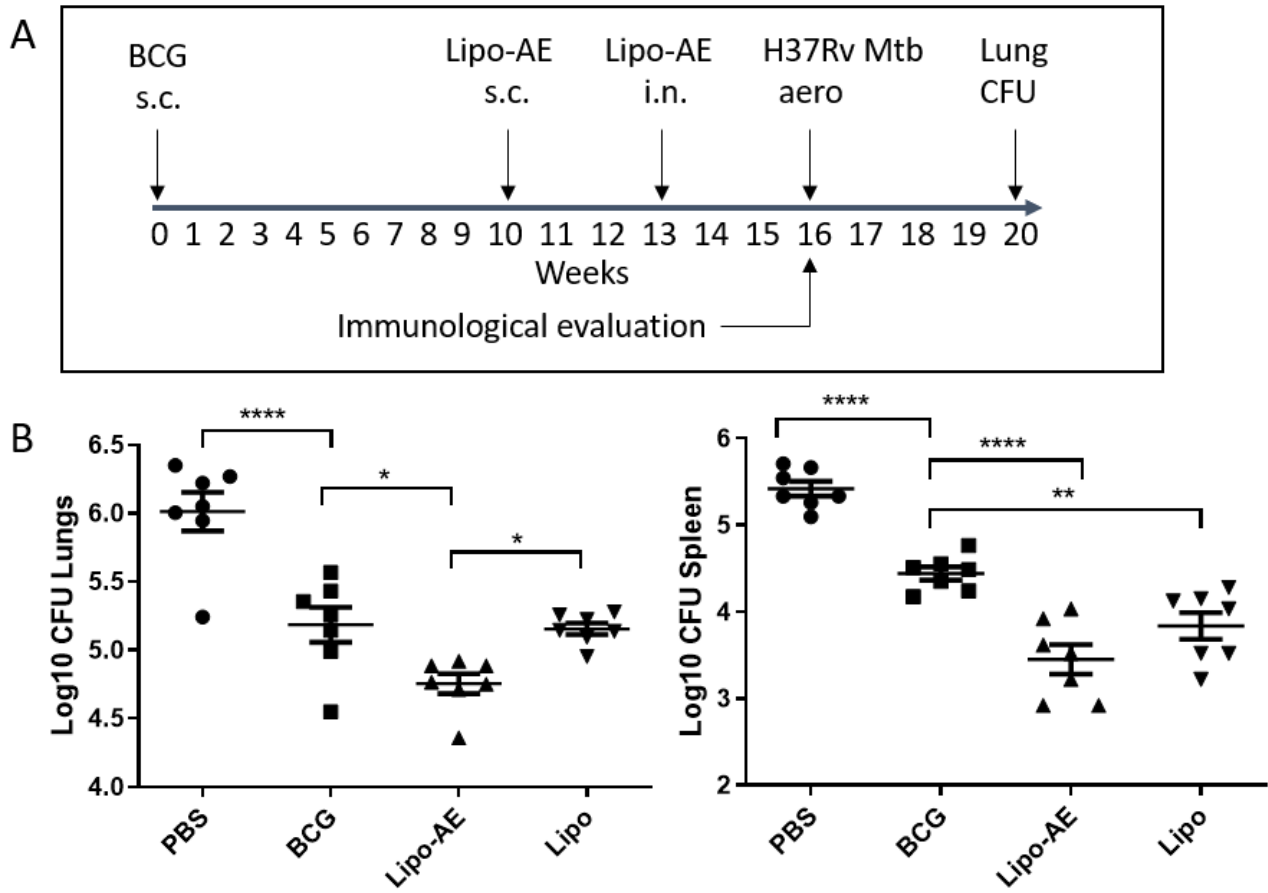


