

1 The phenotype of decidual CD56+ lymphocytes is influenced by secreted factors from decidual  
2 stromal cells but not macrophages in the first trimester of pregnancy.

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22 **Abstract**

23 During the first trimester of pregnancy the decidua is comprised of decidual stromal cells  
24 (DSC), invading fetal trophoblast cells and maternal leukocytes, including decidual natural  
25 killer (dNK) cells and macrophages. dNK cells are distinct from peripheral blood NK cells and  
26 have a role in regulating trophoblast invasion and spiral artery remodelling. The unique  
27 phenotype of dNK cells results from the decidual environment in which they reside, however  
28 the interaction and influence of other cells in the decidua on dNK phenotype is unknown. We  
29 isolated first trimester DSC and decidual macrophages and investigated the effect that DSC  
30 and decidual macrophage secreted factors have on CD56+ decidual lymphocyte receptor  
31 expression and cytokine secretion (including dNK cells). We report that DSC secreted factors  
32 induce the secretion of the cytokines IL-8 and IL-6 from first trimester CD56+ cells. However,  
33 neither DSC nor decidual macrophage secreted factors changed CD56+ cell receptor  
34 expression. These results suggest that secreted factors from DSC influence CD56+ decidual  
35 lymphocytes during the first trimester of pregnancy and therefore may play a role in regulating  
36 the unique phenotype and function of dNK cells during placentation.

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38 **Keywords:** decidua, natural killer cells, macrophages, pregnancy, first trimester, stromal  
39 cells

40

41 **Abbreviations:**

42 cAMP, 8 Bromo-cyclic AMP; dNK, decidual natural killer; DSC, decidual stromal cell; EVT,  
43 extravillous trophoblast; IGFBP1, insulin-like growth factor binding protein; MPA,  
44 medroxyprogesterone17-acetate; pb, peripheral blood; PRL, prolactin; VSMC, vascular  
45 smooth muscle cell

## 46 **1. Introduction**

47 In the first trimester of pregnancy the decidua is rich with maternal leukocytes, made up of  
48 decidual NK (dNK) cells, decidual macrophages, T cells, a small number of B cells and  
49 dendritic cells and other innate lymphoid cells (ILCs) (Bulmer and Johnson, 1984, Bulmer et  
50 al., 1991, Vacca et al., 2015). In the post-ovulatory mid-secretory phase of the menstrual cycle  
51 decidualisation recruits NK cells to the uterus and local proliferation occurs (Sojka et al., 2018).  
52 This cell population reaches a peak in the late secretory phase and continues to accumulate in  
53 pregnancy, comprising 70% of the decidual leukocyte population by the end of the first  
54 trimester (King et al., 1998, Kopcow et al., 2010). dNK cells are distinct from their peripheral  
55 blood (pb) counterpart, however their function in pregnancy is still largely unknown. dNK cells  
56 have been implicated in regulating key processes at the maternal-fetal interface, including  
57 spiral artery remodelling and extravillous trophoblast (EVT) invasion (Hanna et al., 2006,  
58 Wallace et al., 2012).

59 dNK cells differ from pbNK cells as they exhibit a CD56<sup>bright</sup> CD16<sup>-</sup>CD160<sup>-</sup> phenotype and  
60 express a unique repertoire of both activating and inhibitory receptors, with increased  
61 expression of CD9, CD69, ILT2, NKp46, NKp44 and NKp30 and the KIR receptors compared  
62 to pbNK cells (Searle et al., 1999, Moffett-King, 2002, Koopman et al., 2003, El Costa et al.,  
63 2009). dNK cells have a predominantly cytokine secreting role, rather than the traditional  
64 cytotoxic function displayed by pbNK cells. dNK cells secrete an array of cytokines, including  
65 IL-8 and CXCL10 and angiogenic growth factors, including VEGF and PLGF (Hanna et al.,  
66 2006, Wallace et al., 2013c).

67 During the first trimester of pregnancy, cytotrophoblast cells differentiate into invasive EVT  
68 cells. These EVTs migrate from the cell columns of anchoring placental villi and invade the  
69 maternal decidua and spiral arteries, reaching the inner third of the myometrium by the second

70 trimester. During this process spiral arteries are remodelled, EVTs replace endothelial cells and  
71 vascular smooth muscle cells, modifying the arteries from low-flow, high-resistance into high-  
72 flow, low-resistance vessels with an increased diameter to ensure the increasing demands of  
73 the fetus are met. Decidual leucocytes, including dNK cells and macrophages, appear in the  
74 decidua prior to EVT and are therefore believed to contribute to initiating the remodelling  
75 process (Smith et al., 2009).

