The small quinolone derived compound HT61 enhances the effect of tobramycin against *Pseudomonas aeruginosa in vitro* and *in vivo* 

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# 24 Running Title: HT61 enhances the antimicrobial activity of tobramycin

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# 26 **Conflicts of Interest**

YH and AC are the coinventors of the antibiotic resistance breaker technology, in particular
 the combination of the quinoline and tobramycin (patent granted). They were the first to
 test this combination against highly resistant Pseudomonas spp. They originated the
 concept and performed the background work upon which this work is based

- AC, YH and CP declare they have equity in Helperby Therapeutics who are developing HT61. CP is in receipt of a grant from Helperby Therapeutics to support Dr Richard Amison for the conduct of the *in vivo* aspect of this study. There are no other conflicts of interest to declare.
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# 37 Abstract

38 HT61 is a small quinolone-derived compound previously demonstrated to exhibit bactericidal activity 39 against gram-positive bacteria including methicillin-susceptible Staphylococcus aureus (MSSA) and 40 methicillin-resistant Staphylococcus aureus (MRSA). When combined with the classical antibiotics 41 and antiseptics neomycin, gentamicin, mupirocin and chlorhexidine, HT61 demonstrated synergistic 42 bactericidal activity against both MSSA and MRSA infections in vitro. In this study, we investigated 43 the individual antimicrobial activity of HT61 alongside its capability to increase the efficacy of 44 tobramycin against both a tobramycin sensitive laboratory reference strain (PAO1) and tobramycin 45 resistant clinical isolates (RP73, NN2) of the gram-negative bacteria Pseudomonas aeruginosa (P. 46 aeruginosa). Using broth microdilution methods, the MICs of HT61 against all strains were assessed, 47 as well as the effect of HT61 in combination with tobramycin using both the chequerboard method 48 and bacterial time-kill assays. A murine model of pulmonary infection was also used to evaluate the 49 combination therapy of tobramycin and HT61 in vivo. In these studies, we demonstrated significant 50 synergism between HT61 and Tobramycin against the tobramycin resistant *P. aeruginosa* strains 51 RP73 and NN2, whilst an additive/intermediate effect was observed for P. aeruginosa strain PA01 52 which was further confirmed using bacterial time kill analysis. In addition, the enhancement of 53 tobramycin by HT61 was also evident in *in vitro* assays of biofilm eradication. Finally, *in vivo* studies 54 revealed analogous effects to those observed in vitro with HT61 when administered in combination 55 with tobramycin against each of the three P. aeruginosa strains at the highest tested dose (10 mg/ 56 kg).

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# 61 **1. Introduction**

62 Pseudomonas aeruginosa is a common pathogen that has been implicated in both hospital and 63 community-aquired infections. Of these different infections, one of the most clinically challenging is 64 the chronic airway infection by *P. aeruginosa* particuarly in individuals with cystic fibrosis. During 65 exacerbation of clinical symptoms, the aminoglycoside tobramycin is one of the most commonly 66 used antibiotics used in the treatment of *P.aeruginosa* infections (1-5). Once established as a 67 biofilm, P. aeruginosa infections are particularly recalcitrant to eradication by tobramycin and other 68 commerical antibiotics. The complexitiy of this situation is further complicated by the existence of 69 many strains of *P. aeruginosa* which display resistance to one or more antibioics, with tobramycin 70 resistance a common occurence (6,7). The resulting health care challenges that are faced by society 71 in the treatment of infectious diseases have been documented extensively (8,9) and with few new 72 classes of antibiotics on the horizon, new strategies are urgently required that refresh or extend the impact of existing antibiotics. One such approach to achieve this is in the identification of novel 73 74 compounds with the capability to restore the sensitivity of existing antibiotics when used as 75 combination therapies. Such drugs are termed "enhancer compounds".

