Title page

Title: Comparison of individual-level and population-level risk factors for rhinoconjunctivitis, asthma and eczema in the International Study of Asthma and Allergies in Childhood (ISAAC) Phase Three.

Short title: Risk factors for rhinoconjunctivitis, asthma and eczema in ISAAC Phase Three

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Data collection was co-ordinated by I.A., P.E., N.P., L.G-M. and D.S. and implemented by the ISAAC Phase Three Study Group. This data analysis and presentation were conceived by C.R., R.S., N.P. and D.S. Statistical modelling was performed by C.R. as part of PhD studies supervised by R.S., N.P. and D.S. The manuscript was drafted by C.R. and D.S. and critically reviewed by all named authors.

Conflict of interest statement

The authors report no competing interests.

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Not applicable, as this is secondary analysis of an existing, publicly available dataset.

Availability of data

The ISAAC Phase Three datasets, on which this article is based, and associated survey documentation, have been deposited at the UK Data Archive for use by *bona fide* researchers on application via the following URL:

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<u>Abstract</u>

Background: Symptoms of asthma, allergic rhinoconjunctivitis and atopic eczema in children cluster

at both the individual and population levels.

Objectives: To assess individual-level and school-level risk factors for symptoms of rhinoconjunctivitis

and compare them to corresponding associations with symptoms of asthma and eczema in Phase

Three of the International Study of Asthma and Allergies in Childhood.

Methods: We studied 116,863 children aged 6-7 years from 2,163 schools in 59 centres and 22

countries and 224,436 adolescents aged 13-14 years from 2,037 schools in 97 centres in 41 countries.

Multilevel logistic regression models were fitted with random intercepts for school, centre and

country, adjusting for sex and maternal education at the child level. Associations between symptoms

and a range of lifestyle and environmental risk factors were assessed for both the child's exposure and

mean exposure at the school. Models were fitted for rhinoconjunctivitis, asthma and eczema singly

(unimorbidity) and for combinations of these conditions (multimorbidity).

Results: Generally, associations between symptoms and exposures at the school level were similar in

direction and magnitude to those at the child level. Associations with multimorbidity were stronger

than for unimorbidity, particularly in individuals with symptoms of all three diseases, but risk factor

associations found in conventional single disease analyses persisted among children with only one

condition, after excluding multimorbid groups.

Comparisons of individuals with only one disease showed that many risk factor associations were

consistent across the three conditions. More strongly associated with asthma were low birthweight,

cat exposure in infancy and current maternal smoking. Current paracetamol use was more strongly

associated with asthma and rhinoconjunctivitis than eczema. Breastfeeding was more strongly

associated with eczema than asthma or rhinoconjunctivitis.

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The direction and magnitude of most risk factor associations were similar in affluent and non-affluent

countries, although notable exceptions include farm animal contact in infancy and larger sibships,

which were associated with increased risk of rhinoconjunctivitis in non-affluent countries but reduced

risk in affluent countries. In both age groups, current paracetamol use increased risk of each disease

to a greater extent in affluent countries than in non-affluent countries. Effects of paracetamol and

antibiotics in infancy were more consistent between richer and poorer settings.

Conclusions: Most of the environmental and lifestyle correlates of rhinoconjunctivitis, asthma and

eczema in childhood display similarity across the three conditions, even in less affluent settings where

allergic sensitisation is less likely to explain the concordant epidemiological patterns.

Trial registration: Not applicable.

Keywords

Rhinoconjunctivitis

Asthma

Eczema

Multimorbidity

Global

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<u>Introduction</u>

The International Study of Asthma and Allergies in Childhood (ISAAC) has used standardised questionnaires to assess prevalence, time trends and epidemiological associations for symptoms of non-infective rhinoconjunctivitis, asthma and eczema among children from over 300 centres in more than 100 countries worldwide [1,2]. More detailed biomedical assessment in 30 diverse centres in ISAAC Phase Two [3-5] has demonstrated that allergic sensitisation accounts for a much lower proportion of rhinoconjunctivitis, asthma and eczema symptoms in centres from low- and middle-income countries than it does in more affluent settings which feature more prominently in the epidemiological literature.

Previous publications from ISAAC Phase Three have presented the associations of each of the three diseases with single environmental or lifestyle factors [6-19]. More recently, these have been summarised across multiple risk factors for symptoms of asthma [20] and eczema [21], and comparisons made between the relationship of each of these diseases to exposures measured at the level of individuals and exposures averaged at the area level (schools).

In this paper, we apply the multi-level analytical approach to symptoms of rhinoconjunctivitis and extend our overview to assess similarities and differences in the epidemiological patterns of the three diseases, singly and in combination. We also compare these patterns between centres from higher-income and lower-income countries.

Methods

Study design

A brief summary of the ISAAC Phase Three methods are presented in this paper and more details are available elsewhere [1]. ISAAC Phase Three was a multi-centre, multi-country, cross-sectional study of children (age 6-7 years) and adolescents (age 13-14 years). Within a defined geographical area (centre), a sample of schools were chosen at random. All children within the age groups in those schools were asked to participate [1]. The Phase Three survey took place in 2000-2003 and included two standardised questionnaires (http://isaac.auckland.ac.nz); the original symptom questionnaire from ISAAC Phase One [1-2] with information on symptoms of asthma, eczema and rhinoconjunctivitis, and an environmental questionnaire which collected data on a range of possible risk factors for the development of these disorders [1].

Variable definitions

The three main outcomes of interest, asthma, eczema and rhinoconjunctivitis, are defined using previous ISAAC conventions [1-3]. These three diseases are likely to be undiagnosed in many cases as people seek to self-treat (particularly rhinoconjunctivitis), and the rate of doctor diagnoses is likely to vary widely from country to country. Thus, outcomes assessed in the ISAAC questionnaire are based on a description of symptoms rather than a diagnosis of disease.

Rhinoconjunctivitis is defined by positive responses to all of the following three questions:

Have you [has your child] ever had a problem with sneezing, or a runny, or blocked nose when you did not have a cold or the flu?

In the past 12 months, have you [has your child] had a problem with sneezing, or a runny, or blocked nose when you [he/she] did not have a cold or the flu?

In the past 12 months, has this nose problem been accompanied by itchy-watery eyes?

Eczema is defined by positive responses to all of the following three questions:

Have you [has your child] ever had an itchy rash which was coming and going for at least six months?

Have you [has your child] had this itchy rash at any time in the past 12 months?

Has this itchy rash at any time affected any of the following places: the folds of the elbows, behind the knees, in front of the ankles, under the buttocks, or around the neck, ears or eyes?

Asthma is defined by a positive response to the following question:

Have you [has your child] had wheezing or whistling in the chest in the past 12 months?

The environmental questionnaire for the 6-7-year-old age group contained more questions on early life exposures as this was completed by the parents of the child. We restricted our analyses to the risk factors which had shown associations with either rhinoconjunctivitis, asthma or eczema symptoms in the last 12 months in previous analyses at the individual level. Variables included for the younger age group (6-7 years) were paracetamol use in the first year of life and in the past 12 months [6], antibiotic use in the first year of life [7], breast feeding [8], pets in the home in the first year of life [9], regular contact with farm animals in the first year of life and prenatally through maternal contact [10], truck traffic in the last 12 months [11], fast food consumption in the last 12 months [12], television viewing in the last 12 months [13], parental smoking in the last 12 months [14], open fire cooking [15], birth weight [16] and number of siblings [17]. For the older age group (13-14 years), truck traffic [11], fast food consumption [12], television viewing [13], parental smoking [14] and paracetamol use [18], all in the past 12 months, open fire cooking [15] and number of siblings [17] were included.

Most of the above risk factors were parameterised as binary variables from "yes/no" questions in the environmental questionnaire. The exceptions were: paracetamol use in the past 12 months (at least once per month vs. less than once per month), heavy truck traffic (frequently or almost the whole day

vs. seldom or never), fast food consumption (once per week or more vs. less than once per week), television viewing (at least 1 hour per day vs. less than 1 hour per day), birth weight (less than 2.5 kg vs. at least 2.5 kg) and number of siblings (2 or more siblings vs. 1 or no siblings). Full definitions are in Table S1, Supporting Material. The highest level of maternal education was recorded as primary, secondary, tertiary or missing/not stated.

Gross National Income (GNI) in 2002 was obtained from the World Bank website [22] where available, with gaps filled by the CIA World Factbook [23]. Countries were classified as 'affluent' or 'non-affluent' using a 2001 GNI value of US\$9,205 per capita as a cut-off, which separates high-income countries from low and middle-income countries [24].

Statistical analyses

Separate analyses were conducted for the two age groups. Centres with fewer than 1,000 individuals in an age group were excluded from the analyses for that age group. Each school was required to have at least 10 individuals to be included in the analyses for that age group. In addition, a response rate of at least 60% was required for children and at least 70% for adolescents for a centre to be included.

Mixed effect (multilevel) logistic regression models were used for all analyses with random intercepts at the 3 highest levels of the four-level hierarchy: individuals, schools, centres and countries (from lowest to highest). All analyses additionally adjusted for sex and maternal education as confounders at the individual level.

The potential risk factors for rhinoconjunctivitis symptoms were compared at individual level and at school level in a similar way to previous publications on asthma [20] and eczema [21]. The school-level risk factors are less prone to reverse causation bias than the individual-level risk factors as a change in behaviour of a few people with the disease will not greatly affect the school-level prevalence of that risk factor. Thus, similar results at both levels can be interpreted as suggestive evidence against reverse causation influencing individual-level associations.

For comparison of risk factor associations between the three different diseases, three different modelling approaches were used:

- i) Standard outcomes modelling the three disease outcomes separately but within the same sample of children,
- ii) Multimorbid outcomes modelling each of the different combination of disease outcomes

 (i.e. asthma only, eczema only, rhinoconjunctivitis only, asthma and eczema, asthma and rhinoconjunctivitis, eczema and rhinoconjunctivitis, and all three) against those with no disease and comparing the resulting risk factor associations, and
- Unimorbid outcomes comparing individuals with only asthma, only eczema or only rhinoconjunctivitis symptoms in the last 12 months and modelling the three combinations of disease pairs to evaluate if the risk factors are more associated with one disease than another.

In each of these modelling analyses we checked for collinearity between the risk factors by comparing the standard errors in the fully adjusted model (all risk factors and confounders) to those in minimally adjusted models (only the risk factor of interest and the confounders).

Additionally, we ran each model separately for 'affluent' and 'non-affluent' countries (with the exception of the multimorbid outcomes analyses where some of the sample sizes were too small). We also tested for an interaction between country affluence and each risk factor individually.

Analyses were conducted using Stata version 15 [25].

Results

Derivation and characteristics of the sample analysed

In the age 6-7 analyses there were 75 centres (comprising 221,280 children) that met the standard ISAAC inclusion criteria [1] of a minimum of 1,000 children and a response rate of at least 60%. For multi-level analysis, 263 schools (1,427 children in total) were excluded due to having fewer than 10 children and a further 102,990 children excluded for not having data available for all three outcomes (asthma, eczema and rhinoconjunctivitis symptoms), confounders (sex and mother's level of education) and all the included risk factors. The remaining 116,863 children, on which these results are based (the "synthesis sample"), were from 2,163 schools within 59 centres, in 22 different countries (Figure S1, Supporting Material).

The prevalence of rhinoconjunctivitis symptoms among the 6-7-year-olds included in this analysis was 8.9%, asthma symptoms was 9.7% and eczema symptoms was 7.3%. The overall prevalence of the exposures ranged from 1.8% for current open fire cooking to 80.5% for ever breastfed. These and further summary statistics for the synthesis sample are presented in Table 1.

For the 13-14 year-olds there were 122 centres (comprising 362,048 adolescents) meeting the ISAAC criteria [1] of a minimum of 1,000 per centre and a response rate of at least 70%. For multi-level analysis, 64 schools (comprising 298 individuals) were excluded due to having fewer than 10 adolescents. A further 137,314 individuals were excluded for not having data available for all three outcomes (asthma, eczema and rhinoconjunctivitis symptoms), confounders (sex and mother's level of education) and all the included risk factors of interest. The remaining "synthesis sample" contained 224,436 adolescents from 2,037 schools within 97 centres, in 41 different countries (Figure S2, Supporting Material).