76 The main cellular component of the decidua is made up of DSC; epithelial-like cells that are  
77 transformed during decidualisation. This process commences after ovulation in the mid-  
78 secretory phase of the menstrual cycle, due to rising levels of progesterone. Decidualisation  
79 promotes morphological and biochemical changes to the spindle-shaped fibroblast-like  
80 endometrial cells converting them into secretory DSC. Two major secretory products of the  
81 DSC are IGFBP-1 and prolactin (PRL), classical markers of decidualisation (Gellersen and  
82 Brosens, 2003). However DSC also produce a myriad of other factors, including cytokines,  
83 chemokines, growth factors, angiogenic factors and hormones (Dimitriadis et al., 2005, Engert  
84 et al., 2007). It is these factors that have been implicated in a number of roles, including  
85 immune cell recruitment and activation as well as EVT migration and invasion (Pijnenborg,  
86 1998, Kitaya et al., 2000, Verma et al., 2000, Zhu et al., 2009, Godbole and Modi, 2010).

87 Decidual macrophages make up the second largest population of leukocytes in the decidua.  
88 They are characterised by their CD14<sup>+</sup> phenotype, however, do not fit in to the conventional  
89 M1/M2 macrophage classification. Gene expression profiling suggests that they are skewed  
90 towards a M2 alternatively activated phenotype (Gustafsson et al., 2008). Houser and  
91 colleagues have demonstrated that decidual macrophages consist of two distinct populations  
92 identified by their expression of CD11c, either high (CD11c<sup>HI</sup>) or intermediate (CD11c<sup>LO</sup>)  
93 expression, which secrete both pro- and anti-inflammatory cytokines (Houser et al., 2011).  
94 Decidual macrophages have been implicated in establishing local immune balance, EVT

95 invasion and spiral artery remodelling (Bulmer et al., 1991, Smith et al., 2009, Hazan et al.,  
96 2010, Svensson-Arvelund et al., 2015, Lash et al., 2016).

97 The unique phenotype of dNK cells results from the decidual environment in which they reside,  
98 which comprises of maternal DSC and immune cells, and the various factors they secrete. In  
99 the present study we have used first trimester DSC and decidual macrophage conditioned media  
100 to investigate the effect that secreted factors from these cells have on CD56+ decidual  
101 lymphocyte receptor expression and cytokine production. We hypothesise that DSC and  
102 decidual macrophage secreted factors will regulate receptor expression and cytokine  
103 production. We provide evidence that DSC secreted factors induce the production of the  
104 cytokines IL-6 and IL-8 from first trimester CD56+ cells; suggesting that DSC influence the  
105 function of dNK cells during early pregnancy.

## 106 **2. Materials and methods**

### 107 2.1. DSC isolation

108 Decidual tissue from 6-13 weeks of gestation was isolated from the products of conception  
109 obtained at termination of pregnancy. Decidual tissue was sorted from placental tissue by  
110 morphology in a petri dish, minced and digested in serum free M199 media containing 4kU  
111 DNase (Sigma Aldrich, UK) and 10kU collagenase (Gibco/ThermoFisher Scientific,  
112 Massachusetts, USA) overnight, at room temperature with agitation/rolling. The digested  
113 decidua was passed sequentially through 100 and 70  $\mu\text{m}$  filters and layered onto Ficoll-Paque  
114 (GE Healthcare, Buckinghamshire, UK) and centrifuged at 710g for 20 minutes. The cells in  
115 the 'buffy layer' were collected and washed in RPMI 1640 with 10% (v/v) fetal calf serum  
116 (FCS) supplemented with 2mM L-glutamine (Sigma Aldrich), penicillin (1 unit/ml)/  
117 streptomycin (100 $\mu\text{g/ml}$ ; Sigma Aldrich) and amphotericin B (2.5 $\mu\text{g/ml}$ ; Sigma Aldrich) and  
118 centrifuged. The supernatant was discarded, and the pellet resuspended in red blood cell lysis

119 buffer (155mM ammonium chloride (VWR, Leicestershire, UK), 9.9mM Trizma base (Sigma  
120 Aldrich), pH 7.4), incubated for 5 minutes at room temperature, washed in PBS and  
121 centrifuged. The pellet was resuspended in 20ml RPMI media with 10% (v/v) FCS and plated  
122 out for stromal cells to adhere to the bottom of the plate/flask. After approximately 15 minutes,  
123 non-adherent immune cells were removed. Cells were washed in PBS and cultured in DSC  
124 media at 37°C humidified atmosphere, 5% CO<sub>2</sub> in air.

