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The cumulative effect of transient synchrony states on motor performance in Parkinson's disease

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1 **The cumulative effect of transient synchrony states on motor**
2 **performance in Parkinson's disease**

3
4 **Abbreviated title:** Cumulative effect of transient synchrony states

5
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43

44

45

46 **Keywords:**

47 Parkinson's disease; beta oscillations; motor network; beta bursts; local field potentials;

48

49 **Abbreviations:**

50 PD=Parkinson's disease; LFP = local field potentials; STN = subthalamic nucleus; UPDRS =
51 Unified Parkinson's Disease Rating Scale; AU = arbitrary unit; OVL=overlapping;

52

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54

55 **ABSTRACT**

56 **Introduction:** Bursts of beta frequency band activity in the basal ganglia of patients with
57 Parkinson's disease (PD) are associated with impaired motor performance. Here we test in
58 human adults if small variations in the timing of movement relative to beta bursts have a
59 critical effect on movement velocity and if the cumulative effects of multiple beta bursts, both
60 locally and across networks, matter.

61 **Methods:** We recorded local field potentials from the subthalamic nucleus (STN) in 15 PD
62 patients of both genders OFF-medication, during temporary lead externalization after deep
63 brain stimulation surgery. Beta bursts were defined as periods exceeding the 75th percentile
64 amplitude threshold. Subjects performed a visual cued joystick reaching task, with the visual
65 cue being triggered in real time with different temporal relationships to bursts of STN beta
66 activity.

67 **Results:** The velocity of actions made in response to cues prospectively triggered by STN
68 beta bursts was slower than when responses were not time-locked to recent beta bursts.
69 Importantly, slow movements were those that followed multiple bursts close to each other
70 within a trial. In contrast, small differences in the delay between the last burst and movement
71 onset had no significant impact on velocity. Moreover, when the overlap of bursts between
72 the two STN was high, slowing was more pronounced.

73 **Conclusion:** Our findings suggest that the cumulative, but recent, history of beta bursting,
74 both locally and across basal ganglia networks, may impact on motor performance.

75

76 **Significance Statement:**

77 Bursts of beta frequency band activity in the basal ganglia are associated with slowing of
78 voluntary movement in patients with Parkinson's disease. We show that slow movements
79 are those that follow multiple bursts close to each other and bursts that are coupled across
80 regions. These results suggest that the cumulative, but recent, history of beta bursting, both
81 locally and across basal ganglia networks, impacts on motor performance in this condition.
82 The manipulation of burst dynamics may be a means of selectively improving motor
83 impairment.

84

85 Introduction

86 One of the electrophysiological hallmarks of Parkinson's disease (PD) is exaggerated beta
87 activity (13-35Hz) in basal ganglia local field potentials (LFP), which is linked to motor
88 impairment (Brown, 2003). Both the administration of levodopa and the application of
89 continuous high frequency deep brain stimulation (DBS) suppress this activity in the
90 subthalamic nucleus (STN), with the degree of suppression being positively correlated with
91 clinical motor improvement (Kuhn et al., 2006; Kuhn et al., 2008; Kuhn et al., 2009; Eusebio
92 et al., 2011; Ozkurt et al., 2011; Oswal et al., 2016; Trager et al., 2016). Beta activity also
93 occurs under physiological conditions, where it takes the form of relatively short-lived phasic
94 bursts in basal ganglia-cortical motor circuits (Murthy and Fetz, 1992, 1996; Feingold et al.,
95 2015; Deffains et al., 2018). In contrast, the distribution of beta burst durations is shifted to
96 the right, in favour of longer durations, in untreated PD, and the proportion of long duration
97 beta bursts is correlated with rigidity and bradykinesia (Tinkhauser et al., 2017b; Tinkhauser
98 et al., 2017a; Deffains et al., 2018). Both the delivery of beta-triggered adaptive DBS and the
99 administration of levodopa shift the distribution of burst durations towards the left, in
100 association with clinical improvement (Tinkhauser et al., 2017b; Tinkhauser et al., 2017a). In
101 the specific case of beta-triggered adaptive DBS, due to the design of the control-algorithm
102 (Little et al., 2013), the effect of stimulation led to the curtailing of beta bursts exceeding
103 about 500ms in duration (Tinkhauser et al., 2017b). Thus, it is reasonable to conclude that
104 bursts with at least this duration are associated with motor impairment. But what of bursts
105 shorter than this, which are left untouched by adaptive DBS, -could these also contribute to
106 motor impairment in PD? Correlations between the relative prevalence of beta bursts of
107 different duration and clinical motor impairment suggest that bursts with durations less than
108 about 400ms might actually be beneficial (Tinkhauser et al., 2017b; Tinkhauser et al.,
109 2017a). However, given that the number of bursts with a specific duration were considered
110 as a fraction of all bursts the association of shorter bursts with better clinical state might
111 simply have been secondary to the fact that a greater fraction of shorter bursts necessarily
112 means a smaller fraction of longer bursts. More recently, it has been shown that beta bursts
113 with mean durations of 200-350ms are also linked to slowing of subsequent voluntary
114 movement, when the latter is objectively measured (Torrecillos et al., 2018; Lofredi et al.,
115 2019).

116 The precise conditions under which beta bursts impact on movement also remain unclear.
117 For example, are small variations in the delay between bursts and movement important, and
118 do multiple bursts preceding movement have a bigger impact? In addition, it has been
119 demonstrated that beta bursts are coupled across the basal ganglia cortical network
120 (Tinkhauser et al., 2018b), but whether simultaneous bursting across the circuit has any

121 additional impact on subsequent movement is unknown. Here we test if small variations in
122 the timing of movement relative to beta bursts have a critical effect on movement velocity
123 and if the cumulative effects of multiple beta bursts, both locally and across networks,
124 matter. To this end we designed an experiment that allowed us to detect beta bursts online,
125 and thereby trigger imperative cues so that we had more precise control over the timing of
126 subsequent voluntary movements.

127

128 **Methods**

129 **Subjects and surgery**

130 We studied 15 patients with advanced PD who underwent bilateral STN-DBS surgery. Their
131 clinical details are summarized in table 1. Subjects were recruited at three different sites, St.
132 Georges Hospital London (UK), Kings College Hospital London (UK) and Mainz University
133 Hospital (DE). The investigation was approved by the local ethics committees (Mainz
134 University Hospital: 837.208.17 (11042); UK centres: IRAS 46576) and all subjects gave
135 their written informed consent. Depending on centre-specific DBS surgical approaches,
136 electrode implantation was either guided by imaging alone (St. Georges Hospital and Kings
137 College Hospital) or by additional intra-operative micro-recordings (Mainz University
138 Hospital). The implanted leads were either the 3389 DBS lead (Medtronic, Minneapolis MN)
139 with four platinum-iridium cylindrical surfaces or Vercise Cartesia™ Directional Lead (Boston
140 Scientific, Marlborough, MA) with three segmented contacts on levels 2 and 3. DBS leads
141 were temporarily externalised for 3-6 days.

142

143 **Signal recording and pre-processing for online triggering of the visual cue**

144 Figure 1A illustrates the LFP recording and processing steps for the behavioral experiment.
145 All patients were recorded after withdrawal of their dopaminergic medication. Signals were
146 recorded using a TMSi-Porti amplifier (TMS International, Netherlands). The ground
147 electrode was placed on a forearm. LFP signals were amplified, low-pass filtered at 550 Hz,
148 sampled at 2048 Hz and common average referenced. LFPs were offline reconfigured to
149 give a bipolar contact arrangement between the four electrode levels (directional contacts of
150 one level were connected together to form one 'contact') so that each electrode afforded
151 three bipolar signals for the left (L01, L12, L23) and right (R01, R12, R23) STN. Bipolar
152 montages between adjacent contact pairs were used as they limit the effects of volume
153 conduction from distant sources (Marmor et al., 2017). For subject 15, due to technical
154 reasons, only one bipolar channel was available on the left and right sides. The timing of

155 cue-presentation, the displacement of the response joystick in the x and y planes and the
156 signal from an accelerometer taped to the dorsum of the active hand were also recorded
157 through the TMSi-Porti amplifier and sampled at 2048 Hz.

158 Before the experiment started one bipolar channel from either the left or right STN (table 1)
159 had to be selected for computing the beta bursts online that would trigger the imperative
160 cues. We selected the channel with the highest resting beta activity, or, in the case of
161 similar levels of beta between channels, the channel showing the strongest beta modulation
162 during voluntary hand movements. This step was motivated by evidence linking maximal
163 beta band activity (Chen et al., 2006; Zaidel et al., 2010; Horn et al., 2017) and movement-
164 related beta reactivity (Devos et al., 2006; Tinkhauser et al., 2019) to the dorsal (motor)
165 region of the STN, which also corresponds to the site that offers the most effective deep
166 brain stimulation (Ince et al., 2010; Zaidel et al., 2010; Tinkhauser et al., 2018a). Only one
167 contact pair was selected for each patient and the joystick movement was performed with
168 the contralateral hand.