76 The small quinolone-derived compound HT61, is one such molecule that has previously 77 demonstrated synergy with the aminoglycoside antibiotics neomycin and gentamicin. In these 78 studies, synergy was observed against the gram-positive bacteria MRSA and MSSA in vitro and in an 79 in vivo model of murine skin infection (10). Whilst HT61 has been shown to enhance the activity of 80 some antibiotics, it has also demonstrated direct bactericidal activity against gram-positive bacteria 81 (11). This bactericidal activity has been proposed to be a result of the cationic charge of HT61 82 partioning into the negatively charged bilayer of the bacterical cell membrane causing structural 83 changes resulting in a loss of membrane integrity and depolarisation. Ultimatley, this severe

membrane damage induces the expulsion of intracellular components and eventually, cell death (12,13). This direct bactericial activity of HT61 has previosuly been used as a topical agent and continues to advance through clinical trials with the ultimate aim of decolonising *S. aureus* from the nasal cavity (14).

88 Despite this ongoing activity investigating the effects of HT61 on gram-positive bacteria, there have 89 been no published studies that have focused on the activity of HT61, either alone or in combination 90 with antibiotics against any gram-negative bacterial species. Our working hypothesis was that, 91 despite the differences in bacterial cell wall structure between gram-negative and gram-positive 92 bacterial species, HT61 may continue to possess direct bactericidal activity and also enhance the 93 activity of aminoglycoside antibiotics such as tobramycin when used in combination against P. 94 aeruginosa. In this study, the ability of HT61 to enhance the antibacterial activity of tobramycin was 95 assessed against three different strains (RP73, NN2 and PA01) of P. aeruginosa; with each strain 96 differing in their tobramycin susceptibility profile. To this end, we combined conventional in vitro 97 assays of bactericidal activity such as the chequerboard assay, bacterial time-kill assays and biofilm 98 eradication assays with a in vivo murine model of pulmonary infection.

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## 100 **2. Materials and Methods**

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## 102 **2.1.** Bacterial Culture conditions and maintenance

103 All bacterial strains were stored at -80°C using the CryoBead system (TSC Ltd., Heywood, UK) and 104 routinely maintained by using Tryptone Soy Agar (TSA; Oxoid, Ltd. Basingstoke, UK). Three P. 105 aeruginosa strains generously gifted from Dr Alessandra Bragonzi at the Infection and Cystic Fibrosis Unit, San Raffaele Scientific Institute, Milan, Italy. The fully sequenced tobramycin sensitive 106 107 laboratory reference strain PA01, a multi-drug resistant non-mucoid strain RP73 isolated 17.5 years 108 post onset of infection in a CF patient (multidrug resistant CF isolate) and NN2 a tobramycin 109 resistant CF isolate collected at the onset of chronic colonization (tobramycin resistant CF isolate) (15,16). For all susceptibility assays, Cation-Adjusted Mueller Hinton (CAMH) was obtained from BD 110 111 Diagnostics (Wokingham, UK) as recommended previously (17). For all in vivo studies, all strains 112 were grown on TSA and cultured in Nutrient broth (Oxoid) at 37°C, 120 rpm.

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# 114 **2.2. Chemicals used in this study**

115 All chemicals were purchased from Sigma Aldrich (Sigma-Aldrich, Dorset, UK) unless stated 116 otherwise. All in vitro materials were sterilised by autoclaving at 121°C for 20 minutes. HT61-HCl was 117 generously donated by Professor Sir Anthony Coates, St Georges Hospital, London and Helperby 118 Therapeutics, and first dissolved in DMSO (10 g/L). Stock solutions were prepared by the addition of 119 dH<sub>2</sub>O to 2.4 g/L prior to sterilisation as effected by 0.22µm filtration (Thermo Fisher Scientific, 120 Loughborough, UK). HT61 solutions were stored at -20°C. Tobramycin stocks were made in  $dH_2O$  to 121 give 10 g/L or 50 g/L working concentrations that were sterilised by using filtration at 0.22  $\mu$ m. 122 Solutions were stored at -20°C.