## 125 2.2. CD56+ cell isolation

126 CD56+ lymphocytes (including dNK cells) were isolated, as previously described (Wallace et  
127 al., 2013c). In brief, non-adhered immune cells, containing the dNK cell fraction, from DSC  
128 isolation were purified by use of negative selection with a MagCelect Human NK Cell  
129 Isolation Kit (R&D Systems, Abingdon, UK), according to manufacturer's instructions. Purity,  
130 as measured by CD56<sup>+</sup> cells, was 95.26% ± 0.73% (mean ± SEM, n=19), and viability,  
131 immediately upon isolation, was 87.3% ± 1.86% (mean ± SEM, n=19), as assessed by fixable  
132 viability dye (eBioscience, Hatfield, UK).

## 133 2.3. Decidual macrophage isolation

134 Decidual tissue was sorted, minced, digested and filtered the same as above. The filtered  
135 decidual digest was resuspended in 20 ml 15% (v/v) Percoll® (Sigma Aldrich). Percoll cell  
136 suspension was layered on to a Percoll gradient of 5 ml 68% (v/v) and 12.5 ml 45% (v/v)  
137 Percoll and centrifuged for 700g for 30 minutes at 4°C. The cells between the 15% and 45%  
138 Percoll gradient were collected, centrifuged and resuspended in Phenol Red Free RPMI 1640  
139 supplemented with 10% (v/v) FCS, filtered through a 40µm filter, cell number counted, and  
140 cells centrifuged at 500g for 5 minutes. Cells were resuspended in 80µl MACS buffer (PBS  
141 with 0.5% (w/v) BSA (Sigma Aldrich), 2mM EDTA (Sigma Aldrich), adjusted to pH7.2) per  
142 10<sup>7</sup> cells and 20µl anti-CD14 antibody coated magnetic beads (Miltenyi Biotec, Surrey, UK)

143 per  $10^7$  cells, after 15 minutes incubation at  $4^{\circ}\text{C}$  the cells were centrifuged at  $300\text{g}$  for 10  
144 minutes at  $4^{\circ}$  to prevent loss of beads. The cell pellet was resuspended in MACS buffer and  
145 loaded onto a Large Cell Column with a flow resistor (Miltenyi Biotec) in a magnetic field of  
146 a MiniMACS separator (Miltenyi Biotec), cells not bound to the magnetic beads were removed  
147 by three washes with  $500\mu\text{l}$  MACS buffer.  $2\text{ml}$  of MACs buffer was added to the column, the  
148 column was removed from the magnet and the flow resistor removed, then the  $\text{CD}14^{+}$  cells  
149 were flushed with the plunger. Cells were centrifuged at  $500\text{g}$  for 5 minutes and resuspended  
150 in phenol red free RPMI 1640 supplemented with 10% (v/v) FCS at  $1 \times 10^6$  cells/ml.  
151 Immediately after isolation purity, as measured by  $\text{CD}14^{+}$  cells, was  $72.26\% \pm 1.8\%$  (mean  $\pm$   
152 SEM,  $n=91$ ) and viability, as assessed by fixable viability dye, was  $85.22\% \pm 1.41\%$  (mean  $\pm$   
153 SEM,  $n=69$ ). Conditioned media (CM) was collected after 6 hours of culture and centrifuged  
154 at  $3000\text{g}$  for 5 minutes. The supernatant was stored at  $-20^{\circ}\text{c}$  until use.

#### 155 2.4. Cell culture conditions

156 Isolated DSC were cultured in DSC medium: RPMI 1640 (Sigma Aldrich) containing  $2\text{mM}$  L-  
157 glutamine, penicillin ( $1 \text{ unit/ml}$ )/ streptomycin ( $100\mu\text{g/ml}$ ) and amphotericin B ( $2.5\mu\text{g/ml}$ )  
158 supplemented with 10% (v/v) FCS.  $\text{CD}56^{+}$  cells were cultured in dNK medium: Phenol Red  
159 Free RPMI 1640 supplemented with 10% (v/v) FBS,  $50\text{ng/ml}$  stem cell factor (SCF; Peprotech,  
160 London, UK) and  $5\text{ng/ml}$  IL-15 (Peprotech), containing  $2\text{mmol/L}$  L-glutamine,  $100\text{IU/ml}$   
161 penicillin,  $100\mu\text{g/ml}$  streptomycin, and  $2.5\mu\text{g/ml}$  amphotericin. Decidual macrophages were  
162 cultured in decidual macrophage medium: Phenol Red Free RPMI 1640 supplemented with  
163 10% (v/v) FBS, containing  $2\text{mmol/L}$  L-glutamine,  $100\text{IU/ml}$  penicillin,  $100 \mu\text{g/ml}$   
164 streptomycin, and  $2.5\mu\text{g/ml}$  amphotericin.