169 The signal chosen as trigger was then bandpass-filtered around the individual beta peak (\pm
170 3Hz), rectified and smoothed (200ms time constant). In line with previous work (Tinkhauser
171 et al., 2017b; Tinkhauser et al., 2017a; Tinkhauser et al., 2018b; Torrecillos et al., 2018) beta
172 bursts were defined by crossings of the 75th percentile amplitude threshold of the beta
173 signal (red line in figure 1A). The onset of a burst was defined as when the rectified signal
174 crossed the threshold amplitude and the end of the burst defined as when the amplitude fell
175 below threshold. The minimum duration of the threshold crossing to be considered as a burst
176 was set to be 100ms (Tinkhauser et al., 2017b).

177

178 **Behavioral task**

179 Subjects performed a visually cued joystick reaching task, with the visual cue triggered either
180 by beta bursts in the STN or with no fixed relationship to beta bursts. The task was
181 programmed and synchronized to the LFP recording using in-house developed software
182 written in C++. The paradigm is illustrated in figure 1 B-C. Subjects sat comfortably in front of
183 a computer monitor at arm's length. With their right or left hand, i.e. the hand contralateral to
184 the trigger STN channel, they held a joystick which was fixed on a table. The position of the
185 joystick was displayed on the computer monitor as a red circle and localised at the bottom
186 centre of the screen when in resting position. At the top of the screen, distributed on a half
187 circle, three potential, equally spaced, circle targets in grey were shown (left side, middle,
188 right side). Once one of the three targets changed colour to green (GO-cue), subjects were
189 instructed to make a rapid, ballistic movement from the resting position in the direction of the

190 target. The ballistic nature of the response was stressed, and subjects were asked to make a
191 single straight movement that went through the target. To minimize any corrective
192 movements, no visual feedback of the cursor position was provided during the movement:
193 The position of the red cursor was presented at rest, disappeared after movement onset,
194 and reappeared once the movement trajectory went beyond the target. Thereafter subjects
195 could move back to the resting position. The go-cue was triggered according to four different
196 conditions, three of which depended on the timing of beta bursts. At the outset of each trial
197 the likelihood of one or other condition being set was 1 in 4, with the condition type selected
198 randomly. The inter-trial interval was 7 seconds plus up to a 2.5 s period during which our
199 custom-written software searched for a beta burst configuration that met the pre-selected
200 condition. The long inter-trial interval was chosen to avoid the beta rebound after a
201 movement contaminating the next trial. In condition 1 the go-cue was presented 100ms after
202 the onset of a beta burst detected during the burst screening period in the contralateral STN.
203 The waiting period of 100ms was necessary to avoid including brief threshold crossings
204 below 100ms as bursts. In condition 2, the go-cue was presented at the end of a burst, when
205 the 75th percentile threshold was again crossed as the beta amplitude ramped down. In
206 condition 3 the go-cue was presented 200ms after the end of a burst detected in the
207 screening period, provided no further bursting occurred in this period. In condition 4 the go-
208 cue was presented without any fixed temporal relationship to beta bursts. This was our
209 reference condition and was primarily achieved by triggering the go-cue at some random
210 time point during the 2.5s burst screening period, regardless of any particular timing to
211 bursting activity. To these trials were added those in which the software initially set out to
212 have condition 1 to 3, but in which criteria for these conditions were not satisfied. In these
213 trials the go-cue was triggered at the end of the burst screening period. The additional trials
214 in condition 4 comprised ones in which no burst was detected in the burst screening period
215 (either no burst or threshold surpassed for less than 100ms), trials marked for condition 3 in
216 which a burst was not followed by 200ms clear of further bursts, and trials in which the beta
217 signal rose above threshold during the burst screening period, but then failed to return below
218 threshold before the end of this period. These trial types still satisfied the overall goal that
219 condition 4 should represent trials in which go cues were presented without any systematic
220 time-locking to any beta bursts.

221 After initial familiarization (10-20 trials) of the task, we aimed to obtain a minimum number of
222 60 trials per condition. Note, conditions were assigned randomly and all trials subdivided in
223 4-6 blocks, with a 5 minutes break between the blocks. The total experiment duration was 90
224 to 120 minutes.

225

226 Offline behavioural analysis

227 The data were first visually inspected using Spike2 Software (CED Cambridge Electronic
228 design limited, United Kingdom). Trials contaminated by artefacts, by movement during the
229 resting period (detected by the accelerometer on the active hand) or failed trials (e.g. subject
230 did not move) were removed from the dataset. Further analyses were performed off-line
231 using custom-written MATLAB scripts (version R2018b; MathWorks). Motor performance
232 was assessed by the peak velocity (PV) of the joystick movement. We opted for this
233 parameter because of the strong link between bradykinesia and basal ganglia beta bursts
234 (Tinkhauser et al., 2017b; Tinkhauser et al., 2017a; Torrecillos et al., 2018; Lofredi et al.,
235 2019). To this end the position of the red joystick cursor was differentiated to calculate the
236 displacement of the joystick over time (movement velocity). Movement onset was defined as
237 the time when the joystick velocity exceeded five-times the standard deviation of the signal
238 at rest. All trials were further visually inspected to check that this onset was correctly defined
239 by this criterion. PV was defined as the maximum velocity in the direction of the target after
240 movement onset. We only considered trials with a reaction time (measured from GO cue to
241 movement onset) less than 1.5s, and thereafter also rejected trials in which PV or reaction
242 time exceeded 2.5 times the SD from the mean.

243

244 Offline LFP processing and burst determination

245 To explore the trial-by-trial relationship between beta oscillations and motor performance we
246 defined beta bursts again offline using previously established methods (Tinkhauser et al.,
247 2017b; Tinkhauser et al., 2017a; Tinkhauser et al., 2018b; Torrecillos et al., 2018). Note, the
248 channel used for further signal processing and analyses was the same bipolar channel in
249 which beta bursts were monitored to trigger cues during the online task (see table 1). LFP
250 signals were resampled to 200 Hz and for each trial decomposed into frequency
251 components with a frequency resolution of 1 Hz using a Wavelet transformation
252 (ft_specest_wavelet script in Fieldtrip - Morlet Wavelet, width = 10, gwidth = 5; Donders
253 Institute for Brain, Cognition and Behaviour, 2010). All trials were segmented from -3s up to
254 movement onset, to cover our primary period of interest of -2.5s to movement onset. The
255 evolution of beta power over time in each trial was computed offline by averaging over a
256 6Hz-wide frequency band centred on the beta peak frequency (table 1). For each subject we
257 defined a common amplitude threshold, based on the average 75th percentile amplitude of
258 periods from -3s to -1s to movement onset of trials from the reference condition 4. We
259 defined the threshold in this condition, because in all other conditions (1-3) beta activity
260 would be artificially elevated because we picked time periods where beta bursts occurred.

261 We considered the period from -3s to -1s before movement onset to be certain of picking a
262 representative resting period. This common threshold was then applied to re-define bursts in
263 each individual trial from conditions 1-4 offline. Bursts were defined from threshold
264 crossings as before, and we again excluded bursts with durations shorter than 100ms to limit
265 the contribution of spontaneous fluctuations in amplitude due to noise. This had to be done
266 again offline as the smoothing properties of the offline filter slightly differed from the online
267 filter. Finally, we identified the “trigger-bursts” in conditions 1-3, i.e. the bursts which
268 triggered the go-cue (see figure 2A). We also identified any additional bursts that followed
269 the trigger-bursts in condition 1 to 3 up to the point of movement and termed these as
270 “continued-bursting”.

271

272 **Extraction of burst dynamics**

273 We determined burst rate, defined as number of bursts/s occurring prior to the onset of the
274 movement. If no burst was present during this period, the burst rate for this trial was set to
275 zero. We also considered the effect of the proximity of the last burst in time to movement
276 onset (timing of peak amplitude and end of the bursts relative to the movement onset). Here
277 we only included trials with at least one burst present in the period investigated. Furthermore
278 we investigated the interval between the peak amplitude of successive bursts, where these
279 were multiple within the window of interest. The latter is similar to the burst rate, although not
280 exactly the same as it is also depended on the duration of bursts and only trials with at least
281 two bursts within the window of interested were included. Finally, we considered amplitude
282 modulation in the opposite STN during periods of bursting and non-bursting and determined
283 the “burst overlapping”. As burst overlapping, we considered the % time of the entire pre-
284 movement period where bursts overlapped between the hemispheres (Tinkhauser et al.,
285 2018b). Here we only considered trials with at least one burst detected in the reference STN
286 (STN contralateral to the hand used for the joystick movement).

287

288 **Comparisons and statistical analysis**

289 Statistical analyses were performed using Matlab (version R2018b; MathWorks). Peak
290 velocities were z-transformed and reaction times log-transformed prior to statistical
291 comparisons. These transformations were performed separately for each subject, on all the
292 trials of the 4 conditions pooled into one group. Conditions 1 to 3 were either compared
293 separately or as joint group. To test for a systematic difference between the three burst
294 conditions we performed a repeated-measurements ANOVA (rm-anova, factors:

295 velocity/reaction time and conditions), with the normality tested before comparison.
296 Assumption of sphericity was checked with Mauchly's test; if violated, F and p values were
297 reported with Greenhouse-Geisser correction. Comparisons between two groups were
298 performed using a paired non-parametric test (Wilcoxon signed rank test). We turned to
299 condition 4 to study the impact of burst rate, burst interval and burst overlapping on motor
300 performance. To this end, trials were median split according to the parameter of interest. The
301 burst distributions of all conditions before movement onset were calculated using the
302 probability density function provided by Matlab. To control for multiple comparisons we
303 performed the false discovery rate (FDR) correction procedure, which controls the expected
304 proportion of falsely rejected hypotheses (Benjamini and Hochberg, 1995). In each box plot
305 presented, the central mark indicates the median and the bottom and top edges of the box
306 indicate the 25th (Q1) and 75th percentiles (Q3), respectively. The whiskers show Q1-1.5*
307 interquartile range (IQR) and Q3+1.5*IQR. Red crosses (+) show outliers beyond this range.