The prevalence of rhinoconjunctivitis symptoms among the 13-14-year-olds included in this analysis was 14.1%, asthma symptoms was 10.6% and eczema symptoms was 6.2%. The overall prevalence of

the exposures ranged from 5.2% for current open fire cooking to 85.7% for watching television at least an hour a day. For further details, see Table 1.

Multi-level models for rhinoconjunctivitis

Table 2 presents associations at the individual level (within schools) and the area level (between schools, within centre) for exposures of interest, adjusted for sex and mother's educational level ("minimally adjusted") and for each other ("fully adjusted"), as derived from the multi-level model.

For the 6-7 age group, the strongest mutually adjusted associations with rhinoconjunctivitis at the individual level were current paracetamol use (odds ratio=2.02; 95% Cl=1.92-2.13) and antibiotics in the first year (1.58; 1.51-1.66). These associations were very similar at the school level with odds ratios 2.04 (1.43-2.89) and 1.39 (1.03-1.88) respectively. However, the weaker child-level association with early paracetamol use (1.39;1.32-1.47) was not seen at the school level (0.99; 0.73-1.35). Similarly, a modest child-level association with heavy truck traffic (1.17; 1.12-1.22) was inconsistent with the inverse relationship at school level (odds ratio 0.92; 0.73-1.16). Low birthweight showed no evidence of an association with rhinoconjunctivitis at the individual level (1.04; 0.96-1.13) but at the school level the association was strong and significant (2.59; 1.56-4.29). Similarly, a school-level association was evident for television viewing (1.45;1.05-2.01) but not for children within schools (0.93; 0.88-0.98).

In the 13-14 age group, there was a strong association at the individual level with current paracetamol use (1.76; 1.71-1.81) which was even stronger at the school-level (3.48; 2.66-4.56). A less strong child-level association was observed for heavy truck traffic (1.23; 1.20-1.26) which was consistent at the school level (1.16; 0.94-1.44) though there was less precision on the latter estimate. Paternal and maternal smoking had similar effects at the individual-level but at the school level their associations were in opposite directions. For cooking by open fire, the school-level association (2.02;1.39-2.93) was much stronger than the child-level association (1.16;1.08-1.26).

The precision of estimates from the fully adjusted models and those from the corresponding minimally adjusted models (Table 2) were compared and no evidence of collinearity was found.

Comparison of risk factor patterns for rhinoconjunctivitis, asthma and eczema

Table 3 compares, by age group, the individual-level associations of each exposure with symptoms of rhinoconjunctivitis (from Table 2), asthma and eczema (previously published in slightly different samples [20,21], but reanalysed here on the same "synthesis sample" as for rhinoconjunctivitis).

For younger children, the strongest associations in the fully adjusted analyses were similar across all three outcomes. They were: current paracetamol use (ORs for rhinoconjunctivitis symptoms 2.02; asthma symptoms 2.07; and eczema symptoms 1.46), antibiotic use in the first year of life (1.58; 1.66; 1.40, respectively), and paracetamol use in the first year of life (1.39; 1.34; 1.29). Heavy truck traffic showed a less strong but consistent association with all three outcomes (1.17; 1.19; 1.12). Similarly, cat ownership in the first year of life had a consistent direction of association, somewhat stronger with asthma (1.22) than with rhinoconjunctivitis (1.09) and eczema (1.10).

The three diseases differed in their associations with some other risk factors. Exposures showing a harmful association with asthma but no statistically significant association with rhinoconjunctivitis and eczema were cooking on an open fire and fast food. Low birthweight showed a harmful association with asthma (OR=1.15), a marginally statistically significant protective effect with eczema (OR=0.90) and no association with rhinoconjunctivitis. Breast feeding was associated with increased risk of eczema (1.11), a marginally statistically significant protective association with asthma (OR=0.95) and no association with rhinoconjunctivitis.

Among adolescents, exposures showing consistent associations with all three diseases were current paracetamol use (odds ratios for rhinoconjunctivitis 1.76; asthma 1.80; and eczema 1.58), heavy truck traffic (1.23; 1.20; 1.31, respectively), cooking on an open fire (1.16; 1.19; 1.49), mother smoking (1.14;

1.22; 1.11), and father smoking (1.10; 1.11; 1.15). Weaker associations with fast food were also consistent (1.06; 1.07; 1.06) across the three diseases (Table 3).

Comparison of risk factor patterns in affluent and less affluent countries

Figures 1A-1C summarise the risk factor-disease associations by age group, stratified by national per capita GNI. (Numerical results are shown in Table S2, Supporting Material.) Many of the risk factor-disease associations are fairly consistent between affluent and non-affluent settings, with most differences being within the range expected by chance (interaction p>0.01). In the section below we focus upon the most significant inconsistencies (interaction p<0.0001 for one or more diseases).

For rhinoconjunctivitis among 6-7-year-olds (Figures 1A and 1B), notable differences by national per capita GNI are increased risk in non-affluent countries with farm animal contact in infancy (1.19; 1.07-1.33) and having more than two siblings (1.06; 1.00-1.13), whereas in affluent countries, these associations are protective (0.88; 0.75-1.03 and 0.87; 0.81-0.94, respectively).

For asthma among 6-7-year-olds (Figures 1A and 1B), farm animal exposure in pregnancy showed a harmful association in non-affluent countries (1.32; 1.18-1.49) but no significant effect in affluent countries (0.98; 0.83-1.14). Breastfeeding ever showed a protective effect in non-affluent countries (0.87; 0.81-0.94) but no significant effect in affluent countries (1.02; 0.96-1.10). Cat exposure in infancy increased risk of asthma symptoms in both settings but there was evidence of a stronger effect in non-affluent (1.36; 1.24-1.49) than affluent countries (1.10; 1.01-1.20). Conversely, current paracetamol use elevated asthma risk to a significantly greater extent in affluent (2.36; 2.19-2.56) than non-affluent settings (1.90; 1.78-2.02).

For eczema among 6-7-year-olds (Figures 1A and 1B), early cat exposure was a risk factor in non-affluent countries (1.23; 1.11-1.36) but not in affluent countries (0.99; 0.90-1.09). Farm animal exposure in infancy increased eczema risk in non-affluent (1.25; 1.11-1.40) but not in affluent

countries (0.95; 0.80-1.13), and a similar pattern was evident for farm animal exposure in pregnancy. Current paracetamol use was more strongly associated with eczema symptoms in affluent (1.65; 1.50-1.81) than non-affluent settings (1.35; 1.25-1.46), although this heterogeneity (interaction p=0.003) was less significant than for asthma.

Stratifying the 13-14 year-old results in a similar manner (Figure 1C and Table S2), few risk factors demonstrate differential effects in affluent and non-affluent countries. For rhinoconjunctivitis, open fire cooking increased risk in non-affluent countries (1.20; 1.11-1.30) but not in affluent countries (0.82; 0.62-1.07) (interaction p=0.008). Across all three outcomes, current paracetamol use showed a harmful effect in both affluent and non-affluent countries but the effect was stronger in affluent countries (interaction p<0.0001 for rhinoconjunctivitis, p=0.0009 for asthma, p=0.009 for eczema).

Multimorbid (combinations of disease) models

In the 6-7 year-old synthesis sample, 80.1% of the children had no symptoms of any of the three outcomes. The proportion of children with only one disease was 14.9% (rhinoconjunctivitis 4.7%, asthma 5.8%, eczema 4.4%). The proportions with two diseases was 4.1% (rhinoconjunctivitis and asthma 2.1%, rhinoconjunctivitis and eczema 1.1%, and asthma and eczema 0.9%). Just 0.9% of the sample had symptoms of all three diseases (Table 1).

Using models comparing different combinations of disease outcomes to those with no disease (Table 4), we found that antibiotics in the first year of life showed a stronger effect among individuals with 2 or 3 diseases. Paracetamol in the first year had similar effects across any combination of the diseases, with a slightly stronger effect only noticed with individuals who have all 3 diseases. This was similar for current heavy truck traffic. Current paracetamol showed a stronger effect in asthma and rhinoconjunctivitis than eczema, as reflected in the combinations of multiple diseases with the

strongest effects being in individuals with all three diseases or rhinoconjunctivitis and asthma (Table 4).

Among the 13-14 year-old synthesis sample, 76.0% had no symptoms of any of the three outcomes. The proportion of adolescents with only one disease was 18.1% (rhinoconjunctivitis 8.8%, asthma 6.1%, eczema 3.2%). A further 5.0% had symptoms of two of the diseases (rhinoconjunctivitis and asthma 2.9%, rhinoconjunctivitis and eczema 1.4% and asthma and eczema 0.7%). Only 0.9% had symptoms of all three diseases (Table 1).

Current paracetamol showed a stronger effect in individuals with more than one disease, with the strongest effect in those with all 3 diseases. Open fire cooking showed a stronger effect in all combinations that contain eczema (Table 4).

Importantly, in both age groups, risk factor associations with each disease in the whole population (Table 3) persisted among children with only one condition, after exclusion of multimorbid groups (Table 4).

Unimorbid (single disease case-only) models

Table 5 shows the results of three separate models, each comparing two of the unimorbid outcomes. Corresponding results, stratified by per capita GNI, are shown as Table S3 in the Supporting Material. Triangle plots appear as Figures S3-S8 in the Supporting Material. An equilateral central triangle denotes a risk factor that has a similar strength of effect on all three diseases, the further from equilateral the triangle is, the more that risk factor effect differs in strength between diseases. In the plots the odds ratios displayed are all greater than or equal to one; they relate to whichever disease has the stronger effect (the corner they are closest to compared to the opposite corner).

In the 6-7 year-old age group, low birthweight was most strongly associated with asthma and more strongly associated with rhinoconjunctivitis than eczema. Early life antibiotic exposure showed a similar pattern but to a slightly reduced extent. Being breastfed ever showed a stronger association with eczema than both asthma and rhinoconjunctivitis. Owning a cat in the first year of life was most strongly associated with asthma but more strongly associated with eczema than rhinoconjunctivitis.

Some differences were evident between affluent and non-affluent countries (Table S3 and Figure S6). Farm animal contact during pregnancy had effects in non-affluent countries which were more balanced between the diseases, but in affluent countries the effect was stronger on eczema and rhinoconjunctivitis than asthma. In contrast, early cat contact had more balanced effects in affluent countries but in non-affluent countries there was a much stronger effect on asthma and eczema than rhinoconjunctivitis.

Among the current exposures for 6-7 year-olds, current paracetamol use was more strongly associated with asthma and rhinoconjunctivitis than with eczema. Open fire cooking was more strongly associated with both asthma and eczema than rhinoconjunctivitis but the confidence intervals were wide. Maternal smoking was more strongly associated with asthma than with eczema or rhinoconjunctivitis. Affluent centres showed a stronger effect of open fire cooking on asthma and rhinoconjunctivitis, whereas in non-affluent centres the stronger effect was on asthma and eczema.

Among 13-14 year-olds, similar to the younger children, maternal smoking had a stronger association with asthma than with either eczema or rhinoconjunctivitis, and current paracetamol showed a stronger association with asthma and rhinoconjunctivitis than with eczema. The biggest difference between affluent and non-affluent countries was observed for open fire cooking. In affluent countries, there were stronger associations with eczema than with asthma or rhinoconjunctivitis although it is important to note that the confidence intervals were exceptionally large due to the rarity of cooking on open fires in the affluent centres.

Discussion

Overview of findings

This is the largest and broadest overview to date of lifestyle and environmental risk factors for symptoms of non-infective rhinoconjunctivitis among children. It is the first comprehensive analysis of this condition, which models multiple risk factors together to compare their mutually adjusted individual-level and population (school)-level associations in a multilevel framework. Due to the multiple comparisons made, and the large size of our sample, we concentrate our interpretation upon the overall patterns of results and on specific findings with more extreme levels of statistical significance.