#### 165 2.5. Re-decidualisation of DSC

166 DSC were re-decidualised once they had reached confluency, after approximately 2-5 days  
167 (James-Allan et al., 2018). The cells were washed with PBS and serum free Hams F10  
168 containing 2mM L-glutamine, penicillin (1 unit/ml)/ streptomycin (100µg/ml) and  
169 amphotericin (2.5µg/ml) containing 1µM medroxyprogesterone17-acetate (MPA; Sigma  
170 Aldrich) (3.86mg/ml) and 0.5mM 8 Bromo-cyclic AMP (cAMP; BioLog Life Science Institute,  
171 Germany) was added. As a vehicle control for MPA, serum free Hams F10 containing 10mM  
172 chloroform (BDH (VWR), Pennsylvania, USA) was added to one plate/flask of DSC. The cells  
173 were incubated for 3 days, after which CM was collected and centrifuged at 3000g for 5  
174 minutes. CM was concentrated 20-fold at 4000g prior to storage at -20°C (VivaSpin Columns,  
175 3000 mol wt. cutoff: Sartorius Stedium, Surrey, UK). Decidualisation was confirmed by  
176 secretion of decidualisation markers IGFBP1 and PRL, as previously described (James-Allan  
177 et al., 2018). These cells are subsequently referred to as re-decidualised DSC (rDSC).

## 178 2.6. Effect of rDSC and decidual macrophage CM on CD56+ cell receptor expression and 179 cytokine secretion

180 In order to determine whether rDSC or decidual macrophages could affect decidual CD56+  
181 cell receptor expression or cytokine production, decidual CD56+ cells were isolated and  
182 cultured at  $1 \times 10^6$  cells/ml in rDSC or decidual macrophage CM in dNK medium for 6 hours.  
183 The 20-fold concentrated rDSC CM was diluted to 1-fold with dNK medium. 20-fold  
184 concentrated serum free Hams F10 medium containing 1µM MPA and 0.5mM 8 Bromo-cyclic  
185 AMP diluted to 1-fold with dNK medium was used as a control. Decidual macrophage control  
186 consisted of decidual macrophage medium. Half of the cells were collected for flow cytometry  
187 after 6 hours, the other half of the cells were centrifuged and resuspended in dNK medium and  
188 incubated for a further 12 hours, after which the CD56+ cell CM was collected and assessed  
189 for cytokine secretion.

190



191 2.7. Flow cytometry

192 Decidual CD56<sup>+</sup> cells were resuspended in 1ml PBS and stained with fixable viability dye  
193 eFluor780 (eBioscience, Hatfield, UK) for 30 minutes at 4°C. Cells were centrifuged at 500g  
194 for 5 minutes and resuspended in 600µl FACS buffer (PBS with 0.5% (w/v) BSA, 0.05% (w/v)  
195 sodium azide) and non-specific binding was blocked using 1µg/ml human IgG and 10µl human  
196 FcR binding inhibitor (eBioscience) for 30 minutes at 4°C. After incubation, cells were labelled  
197 for 30 minutes at 4°C with primary antibodies as detailed: mouse anti-human CD56-Alexa  
198 Fluor 488 (100µg/ml, BD Biosciences, NJ, USA), mouse anti-human CD3-PerCP (25µg/ml,  
199 eBioscience), mouse anti-human CD9-PE (6.25µg/ml, BD Biosciences), mouse anti-human  
200 CD69-APC (0.75µg/ml, BD Biosciences), mouse anti-human NKp44-PE (6.25µg/ml, BD  
201 Biosciences), mouse anti-human NKp46-PE (12.5µg/ml, BD Biosciences), mouse anti-human  
202 ILT2-APC (10µg/ml, R&D Sciences), mouse anti-human NK62A-APC (100µg/ml, R&D  
203 Sciences), mouse anti-human NKG2C-APC (50µg/ml, R&D Sciences), mouse anti-human  
204 NKG2D-APC (50µg/ml, R&D Sciences), KIR2DL1/KIR2DS5-PE (25µg/ml, R&D Sciences)  
205 and mouse anti-human KIR2DL2-PE (6.25µg/ml, BD Biosciences). The following isotype  
206 controls were used: mouse IgG1 κ-Alexa Fluor 488 (eBioscience), mouse IgG1 PerCP  
207 (eBioscience), mouse IgG1 PE (R&D Systems), mouse IgG2a κ-PE (eBioscience), IgG1 κ-  
208 APC (eBioscience) and mouse IgG2a κ-APC (eBioscience). Cells were centrifuged at 500g for  
209 5 minutes and resuspended in FACS buffer. Flow cytometry was carried out on a LSR II flow  
210 cytometer (BD Biosciences). Analysis was carried out by use of FLOWJO software (Tree Star  
211 Inc, Oregon, USA). Histograms were gated on viable CD56<sup>+</sup> cells.