308

309 **Results**

310

311 **Burst characteristics and distribution**

312 In this study we investigated whether the precise time of movement after the onset or offset
313 of a beta burst affects movement velocity and whether the cumulative effects of multiple beta
314 bursts locally or across networks matters. To this end, using the online experiment, as
315 illustrated in figure 1, we acquired trials in 4 conditions with different burst timing
316 relationships. The cue in condition 1 was presented 100ms after the onset of the trigger-beta
317 burst in each trial, in condition 2 just at the end of the trigger-burst, in condition 3 200ms
318 after the end of the trigger-burst and in condition 4 the go-cue was presented without any
319 fixed temporal relationship to beta bursts. Across all subjects the mean number of trials (\pm
320 SEM) finally used for analysis after pre-processing was 58.4 ± 3.7 trials for condition 1, 56.5
321 ± 3.5 trials for condition 2, 56.1 ± 3.1 trials for condition 3 and 81 ± 8 trials for condition 4.
322 Note, condition 4, our reference condition, had a higher number of trials. Conditions 1 to 3
323 were associated with distinct beta burst distributions prior to the onset of the ballistic joystick
324 movement (see figure 2A). The maximums of the burst peaks in averaged data for condition
325 1, 2 and 3 occurred -0.68s, -0.80s and -1.02s before movement onset, respectively. As
326 expected, there was no discrete burst peak in averaged data prior to movement in condition
327 4, where the averaged data continued to be flat over the period of interest. Figure 2A
328 therefore demonstrates that the presentation of the go cue was not time-locked to a beta

329 burst in condition 4 so that averaged beta was clearly less than that in conditions 1-3 over
330 the key period of 0.5 to 1.0s before movement onset. Note that, in contrast, the
331 characteristics of the detected beta bursts (burst amplitude and burst duration) did not vary
332 between the 4 conditions (see figure 2B-C).

333 **Triggering off beta bursts slows down movement independent of precise** 334 **timing**

335 Here we test whether the precise time of movement after the onset or offset of a beta burst
336 affects movement velocity. First we determined whether there was a genuine impact of
337 prospectively triggering off beta bursts on motor performance. Accordingly, we collapsed
338 conditions 1 to 3 together in to a single group and compared the peak velocity of the ballistic
339 response to that obtained in condition 4, where go cues were not time-locked to beta bursts.
340 Figure 3A illustrates that if the go-cue is triggered by a beta burst, the peak velocity of the
341 ballistic movement is significantly slower ($n=15$, $z=12$, $p=0.0043$) as compared to trials
342 where the go-cues were not time locked to beta bursts (condition 4). Thus, if a voluntary
343 movement is forced to follow a beta burst within a relatively narrow time window then
344 movement is slowed. Although the trigger-bursts from conditions 1-3 did not differ with
345 regard to their burst characteristics (see figure 2B), they did vary in their proximity to
346 movement onset as reported above (figure 2A). So next we asked whether beta bursts
347 peaking at different times before the movement had varying impact on PV. We first
348 compared the individual conditions 1-3 separately with reference condition 4 and found that
349 all 3 conditions showed a trend to slow down more than in the reference condition, but only
350 in condition 3 did this reach statistical significance (c1 vs c4: $n=15$, $z=27$, $p=0.064$; c2 vs c4:
351 $n=15$, $z=23$, $p=0.053$; c3 vs c4: $n=15$, $z=12$, $p=0.013$). More importantly, we directly
352 compared the PV between conditions 1 to 3 (see figure 3A), and found no significant
353 difference (RM-ANOVA, $F(2, 28) = 1.4663$, $p = 0.25$). The latter result suggests that the
354 precise timing of beta bursts with peaks within the range of -0.68s to -1.02s does not have a
355 major impact on motor performance.

356 We also explored beta burst effects on reaction times. The mean reaction time of subjects
357 was $0.58s \pm 0.03$ across the whole task. The comparison of mean reaction times between
358 the collapsed conditions (1 to 3) with reference condition 4 ($n=15$, $z=39$, $p=0.25$) showed no
359 difference. Similarly, the comparisons of individual conditions 1, 2 and 3 with condition 4 (c1
360 vs c4: $n=15$, $z=49$, $p=0.56$; c2 vs c4: $n=15$, $z=24$, $p=0.12$; c3 vs c4: $n=15$, $z=42$, $p=0.33$), as
361 well as comparisons between conditions 1-3 (RM-ANOVA, $F(2, 28) = 1.693$, $p = 0.20$)
362 showed no significant difference (figure 3B).

363 Hence for all subsequent analyses we focus on our outcome measure of interest, peak
364 movement velocity.

365 **Single bursts vs clusters of bursts**

366 Although cues were triggered by a single burst in conditions 1-3, the interval between
367 triggering and movement execution was such that additional bursts could occur (see figure
368 2A). Figure 4A illustrates all 3 conditions in an example subject, and shows the trigger bursts
369 and variable subsequent bursting, termed continued bursting, which occurred in $72.3\% \pm 2.9$
370 of trials. This raised the question whether this subsequent bursting has an impact on PV. To
371 address this we again collapsed conditions 1 to 3 together, given that we found no significant
372 difference between these conditions. We then separated the trials into those with and
373 without continued bursting and compared both groups with regard to their PV (figure 4B).
374 This confirmed that trials with repeated bursting slow movement down more than those
375 without ($n=15$, $z=15$, $p=0.008$). To disambiguate the effect of re-bursting *per se* from that of
376 elevation of beta amplitude, we also median split the same burst-triggered trials into groups
377 with low and high mean beta amplitude during the period of continued bursting and
378 compared their PV. The difference was not significant ($n=15$, $z=36$, $p=0.188$) (figure 4C).

379

380 **Why might continued impact on peak velocity?**

381 Trials with continued bursting might have had greater impact on PV because subsequent
382 bursts were of longer duration and higher amplitude, given previous reports that suggest that
383 long duration and high amplitude bursts adversely affect motor performance (Tinkhauser et
384 al., 2017b; Tinkhauser et al., 2017a; Torrecillos et al., 2018). This simple explanation was
385 explored by comparing the burst characteristics of trigger-bursts and continued-bursting.
386 This showed that continued-bursting was characterized by bursts that were actually lower in
387 amplitude and shorter in duration compared to trigger bursts (figure 5).

388 Next, we explored whether continued-bursting was linked to slowing due to the fact that
389 additional bursts are inevitably closer to the movement onset. To this end we focused on
390 condition 4, in which bursts were just as likely to occur at any time during the 2.5s period of
391 interest before movement onset (figure 2A), facilitating segregation into trial subgroups with
392 different characteristics. First, we considered the period from 2.5s before the movement
393 onset, included all trials with at least one burst and median split these trials according to the
394 proximity of the amplitude peak of the closest burst to the movement onset, resulting in trials
395 where bursts occurred relatively close to movement onset ($0.29 \pm 0.021s$) and relatively
396 further away from movement onset ($0.87 \pm 0.033s$). We did not find any significant difference

397 in PV between the two groups ($n=15$, $z=53$, $p=0.72$; figure 6a). We repeated this procedure
398 for the timing of the end of the last burst instead of the timing of the amplitude peak of the
399 last burst, and this also gave no significant difference ($n=15$, $z=81$, $p=0.25$). Thus, the
400 latency of the last burst with respect to movement onset did not impact on PV within the
401 range of time tested. This result was consistent with the lack of a difference in the effects of
402 conditions 1-3 on movement slowing.

403 Second, we considered whether it was the occurrence of multiple bursts in re-bursting that
404 impacted on movement velocity. Accordingly, we applied a median split based on the burst
405 rate (bursts/s) in trials starting from 2.5s before movement onset. This revealed that trials
406 with a higher burst rate (2.09 ± 0.051 bursts/s) reduced PV more than trials with a lower
407 burst rate (0.84 ± 0.054 bursts/s), ($n=15$, $z=112$, $p=0.002$; figure 6B). This suggests that the
408 occurrence of multiple bursts may have a cumulative negative impact on motor performance.
409 We corroborated this finding by investigating a related measure, -whether the time interval
410 between bursts impacted on PV. To this end we did an additional analysis where we only
411 considered trials with at least two bursts prior to movement onset and median split these
412 according to their burst peak to peak interval. This showed that smaller intervals between the
413 peaks (0.41 ± 0.01 s) of successive bursts were associated with slower PV than larger
414 intervals (0.76 ± 0.02 s), ($n=15$, $z=10$, $p=0.003$; see figure 6B). This set of analyses was
415 repeated for periods considering -3s to movement onset and -2s to movement onset and
416 showed similar results (Burst proximity to movement onset, -3s: $n=15$, $z=59$, $p=0.98$, -2s:
417 $n=15$, $z=54$, $p=0.76$; Burst rate -3s: $n=15$, $z=115$, $p<0.001$, -2s: $n=15$, $z=99$, $p=0.03$; Burst
418 interval -3s: $n=15$, $z=6$, $p<0.001$, -2s: $n=15$, $z=24$, $p=0.04$). Thus multiple bursts at brief
419 intervals are more relevant for slowing than the simple proximity of the last burst to
420 movement onset.