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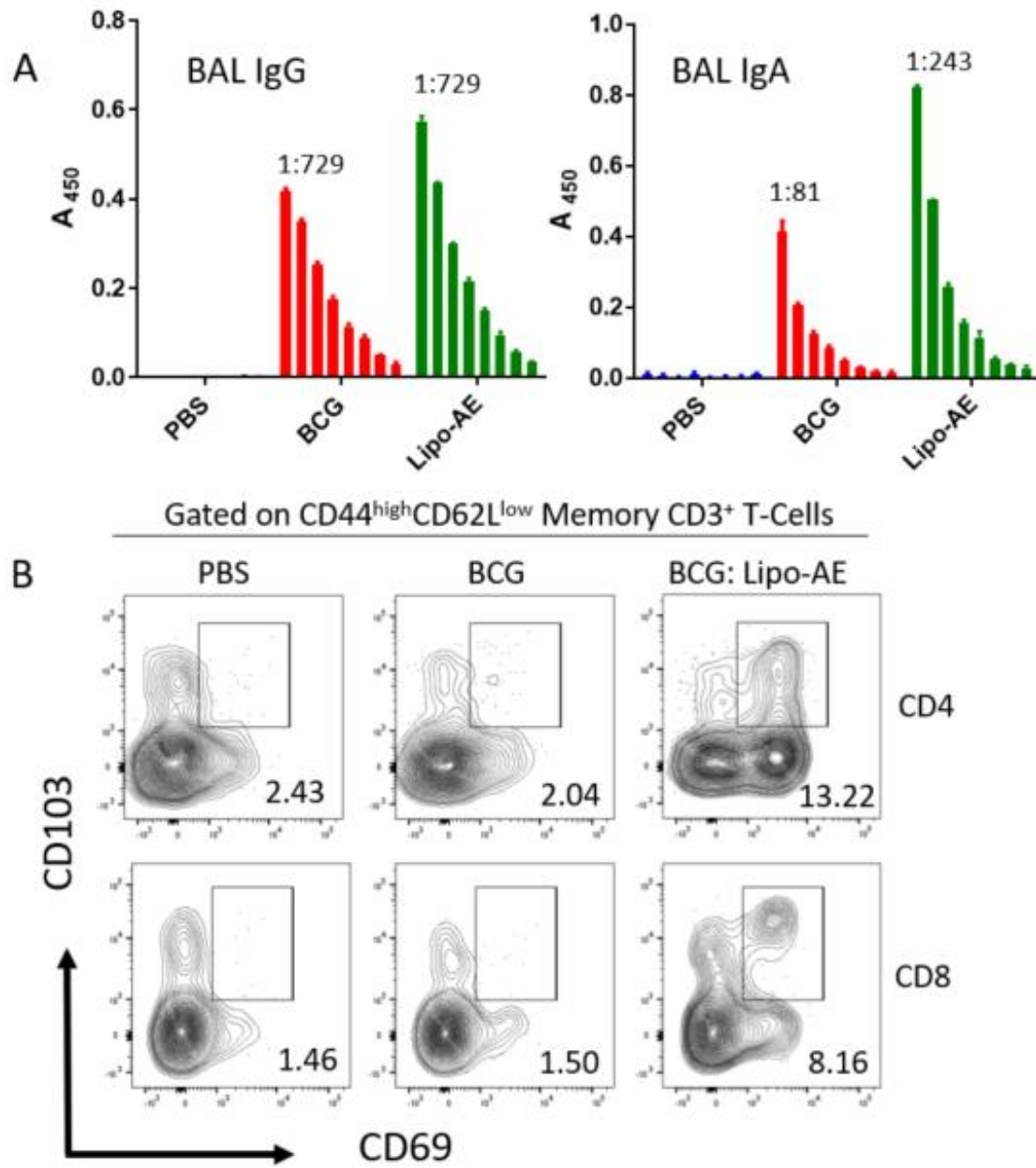