212

213 2.8. ELISA

214 The concentration of IL-6 and IL-8 in decidual CD56<sup>+</sup> cell CM was measured using DuoSet  
215 ELISA (R&D Systems) according to manufacturer's instructions.

## 216 2.9. Statistical analyses

217 Data was analysed by one-way analysis of variance (ANOVA) with Sidak's multiple  
218 comparison test or t-test by use of GraphPad Prism (version 6.0, CA, USA). Significance was  
219 accepted at  $p < 0.05$ . ELISA data was transformed by taking the log of the concentration so that  
220 variance was not significantly different, and a t-test could be performed on the data.

## 221 3. Results

222 3.1. Receptor repertoire of CD56+ cells is not regulated by DSC or decidual macrophage CM  
223 dNK cells have a unique receptor expression profile and have previously been shown to express  
224 the following receptors: CD9, CD69, NKp44, NKp46, ILT2, NKG2A, NKG2C, NKG2D,  
225 KIR2DL1 and KIR2DL2 (Wallace et al., 2015). The effect that DSC and decidual macrophage  
226 secreted factors had on the expression of CD56+ cell receptors was investigated. Isolated first  
227 trimester CD56+ cells were cultured with re-decidualised (rDSC) or decidual macrophage CM  
228 for 6 hours after which receptor expression was assessed by flow cytometry (gating strategy,  
229 **Figure 1**). Examination of CD56+ cells after 6 hours of culture determined that all receptors  
230 were present on the cells. All receptors were expressed in the same proportion in control-treated  
231 and rDSC CM-treated cells (**Figure 2**) and in control-treated and decidual macrophage CM-  
232 treated cells (**Figure 3**).

## 233 3.2. CD56+ decidual cell cytokine secretion is stimulated by DSC

234 Decidual NK cells have a secretory function; previous studies have shown that first trimester  
235 dNK cells secrete the chemokines IL-8 and IL-6 (Wallace et al., 2013b). This study examined  
236 if DSC secreted factors have an effect on the secretion of the dNK cytokines IL-8 and IL-6.  
237 CD56+ cells were cultured with rDSC CM for 6 hours after which the media was changed and  
238 CD56+ cell conditioned media was collected after a further 12 hours of culture. Cells treated

239 with rDSC CM secreted significantly more IL-8 (**Figure 4A**) and IL-6 (**Figure 4B**) than cells  
240 treated with control medium.

### 241 3.3. CD56+ decidual cell cytokine secretion is not stimulated by decidual macrophages

242 To determine if decidual macrophage secreted factors have an effect on the secretion of  
243 cytokines IL-8 and IL-6. CD56+ cells were cultured with decidual macrophage CM for 6 hours  
244 after which the media was changed and dNK conditioned media was collected after a further  
245 12 hours of culture. IL-8 (**Figure 5A**) or IL-6 (**Figure 5B**) secretion showed no significant  
246 changes when treated with decidual macrophage CM compared to control.

## 247 **4. Discussion**

248 During the first trimester of pregnancy, dNK cells are the predominant leukocyte within the  
249 decidua and therefore come in to contact with other decidual cells, such as DSC and  
250 macrophages. dNK cells differ from pbNK cells due to their unique receptor repertoire and  
251 cytokine-secreting phenotype, which dictate their role during early pregnancy, including spiral  
252 artery remodeling and interaction with EVT (Moffett-King, 2002, Smith et al., 2009). In this  
253 study we have demonstrated that secretion of the cytokines IL-8 and IL-6 from first trimester  
254 CD56+ cells is stimulated by first trimester DSC secreted factors, but not secreted factors from  
255 decidual macrophages. This suggests that DSC interact with dNK, influencing their function  
256 and possibly their role during the first trimester of pregnancy.