421

422 **Interregional coupling of bursts**

423 Beta bursts have been reported to be coupled across hemispheres (Tinkhauser et al.,
424 2017a; Tinkhauser et al., 2018b) and here we explored whether increased long range
425 coupling during beta bursts is also associated with an increased decrement in PV. We again
426 focused on condition 4 for the same reasons as above and began by confirming amplitude
427 co-modulation across hemispheres during STN beta bursts. We considered the period from
428 2.5s before to movement onset and derived burst and non-burst periods in the STN
429 contralateral (cSTN) to the STN responsible for the index bursts (iSTN). For those two
430 periods we compared beta amplitudes in the cSTN. The beta amplitude in the cSTN was
431 higher during iSTN beta burst periods compared to iSTN non-burst periods (figure 7A). We

432 then determined burst overlapping between iSTN and cSTN. We median split trials
433 according to the percentage time of overlapping of beta bursts between the two STN. This
434 gave one group with weaker (13.49 ± 0.52) and one with stronger (14.8 ± 0.78) % OVL. We
435 then compared the PV of the two groups (figure 7B). This revealed a significantly lower peak
436 velocity in the group with stronger overlapping ($n=15$, $z=112$, $p=0.001$).

437 **Discussion**

438

439 Our results show that the peak velocity of voluntary movements made in response to cues
440 prospectively triggered by STN beta bursts is reduced compared to responses made to cues
441 that are not time-locked to beta bursts. This strengthens the link between beta bursts and
442 slowing of voluntary movements in patients with PD and supports the rationale behind beta
443 amplitude-triggered closed-loop DBS (Little et al., 2013). However, variation in the precise
444 timing of beta bursts within the window prior to movement onset had no major impact on the
445 decrement in movement velocity, suggesting that the effect of bursts lasted on the order of a
446 second (e.g. the difference between timing of bursts in condition 3 and motor onset). Such
447 prolonged effects raise the possibility of a cumulative effects of multiple bursts at higher
448 frequency. Examining which features were associated most strongly with slowing we found
449 that multiple bursts within the same trial did indeed seem to be critical. These multiple bursts
450 had to be separated by relatively small intervals and to occur at high rate to be linked to
451 slowing. Moreover, our results suggest that the overlap of bursts between the two STN was
452 an additional factor for slowing ballistic movements. In sum, these findings suggest that it
453 may be the cumulative, but recent, history of beta bursting in both local and distributed basal
454 ganglia networks that impacts on motor performance in PD.

455 **Multiple bursts at short intervals impact on motor behaviour**

456 It has been shown that beta bursts in untreated PD tend to be prolonged in duration and the
457 proportion of long duration beta bursts is correlated with rigidity and bradykinesia
458 (Tinkhauser et al., 2017b; Tinkhauser et al., 2017a; Deffains et al., 2018). More recently it
459 was demonstrated that the occurrence of beta bursts is linked to the slowing even at the trial
460 by trial level (Torrecillos et al., 2018). In this study we investigated whether small differences
461 in the timing of bursts before movement had an effect. This was not the case arguing that
462 the functional effects of beta bursts may have a long time-constant, so that the small
463 (~ 300 ms) differences in timing between bursts in conditions 1 and 3 changed the slowing of
464 PV little. This interpretation was supported by the lack of an effect of the delay between the
465 onset or offset of the last burst before movement on movement velocity.

466 Strikingly, however, if in conditions 1-3 further bursts occurred after the triggering burst, but
467 prior to the movement onset, then PV was slowed more than in trials in the same conditions
468 without continued bursting. This suggests that consecutive episodes of bursting might
469 matter. Motivated by this finding, we examined the consequences of episodes of continued
470 bursting observed in condition 4 in which go cues were not time-locked to bursts. Here we
471 identified two related aspects of multiple bursting that led to slowing of movements; the rate
472 of bursting, i.e. the number of bursts that occur within a given time window, and the interval-
473 between multiple bursts. In contrast, the proximity of the closest burst to movement onset did
474 not affect movement speed over the trial durations analysed here. Taken together, our data
475 suggest that multiple bursts occurring at short intervals have a negative impact on motor
476 performance. Parallel findings have been reported in the intact sensory system, where an
477 increased rate of cortical beta bursting impairs sensory processing across species (Shin et
478 al., 2017).

479 **Long-range synchronisation impacts on motor performance**

480 We have previously demonstrated that beta bursts are not simply local episodes of elevated
481 synchrony but also denote episodes of long range, bilateral synchronisation in terms of
482 amplitude correlation and phase synchrony across the basal ganglia-cortical motor circuit
483 (Tinkhauser et al., 2018b). Accordingly, we investigated whether episodes of simultaneously
484 elevated synchronisation in the two STN would have a greater negative impact on the motor
485 system than unilateral bursts. We showed that trials with prominent burst overlapping
486 between the two STNs led to greater slowing of movements than bursts with little
487 overlapping. Note, though that the simultaneous increase in STN LFP amplitude in both
488 STNs may reflect a neural entrainment originating upstream to the STN, given there is little
489 evidence of lateral connectivity within the STN (Carpenter and Strominger, 1967; Carpenter
490 et al., 1981). Thus, temporal coupling across the motor network enhances the negative
491 impact of bursting on motor performance.

492 These new observations about the motoric impact of the cumulative, but recent, history of
493 beta bursting across local and distributed basal ganglia networks extend previous findings
494 over longer burst detection periods (spanning minutes instead of seconds) that suggest a
495 correlation between the incidence of beta bursts, particularly those bursts that are more
496 sustained, and bradykinesia and rigidity in patients with PD, as estimated by the motor
497 UPDRS (Tinkhauser et al., 2017b; Tinkhauser et al., 2017a). They also extend trial-based
498 analyses which show that both occurrence of a single burst during a critical time window
499 preceding movement and the percentage time spent in bursting during repetitive movements
500 negatively impact motor performance (Torrecillos et al., 2018; Lofredi et al., 2019). These

501 latter effects were not simply explained by mean levels of beta activity, as was also the case
502 here with respect to continued bursting. Complementing these correlative findings is
503 evidence suggesting a causal relationship between beta bursts of longer duration and motor
504 impairment stemming from the observation that terminating such bursts using closed-loop
505 DBS leads to better clinical improvement than randomly delivered stimulation (Little et al.,
506 2013).

507 **Potential mechanisms whereby beta bursts may impact motor function**

508 Given that episodic increases in beta power in the LFP and EEG index episodes of
509 increased local and inter-site synchronisation it has been speculated that such episodes
510 might modulate motor function by limiting, at a given moment, information coding capacity
511 within the basal ganglia-cortical system (Mallet et al., 2008; Brittain and Brown, 2014). If so
512 then the functional consequences of temporarily constrained processing may outlive the
513 duration of beta bursts. Indeed, the behavioural effects of beta bursts may outlast bursts by
514 several hundreds of milliseconds whether recorded in health or in PD (Gilbertson et al.,
515 2005; Androurlidakis et al., 2008; Shin et al., 2017; Herz et al., 2018; Torrecillos et al., 2018).
516 Short-term plasticity may also contribute to the relatively slow wash out of the effects of
517 episodes of elevated beta (Zanos et al., 2018). The slow wash out of effects may underpin
518 the cumulative effects of bursting reported here.

519 **Study limitations and conclusion.**

520 The nature of our reference condition 4 requires further comment. This only contained trials
521 in which the go cue was triggered randomly with respect to the presence and timing of any
522 beta bursts in the burst screening period. Although the bulk of trials in condition 4 involved at
523 least one burst in the burst screening period, this was not true of all trials. In some there was
524 no rise in beta that exceeded the threshold for 100ms or more during the screening period.
525 In other trials the required burst free period of 200ms in condition 3 was not met as bursts
526 occurred too frequently and so these trials were classified as belonging to condition 4.
527 Finally, there were trials in which beta exceeded the threshold but did not then return below
528 this threshold before the end of the burst screening period. However, go cues were still
529 presented without any systematic locking to beta bursts even given these additional trial
530 types. Moreover, Figure 2A shows that the averaged beta amplitude of condition 4 was
531 similar to that of conditions 1-3 from 2.5 to 1.5s prior to movement onset, but remained flat
532 thereafter. Thus, there was no evidence for an offset in condition 4 at baseline. The same
533 figure provides good evidence that go cues were systematically time-locked to beta bursts in
534 conditions 1-3 but not in our reference condition 4.