Generally, associations with exposures averaged at the school level were similar in direction and magnitude to those ascertained at the child level, as we found also for symptoms of asthma and eczema. As we have argued elsewhere [20-21] this helps to exclude reverse causation, particularly for exposures such as early paracetamol and antibiotic use which may be related to prodromal disease, or pets which may be avoided by allergic families. An exception are the results for breastfeeding, showing a borderline significant inverse association with asthma symptoms, a significantly positive association with eczema symptoms and a null association with rhinoconjunctivitis at the individual level (table 3). Nevertheless, the association of breastfeeding with rhinoconjunctivitis at the school level is strongly and significantly inverse (table 2), perhaps indicating confounding by socioeconomic or other unmeasured characteristics of the school catchment population. This contrasts with the pattern of school-level associations of breastfeeding with symptoms of asthma [20] and eczema [21], which were weakly positive but non-significant.

Many of the risk factor associations observed for symptoms of rhinoconjunctivitis were similar to those previously reported for symptoms of asthma or eczema in ISAAC Phase Three [6-21]. Since the

three diseases cluster together at the individual level, it is possible that associations observed for one disease could be influenced by risk factors for other conditions in the triad. An innovative use of ISAAC data in this paper is the analysis of rhinoconjunctivitis, asthma and eczema, singly and in combination.

As expected, we found that associations with multimorbidity (combinations of two or three diseases) were stronger than for each disease alone (unimorbidity). However, the relationships of risk factors with each disease in the absence of the others were of similar direction and magnitude to the results for each condition modelled separately. Thus, multimorbidity is not the sole explanation of the common epidemiological patterns across these three diseases.

For many risk factors, associations were consistent across the three diseases, between the two age groups, and between countries with different levels of per capita Gross National Income. This similarity of epidemiology strongly suggests that there are common biological mechanisms for these three diseases, which operate in both affluent and less affluent settings. The most striking example of this in our ISAAC dataset is current paracetamol exposure, which was consistently associated with each of the three diseases, within schools and between schools, in both age groups and in richer and poorer countries, although somewhat more strongly with rhinoconjunctivitis and asthma than with eczema.

Shared mechanisms do not exclude the possibility of disease-specific pathways, which may differ between higher and lower income countries. An example of the latter is the inverse association of seasonal rhinoconjunctivitis with number of siblings and childhood exposure to the farm environment. This is well established from large epidemiological studies in Europe and confirmed by objective markers of allergic sensitisation [26]. This pattern is consistent with our findings for rhinoconjunctivitis symptoms in affluent countries but contrasts with the increased risk of these symptoms among children from larger families and those exposed to farm animals in poorer countries.

Strengths and limitations

ISAAC Phase Three has substantial advantages in terms of large sample sizes drawn from diverse study centres worldwide, who adopted standardised methods of data collection. Reliance solely upon questionnaires completed by parents (for the 6-7-year-olds) or participants (for the 13-14-year-olds) is a limitation, both for definition of disease outcomes and for ascertainment of risk factors. On the other hand, the questionnaire methodology maintained high response rates in each centre.

Misclassification of disease or risk factor information could be non-systematic, leading to weaker associations, or systematic, potentially exaggerating or masking associations. A particular concern would be individual differences in the threshold for reporting of symptoms, which could exaggerate clustering of the three complaints within individual children. This is unlikely to affect risk factor associations in our unimorbid analysis, where similarity in the epidemiological patterns for the each of the three diseases (in the absence of the others, Table 4) would be biased only if reporting of all three diseases were altered by the presence of the risk factor (or conversely, reporting of the common risk factor were biased to a similar degree by the presence of each of the three diseases).

A particular limitation of ISAAC Phase Three is the lack of objective information on allergic sensitisation. This was measured by skin prick testing and serum allergen-specific IgE in a separate study of more than 50,000 10-11-year-old children in 30 centres from 22 countries (ISAAC Phase Two) [3-5,27]. Although (as expected) symptoms of rhinoconjunctivitis, asthma and eczema were more common among children with positive skin prick tests, these associations were substantially weaker in less affluent settings. The proportion of each disease attributable to skin prick positivity in centres from lower-income countries (per capita GNI < USD 9,200 in 2001) was 14% for rhinoconjunctivitis, 20% for asthma but only 1% for eczema. The corresponding population attributable fractions (PAFs) in higher-income countries were 61% for rhinoconjunctivitis, 46% for asthma and 28% for eczema. The PARF estimates were very similar when serum allergen-specific IgE was used as the measure of allergic sensitisation [4].

Throughout, ISAAC has focused upon the combination of nasal and conjunctival symptoms (in the absence of intercurrent infection) as the most relevant definition of rhinoconjunctivitis because non-infective rhinitis alone (without itchy eyes) is less strongly associated with skin prick positivity (PAFs of 5% in less affluent centres and 10% in more affluent centres) [27]. More recent studies, among adolescents [28] and adults [29] have confirmed a stronger association of allergic sensitisation with rhinoconjunctivitis than with rhinitis alone.

A shared non-allergic mechanism for "atopic diseases"?

In recent decades, two models of multimorbidity have been proposed to explain the occurrence of two or more "atopic diseases" (asthma, rhinitis and eczema, sometimes extended also to food allergy). The term "united airway disease" has been proposed for the coexistence of asthma and rhinitis in the same patient at the same time [30-32]. The concept of the "atopic march" applies to the sequential development of eczema, asthma and rhinitis (usually in that order) through childhood and adolescence [33,34]. Discussion of both concepts has tended to focus upon IgE-mediated allergic mechanisms and Th2-immune inflammatory pathways as an explanation for concurrent and longitudinal clustering of the three diseases.

However, it is recognised that several distinct pathways and mechanisms are likely to be involved in the atopic march, some of them common and some disease-specific [34]. Non-allergic airway inflammation, defects of mucosal defence, and exogenous cofactors (including microbes, pollutants and smoking) have been proposed as "treatable traits" underlying united airway disease [32], in addition to the close association of both asthma and rhinitis with IgE sensitisation, particularly to multiple allergens [35].

Genome-wide association studies have shown a mixture of common and disease-specific signals for asthma, hay fever and eczema [36] illustrated by triangle plots derived from unimorbid case-only

comparisons similar to those we have shown in Table 5 and Figures S3-S8. Filaggrin (*FLG*) variants are specifically associated with eczema, whereas other genome-wide significant loci such as *IL6R* show almost perfect symmetry in association with each of the three diseases. A bioinformatics (data-mining) analysis of protein interactions found that asthma, rhinitis and eczema shared more associated proteins than would be expected by chance and identified 15 pathways potentially involved in the multimorbidity of asthma, rhinitis and eczema, although many of these are related to Th2-immune signalling pathways [37].

Epidemiological evidence for non-allergic mechanisms underlying coexistence of asthma, rhinitis and eczema emerges from the collaborative analysis of European birth cohorts by the MeDALL consortium [38]. Among over 8,000 children followed from birth to 4 and 8 years of age, IgE sensitisation to common food and aero-allergens at age 4 years accounted for only 38% of the co-occurrence of two or more conditions (asthma, rhinitis and eczema) at age 8 years. In relative terms, the strength of the association among the three diseases was higher in non-sensitised children, although the excess comorbidity was greater among those who were sensitised, due to a higher baseline risk of disease. Among the sensitised children, about a quarter of the observed comorbidity was not due to chance, whereas among non-sensitised children the non-chance proportion was more than half at age 8 years. Comorbidity at age 4 years was strongly predictive of comorbidity at age 8 years. All these observations led the MeDALL investigators to propose "a new vision of multimorbidity independent of IgE sensitisation" [39], which would be entirely consistent with our observations of common epidemiological patterns for symptoms of rhinoconjunctivitis, asthma and eczema in two age groups of children in both affluent and non-affluent countries worldwide.

Conclusions

Most of the environmental and lifestyle correlates of rhinoconjunctivitis, asthma and eczema in childhood display similarity across the three conditions, even in less affluent settings where allergic sensitisation (as conventionally defined) is less likely to explain the concordant epidemiological patterns. This supports the view that mechanisms other than IgE-mediated tissue inflammation may contribute a substantial proportion of the clustering of these "atopic diseases" within individuals (concurrently and sequentially) and at the population level.

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Figure legends

Figures 1A, 1B, 1C

Mutually adjusted odds ratios and 95% confidence intervals for individual-level associations between

risk factors and each of the three diseases, in affluent countries and non-affluent countries.

1A 6-7-year-olds, early exposures

1B 6-7-year-olds, current exposures

1C 13-14-year-olds, current exposures

Footnotes (common to all 3 figures)

Results from mixed logistic regression models with random intercepts at the school, centre and

country levels. Adjusted for sex. Mother's level of education and all other variables shown for the

same age group. Based on the synthesis sample as shown in table 3, stratified by country-level

affluence.

Results for affluent countries shown as diamonds (N = 41,831 aged 6-7; N = 46,932 aged 13-14).

Results for non-affluent countries shown as circles (N = 75,032 aged 6-7; N = 177,504 aged 13-14).

Results for rhinoconjunctivitis symptoms (R) shown in yellow.

Results for asthma symptoms (A) shown in blue.

Results for eczema symptoms (E) shown in red.

Data points are tabulated in supplementary table S2.

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Table 1: Summary statistics for variables and their prevalence in subjects who had data present for the 3 outcomes, the confounders sex and maternal education level and all other exposures of interest in the table (the "synthesis sample").

Variable Type	Variable	Age 6-7 years (n=116,863)					Age 13-14 years (n=224,436)						
		Individual Level Centre Level Prevalence (%) Quartiles				Individual Level	e Level	Level Prevalence (%) Quartiles					
.,,,,		Prevalence (%)	Min	Q1	Med	Q3	Max	Prevalence (%)	Min	Q1	Med	Q3	Max
Outcome	Rhinoconjunctivitis in the past 12 months	8.9	0.9	3.7	7.5	12.2	25.2	14.1	1.2	8.8	13.2	18.5	31.7
	Asthma symptoms in the past 12 months	9.7	2.5	5.4	9.0	13.2	29.7	10.6	0.7	6.1	9.8	14.4	32.4
	Eczema symptoms in the past 12 months	7.3	0.6	2.5	6.0	10.9	18.9	6.2	0.1	3.0	4.7	8.0	23.8
	No symptoms	80.1	62.2	74.1	80.1	89.0	95.0	76.0	51.8	69.6	75.8	83.5	98.2
	Rhinoconjunctivitis only	4.7	0.3	2.2	3.6	5.2	16.5	8.8	1.1	5.0	8.4	11.1	22.4
	Asthma only	5.8	1.7	3.6	5.0	7.4	26.1	6.1	0.6	3.7	5.5	8.0	19.6
Multiple	Eczema only	4.4	0.6	1.8	3.2	5.5	11.4	3.2	0.0	1.6	2.5	4.1	13.4
outcome	Rhinoconjunctivitis and Asthma	2.1	0.2	0.8	2.0	3.3	4.9	2.9	0.0	1.4	2.6	4.0	10.3
	Rhinoconjunctivitis and Eczema	1.1	0.0	0.3	0.8	1.6	4.3	1.4	0.0	0.5	0.9	1.6	8.0
	Asthma and Eczema	0.9	0.0	0.3	0.6	1.3	3.9	0.7	0.0	0.2	0.5	1.0	2.9
	Symptoms of all three	0.9	0.0	0.2	0.8	1.4	3.3	0.9	0.0	0.3	0.8	1.2	4.1
	Low birthweight	7.7	0.0	5.2	6.2	9.4	39.4	NA	NA	NA	NA	NA	NA
	Breastfed ever	80.5	29.2	79.3	84.7	91.2	97.0	NA	NA	NA	NA	NA	NA
	Farm animals (prenatal)	7.7	0.7	4.5	7.5	10.7	24.2	NA	NA	NA	NA	NA	NA
Early Life	Farm animals (1st year)	9.3	1.9	6.2	9.3	13.5	24.9	NA	NA	NA	NA	NA	NA
Exposure	Cat (1st year)	10.9	1.2	4.9	8.3	11.9	53.8	NA	NA	NA	NA	NA	NA
	Dog (1st year)	19.8	0.7	10.6	18.2	27.6	46.3	NA	NA	NA	NA	NA	NA
	Paracetamol (1st year)	66.1	8.6	59.0	68.1	82.7	93.9	NA	NA	NA	NA	NA	NA
	Antibiotics (1st year)	55.6	18.8	52.0	57.8	62.3	77.7	NA	NA	NA	NA	NA	NA
	2 or more siblings	34.7	12.4	21.9	31.8	45.3	83.1	53.9	3.9	37.9	57.6	73.3	100.0
	Heavy truck traffic (past 12 months)	37.9	6.3	32.1	37.8	43.8	67.4	39.5	15.2	32.3	38.0	45.0	90.9
Current	Fast food (past 12 months)	39.6	9.3	20.4	42.4	54.3	98.1	53.6	6.1	42.7	53.7	66.4	98.3
	Television (past 12 months)	80.1	40.1	72.9	82.2	89.1	95.3	85.7	42.9	80.9	90.0	93.2	98.0
Exposure	Paternal tobacco (past 12 months)	31.7	3.2	19.9	28.9	43.6	55.3	38.5	2.7	23.9	36.4	46.4	94.1
	Maternal tobacco (past 12 months)	16.3	0.0	1.6	12.6	24.5	46.6	18.3	0.4	2.7	14.1	28.9	93.7
	Paracetamol (past 12 months)	17.8	0.0	9.9	15.7	23.9	65.3	26.7	0.0	18.4	28.6	34.7	66.0
	Open fire cooking	1.8	0.0	0.3	1.1	2.0	44.8	5.2	0.0	0.6	1.3	4.1	86.1