257 In the decidua NK cells are known to be in close contact with trophoblast cells. A crucial step  
258 in placentation during early pregnancy is the remodeling of spiral arteries leading to high  
259 volume, low resistance vessels that transport maternal blood to the placenta. Smith and  
260 colleagues demonstrated that this is a multi-step process, which begins with a trophoblast-  
261 independent stage in which disruption of vascular smooth muscle cells and the endothelial cell  
262 layer occur in the absence of invading trophoblasts but in the presence of dNK and macrophage

263 cells (Smith et al., 2009). The ability of dNK cells to secrete soluble factors has been shown to  
264 induce VSMC disruption prior to EVT interaction with spiral arteries inferring that the factors  
265 that dNK secrete play an important role in spiral artery remodeling. It is also known that factors,  
266 such as IL-8 and CXCL10, secreted by dNK promote invasion and chemotaxis of EVT and  
267 therefore also contribute to the trophoblast-dependent stage of spiral artery remodeling (Hanna  
268 et al., 2006, Wallace et al., 2013a).

269 Results from this study demonstrate that conditioned media from rDSC stimulate CD56+  
270 decidual cells to secrete increased amounts of the cytokines IL-8 and IL-6. dNK cells have  
271 previously been shown to secrete an array of factors, including these cytokines (Hanna et al.,  
272 2006). It is known that trophoblasts, including EVTs, express the respective receptors CXCR1  
273 and IL-6R $\alpha$ , suggesting that these dNK-secreted cytokines may act upon trophoblast cells  
274 during the first trimester of pregnancy (Jovanovic and Vicovac, 2009, Jovanovic et al., 2010,  
275 Hanna et al., 2006). IL-8 and IL-6 are chemokines that have been implicated in the invasion of  
276 trophoblast cells in the first trimester of pregnancy, including stimulating migration and  
277 chemotaxis of trophoblast cells (Jovanovic and Vicovac, 2009, Jovanovic et al., 2010).  
278 Consequently, as dNK cells come in to contact with DSC as their number increases during  
279 decidualisation and the first trimester of pregnancy, it is possible that crosstalk between DSC  
280 and dNK stimulate dNK to produce factors that could assist in both trophoblast-independent  
281 and trophoblast-dependent spiral artery remodelling.

282 It has been shown that alongside dNK cells there are other innate lymphoid cell (ILC)  
283 populations found in the decidua during the early stages of pregnancy. Three populations of  
284 ILCs have been identified, including an ILC1 subset which produce IFN $\gamma$  and two ILC3  
285 populations, lymphoid tissue inducer (LTi)-like cells and NCR<sup>+</sup>ILC3 which release IL-17/TNF  
286 and IL22/IL-8, respectively (Vacca et al., 2015). NCR<sup>+</sup>ILC3 cells contribute to IL-8 production  
287 in the decidua. Although subpopulations of ILCs was not investigated in the CD56+ cells

288 isolated in this study it would be interesting to investigate if DSC CM is stimulating specific  
289 cells, such as NCR<sup>+</sup>ILC3, which is leading to the increase in IL-8 secretion observed.

290 It is known that there is a large infiltration of NK cells into the decidua during the first trimester  
291 of pregnancy, however the mechanism as to how these cells move into the decidua is still  
292 largely unknown. Possible hypotheses include that they are recruited from the pbNK population  
293 to the decidua where they undergo differentiation (Keskin et al., 2007), or that CD56<sup>dim</sup>CD16<sup>-</sup>  
294 pbNK cells migrate to the decidua during pregnancy due to the interaction of cytokines on their  
295 surface and the corresponding receptors expressed on trophoblasts or decidual stromal cells  
296 (Hannan et al., 2006). Others have suggested that dNK cells may differentiate from endometrial  
297 NK (eNK) cells which become differentiated due to local mediators in the decidua when  
298 pregnancy occurs. However, results from this study suggest that DSC secreted factors could be  
299 stimulating dNK cells to secrete chemokines that attract additional NK cells to the decidua.  
300 This supports the idea that there is a feedback mechanism in the decidua in which maternal  
301 DSC and immune cells attract each other to populate the decidua in the first trimester of  
302 pregnancy.