123

# 124 **2.3.** Minimum Inhibitory Concentration (MIC) Assay

125 MICs were determined according to the protocols described previously (18). Serial twofold dilutions 126 of tobramycin and HT61 were prepared in distilled water in flat well polycarbonate 96 well plates 127 (Greiner Bio-One Ltd, Stonehouse, UK). To each well, double strength CAMH broth was added. 128 Colonies from overnight incubation on CAMH agar were resuspended in sterile saline and c.  $5 \times 10^5$ 129 cfu/mL were inoculated. Plates were sealed with a "breathable membrane" (Greiner Bio-One Ltd) 130 and incubated in a wet chamber at 37°C for 16-20 hours. Bacterial load was measured by optical 131 density at 600 nm by using a Fluostar Omega reader (BMG Labtech, Ortenberg, Germany) and used 132 to plot a concentration response curve.

MIC experiments are usually determined based of turbidity of the solution, however HT61-HCL is has been shown precipitate in CAMH broth at high concentrations that resulting in a high absorbance background. Therefore we used the metabolic dye Resazurin to overcome this background precipitation as has been previously reported (19). Briefly, Resazurin sodium salt was added to a final concentration of 0.15 mM and plates were incubated for an additional 2-4 hours. MICs were then defined as the lowest concentration inhibiting bacterial activity using the conversion of resazurin (blue) to resurofin (pink). Experiments were performed three times in duplicate.

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# 141 **2.4.** Synergy assessment by Checkerboard assay

The chequerboard methods was used for the measurement of potential synergy from combinations of HT61 with tobramycin against each of the 3 strains of *P. aeruginosa* as previously described (19,20). Briefly, the combinations of Tobramycin and HT61 were prepared using 96-well plates using drugs concentrations starting from 2 fold higher than their MIC values and the serially diluting 2-fold to zero in sterile flat well polycarbonate plates (Greiner Bio-One Ltd) to create 64 combinations. The

experiment was then performed using the MIC methodology as described above. The growth/no growth interface was then determined using the visual colour change of resazurin (blue) in to the pink resorufin product and used to plot isobolograms and for the calculation of the fractional inhibitory concentration (FIC) as a measure of the effects of combination therapies.

- 151 The sum of FICs or FIC indexes (FICIs) were calculated as  $\Sigma$ FICA+B= FIC<sub>A</sub> + FIC<sub>B</sub> where FIC<sub>A</sub> = MIC<sub>A+B</sub> /
- 152  $MIC_A$  and  $FIC_B=MIC_{A+B} / MIC_B$ .
- The Loewe additivity theory was used with a lower cut off to determine synergy (21). The interaction of the combination was defined as showing synergy if the FICs were  $\leq 0.5$ , additivity or no interaction if the FIC was >0.5 but <4.0 and antagonism if the FIC was >4.0 (20).

156

# 157 **2.5. Synergy assessment by Bacterial Time Kill Assays**

To investigate any synergistic effects on the rate of killing, time-kill assays were performed with HT61 and tobramycin as previously described (22,23). Bacteria (5x10<sup>5</sup> cfu/mL) were cultured in 10 mL of CAMHB in glass flasks in the presence of tobramycin and/or HT61 at sub-inhibitory concentrations. Cultures were incubated at 37°C for 24 hours under continuous shaking conditions (130 rpm). Bacterial viability was determined by collecting aliquots at 0, 4, 8, 12 and 24 hours. Samples of bacterial suspensions were then serially diluted in sterile saline and plated on TSA. Plates were subsequently incubated at 37°C for 16-18 hours, and colony forming units counted.

165

## 166 **2.6.** Minimum biofilm concentration eradication assay

167 Effect of combination therapy was studies on biofilms by using the Calgary devices as previously 168 described with minor modifications (24). One colony was inoculated in CAMH and incubated (37°C, 169 130 rpm). After approximately 20 hours, cells were washed twice by centrifugation (5,000*g*, 4°c) and