Table 2. Individual-level (within school) and school-level (between school) effects of exposures on rhinoconjunctivitis symptoms using the synthesis sample^A. Mixed logistic regression models with random intercepts at the school, centre and country levels.

		Minimally ad	justed model ^B	Fully adjusted model ^C		
Age group	Exposures of Interest	Individual-level	School-level	Individual-level	School-level	
		OR (95% CI)	OR (95% CI)	OR (95% CI)	OR (95% CI)	
	Low birthweight	1.11 (1.02, 1.20)	3.03 (1.88, 4.88)	1.04 (0.96, 1.13)	2.59 (1.56, 4.29)	
	Breastfed ever	0.97 (0.92, 1.02)	0.52 (0.37, 0.73)	1.00 (0.95, 1.06)	0.62 (0.44, 0.88)	
	Farm animals (prenatal)	1.36 (1.27, 1.46)	1.56 (1.10, 2.22)	1.18 (1.07, 1.30)	1.16 (0.61, 2.20)	
	Farm animals (1st year)	1.30 (1.21, 1.39)	1.55 (1.11, 2.16)	1.07 (0.98, 1.17)	1.19 (0.65, 2.18)	
	Cat (1st year)	1.19 (1.11, 1.27)	1.36 (0.94, 1.97)	1.09 (1.01, 1.16)	1.10 (0.72, 1.68)	
	Dog (1st year)	1.16 (1.10, 1.21)	1.21 (0.89, 1.63)	1.07 (1.01, 1.12)	0.94 (0.67, 1.31)	
	Paracetamol (1st year)	1.80 (1.71, 1.89)	1.32 (1.01, 1.75)	1.39 (1.32, 1.47)	0.99 (0.73, 1.35)	
6-7 years	Antibiotics (1st year)	1.84 (1.75, 1.92)	1.45 (1.09, 1.91)	1.58 (1.51, 1.66)	1.39 (1.03, 1.88)	
(n=116,863)	2 or more siblings	0.99 (0.95, 1.04)	1.04 (0.83, 1.30)	0.98 (0.94, 1.03)	0.88 (0.69, 1.12)	
	Heavy truck traffic (current)	1.25 (1.20, 1.31)	1.12 (0.90, 1.40)	1.17 (1.12, 1.22)	0.92 (0.73, 1.16)	
	Fast food (current)	1.04 (0.99, 1.09)	1.13 (0.89, 1.42)	0.99 (0.94, 1.03)	1.04 (0.82, 1.32)	
	Television (current)	0.98 (0.92, 1.03)	1.59 (1.18, 2.14)	0.93 (0.88, 0.98)	1.45 (1.05, 2.01)	
	Paternal tobacco (current)	1.11 (1.06, 1.16)	1.34 (1.03, 1.74)	1.07 (1.02, 1.12)	0.86 (0.63, 1.19)	
	Maternal tobacco (current)	1.12 (1.06, 1.19)	1.67 (1.25, 2.23)	1.05 (0.99, 1.11)	1.39 (0.98, 1.96)	
	Paracetamol (current)	2.30 (2.18, 2.42)	2.30 (1.66, 3.20)	2.02 (1.92, 2.13)	2.04 (1.43, 2.89)	
	Open fire cooking (current)	1.03 (0.86, 1.23)	2.21 (1.16, 4.22)	0.99 (0.82, 1.19)	1.85 (0.92, 3.71)	
	2 or more siblings	1.05 (1.02, 1.08)	1.02 (0.83, 1.25)	1.04 (1.01, 1.07)	0.93 (0.75, 1.15)	
	Heavy truck traffic (current)	1.27 (1.24, 1.30)	1.35 (1.09, 1.67)	1.23 (1.20, 1.26)	1.16 (0.94, 1.44)	
	Fast food (current)	1.10 (1.07, 1.13)	1.31 (1.07, 1.61)	1.06 (1.03, 1.08)	1.24 (1.02, 1.51)	
13-14 years	Television (current)	1.04 (1.00, 1.08)	1.35 (0.97, 1.88)	1.01 (0.97, 1.05)	1.20 (0.86, 1.68)	
(n=224,436)	Paternal tobacco (current)	1.16 (1.13, 1.19)	1.08 (0.84, 1.40)	1.10 (1.07, 1.13)	0.75 (0.55, 1.00)	
	Maternal tobacco (current)	1.21 (1.17, 1.25)	1.46 (1.08, 1.97)	1.14 (1.10, 1.17)	1.56 (1.12, 2.18)	
	Paracetamol (current)	1.80 (1.75, 1.85)	3.52 (2.69, 4.60)	1.76 (1.71, 1.81)	3.48 (2.66, 4.56)	
	Open fire cooking (current)	1.16 (1.08, 1.25)	1.73 (1.19, 2.49)	1.16 (1.08, 1.26)	2.02 (1.39, 2.93)	

^ASynthesis sample contains individuals with data present for all 3 outcomes, sex, maternal education and all exposures of interest.

^BAdjusted for sex and mothers level of education.

^cAdjusted for sex, mothers level of education and all other variables in the table (within age group).

Table 3. Single outcome models of fully adjusted^A, individual-level (within school) effects of exposures using the synthesis sample^B. Mixed logistic regression models with random intercepts at the school, centre and country levels.

		Fully adjusted model ^A						
Age group	Exposures of Interest	Rhinoconjunctivitis	Asthma	Eczema				
Age group	exposures of interest	symptoms	symptoms	symptoms				
		OR (95% CI)	OR (95% CI)	OR (95% CI)				
	Low birthweight	1.04 (0.96, 1.13)	1.15 (1.07, 1.25)	0.90 (0.82, 0.99				
	Breastfed ever	1.00 (0.95, 1.06)	0.95 (0.90, 1.00)	1.11 (1.04, 1.17)				
	Farm animals (prenatal)	1.18 (1.07, 1.30)	1.19 (1.08, 1.30)	1.12 (1.01, 1.24				
	Farm animals (1st year)	1.07 (0.98, 1.17)	0.98 (0.89, 1.06)	1.13 (1.03, 1.25				
	Cat (1st year)	1.09 (1.01, 1.16)	1.22 (1.14, 1.30)	1.10 (1.02, 1.18				
	Dog (1st year)	1.07 (1.01, 1.12)	1.03 (0.98, 1.08)	1.06 (1.00, 1.12				
	Paracetamol (1st year)	1.39 (1.32, 1.47)	1.34 (1.27, 1.41)	1.29 (1.22, 1.37				
6-7 years	Antibiotics (1st year)	1.58 (1.51, 1.66)	1.66 (1.59, 1.74)	1.40 (1.33, 1.47				
n=116,863	2 or more siblings	0.98 (0.94, 1.03)	0.97 (0.92, 1.01)	0.94 (0.90, 0.99				
	Heavy truck traffic (current)	1.17 (1.12, 1.22)	1.19 (1.14, 1.24)	1.12 (1.06, 1.17				
	Fast food (current)	0.99 (0.94, 1.03)	1.08 (1.04, 1.13)	0.99 (0.94, 1.05				
	Television (current)	0.93 (0.88, 0.98)	1.05 (0.99, 1.11)	0.96 (0.90, 1.02				
	Paternal tobacco (current)	1.07 (1.02, 1.12)	1.10 (1.05, 1.16)	1.04 (0.99, 1.10				
	Maternal tobacco (current)	1.05 (0.99, 1.11)	1.20 (1.14, 1.27)	1.05 (0.99, 1.12				
	Paracetamol (current)	2.02 (1.92, 2.13)	2.07 (1.97, 2.17)	1.46 (1.38, 1.55				
	Open fire cooking (current)	0.99 (0.82, 1.19)	1.21 (1.04, 1.42)	1.14 (0.96, 1.35				
	2 or more siblings	1.04 (1.01, 1.07)	1.02 (0.99, 1.06)	1.08 (1.04, 1.12				
	Heavy truck traffic (current)	1.23 (1.20, 1.26)	1.20 (1.16, 1.23)	1.31 (1.26, 1.36				
	Fast food (current)	1.06 (1.03, 1.08)	1.07 (1.04, 1.10)	1.06 (1.02, 1.10				
13-14 years	Television (current)	1.01 (0.97, 1.05)	1.02 (0.97, 1.07)	1.07 (1.01, 1.14				
n=224,436	Paternal tobacco (current)	1.10 (1.07, 1.13)	1.11 (1.07, 1.14)	1.15 (1.11, 1.20				
	Maternal tobacco (current)	1.14 (1.10, 1.17)	1.22 (1.18, 1.27)	1.11 (1.06, 1.17				
	Paracetamol (current)	1.76 (1.71, 1.81)	1.80 (1.75, 1.86)	1.58 (1.52, 1.65				
	Open fire cooking (current)	1.16 (1.08, 1.26)	1.19 (1.10, 1.30)	1.49 (1.34, 1.65				

^AAdjusted for sex, mothers level of education and for all other variables in the table (within age group).

^BSynthesis sample contains individuals with data present for all 3 outcomes, sex, maternal education and all exposures of interest.

Table 4: Multi outcome models of fully adjusted^A within school effects of exposures compared to a reference group with no disease. Mixed logistic regression models with random intercepts at the school, centre and country levels.