535 On a more general note, our observations were made in patients in whom recently implanted
536 electrodes had been temporarily externalised. Under these circumstances beta levels may
537 be reduced due to a post-operative stun effect (Chen et al., 2006), and it is not known
538 whether beta dynamics might be similarly affected. We should also acknowledge that clinical
539 evidence of targeting of the STN, and information about localisation from the distribution of
540 beta power and its reactivity, is presumptive. Note that data were collected in three different
541 centres, thus implantation techniques and postoperative management of patients might differ
542 slightly. Additionally, we should stress that, with the exception of some evidence from
543 closed-loop DBS (Little et al., 2013), the link between beta bursts, their recent history, and
544 the slowing of movement velocity is correlative. Finally, as our data were collected in
545 Parkinsonian patients withdrawn from their medication the inferences made here relate to
546 the link between beta bursts and the reduction of movement velocity in PD, although related
547 findings have been reported in healthy animals and humans (Shin et al., 2017).

548 Despite these caveats our findings are important in suggesting that it is the cumulative, but
549 recent, history of beta bursting in both local and distributed basal ganglia networks that is
550 linked to slowed movement in patients with Parkinson's disease withdrawn from medication.
551 Treatment with the dopamine prodrug, levodopa, is known to reduce the probability of beta
552 bursts, and this may contribute to its beneficial effects on movement (Tinkhauser et al.,
553 2017b). The present findings also re-inforce the argument that beta-amplitude dependent
554 closed loop DBS should be rapidly reactive, so as to respond to beta bursting (Tinkhauser et
555 al., 2017a).

556

557

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682 **Figures and table legends**

683

684 **Figure 1:** Methods in online experiment: (A) The analogue LFP signal was filtered around
685 the individual's beta peak frequency (see table 1). The signal was rectified and smoothed
686 (200ms time constant) to obtain the envelope of the beta signal. To define beta bursts a
687 threshold was set at the 75th percentile of the beta amplitude (red line). The onset of a burst
688 was defined as when the rectified signal crossed the threshold amplitude and the end of the
689 burst defined as when the amplitude fell below threshold. The minimum burst duration was
690 defined as 100ms. (B) The go-cue for the behavioral experiment was triggered according to
691 4 conditions. Condition 1 to 3 were aligned to the beta burst timing. In condition 1 the go-cue
692 was presented 100ms after the onset of beta bursts. The waiting period of 100ms was
693 necessary to capture bursts as previously defined. In condition 2 the go-cue was presented
694 at the end of the bursts. In condition 3 the go-cue was presented at the end of the bursts
695 +200ms. In condition 4 the go-cue was presented without any fixed temporal relationship to
696 beta bursts (see methods). (C) Illustrates the behavioral part of the experiment. The subject
697 controlled the red cursor with a manual joystick and was instructed to perform a ballistic
698 movement in the direction of the go-cue (green target). The inter-trial interval was 7 seconds
699 plus up to a 2.5 s burst detection period necessary to meet one of the randomly assigned
700 conditions 1 to 3 (see B). For each condition a number of 60 trials were aimed for.

701

702 **Figure 2: Distribution and characteristics of beta bursts in condition 1 to 4. A)**
703 illustrates the relative averaged beta amplitude for all conditions (1 to 4) over the period from
704 -2.5 seconds before the onset of the movement up to 2s after the movement. The amplitude
705 peaks in condition 1 to 3 correspond to the timing of the peak of the trigger bursts (i.e. those
706 triggering the cue) before the onset of the movement (cond 1= -0.68s, cond 2= -0.80s, cond
707 3= -1.02s). As expected, no such peak can be derived from condition 4, in which the
708 presentation of the Go-cue was not timed with the occurrence of beta bursts. **B)** and **C)**
709 illustrate the averaged maximal burst amplitude and mean burst duration for the bursts
710 detected in condition 1 to 4. Separate RM-ANOVAs gave a significant main effect for the
711 amplitude comparison ($F(3, 42) = 5.21, p = 0.021$) and for the comparison of burst duration
712 ($F(3, 42) = 4.75, p = 0.026$). However posthoc pairwise comparisons between conditions

713 were not significant after correction for multiple comparisons. Thus, the intrinsic
714 characteristics of beta bursts are comparable across the 4 conditions. Red crosses
715 correspond to values above the 75th percentile.

716

717 **Figure 3: Effect of burst conditions on peak velocity (PV) and reaction time (RT). A)**

718 Illustrates the mean z-scored PV of the joint conditions 1 to 3 (go-cues time-locked to bursts)
719 and the mean PV of condition 4 (go-cues not time-locked to bursts). The PV during the burst
720 conditions is significantly slower than in condition 4 ($n=15$, $z=12$, $p= 0.0043$). It also
721 illustrates the PV of conditions 1 to 3 individually (burst conditions) across subjects. No
722 significant difference was found between the three burst conditions (RM-ANOVA, no
723 significant main effect, $F(2, 28) = 1.4663$, $p = 0.25$). **B)** Illustrates the mean log-transformed
724 RT of the joint conditions 1 to 3 (burst conditions) and the mean RT of condition 4 (go-cues
725 not time-locked to bursts). This comparison did not reveal a statistical difference ($n=15$,
726 $z=39$, $p=0.25$). It also illustrates the RT of conditions 1 to 3 individually (burst conditions)
727 across subjects. No significant difference was found between the three burst conditions (rm-
728 anova, no significant main effect, $F(2, 28) = 1.693$, $p = 0.20$). Red crosses correspond to
729 value above the 75th or below the 25th percentile; ** $p < .01$.

730

731

732 **Figure 4: Continued bursting in condition 1 to 3 and impact on PV. A)**

733 illustrates the beta power envelopes of single trials (grey) and the average beta envelope (bold black) for
734 condition 1 to 3 in the representative subject 7. The dark blue arrow indicates the trigger
735 burst of the three conditions which was used to trigger the go cue in the online experiment.
736 The trials are aligned to the movement-onset, indicated by the red line at time 0. The orange
737 sections of beta power envelopes indicate trials with additional bursting (continued bursting)
738 after the trigger burst ($72.3\% \pm 2.9$ of trials). **B)** Shows the comparison of PV in trials with
739 continued bursting with those without continued bursting. This reveals that PV in the group
740 with continued bursting was significantly lower than the PV of the remaining trials ($n=15$,
741 $z=15$, $p=0.008$). No such difference was found when all trials were median split according to
742 the beta amplitude during the period of continued bursting to give groups of trials with low
743 and with high beta amplitude ($n=15$, $z=36$, $p=0.188$). Red crosses correspond to values
744 above the 75th or below the 25th percentile; ** $p < .01$.

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746

747

749 **Figure 5: Burst amplitude and duration of trigger-bursts period and period of**
750 **continued bursting.** This illustrates that both burst amplitude **A)** and burst duration **B)** of
751 trigger-bursts were higher compared to any bursts that followed before movement onset
752 ($n=15$, $z=117$, $p<0.001$; $n=15$, $z=120$, $p<0.001$). Data are averaged across subjects. Red
753 crosses correspond to value above the 75th percentile; *** $p < .001$.

754

755

756 **Figure 6: Burst dynamics prior to movement onset in condition 4.** Bursting dynamics
757 were studied over the period from -2.5s to movement onset in the condition 4 (go-cues not
758 time-locked to bursts). **A)** Compares two groups (median split) according to whether the
759 amplitude peak of the last burst prior to movement onset was close to the movement onset
760 (0.29 ± 0.021 s) or further from the movement onset (0.88 ± 0.03 s). No significant difference
761 was found between the two groups ($n=15$, $z=53$, $p=0.72$). **B)** compares the trials median split
762 into those with lower (0.84 ± 0.054 bursts/s) and higher rate of bursting (2.09 ± 0.051
763 bursts/s) prior to movement onset. Trials with a higher burst rate prior to movement, slowed
764 down more ($n=15$, $z=112$, $p=0.002$). Similar results were reproduced for other time windows
765 (-3s to movement onset and -2.5s to movement onset, see main text. **C)** Compares the
766 effect of interval between bursts prior to movement onset. Trials are median split into those
767 with shorter (0.41 ± 0.01 s) and longer (0.76 ± 0.02 s) intervals between burst peaks prior to
768 movement onset. Note, only trials with at least two bursts in the pre-movement period have
769 been included. Trials with bursts occurring at short intervals prior to movement onset slowed
770 down more ($n=15$, $z=10$, $p=0.003$). Red crosses correspond to value above the 75th or
771 below the 25th percentile; ** $p < .01$.