303 DSC are known to secrete an array of factors including RANTES, IL-8, CXCL10 and IL-15  
304 (Sharma et al., 2016). These factors have a range of functions, including the recruitment,  
305 migration and proliferation of dNK cells. Evidence has shown that DSC express ligands that  
306 act on dNK activating receptors, leading to cytokine, chemokine and angiogenic factor  
307 production (Hanna et al., 2006). RANTES, IL-8 and CXCL10 are chemokines found in the  
308 endometrium, with levels highest during the late secretory phase of the menstrual cycle,  
309 suggesting that they may regulate the recruitment of immune cells to the decidua (Arici et al.,  
310 1998, Hornung et al., 1997, Kitaya et al., 2004). IL-15, which is secreted by DSC (Kitaya et  
311 al., 2000, Okada et al., 2000), is known to have activating and proliferative effects on NK cells  
312 (Carson et al., 1994) and has been shown to induce uterine NK cells to secrete an array of

313 factors (Cooper et al., 2001, Eriksson et al., 2004) and stimulate their proliferation (Verma et  
314 al., 2000).

315 Macrophages are the second most abundant leukocyte type in the decidua. Macrophages are  
316 typically classified in to either M1, representing a classical pro-inflammatory, anti-microbial  
317 activation, or M2 an anti-inflammatory phenotype. However, it is thought that decidual  
318 macrophages have a unique phenotype that differs from peripheral blood monocytes as they do  
319 not fit in to the conventional M1/M2 classification, due to having aspects of both an anti- and  
320 a pro-inflammatory phenotype (Houser et al., 2011, Svensson et al., 2011). It is known that  
321 decidual macrophages secrete an array of factors, including the pro-inflammatory cytokines  
322 TNF $\alpha$  and IL-1 $\beta$  and the anti-inflammatory cytokines IL-10 and TGF $\beta$  (Houser et al., 2011).

323 dNK cells and macrophages are in close contact within the decidua, therefore it is likely that  
324 crosstalk between these cells occurs. However, little is known regarding the interaction  
325 between immune cells during pregnancy. There is evidence to suggest that secreted factors  
326 could influence dNK cells, for example TGF $\beta$  has been shown to suppress the activation of  
327 dNK subpopulations (Zhang et al 2019). Additionally, some functional regulation has been  
328 shown with macrophages inhibiting NK cell killing of invasive trophoblast cells (Co et al  
329 2013). Therefore, we hypothesised that factors secreted from macrophage cells during the first  
330 trimester of pregnancy will influence the phenotype of dNK cells, including their cytokine  
331 secretion and receptor expression. In contradiction to our hypothesis, and the results from DSC  
332 secreted factors, decidual macrophage secreted factors did not influence dNK IL-6 or IL-8  
333 secretion during the first trimester of pregnancy in this study.

334 dNK cells express a distinctive panel of activating and inhibitory receptors that differs from  
335 pbNK cells. These receptors are crucial to their interaction with EVT as EVT express a unique  
336 combination of MHC molecules, including HLA-C, HLA-E and HLA-G which interact with

337 receptors expressed by dNK cells. The expression of these receptors is induced in the mid-  
338 secretory phase of the menstrual cycle, in conjunction with decidualisation, suggesting that the  
339 production of cytokines in the endometrium activates the receptor expression on NK cells  
340 converting them to dNK cells.

341 We found that the receptors studied were expressed by CD56+ cells isolated from first trimester  
342 pregnancies, however *in vitro* culture with rDSC or decidual macrophage conditioned media  
343 did not alter their expression. This suggests that DSC or decidual macrophage secreted factors  
344 from early pregnancy do not affect the expression of CD56+ cell receptors investigated in this  
345 study despite both secreting a wide range of factors. However, the cells used in this study were  
346 isolated from the decidua and therefore will have already been in contact with decidual factors  
347 *in vivo* and it may not be possible to modify these further. It would be interesting to determine  
348 whether NK cells isolated from the endometrium that have not previously been exposed to the  
349 decidual environment would have a different response.