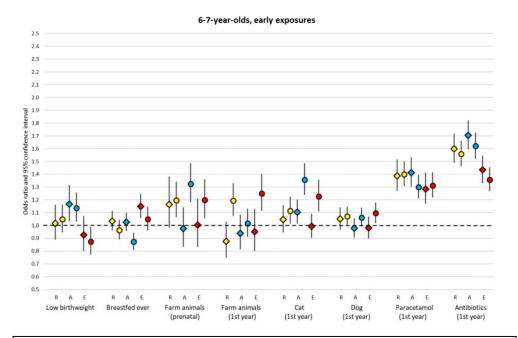
	Rhinoconjunctivitis			Rhinoconjunctivitis	Rhinoconjunctivitis	Asthma and	Rhinoconjunctivitis,	
	only	Asthma only	Eczema only	and Asthma	and Eczema	Eczema	Asthma and Eczema	
	OR (95% CI)	OR (95% CI)	OR (95% CI)	OR (95% CI)	OR (95% CI)	OR (95% CI)	OR (95% CI)	
Age 6-7 years	Reference group with no disease, n ₀ =93,554							
Exposures of Interest	n₁=5,508	n ₁ =6,720	n₁=5,099	n₁=2,503	n ₁ =1,310	n ₁ =1,074	n ₁ =1,095	
Low birthweight	0.98 (0.88, 1.10)	1.16 (1.05, 1.27)	0.85 (0.75, 0.96)	1.14 (0.98, 1.33)	0.96 (0.76, 1.20)	0.90 (0.70, 1.16)	1.14 (0.91, 1.44)	
Breastfed ever	0.98 (0.91, 1.05)	0.93 (0.87, 1.00)	1.12 (1.03, 1.21)	0.96 (0.86, 1.06)	1.10 (0.95, 1.28)	0.98 (0.84, 1.15)	1.12 (0.96, 1.32)	
Farm animals (prenatal)	1.17 (1.03, 1.34)	1.14 (1.01, 1.28)	1.06 (0.93, 1.22)	1.22 (1.01, 1.47)	1.07 (0.84, 1.37)	1.19 (0.89, 1.58)	1.56 (1.20, 2.03)	
Farm animals (1st year)	1.11 (0.99, 1.25)	1.03 (0.92, 1.15)	1.17 (1.03, 1.32)	0.97 (0.82, 1.16)	1.40 (1.13, 1.74)	1.04 (0.80, 1.35)	0.86 (0.66, 1.12)	
Cat (1st year)	0.97 (0.88, 1.07)	1.21 (1.12, 1.31)	1.08 (0.99, 1.18)	1.29 (1.14, 1.47)	1.19 (1.00, 1.42)	1.06 (0.89, 1.27)	1.16 (0.97, 1.39)	
Dog (1st year)	1.07 (1.00, 1.15)	1.01 (0.94, 1.08)	1.07 (1.00, 1.15)	1.08 (0.98, 1.20)	1.05 (0.92, 1.20)	0.99 (0.86, 1.15)	1.14 (0.99, 1.32)	
Paracetamol (1st year)	1.38 (1.29, 1.48)	1.32 (1.24, 1.41)	1.26 (1.17, 1.35)	1.45 (1.30, 1.62)	1.49 (1.29, 1.72)	1.35 (1.14, 1.60)	1.82 (1.52, 2.18)	
Antibiotics (1st year)	1.44 (1.36, 1.54)	1.56 (1.47, 1.65)	1.25 (1.17, 1.33)	1.95 (1.77, 2.15)	1.82 (1.60, 2.07)	2.13 (1.84, 2.47)	2.37 (2.03, 2.76)	
2 or more siblings	0.98 (0.92, 1.04)	0.96 (0.90, 1.01)	0.94 (0.88, 1.00)	0.98 (0.90, 1.08)	0.91 (0.81, 1.03)	0.88 (0.77, 1.01)	0.99 (0.86, 1.13)	
Heavy truck traffic (current)	1.13 (1.06, 1.20)	1.18 (1.12, 1.24)	1.08 (1.01, 1.15)	1.19 (1.09, 1.29)	1.15 (1.02, 1.29)	1.11 (0.98, 1.26)	1.50 (1.32, 1.71)	
Fast food (current)	0.96 (0.90, 1.02)	1.08 (1.02, 1.15)	0.96 (0.90, 1.03)	1.06 (0.97, 1.16)	1.01 (0.89, 1.14)	1.21 (1.05, 1.38)	0.98 (0.86, 1.13)	
Television (current)	0.91 (0.85, 0.98)	1.07 (0.99, 1.15)	0.97 (0.90, 1.05)	1.02 (0.91, 1.14)	0.85 (0.73, 0.99)	1.05 (0.88, 1.25)	0.95 (0.80, 1.12)	
Paternal tobacco (current)	1.05 (0.98, 1.12)	1.08 (1.02, 1.15)	1.02 (0.96, 1.10)	1.12 (1.03, 1.23)	0.93 (0.82, 1.06)	1.12 (0.97, 1.29)	1.22 (1.06, 1.40)	
Maternal tobacco (current)	1.02 (0.94, 1.11)	1.24 (1.16, 1.33)	1.05 (0.97, 1.14)	1.21 (1.09, 1.36)	1.11 (0.94, 1.30)	1.30 (1.11, 1.53)	1.05 (0.89, 1.24)	
Paracetamol (current)	1.90 (1.77, 2.04)	1.96 (1.84, 2.08)	1.34 (1.24, 1.45)	2.86 (2.59, 3.15)	1.91 (1.66, 2.19)	2.17 (1.88, 2.51)	2.92 (2.53, 3.37)	
Open fire cooking (current)	0.97 (0.75, 1.25)	1.28 (1.07, 1.55)	1.18 (0.96, 1.45)	1.17 (0.83, 1.67)	1.09 (0.70, 1.72)	1.21 (0.77, 1.91)	0.77 (0.43, 1.39)	
Age 13-14 years			Reference	e group with no disea	se, n ₀ =170,542			
Exposures of Interest	n ₁ =19,858	n₁=13,585	n ₁ =7,104	n₁=6,557	n ₁ =3,219	n ₁ =1,554	n ₁ =2,017	
2 or more siblings	1.02 (0.98, 1.06)	1.01 (0.97, 1.05)	1.06 (1.00, 1.12)	1.05 (0.99, 1.11)	1.18 (1.09, 1.29)	1.06 (0.95, 1.19)	1.12 (1.01, 1.24)	
Heavy truck traffic (current)	1.19 (1.16, 1.23)	1.14 (1.09, 1.18)	1.26 (1.20, 1.33)	1.30 (1.23, 1.37)	1.44 (1.34, 1.55)	1.47 (1.33, 1.64)	1.56 (1.42, 1.71)	
Fast food (current)	1.04 (1.01, 1.08)	1.06 (1.02, 1.10)	1.06 (1.00, 1.12)	1.13 (1.07, 1.19)	1.12 (1.04, 1.21)	1.13 (1.01, 1.26)	1.13 (1.02, 1.24)	
Television (current)	1.03 (0.98, 1.08)	1.08 (1.02, 1.15)	1.09 (1.01, 1.19)	0.97 (0.89, 1.06)	1.23 (1.08, 1.41)	1.21 (1.01, 1.46)	0.80 (0.69, 0.92)	
Paternal tobacco (current)	1.08 (1.04, 1.11)	1.10 (1.05, 1.14)	1.13 (1.07, 1.19)	1.14 (1.07, 1.20)	1.22 (1.13, 1.32)	1.16 (1.04, 1.30)	1.26 (1.14, 1.39)	
Maternal tobacco (current)	1.09 (1.05, 1.14)	1.20 (1.15, 1.26)	1.07 (0.99, 1.14)	1.27 (1.19, 1.35)	1.19 (1.08, 1.31)	1.22 (1.06, 1.39)	1.32 (1.18, 1.49)	
Paracetamol (current)	1.62 (1.56, 1.68)	1.69 (1.62, 1.76)	1.36 (1.29, 1.44)	2.34 (2.21, 2.47)	2.16 (2.00, 2.34)	2.12 (1.89, 2.36)	2.98 (2.71, 3.29)	
Open fire cooking (current)	1.15 (1.05, 1.27)	1.12 (1.01, 1.25)	1.33 (1.15, 1.53)	1.09 (0.92, 1.28)	1.50 (1.22, 1.84)	1.93 (1.49, 2.50)	2.22 (1.76, 2.81)	

^AAdjusted for sex, mother's level of education and all other variables in the table for that age group.

Table 5: Fully adjusted^A unimorbid two-way models. Mixed logistic regression models with random intercepts at the school, centre and country levels.

Age group	_	Asthma v Eczema	Asthma v Rhinoconjunctivitis	Rhinoconjunctivitis v Eczema	
	Exposures of Interest	n=11,819	n=12,228	n=10,607	
		OR (95% CI)	OR (95% CI)	OR (95% CI)	
6-7 years	Low birthweight	1.40 (1.19, 1.64)	1.16 (0.99, 1.35)	1.11 (0.94, 1.32)	
	Breastfed ever	0.85 (0.76, 0.94)	0.94 (0.85, 1.05)	0.89 (0.80, 1.00)	
	Farm animals (prenatal)	1.03 (0.85, 1.23)	0.99 (0.82, 1.18)	1.04 (0.86, 1.26)	
	Farm animals (1st year)	0.90 (0.76, 1.06)	0.89 (0.75, 1.05)	0.98 (0.83, 1.17)	
	Cat (1st year)	1.12 (0.99, 1.26)	1.27 (1.11, 1.44)	0.83 (0.73, 0.96)	
	Dog (1st year)	0.94 (0.85, 1.04)	0.97 (0.87, 1.07)	0.95 (0.86, 1.05)	
	Paracetamol (1st year)	1.05 (0.95, 1.16)	0.96 (0.86, 1.06)	1.07 (0.96, 1.19)	
	Antibiotics (1st year)	1.26 (1.16, 1.38)	1.12 (1.03, 1.23)	1.14 (1.03, 1.25)	
	2 or more siblings	1.01 (0.93, 1.10)	0.99 (0.90, 1.08)	1.03 (0.94, 1.13)	
	Heavy truck traffic (current)	1.08 (1.00, 1.17)	1.05 (0.97, 1.14)	1.06 (0.97, 1.16)	
	Fast food (current)	1.12 (1.02, 1.22)	1.12 (1.03, 1.23)	1.00 (0.91, 1.10)	
	Television (current)	1.13 (1.01, 1.26)	1.16 (1.04, 1.29)	0.92 (0.82, 1.03)	
	Paternal tobacco (current)	1.03 (0.94, 1.12)	1.03 (0.94, 1.13)	1.02 (0.92, 1.12)	
	Maternal tobacco (current)	1.16 (1.04, 1.29)	1.21 (1.08, 1.35)	0.94 (0.84, 1.07)	
	Paracetamol (current)	1.45 (1.31, 1.60)	1.03 (0.93, 1.14)	1.48 (1.32, 1.65)	
	Open fire cooking (current)	1.02 (0.77, 1.35)	1.32 (0.95, 1.83)	0.72 (0.51, 1.01)	
Age group		Asthma v Eczema	Asthma v Rhinoconjunctivitis	Rhinoconjunctivitis v Eczema	
	Exposures of Interest	n=20,689 n=33,443		n=26,962	
	_	OR (95% CI)	OR (95% CI)	OR (95% CI)	
13-14 years	2 or more siblings	0.94 (0.87, 1.01)	0.99 (0.94, 1.05)	0.96 (0.90, 1.03)	
	Heavy truck traffic (current)	0.92 (0.86, 0.99)	0.97 (0.92, 1.02)	0.93 (0.87, 0.98)	
	Fast food (current)	1.01 (0.94, 1.08)	0.99 (0.94, 1.04)	1.00 (0.94, 1.06)	
	Television (current)	0.98 (0.88, 1.09)	1.06 (0.98, 1.15)	0.96 (0.87, 1.06)	
	Paternal tobacco (current)	0.96 (0.89, 1.03)	1.01 (0.96, 1.06)	0.96 (0.90, 1.03)	
	Maternal tobacco (current)	1.15 (1.06, 1.26)	1.13 (1.06, 1.21)	1.02 (0.94, 1.11)	
	Paracetamol (current)	1.17 (1.09, 1.26)	1.02 (0.97, 1.08)	1.16 (1.09, 1.24)	
	Open fire cooking (current)	0.89 (0.74, 1.06)	1.05 (0.91, 1.21)	0.80 (0.68, 0.95)	

^AAdjusted for sex, mother's level of education and all other variables in the table for that age group.





Mutually adjusted odds ratios and 95% confidence intervals for individual-level associations between risk factors and each of the three diseases, in affluent countries and non-affluent countries. **1A**: aged 6-7, early exposures; **1B**: aged 6-7, current exposures; **1C**: aged 13-14, current exposures.

Footnotes (common to all 3 figures)

Results from mixed logistic regression models with random intercepts at the school, centre and country levels. Adjusted for sex. Mother's level of education and all other variables shown for the same age group. Based on the synthesis sample as shown in table 3, stratified by country-level affluence.