170 resuspension in sterile 0.9% NaCl. Bacterial suspensions were diluted to 10<sup>5</sup> cfu/mL in CAMH and 171 inoculated in a 96 well plate (150 µL per wells). Plate lids were replaced with the Nunc-TSP 96 Pin lid 172 and biofilms were left to form for 18-20 hours under shaking (110 rpm) in a wet atmosphere. 173 Established biofilms on pins were washed with 200 µL of sterile 0.9% NaCl and transferred into a 174 challenge plate. Challenge plates were made of serial dilutions of tobramycin supplemented with 175 HT61 at 25, 50 and 100 µg/mL in CAMH (200 µL per wells). For each plate, controls of tobramycin 176 and HT61 alone were present, as well as sterility controls. Biofilms were challenged for 18-20 hours 177 under the same condition (37°C, 110 rpm, wet atmosphere). Following challenge, biofilms were 178 placed in an inhibitor free environment (CAMH, 200 µL per wells), left to equilibrate at room 179 temperature for 30 minutes and sonicated at high intensity for 30 minutes. Sonication efficiency 180 were visually checked by crystal violet 0.1 % staining. Recovery plates containing detached biofilms 181 were incubated for a further 24 to 48 hours and used to determine MBEC (minimal biofilm 182 eradication concentration), where an MBEC was defined as the lowest concentration to inhibit 183 growth as previously recommended.

184

# **2.7. Murine Model of Pulmonary Infection**

All animal experiments were performed under the authority and approval of the U.K Home Office outlined in the Animals (Scientific Procedures) Act 1986 with local ethical approval from King's College London (project license PPL 70/8279).

Bacterial embedded agar beads were prepared using the protocol described previously (25). Briefly, bacterial cultures were prepared by inoculating a TSA plate with a stock cryobead and incubating at 37°C for 24 hours under static conditions. 24 hours prior to use, secondary overnight cultures were prepared by inoculating 20ml of TSB with 2-3 bacterial colonies and subsequently incubated at 37°C for 16 hours under rotary conditions of 120rpm. Bacteria were embedded into agar beads by mixing the secondary overnight culture with molten TSA at a 1:9 ratio, which was then spun into mineral oil,

previously heated to 50°C. The preparation was cooled and centrifuged at 2700 g and the remaining mineral oil was removed by washing with sterile PBS. Bacterial content of the beads was then quantified on TSA plates and diluted to achieve  $2x10^7$  cfu/mL using sterile PBS, to deliver a final dose of  $1x10^6$  cfu/mouse.

199 Animals were housed in filter top cages under standard conditions of 22±2°C with a 12:12 light: dark 200 cycle. All animals were provided with food and water *ad libitum*, and wood shavings, shredded paper 201 and cardboard tubes were provided for environmental enrichment. All animals were provided with a 202 minimum acclimatization period of 7 days upon arrival before the commencement of the study. 203 Male C57/BI6J mice (8 weeks, Harlan, United Kingdom) were anesthetized with inhaled isoflurane and inoculated with 1x10<sup>6</sup> cfu/mouse bacterial embedded agar beads via oropharyngeal infection 204 205 (o.a). Sham mice were inoculated with sterile PBS embedded agar beads via the o.a. route of 206 administration, as a control. Animals were weighed and monitored daily for signs of pain and 207 distress. Animals that lost more than 20% of their body weight throughout the duration of the study 208 were euthanised. 24 hours post infection, mice were treated with either saline vehicle, HT61, 209 Tobramycin or a combination treatment of HT61 and Tobramycin via intraperitoneal (*i.p.*) injection. 210 48 hours post infection, lungs were aseptically removed and homogenized in 2mL sterile saline. 211 Serial dilutions of lung homogenates were performed, and appropriate dilutions plated onto TSA 212 plates and incubated for 24 hours under static conditions. Colonies were manually quantified and log 213 (CFU/mL) calculated.

214

# 215 **2.8. Statistical Analysis**

216 Chequerboard analysis of synergy was used to identify a fractional inhibitory concentration (FIC) 217 index, where synergy was determined if the FIC was  $\leq 0.5$ . Additivity or no interaction was described 218 if the FIC was >0.5 but <4.0 and antagonism if the FIC was >4.0. *In vitro* Time-kill analyses of data

219 were presented as mean ± standard error of the mean (SEM) and analysed by using GraphPad Prism 220 8.0. Due to experimental variation, MBEC were expressed as mean of 9 to 12 replicates. These data 221 were normally distributed as shown by the QQ plots in S2 Fig. They were therefore eligible for 222 parametric testing. Differences between untreated control and each of the treated groups (25, 50 or 223 100  $\mu$ g/mL) were analysed by using an unpaired student t-test with Welch's correction. The one-way 224 analysis of variance and Sidak's multiple comparisons post-test were used for comparisons of data. 225 All in vivo data are presented as mean ± standard error of the mean of log cfu/ml and analysed using 226 GraphPad Prism 8.0. The one-way analysis of variance and Sidak's multiple comparisons post-test 227 were used for comparisons of data. P values of less than 0.05 were determined to demonstrate a 228 significant difference.