772

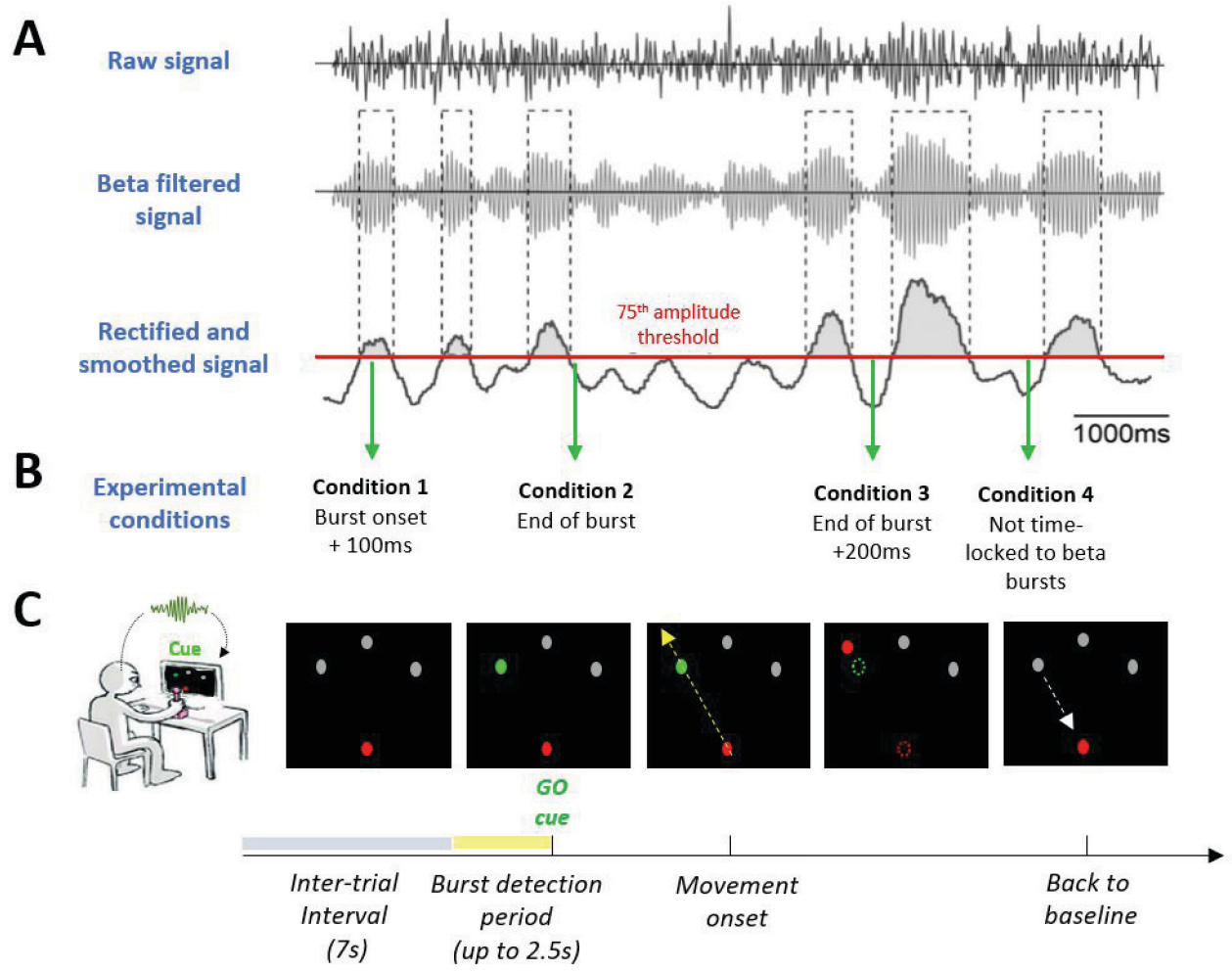
773 **Figure 7: Interregional beta burst coupling and slowing of movements.** Here the period
774 from -2.5s to movement onset of reference condition 4 (go-cues not time-locked to bursts)
775 has been considered. **A)** Compares the mean amplitude in the contralateral STN (cSTN)
776 during periods of ipsilateral STN beta bursts and non-bursting periods. This shows that
777 during STN bursting, the beta amplitude in the contralateral STN is significantly higher
778 compared to non-bursting periods in the same contralateral STN (cSTN, $n=15$, $z=107$,
779 $p=0.005$). **B)** Compares groups of trials with a stronger degree of burst overlapping ($14.8 \pm$
780 0.78 %time) and weaker burst overlapping (13.49 ± 0.52 %time) across hemispheres. This
781 shows that a higher degree of burst overlapping is associated with greater slowing of the
782 movement ($n=15$, $z=112$, $p=0.001$). Red crosses correspond to value above the 75th or
783 below the 25th percentile; ** $p < .01$.

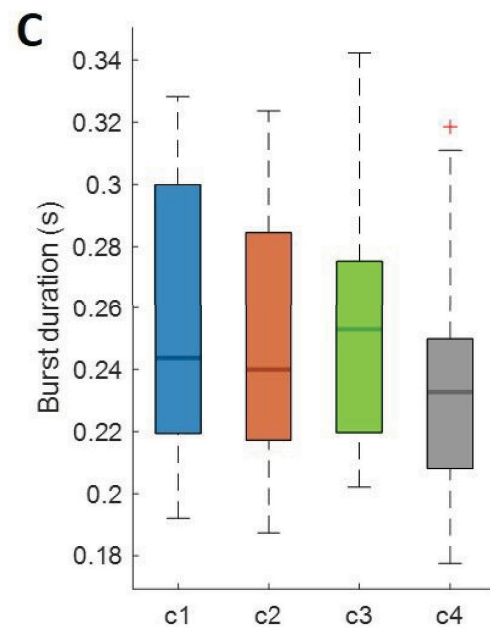
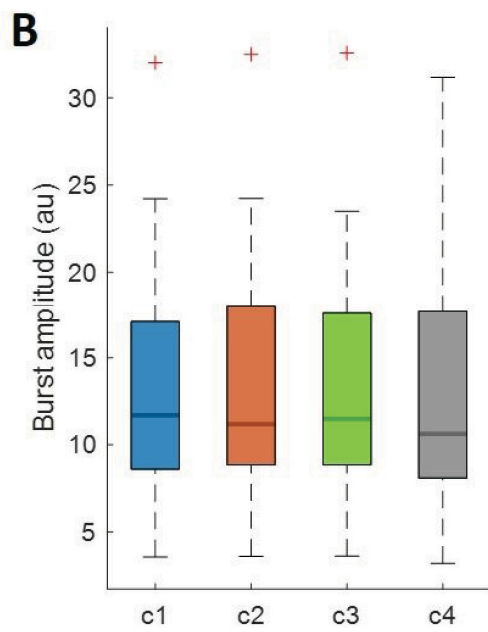
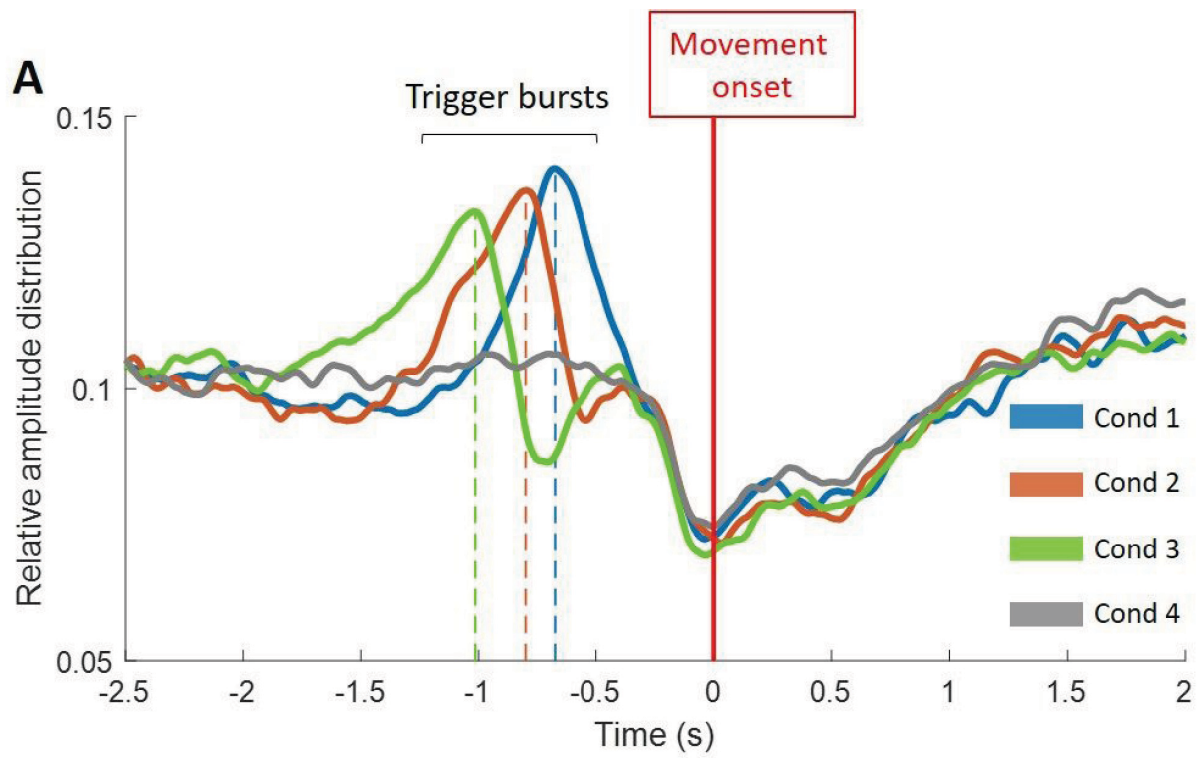
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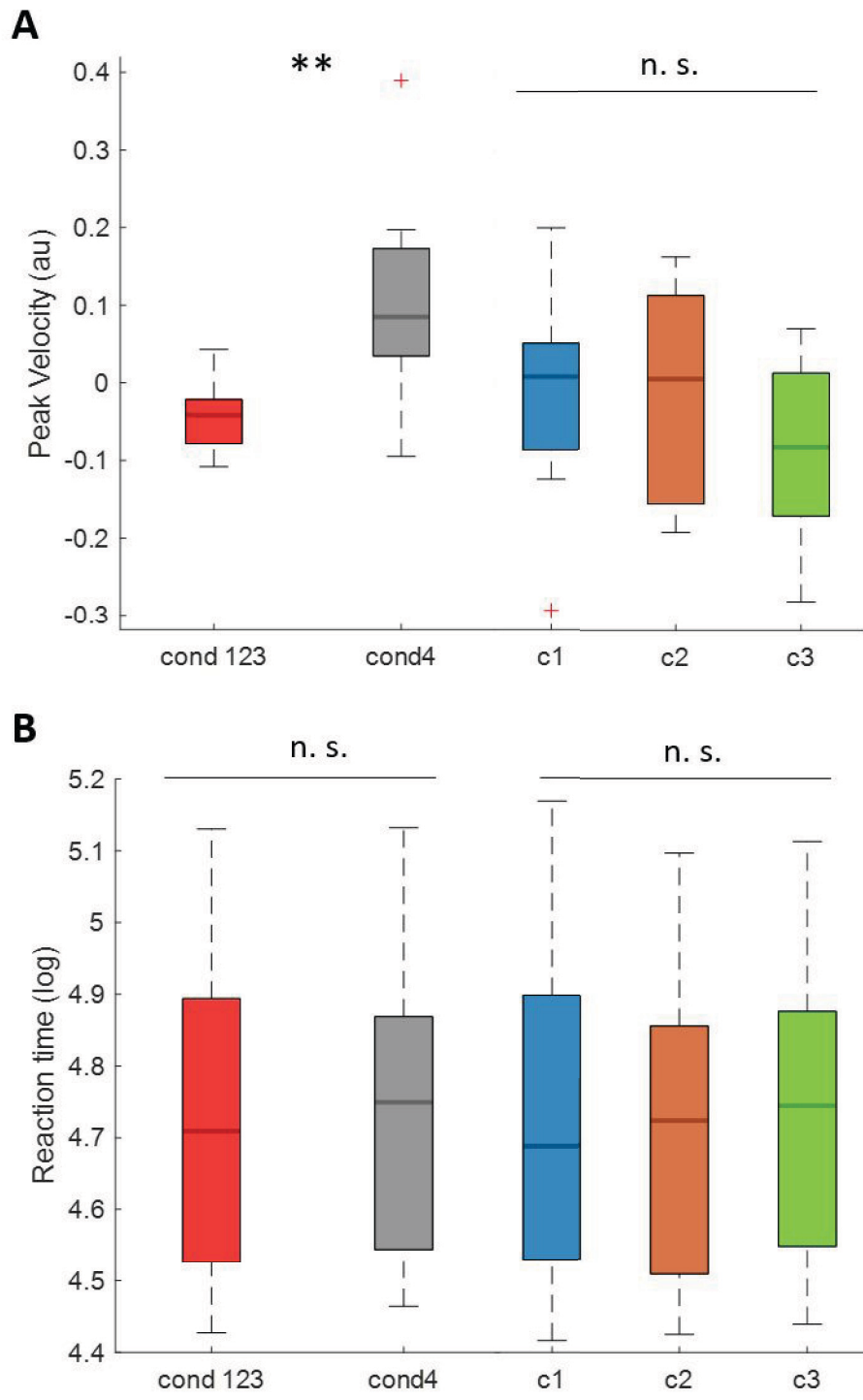
785 **Table 1. Clinical details.** Sub = subjects; m=male; f= female; yr=year; UPDRS = Unified
786 Parkinson's disease rating scale Part III; Extern=externalization; Bost= Vercise Cartesia™
787 Directional Lead (Boston Scientific, Marlborough, MA); Medt= 3389 DBS lead (Medtronic,
788 Minneapolis MN); Fr=frequency; Hand=handedness; r= right; l= left; SEM = standard error of
789 the mean.