350 We observed some variation in receptor expression, which could be due to patient variability,  
351 or due to potential subpopulations of CD56+ cells, including ILCs. We have previously shown  
352 that the expression of these receptors on dNK cells does not differ in the first trimester when  
353 pre- and post-10 weeks gestation were compared (Wallace et al 2015), therefore this variation  
354 is unlikely to be due to the gestational range of the samples. Zhang et al (2017) suggest that  
355 that interactions between trophoblast and dNK cells during the first trimester of pregnancy  
356 suppress dNK cell functions by inhibiting the expression of their activating receptor NKG2D  
357 (Zhang et al., 2017). However, this report only observed changes in NKG2D receptor  
358 expression with direct co-culture of cells, but not with trophoblast conditioned media, which  
359 matches the results in this study, suggesting receptor-ligand interactions rather than soluble  
360 factors having a role in this process.

361 Decidualisation transforms endometrial stromal cells in to secretory decidual stromal cells and  
362 we have shown that the secretory products from these cells can influence the phenotype of NK  
363 cells within the decidua in the first trimester of pregnancy. Interestingly decidual macrophage  
364 secretory factors did not have the same effect as DSC cells, suggesting that they may not  
365 interact with NK cells during the early stages of pregnancy and therefore have an alternate  
366 function within the decidua. dNK have been shown to have abnormalities in pregnancies with  
367 impaired spiral artery remodelling, and therefore an increased risk of developing complications  
368 such as pre-eclampsia and intrauterine growth restriction (Fraser et al., 2012, Wallace et al.,  
369 2013c, Wallace et al., 2014, Wallace et al., 2015). Therefore, the interaction with DSC within  
370 the decidua in the first trimester of pregnancy is likely to be crucial to induce the unique dNK  
371 phenotype so that normal placentation occurs.

## 372 **5. Conclusion**

373 In summary, we have found that secreted factors from DSC interact with CD56+ cells  
374 simulating cytokine secretion in the first trimester of pregnancy. These findings suggest that  
375 DSC, but not decidual macrophages, influence the phenotype of NK cells in the decidua in the  
376 early stages of pregnancy.

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386 **References**

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530 **Figure 1. Representative gating strategy of flow cytometry data of isolated decidual lymphocytes.**  
531 Freshly isolated cells, at 0hr, were gated on forward (FSC)/side-scatter (SSC) (A), this population was  
532 then gated on viability as assessed by negativity for eFluordye (B), the population of alive cells was  
533 gated for CD56 and CD56<sup>bright</sup> positivity (C). Data are of a sample, gestational age 10 + 0 weeks. Grey  
534 line indicates IgG control, and darker line indicates antibody to CD56.

535 **Figure 2. Percentage of CD56+ cells positive for receptors after stimulation with rDSC**  
536 **CM.** Isolated cells were cultured with rDSC CM for 6 hours and receptor expression  
537 subsequently assessed by flow cytometry. Data shown as mean  $\pm$  SEM, paired t-test: not  
538 significant, n=6.

539 **Figure 3. Percentage of CD56+ cells positive for receptors after stimulation with decidual**  
540 **macrophage CM.** Isolated cells were cultured with decidual macrophage (dMØ) CM for 6  
541 hours and receptor expression subsequently assessed by flow cytometry. Data shown as mean  
542  $\pm$  SEM, paired t-test: not significant, n=10.

543 **Figure 4. Secretion of IL-6 and IL-8 from CD56+ cells treated with rDSC CM.** Isolated  
544 cells were cultured with rDSC CM for 6 hours. Secretion of IL-8 and IL-6 was measured by  
545 ELISA in media collected after a further 12 hours of culture with dNK medium. **A:** Secretion  
546 of IL-8 between control-treated and rDSC-treated cells (n=18). **B:** Secretion of IL-6 between  
547 control-treated and rDSC-treated cells (n=21). Data was log transformed to ensure equal  
548 variance. Paired t-test, data shown as mean  $\pm$  SEM, \*\*\*\*  $p < 0.0001$ , \*\*\*  $p < 0.001$ .

549 **Figure 5. Secretion of IL-6 and IL-8 from CD56+ cells treated with decidual macrophage**  
550 **CM.** Isolated cells were cultured with decidual macrophage (dMØ) CM for 6 hours. Secretion  
551 of IL-8 and IL-6 was measured by ELISA in media collected after a further 12 hours of culture  
552 with dNK medium. **A:** Secretion of IL-8 between control-treated and decidual macrophage-  
553 treated cells (n=7). **B:** Secretion of IL-6 between control-treated and decidual macrophage-

554 treated cells (n=10). Data was log transformed to ensure equal variance. Paired t-test, data  
555 shown as mean  $\pm$  SEM, ns denotes not significant.

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