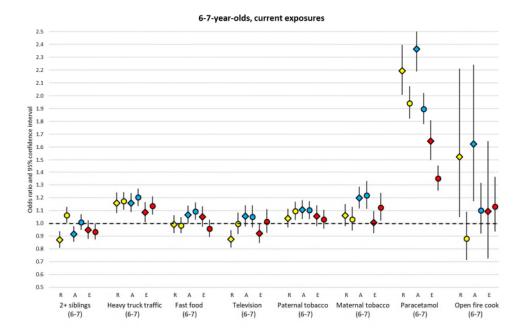
Results for affluent countries shown as diamonds (N = 41,831 aged 6-7; N = 46,932 aged 13-14). Results for non-affluent countries shown as circles (N = 75,032 aged 6-7; N = 177,504 aged 13-14).

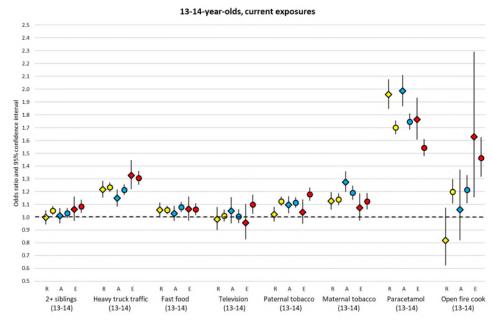
Results for rhinoconjunctivitis symptoms (R) shown in yellow.

Results for asthma symptoms (A) shown in blue.

Results for eczema symptoms (E) shown in red.

Data points are tabulated in supplementary table S2.





Legend for supporting information

- Table S1: Risk factor definitions.
- Table S2: Single outcome models of fully adjusted within school effects of exposures using the synthesis sample, stratified by country-level affluence. Mixed logistic regression models with random intercepts at the school, centre and country levels.
- Table S3: Fully adjusted unimorbid two-way models split by country affluence. Mixed logistic regression models with random intercepts at the school, centre and country levels.
- Figure S1. Synthesis sample data flowchart, age 6-7 years.
- Figure S2. Synthesis sample data flowchart, age 13-14 years.
- Figure S3. Triangular graphs showing unimorbid two-way comparisons of early life risk factor effects for 6-7-year-old children.
- Figure S4. Triangular graphs showing unimorbid two-way comparisons of current risk factor effects for 6-7-year-old children.
- Figure S5. Triangular graphs showing unimorbid two-way comparisons of current risk factor effects for 13-14-year-old adolescents.
- Figure S6. Triangular graphs showing unimorbid two-way comparisons of effects of early life risk factors (during first year of life) for 6-7-year-old children in affluent and non-affluent countries.
- Figure S7. Triangular graphs showing unimorbid two-way comparisons of effects of current risk factors (from the last 12 months) for 6-7-year-old children in affluent and non-affluent countries.
- Figure S8. Triangular graphs showing unimorbid two-way comparisons of effects of current risk factors for 13-14-year-old adolescents in affluent and non-affluent countries.

SUPPORTING MATERIAL

- Table S1: Risk factor definitions.
- Table S2: Single outcome models of fully adjusted within school effects of exposures using the synthesis sample, stratified by country-level affluence. Mixed logistic regression models with random intercepts at the school, centre and country levels.
- Table S3: Fully adjusted unimorbid two-way models split by country affluence. Mixed logistic regression models with random intercepts at the school, centre and country levels.
- Figure S1. Synthesis sample data flowchart, age 6-7 years.
- Figure S2. Synthesis sample data flowchart, age 13-14 years.
- Figure S3. Triangular graphs showing unimorbid two-way comparisons of early life risk factor effects for 6-7-year-old children.
- Figure S4. Triangular graphs showing unimorbid two-way comparisons of current risk factor effects for 6-7-year-old children.
- Figure S5. Triangular graphs showing unimorbid two-way comparisons of current risk factor effects for 13-14-year-old adolescents.
- Figure S6. Triangular graphs showing unimorbid two-way comparisons of effects of early life risk factors for 6-7-year-old children in affluent and non-affluent countries.
- Figure S7. Triangular graphs showing unimorbid two-way comparisons of effects of current risk factors for 6-7-year-old children in affluent and non-affluent countries.
- Figure S8. Triangular graphs showing unimorbid two-way comparisons of effects of current risk factors for 13-14-year-old adolescents in affluent and non-affluent countries.

Table S1: Risk factor definitions

Risk Factors for ages 6-7	Question (asked to parent)	Positive Response	
Low birthweight	What was the weight of your child when he / she was born?	Less than 2.5kg	
Breastfed ever	Was your child breastfed?	Yes	
Farm animals (prenatal)	Has the child's mother had regular (at least once a week) contact with farm animals (e.g. cattle, pigs, goats, sheep or poultry) while being pregnant with this child?	Yes	
Farm animals (1st year)	In your child's first year of life, did he / she have regular (at least once a week) contact with farm animals (e.g. cattle, pigs, goats, sheep or poultry)?	Yes	
Cat (1st year)	Did you have a cat in your home during the first year of your child's life?	Yes	
Dog (1 st year)	Did you have a dog in your home during the first year of your child's life?	Yes	
Paracetamol (1st year)	In the first 12 months of your child's life, did you usually give paracetamol for fever?	Yes	
Antibiotics (1st year)	In the first 12 months of your child's life, did your child have any antibiotics?	Yes	
2 or more siblings	How many older and younger brothers and sisters does your child have?	Total of 2 or more	
Heavy truck traffic (current)	How often do trucks pass through the street where you live, on weekdays?	Frequently or almost the whole day	
Fast food (current)	In the past 12 months, how often, on average did your child eat fast food / burgers?	At least once a week	
Television (current)	During a normal week, how many hours a day (24 hours) does your child watch television?	At least one hour per day	
Paternal tobacco (current)	Does your child's father (or male guardian) smoke cigarettes?	Yes	
Maternal tobacco (current)	Does your child's mother (or female guardian) smoke cigarettes?	Yes	
Paracetamol (current)	In the past 12 months, how often, on average, have you given your child paracetamol?	At least once per month	
Open fire cooking (current)	In your house, what fuels are usually used for cooking? Electricity, gas, open fires, other	Any that include open fires	
Risk Factors for ages 13-14	Question (asked to child)	Positive Response	
2 or more siblings	How many older and younger brothers and sisters do you have?	Total of 2 or more	
Heavy truck traffic (current)	How often do trucks pass through the street where you live, on weekdays?	Frequently or almost the whole day	
Fast food (current)	In the past 12 months, how often, on average did you eat fast food / burgers?	At least once a week	
Television (current)	During a normal week, how many hours a day (24 hours) do you watch television?	At least one hour per day	
Paternal tobacco (current)	Does your father (or male guardian) smoke cigarettes?	Yes	
Maternal tobacco (current)	Does your mother (or female guardian) smoke cigarettes?	Yes	
Paracetamol (current)	In the past 12 months, how often, on average, have you taken paracetamol?	At least once per month	
Open fire cooking (current)	In your house, what fuels are usually used for cooking? Electricity, gas, open fires, other	Any that include open fires	

Table S2: Single outcome models of fully adjusted^A within school effects of exposures using the synthesis sample^B, stratified by country-level affluence. Mixed logistic regression models with random intercepts at the school, centre and country levels.

	 Exposure	Affluent Countries (n = 41,831)			Non-affluent Countries (n = 75,032)			
Age		Rhinoconjunctivitis	Asthma	Eczema	Rhinoconjunctivitis	Asthma	Eczema	
		OR (95% CI)	OR (95% CI)	OR (95% CI)	OR (95% CI)	OR (95% CI)	OR (95% CI)	
	Low birthweight	1.02 (0.89, 1.16)	1.17 (1.03, 1.31)	0.93 (0.80, 1.07)	1.05 (0.95, 1.16)	1.14 (1.03, 1.26)	0.87 (0.77, 0.99)	
	Breastfed ever	1.03 (0.96, 1.11)	1.02 (0.96, 1.10)	1.15 (1.06, 1.25)	0.96 (0.89, 1.04)	0.87 (0.81, 0.94)	1.05 (0.96, 1.15)	
	Farm animals (prenatal)	1.16 (0.98, 1.38)	0.98 (0.83, 1.14)	1.00 (0.83, 1.21)	1.20 (1.07, 1.34)	1.32 (1.18, 1.49)	1.20 (1.06, 1.36)	
	Farm animals (1st year)	0.88 (0.75, 1.03)	0.94 (0.81, 1.08)	0.95 (0.80, 1.13)	1.19 (1.07, 1.33)	1.02 (0.91, 1.13)	1.25 (1.11, 1.40)	
	Cat (1st year)	1.05 (0.95, 1.16)	1.10 (1.01, 1.20)	0.99 (0.90, 1.09)	1.11 (1.01, 1.22)	1.36 (1.24, 1.49)	1.23 (1.11, 1.36)	
	Dog (1st year)	1.05 (0.97, 1.14)	0.98 (0.91, 1.06)	0.98 (0.90, 1.07)	1.07 (1.00, 1.15)	1.06 (0.99, 1.14)	1.10 (1.02, 1.18)	
	Paracetamol (1st year)	1.39 (1.27, 1.52)	1.41 (1.30, 1.53)	1.28 (1.17, 1.41)	1.40 (1.31, 1.50)	1.30 (1.21, 1.39)	1.31 (1.22, 1.41)	
6 7 years	Antibiotics (1st year)	1.60 (1.49, 1.72)	1.70 (1.59, 1.82)	1.43 (1.33, 1.54)	1.56 (1.46, 1.66)	1.62 (1.52, 1.73)	1.36 (1.27, 1.45)	
6-7 years	2 or more siblings	0.87 (0.81, 0.94)	0.91 (0.85, 0.98)	0.95 (0.88, 1.02)	1.06 (1.00, 1.13)	1.01 (0.95, 1.07)	0.93 (0.87, 1.00)	
	Heavy truck traffic (current)	1.16 (1.08, 1.24)	1.16 (1.09, 1.24)	1.08 (1.01, 1.17)	1.17 (1.11, 1.24)	1.20 (1.14, 1.27)	1.14 (1.07, 1.21)	
	Fast food (current)	0.99 (0.92, 1.06)	1.07 (1.00, 1.14)	1.05 (0.97, 1.13)	0.98 (0.92, 1.05)	1.09 (1.03, 1.16)	0.96 (0.89, 1.03)	
	Television (current)	0.88 (0.81, 0.95)	1.05 (0.98, 1.14)	0.92 (0.85, 1.00)	1.00 (0.92, 1.08)	1.05 (0.97, 1.14)	1.01 (0.93, 1.11)	
	Paternal tobacco (current)	1.04 (0.97, 1.11)	1.11 (1.03, 1.18)	1.06 (0.98, 1.14)	1.10 (1.03, 1.17)	1.10 (1.03, 1.17)	1.03 (0.96, 1.11)	
	Maternal tobacco (current)	1.06 (0.98, 1.15)	1.20 (1.12, 1.29)	1.01 (0.92, 1.10)	1.03 (0.94, 1.13)	1.22 (1.11, 1.33)	1.12 (1.02, 1.24)	
	Paracetamol (current)	2.19 (2.01, 2.40)	2.36 (2.19, 2.56)	1.65 (1.50, 1.81)	1.94 (1.82, 2.07)	1.90 (1.78, 2.02)	1.35 (1.25, 1.46)	
	Open fire cooking (current)	1.52 (1.05, 2.21)	1.62 (1.17, 2.24)	1.09 (0.72, 1.65)	0.88 (0.71, 1.09)	1.10 (0.92, 1.32)	1.13 (0.94, 1.36)	
		Affluent Countries (n = 46,932)		Non-Affluent Countries (n = 177,504)				
Age	Exposure	Rhinoconjunctivitis	Asthma	Eczema	Rhinoconjunctivitis	Asthma	Eczema	
		OR (95% CI)	OR (95% CI)	OR (95% CI)	OR (95% CI)	OR (95% CI)	OR (95% CI)	
	2 or more siblings	1.00 (0.94, 1.05)	1.01 (0.95, 1.07)	1.06 (0.97, 1.16)	1.05 (1.02, 1.09)	1.03 (0.99, 1.07)	1.08 (1.03, 1.14)	
13-14 years	Heavy truck traffic (current)	1.22 (1.15, 1.28)	1.15 (1.08, 1.22)	1.33 (1.22, 1.45)	1.23 (1.20, 1.27)	1.21 (1.17, 1.26)	1.31 (1.25, 1.36)	
	Fast food (current)	1.06 (1.00, 1.11)	1.03 (0.97, 1.09)	1.06 (0.97, 1.16)	1.06 (1.02, 1.09)	1.08 (1.04, 1.12)	1.06 (1.02, 1.11)	
	Television (current)	0.98 (0.90, 1.08)	1.05 (0.95, 1.16)	0.95 (0.83, 1.10)	1.01 (0.97, 1.06)	1.01 (0.95, 1.06)	1.10 (1.03, 1.18)	
	Paternal tobacco (current)	1.02 (0.97, 1.08)	1.10 (1.03, 1.16)	1.04 (0.95, 1.14)	1.12 (1.09, 1.16)	1.11 (1.07, 1.16)	1.18 (1.13, 1.23)	
	Maternal tobacco (current)	1.13 (1.06, 1.20)	1.27 (1.20, 1.36)	1.07 (0.97, 1.19)	1.14 (1.09, 1.19)	1.19 (1.14, 1.25)	1.12 (1.06, 1.19)	
	Paracetamol (current)	1.96 (1.85, 2.08)	1.99 (1.87, 2.11)	1.76 (1.61, 1.93)	1.70 (1.65, 1.76)	1.75 (1.68, 1.81)	1.54 (1.48, 1.61)	
	Open fire cooking (current)	0.82 (0.62, 1.07)	1.06 (0.82, 1.37)	1.63 (1.16, 2.29)	1.20 (1.11, 1.30)	1.21 (1.11, 1.33)	1.46 (1.32, 1.63)	

^AAdjusted for sex, mother's level of education and all other variables in the table for that age group.