Figure 5

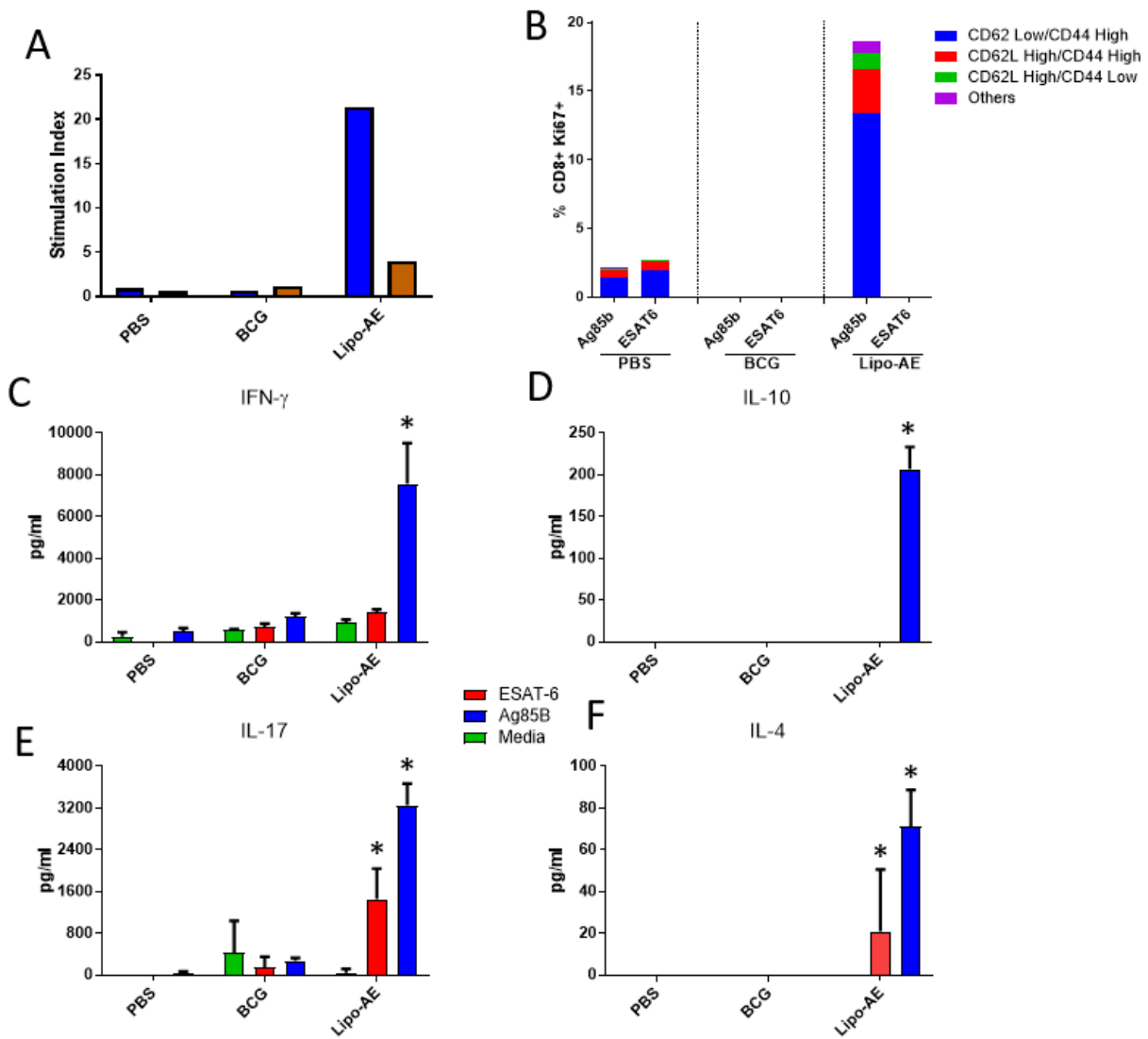