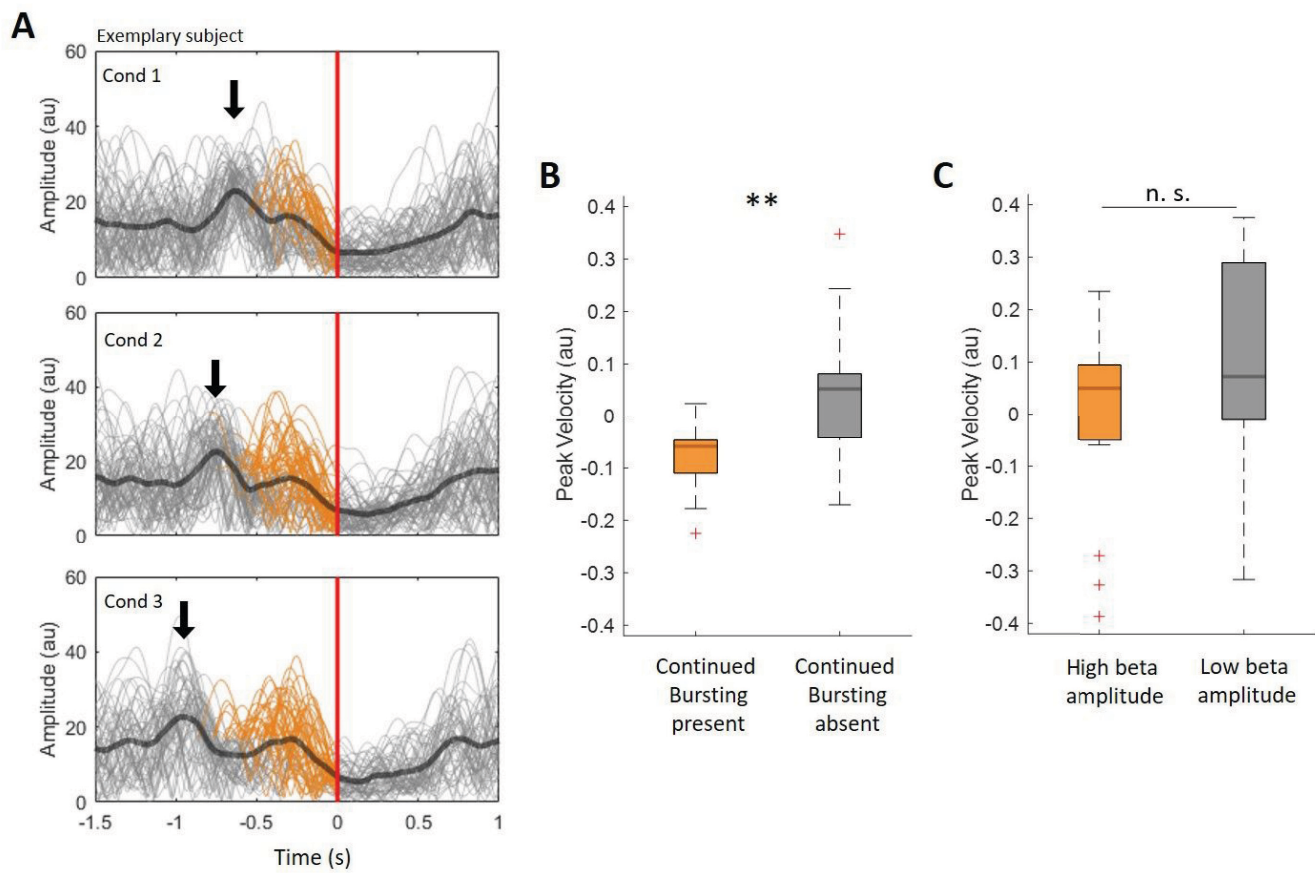
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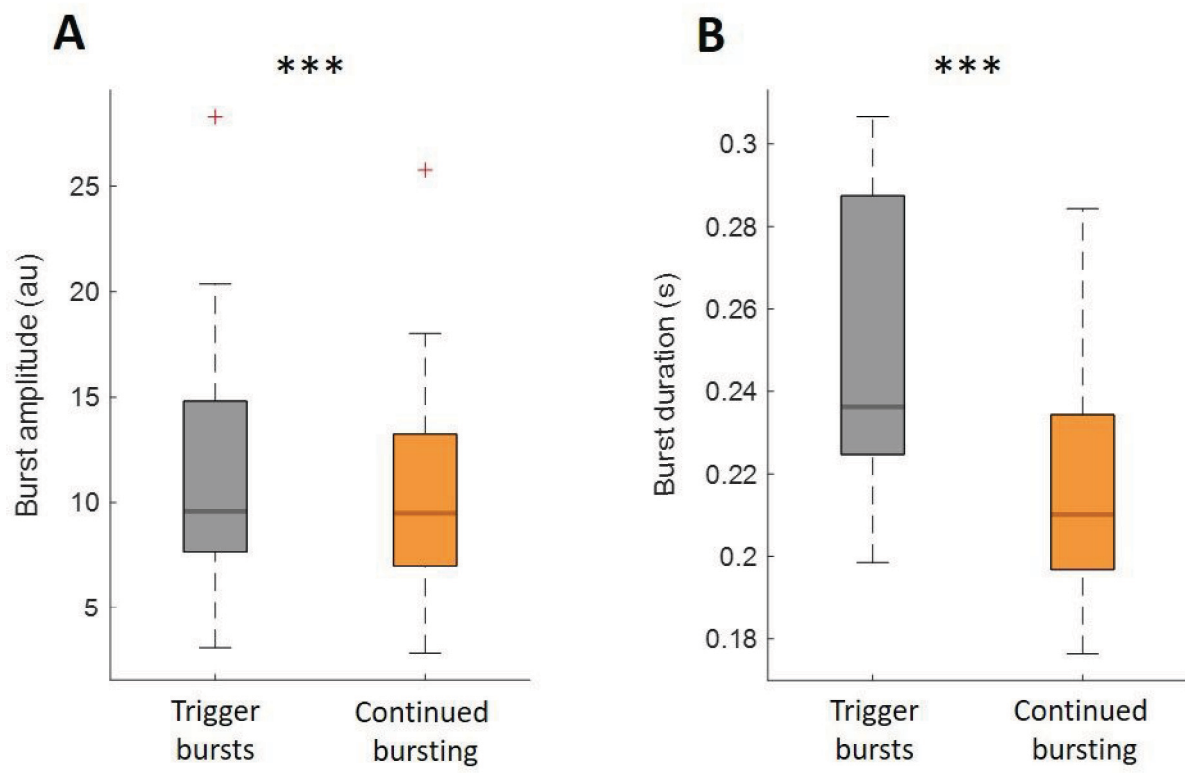
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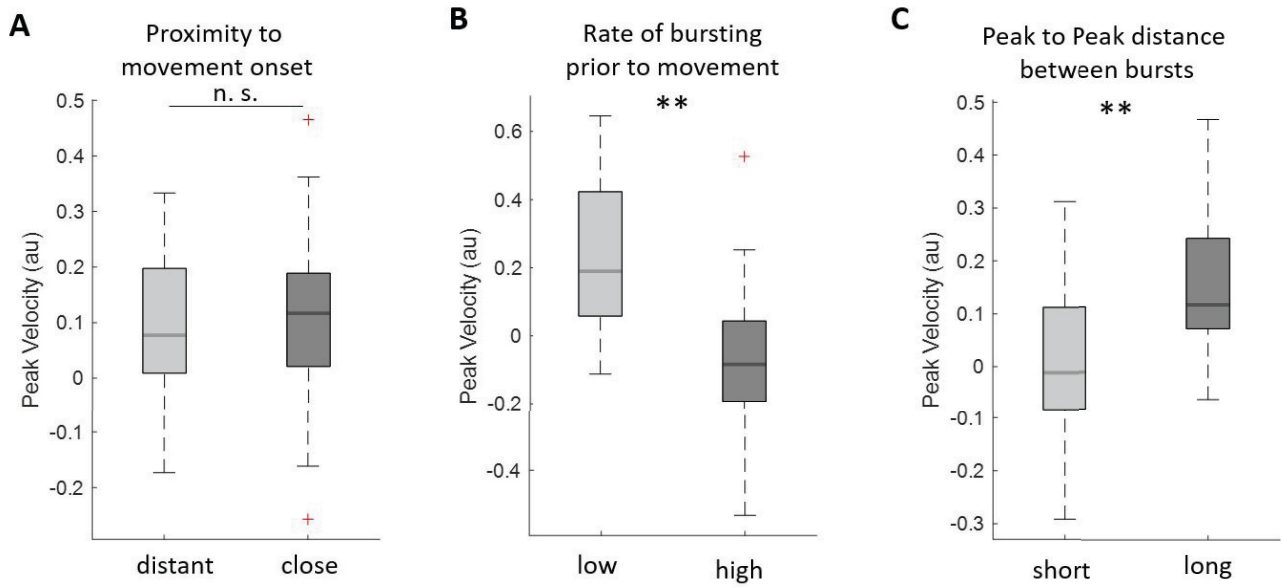