### 229 **3. Results**

# 230 **3.1.** Differences in MIC values for HT61 and tobramycin for strains of *P. aeruginosa*

231 The MICs of HT61 and Tobramycin were determined against 3 different strains of *P. aeruginosa* with 232 different susceptibility profiles to Tobramcyin. MICs values of HT61 ranged between 50 and 233 100µg/ml against each of the 3 strains (PA01: 100 µg/ml; NN2: 100 µg/ml; RP73: 50 µg/ml, Table 1). 234 Previous research has reported differential sensitivity of these 3 *P.aeruginosa* strains to Tobramycin, 235 with PA01 reported as a tobramycin sensitive strain, RP73 reported as a multidrug resistant strain 236 and NN2 reported as Tobramycin resistant (15). In our studies, in agreement with the previously 237 reported susceptibility profiles, we also reported marked differences in the MIC values of 238 Tobramycin to each of these strains with a range of 0.4-100 $\mu$ g/ml (PA01: 0.4  $\mu$ g/ml; RP73: 3  $\mu$ g/ml; 239 NN2: 100 μg/ml, **Table 1**). HT61 was more effective as demonstrated by the smaller MIC in CAMH in 240 comparison to LB and TSB for all three strains. Similarly, an enhanced susceptibility to tobramycin 241 was also observed in CAMH for strains PAO1 and RP73.

242

# 3.2. Chequerboard analysis revealed HT61 and tobramycin synergy against *P. aeruginosa* strains RP73 and NN2

246 We have previously reported that HT61, demonstrated synergism against gram-positive bacteria in 247 vitro when used in combination with a number of aminoglycoside antibiotics, including neomycin, 248 gentamicin and mupirocin (10). We therefore extended this work by assessing the combined 249 activities of HT61 and Tobramycin against the 3 strains of *P.aeruqinosa*. The checkerboard assay was 250 used to assess the effect of combined tobramycin and HT61 treatment on P. aeruginosa growth, 251 using 64 combinations of tobramycin and HT61. FICs were determined by using the growth/no-252 growth interface. This gave the MIC values for each agent when used alone and in combination. A 253 representative image for this can be observed for the multi-drug resistant strain RP73 in Fig 1A. In 254 this study, synergy was defined as  $\Sigma$ FICs $\leq$ 0.5 (20). Fig 1B demonstrates the FIC indexes for each 255 strain. All details of MICs and FIC calculations are shown in Supplementary Table 1. The impact of 256 HT61 and tobramycin interactions was shown to be indifference/additive for strain PAO1 ( $\Sigma$ FIC = 257  $0.65 \pm 0.073$ ), whilst synergistic for strains RP73 ( $\Sigma$ FIC =  $0.425 \pm 0.05$ ) and NN2 ( $\Sigma$ FIC =  $0.425 \pm 0.073$ ).

258

# 3.3. Time-kill analysis reveals synergy between HT61 and tobramycin against *P. aeruginosa* strains PAO1, RP73 and NN2

The bactericidal activities of HT61 and tobramycin in combination were assessed in bacterial time-kill assays over a 24 hours timescale. **Fig 2** shows the time kill assay data obtained for *P. aeruginosa* strains PAO1 (**A**), RP73 (**B**) and NN2 (**C**). HT61 (black squares) and tobramycin (black circles) were used at subinhibitory concentrations, which did not significantly impact the final number of *P. aeruginosa* cells (growth to approximately 10^10 CFU/mL for all strains examined). Assays that

combined both agents at the same concentration are shown as black triangles. Synergy was subsequently defined as when the difference in bacteriasl numbers exceeded two log orders, when comparing a combination of agents to single agents. Strong evidence for synergy was identified after eight hours for strain PAO1 (**Fig 2A**), with no cfu's detected for PAO1 after 12 hours following combination treatment of HT61 and Tobramycin in comparison to 10<sup>8</sup> cfu/ml following HT61 monotherapy and 10<sup>4</sup> cfu/ml following Tobramycin monotherapy at the same timepoint.