Figure 6

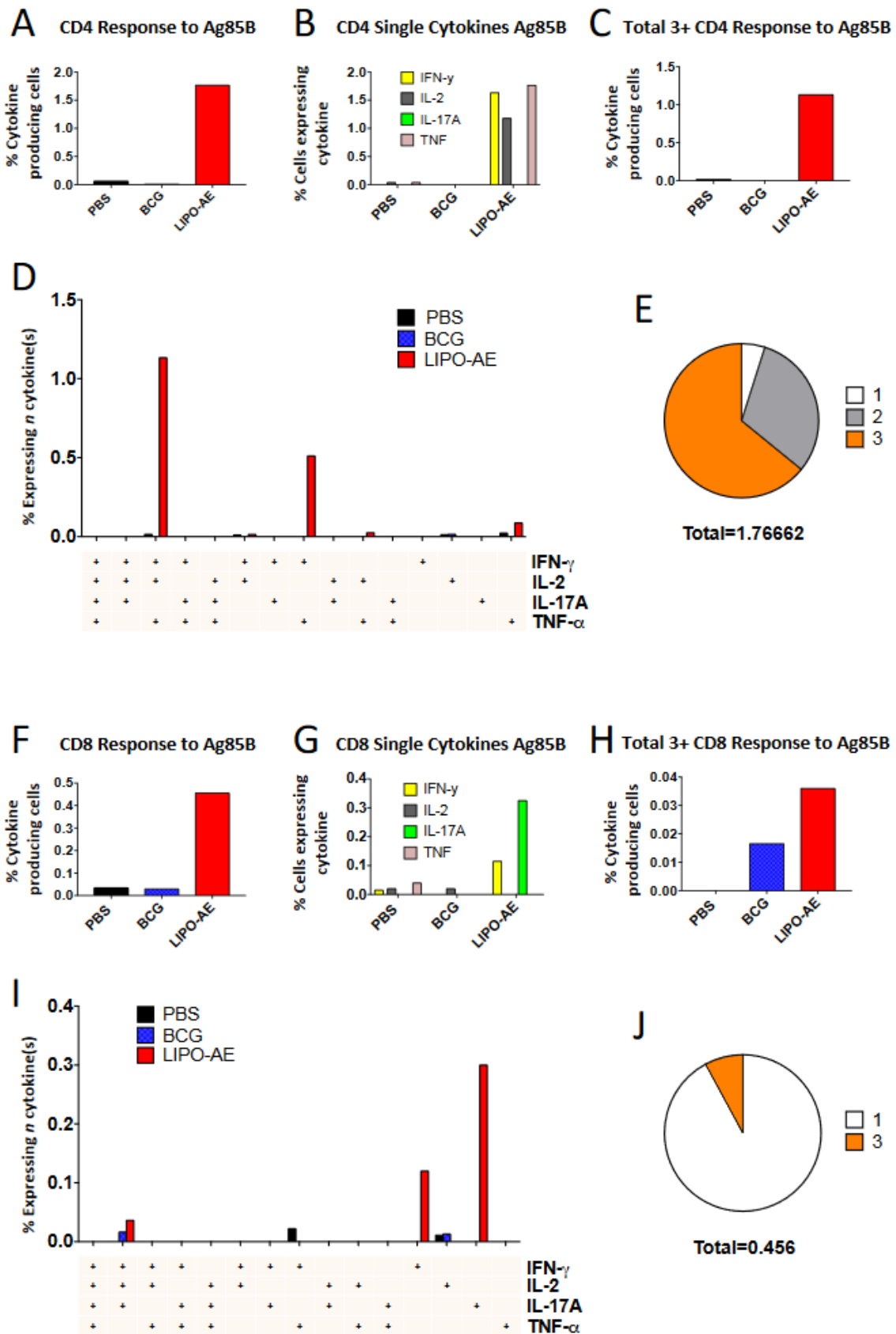


Figure 7