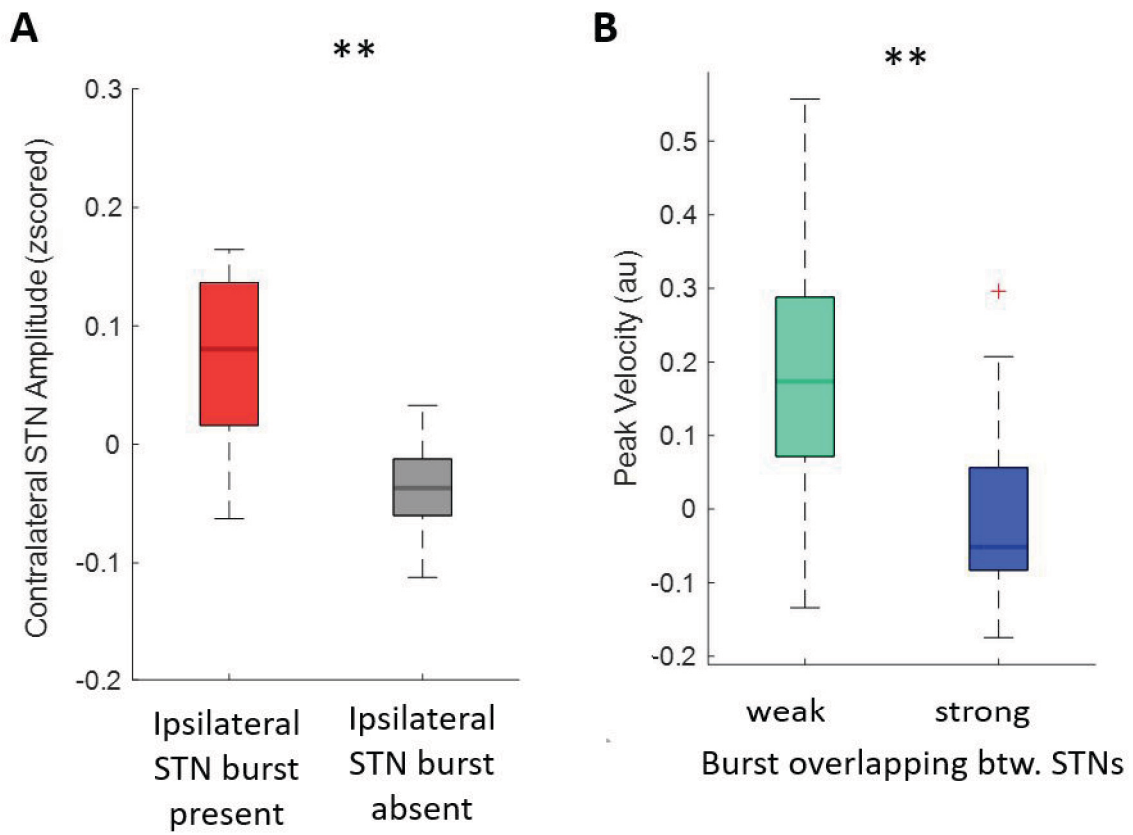












Sub.	Gender (m/f)	Age (yr)	Disease Duration (yr)	Pre-Op UPDRS-III (OFF)	Pre-Op UPDRS-III (ON)	Pre-dominant symptoms	Time Extern. (d)	DBS lead	Beta Fr Peak, online Task	contact pair	Hand.	Site
1	m	61	16	50	30	akineti- rigid	3	Bost	25	L12	r	St. Georges London
2	m	59	6	48	14	akineti- rigid	5	Medt	21	L23	r	St. Georges London
3	m	65	15	77	27	akineti- rigid, tremor	5	Bost	18	L01	r	St. Georges London
4	m	48	17	71	37	tremor	3	Bost	14	R12	r	St. Georges London
5	m	54	7	38	24	tremor	5	Bost	23	R12	r	St. Georges London
6	m	56	16	51	19	akineti- rigid, tremor	4	Medt	19	L12	r	St. Georges London
7	m	66	15	57	34	akineti- rigid, tremor	4	Medt	15	L12	r	St. Georges London
8	f	66	10	53	30	akineti- rigid	4	Bost	15	L01	r	St. Georges London
9	m	61	10	31	19	akineti- rigid, tremor	3	Medt	15	L01	r	Mainz, University Hospital
10	f	67	13	18	15	akineti- rigid, tremor	3	Medt	19	L23	r	Mainz, University Hospital
11	m	77	7	35	29	akin-rigid	3	Medt	12	L23	r	Mainz, University Hospital
12	m	65	10	37	9	akineti- rigid, tremor	6	Medt	18	L23	r	Kings College London

13	f	70	20	54	19	akineti- rigid, tremor	6	Medt	20	L01	r	Kings College London
14	m	69	17	37	18.5	akineti- rigid, tremor	6	Medt	23	L23	r	Kings College London
15	m	68	12	40	17	akineti- rigid, tremor	6	Medt	25	L12	r	Kings College London
Mean ± SEM	M(12); f(3);	63.4 ±1.9	12.7 ±1.1	46.5 ±3.9	22.8 ±2.1		Median 4 [3-6]		18.8 ±1.1			