^BSynthesis sample contains individuals with data present for all 3 outcomes, sex, maternal education and all exposures of interest.

Table S3: Fully adjusted^A unimorbid two-way models split by country affluence. Mixed logistic regression models with random intercepts at the school, centre and country levels.

Exposure of Interest	Asthma v Eczema, fully adjusted models ^A		Rhinoconjunctivitis v Asthma, fully adjusted models ^A		Eczema v Rhinoconjunctivitis, fully adjusted models ^A	
	Affluent countries	Non-affluent countries	Affluent countries	Non-affluent countries	Affluent countries	Non-affluent countries
Age 6-7 years	n=5,172	n=6,647	n=5,189	n=7,039	n=4,347	n=6,260
	OR (95% CI)	OR (95% CI)	OR (95% CI)	OR (95% CI)	OR (95% CI)	OR (95% CI)
Low birthweight	1.42 (1.10, 1.82)	1.40 (1.13, 1.72)	0.81 (0.63, 1.05)	0.90 (0.74, 1.09)	0.85 (0.63, 1.14)	0.93 (0.75, 1.15)
Breastfed ever	0.86 (0.75, 0.99)	0.84 (0.72, 0.99)	1.03 (0.89, 1.18)	1.09 (0.94, 1.27)	1.12 (0.96, 1.31)	1.10 (0.93, 1.29)
Farm animals (prenatal)	0.85 (0.63, 1.16)	1.13 (0.90, 1.42)	1.23 (0.90, 1.68)	0.92 (0.74, 1.15)	0.85 (0.60, 1.20)	1.01 (0.80, 1.27)
Farm animals (1st year)	1.08 (0.82, 1.43)	0.82 (0.67, 1.02)	1.00 (0.76, 1.33)	1.21 (0.98, 1.48)	1.02 (0.75, 1.40)	0.99 (0.81, 1.23)
Cat (1st year)	1.08 (0.92, 1.27)	1.17 (0.98, 1.39)	0.91 (0.75, 1.09)	0.69 (0.57, 0.82)	1.06 (0.87, 1.29)	1.35 (1.12, 1.63)
Dog (1st year)	1.02 (0.87, 1.18)	0.89 (0.78, 1.01)	1.09 (0.93, 1.29)	1.00 (0.88, 1.14)	0.93 (0.78, 1.11)	1.12 (0.98, 1.27)
Paracetamol (1st year)	1.15 (0.99, 1.35)	0.98 (0.86, 1.11)	1.04 (0.88, 1.23)	1.05 (0.92, 1.20)	0.88 (0.73, 1.05)	0.97 (0.86, 1.11)
Antibiotics (1st year)	1.26 (1.11, 1.43)	1.27 (1.12, 1.43)	0.87 (0.76, 1.00)	0.90 (0.80, 1.02)	0.93 (0.81, 1.08)	0.84 (0.75, 0.95)
2 or more siblings	0.98 (0.86, 1.12)	1.04 (0.93, 1.18)	0.89 (0.77, 1.03)	1.11 (0.99, 1.24)	1.11 (0.96, 1.30)	0.89 (0.79, 1.00)
Heavy truck traffic (current)	1.03 (0.91, 1.17)	1.11 (1.00, 1.24)	0.91 (0.80, 1.05)	0.98 (0.88, 1.09)	1.04 (0.90, 1.20)	0.89 (0.80, 1.00)
Fast food (current)	0.99 (0.87, 1.13)	1.20 (1.07, 1.36)	0.93 (0.81, 1.07)	0.87 (0.77, 0.97)	1.07 (0.92, 1.25)	0.96 (0.85, 1.09)
Television (current)	1.19 (1.02, 1.38)	1.06 (0.90, 1.24)	0.83 (0.71, 0.97)	0.88 (0.76, 1.02)	1.09 (0.92, 1.28)	1.13 (0.96, 1.33)
Paternal tobacco (current)	1.02 (0.89, 1.17)	1.01 (0.90, 1.15)	0.93 (0.81, 1.07)	1.00 (0.89, 1.13)	1.04 (0.89, 1.21)	0.96 (0.85, 1.09)
Maternal tobacco (current)	1.28 (1.11, 1.48)	1.00 (0.84, 1.19)	0.81 (0.70, 0.95)	0.84 (0.71, 1.00)	0.93 (0.78, 1.10)	1.22 (1.03, 1.45)
Paracetamol (current)	1.58 (1.34, 1.87)	1.39 (1.22, 1.58)	0.94 (0.79, 1.12)	1.00 (0.89, 1.13)	0.67 (0.55, 0.82)	0.67 (0.59, 0.77)
Open fire cooking (current)	1.21 (0.62, 2.35)	1.00 (0.73, 1.38)	1.00 (0.50, 2.03)	0.72 (0.49, 1.04)	0.82 (0.37, 1.81)	1.54 (1.04, 2.26)
	Affluent countries	Non-affluent countries	Affluent countries	Non-affluent countries	Affluent countries	Non-affluent countries
Age 13-14 years	n=4,774	n=15,915	n=7,941	n=25,502	n=5,557	n=21,405
	OR (95% CI)	OR (95% CI)	OR (95% CI)	OR (95% CI)	OR (95% CI)	OR (95% CI)
2 or more siblings	0.93 (0.80, 1.07)	0.95 (0.87, 1.03)	0.98 (0.89, 1.09)	1.01 (0.95, 1.08)	1.07 (0.93, 1.23)	1.03 (0.95, 1.11)
Heavy truck traffic (current)	0.90 (0.78, 1.04)	0.93 (0.87, 1.01)	1.08 (0.98, 1.19)	1.01 (0.96, 1.08)	1.07 (0.93, 1.23)	1.08 (1.01, 1.15)
Fast food (current)	0.92 (0.80, 1.06)	1.03 (0.95, 1.11)	1.01 (0.91, 1.11)	1.02 (0.96, 1.08)	1.07 (0.93, 1.23)	0.99 (0.92, 1.06)
Television (current)	1.08 (0.85, 1.38)	0.96 (0.85, 1.08)	0.92 (0.77, 1.08)	0.95 (0.87, 1.04)	1.03 (0.81, 1.29)	1.05 (0.94, 1.17)
Paternal tobacco (current)	1.06 (0.92, 1.24)	0.93 (0.86, 1.01)	0.90 (0.81, 1.00)	1.03 (0.96, 1.09)	1.04 (0.90, 1.21)	1.04 (0.97, 1.12)
Maternal tobacco (current)	1.30 (1.11, 1.53)	1.09 (0.98, 1.21)	0.83 (0.74, 0.93)	0.92 (0.85, 1.00)	0.92 (0.79, 1.09)	0.99 (0.90, 1.09)
Paracetamol (current)	1.29 (1.10, 1.51)	1.15 (1.06, 1.24)	0.97 (0.87, 1.08)	0.98 (0.92, 1.05)	0.79 (0.68, 0.92)	0.87 (0.81, 0.94)
Open fire cooking (current)	0.77 (0.41, 1.45)	0.92 (0.76, 1.11)	0.73 (0.45, 1.19)	0.97 (0.84, 1.13)	1.87 (0.97, 3.59)	1.20 (1.01, 1.44)

^AAdjusted for sex, mother's level of education and all other variables in the table for that age group.

Figure S1. Synthesis sample data flowchart, age 6-7 years

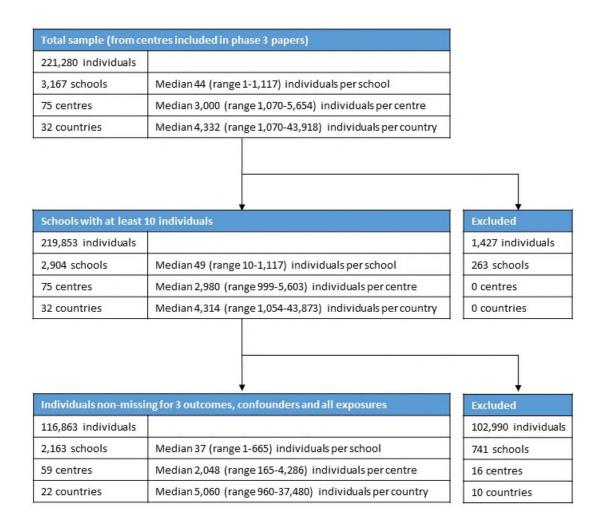


Figure S1 shows the data flow through the exclusions to the final analysed sample for the 6-7 year-old children.

Figure S2. Synthesis sample data flowchart, age 13-14 years

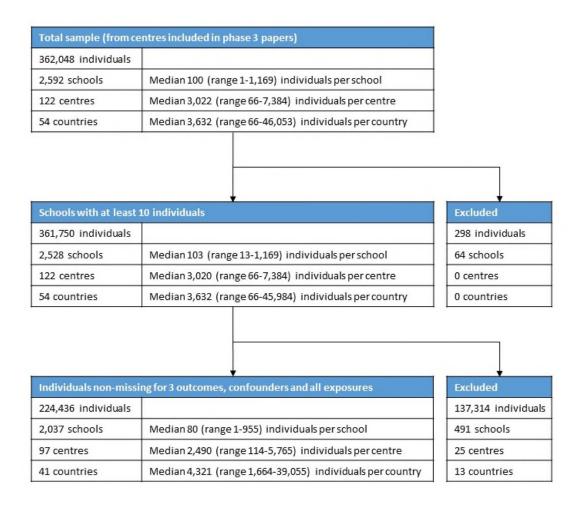


Figure S2 shows the data flow through the exclusions to the final analysed sample for the 13-14 year-old adolescents.

Figure S3. Triangular graphs showing unimorbid two-way comparisons of early life risk factor effects for 6-7-year-old children.