272 For strain RP73 (Fig 2B), no difference between HT61 and Tobramycin monotherapies were 273 observed at any timepoint. However, combination therapy of HT61 and Tobramycin demonstrated a 274 2 log fold reduction in recovered bacterial cfu at 8 hours (HT61 Montherapy: 4.65x10<sup>5</sup> cfu/ml; Tobramycin Monotherapy: 3.93x10<sup>5</sup> cfu/ml; Combination therapy: 1.2x10<sup>3</sup> cfu/ml) indicating synergy 275 276 between the two compounds. The same trend was also observe for the Tobramycin resistant strain 277 NN2 (Fig 2C), where no difference between HT61 and Tobramycin monotherapies were observed, 278 whilst combination therapy of HT61 and Tobramycin once again demonstrated a 3 log fold reduction 279 in recovered bacterial cfus at 8 hours (HT61 Montherapy:  $3.89 \times 10^5$  cfu/ml; Tobramycin 280 Monotherapy:  $8x10^5$  cfu/ml; Combination therapy:  $2x10^2$  cfu/ml) from 8 hours onwards.

281

#### **3.4. HT61** significantly enhances tobramycin mediated biofilm eradication

Since *P. aeruginosa* infections are typically associated with bacteria persisting as biofilms, the impact of combinations of HT61 and tobramycin was also investigated on these structured forms of growth. Firstly, we investigated whether biofilm establishment *in vitro* was affected by singular treatment with either HT61 or tobramycin through the checkerboard assay system. In our studies we observed similar FICs values similar to those obtained from produced in the non-biofilm grown samples(data not shown).

289 Secondly, we aimed to investigate the effect of tobramycin and HT61 on already established 290 biofilms. Biofilms, formed in inhibitor free conditions, were challenged with tobramycin and HT61. 291 The period of recovery required was used to determine the minimum biofilm eradication 292 concentration (MBEC). HT61 given as a monotherapy had no impact on bacterial cell numbers in 293 previously established biofilm structures (data not shown). As such, the impact of different 294 concentrations of tobramycin in the presence of fixed levels of HT61 (25, 50 or 100 µg/mL) was 295 assessed (Fig 3). For all strains tested, the addition of HT61 significantly enhanced the ability of 296 tobramycin to eradicate biofilm located cells, as shown by the decreased MBEC. For strain PAO1 (Fig 297 **3A**), the lowest concentration of tobramycin required to eradicate biofilms was  $43.75 \pm 4.49 \,\mu$ g/mL. 298 The addition of 25, 50 or 100  $\mu$ g/mL of HT61 significantly reduced this MBEC to 26.56 ± 4.49  $\mu$ g/mL 299 (p<0.05), 15.89 ± 2.48 µg/mL and 15.36 ± 2.59 µg/mL respectively (p<0.0001). For strain NN2 (Fig 300 **3B**), MBEC for tobramycin alone was above 25 g/L. As the solubility limit was reached, tobramycin 301 MBEC was assumed to be 50 g/L for those replicates. The tobramycin MBEC alone was therefore 302 estimated at 43.75 ± 3.26 g/L, which was significantly reduced (p<0.0001) by at least 4-fold when 303 HT61 was added (10.94 ± 1.56 g/L, 9.90 ± 1.14 g/L, 6.77 ± 0.85 g/L). The strongest level of 304 enhancement on biofilm eradication was observed with RP73 (Fig 3C). When used as a single agent, 305 200 µg/mL tobramycin was required to eradicate RP73 biofilm structures, whilst HT61 at 25, 50 or 306 100  $\mu$ g/mL was shown to lower the tobramycin MBEC to 53.75 ± 10.87  $\mu$ g/mL (3.7 fold), 33.13 ± 6.91 307  $\mu g/mL$  (6-fold) and 25.0  $\pm$  6.04  $\mu g/mL$  (8-fold) respectively.