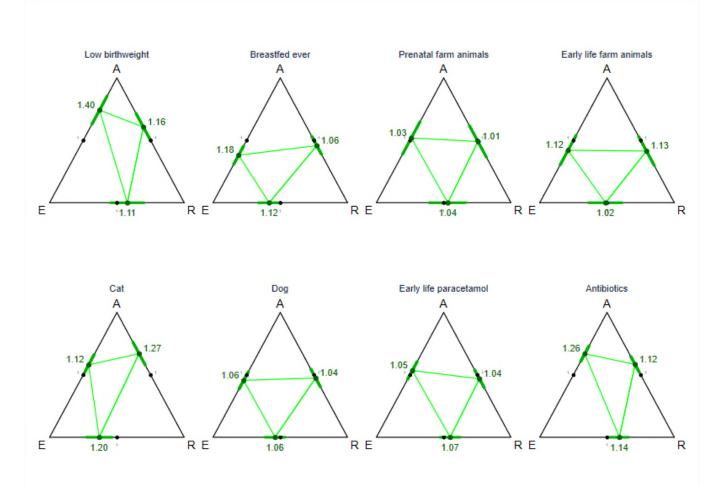


Figure S3: Each triangular plot shows the OR (labelled) and 95% confidence interval for two-way associations between the risk factor and two of the three diseases Asthma (A), Eczema (E) and Rhinoconjunctivitis (R) using a sample of unimorbid individuals. The odds ratio is always over 1 and relates to the increased chance of an individual with that risk factor as having one disease over the other. It indicates a relative strength of association (one disease compared to another) rather than an absolute strength of association (a disease compared to no disease). An equilateral central triangle denotes a risk factor that has a similar strength of effect on all three diseases. The further from equilateral the triangle is, the more that risk factor effect differs in strength between diseases. Early life risk factors in 6-7 year-old children includes factors from the first year of the child's life (except prenatal farm animals which is mother's contact with farm animals during pregnancy with the child). The possible range of OR graphed is from 1 in the centre to 2 at either extreme, on the log scale.

Figure S4. Triangular graphs showing unimorbid two-way comparisons of current risk factor effects for 6-7-year-old children.

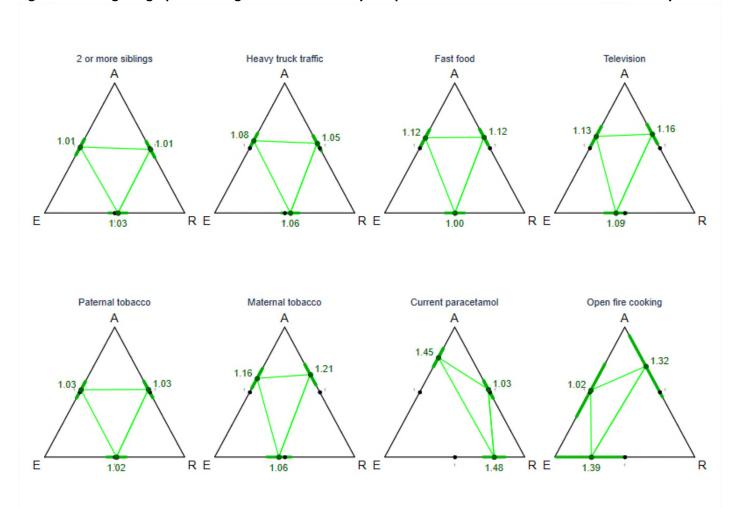


Figure S4: Each triangular plot shows the OR (labelled) and 95% confidence interval for two-way associations between the risk factor and two of the three diseases Asthma (A), Eczema (E) and Rhinoconjunctivitis (R) using a sample of unimorbid individuals. The odds ratio is always over 1 and relates to the increased chance of an individual with that risk factor as having one disease over the other. It indicates a relative strength of association (one disease compared to another) rather than an absolute strength of association (a disease compared to no disease). An equilateral central triangle denotes a risk factor that has a similar strength of effect on all three diseases. The further from equilateral the triangle is, the more that risk factor effect differs in strength between diseases. Current risk factors in 6-7 year-old children includes factors from the previous 12 months. The possible range of OR graphed is from 1 in the centre to 2 at either extreme, on the log scale.

Figure S5. Triangular graphs showing unimorbid two-way comparisons of current risk factor effects for 13-14-year-old adolescents.

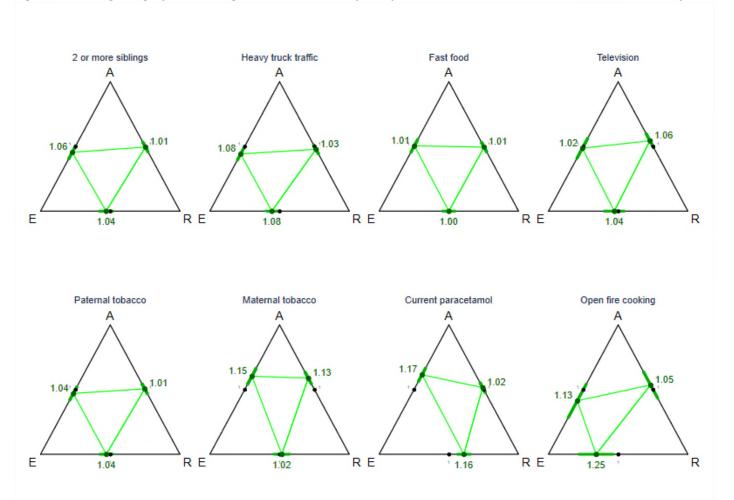


Figure S5: Each triangular plot shows the OR (labelled) and 95% confidence interval for two-way associations between the risk factor and two of the three diseases Asthma (A), Eczema (E) and Rhinoconjunctivitis (R) using a sample of unimorbid individuals. The odds ratio is always over 1 and relates to the increased chance of an individual with that risk factor as having one disease over the other. It indicates a relative strength of association (one disease compared to another) rather than an absolute strength of association (a disease compared to no disease). An equilateral central triangle denotes a risk factor that has a similar strength of effect on all three diseases. The further from equilateral the triangle is, the more that risk factor effect differs in strength between diseases. Current risk factors in 13-14 year-old adolescents includes factors from the previous 12 months. The possible range of OR graphed is from 1 in the centre to 2 at either extreme, on the log scale.

Figure S6. Triangular graphs showing unimorbid two-way comparisons of effects of early life risk factors for 6-7-year-old children in affluent and non-affluent countries.

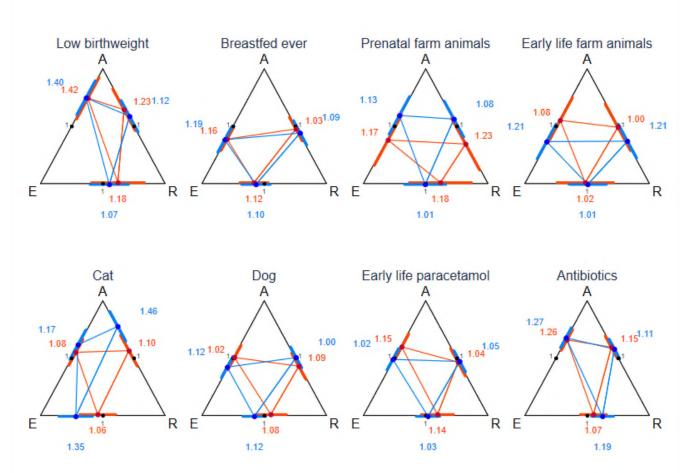


Figure S6: Each triangular plot shows the OR (labelled) and 95% confidence interval for two-way associations between the risk factor and two of the three diseases Asthma (A), Eczema (E) and Rhinoconjunctivitis (R) using a sample of unimorbid individuals, stratified by affluent countries (red) and non-affluent countries (blue). The odds ratio is always over 1 and relates to the increased chance of an individual with that risk factor as having one disease over the other. It indicates a relative strength of association (one disease compared to another) rather than an absolute strength of association (a disease compared to no disease). An equilateral central triangle denotes a risk factor that has a similar strength of effect on all three diseases. The further from equilateral the triangle is, the more that risk factor effect differs in strength between diseases. Early life risk factors in 6-7 year-old children includes factors from the first year of the child's life (except prenatal farm animals which is mother's contact with farm animals during pregnancy with the child). The possible range of OR graphed is from 1 in the centre to 2 at either extreme, on the log scale.

Figure S7. Triangular graphs showing unimorbid two-way comparisons of effects of current risk factors for 6-7-year-old children in affluent and non-affluent countries.

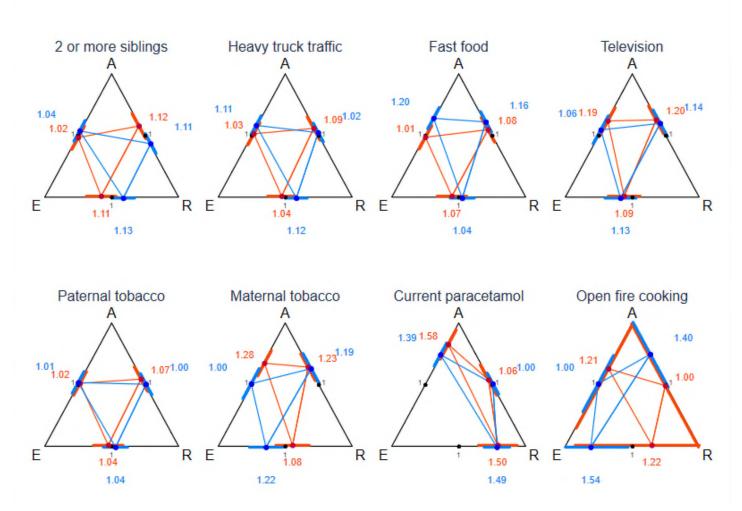


Figure S7: Each triangular plot shows the OR (labelled) and 95% confidence interval for two-way associations between the risk factor and two of the three diseases Asthma (A), Eczema (E) and Rhinoconjunctivitis (R) using a sample of unimorbid individuals, stratified by affluent countries (red) and non-affluent countries (blue). The odds ratio is always over 1 and relates to the increased chance of an individual with that risk factor as having one disease over the other. It indicates a relative strength of association (one disease compared to another) rather than an absolute strength of association (a disease compared to no disease). An equilateral central triangle denotes a risk factor that has a similar strength of effect on all three diseases. The further from equilateral the triangle is, the more that risk factor effect differs in strength between diseases. Current risk factors in 6-7 year-old children includes factors from the previous 12 months. The possible range of OR graphed is from 1 in the centre to 2 at either extreme, on the log scale.

Figure S8. Triangular graphs showing unimorbid two-way comparisons of effects of current risk factors for 13-14-year-old adolescents in affluent and non-affluent countries.

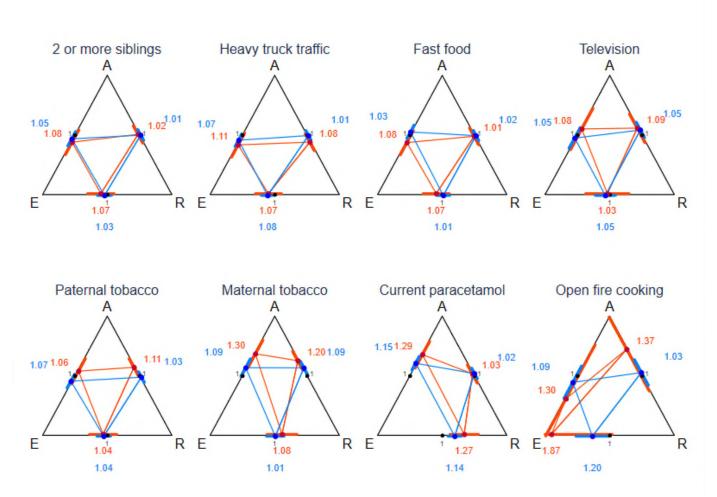


Figure S8: Each triangular plot shows the OR (labelled) and 95% confidence interval for two-way associations between the risk factor and two of the three diseases Asthma (A), Eczema (E) and Rhinoconjunctivitis (R) using a sample of unimorbid individuals, stratified by affluent countries (red) and non-affluent countries (blue). The odds ratio is always over 1 and relates to the increased chance of an individual with that risk factor as having one disease over the other. It indicates a relative strength of association (one disease compared to another) rather than an absolute strength of association (a disease compared to no disease). An equilateral central triangle denotes a risk factor that has a similar strength of effect on all three diseases. The further from equilateral the triangle is, the more that risk factor effect differs in strength between diseases. Current risk factors in 13-14 year-old adolescents includes factors from the previous 12 months. The possible range of OR graphed is from 1 in the centre to 2 at either extreme, on the log scale.