308

#### 309 **3.5. HT61** showed no bactericidal activity against any tested bacterial strain *in vivo*

The *in vitro* data described in sections 3.1-3.4 described an ability of HT61 to enhance the activity of tobramycin against both RP73 and NN2. We therefore investigated whether this enhancement was replicated in *in vivo* studies using a murine model of pulmonary infection with *P. aeruginosa*. Doseresponse titrations of HT61 were performed towards infections with all three strains of *P*.

314 aeruginosa described above, in order to determine whether HT61 monotherapy demonstrated any bactericidal activity *in vivo*. In all studies, inoculation with 1x10<sup>6</sup> cfu RP73/NN2/PA01 per mouse 315 316 resulted in significant increases in bacterial cell numbers when compared to sham controls (Sham: 317 0.00 ± 0.00 log cfu/ml vs. RP73: 6.16 ± 0.22 log cfu/ml, P < 0.001; NN2: 4.85 ± 0.18 log cfu/ml, P < 318 0.001; PA01: 5.90  $\pm$  0.03 log cfu/ml, P < 0.001, Figs 4A-C). Single systemic treatment with 0.1, 1 and 319 5mg/kg HT61 *i.p.* failed to demonstrate any reduction in pulmonary bacterial load when compared 320 to vehicle treated controls at 48 hours against any of the three P. aeruginosa strains tested; RP73 321 (Vehicle:  $6.16 \pm 0.22 \log \text{ cfu/ml vs } 0.1 \text{ mg/kg}$ :  $5.91 \pm 0.12 \log \text{ cfu/ml}$ ; 1 mg/kg:  $6.45 \pm 0.12 \log \text{ cfu/ml}$ ; 322  $5mg/kg: 6.64 \pm 0.41 \log cfu/ml$ , NN2 (Vehicle: 4.85  $\pm 0.18 \log cfu/ml vs 0.1mg/kg: 5.34 \pm 0.32 \log cfu/ml vs 0.3mg/kg: 5.34 \pm 0.34 \log cfu/ml vs 0.34 \log cfu/ml vs 0.34 \log cfu/ml vs 0.$ 323 cfu/ml; 1mg/kg: 5.12 ± 0.43 log cfu/ml; 5mg/kg: 5.80 ± 0.69 log cfu/ml) or PA01 (Vehicle: 5.90 ± 324 00.03 log cfu/ml vs 0.1mg/kg: 6.73 ± 0.20 log cfu/ml; 1mg/kg: 5.74 ± 0.14 log cfu/ml; 5mg/kg: 5.74 ± 325 0.33 log cfu/ml). This suggested that unlike in previous studies performed against gram-positive 326 bacteria, HT61 has no direct anti-bacterial activity against gram-negative P.aeruginosa.

327

# 328 3.6. HT61 significantly enhanced the efficacy of tobramycin against the *P. aeruginosa*329 strains RP73, NN2 and PA01 *in vivo*

Our *in vitro* experiments demonstrated clear synergy between HT61 and tobramycin when used as a combination therapy against *P. aeruginosa* strains RP73 and NN2, but not PA01. We therefore subsequently assessed whether this *in vitro* finding could be translated *in vivo* using a murine model of pulmonary infection.

Initial dose-response experiments were performed to identify a sub-threshold dose of tobramycin
 with which failed to reduce bacterial numbers retrieved from the lungs 48 hours post infection when
 compared to vehicle controls (Supplementary Figure 1). From these experiments, 100mg/kg

337 systemic tobramycin was selected for the drug resistant *P. aeruginosa* strains RP73 and NN2, whilst
 338 50mg/kg was selected for *P. aeruginosa* reference strain PA01.

339 In the first series of the combination studies, mice were concomitantly treated with subthreshold 340 tobramycin doses as previously identified and 1mg/kg HT61. Supporting our earlier in vitro and in 341 vivo experiments described above, treatment with 1mg/kg HT61 alone demonstrated no reduction 342 in bacterial numbers 48 hours post treatment when compared to vehicle for RP73 (Vehicle: 5.54  $\pm$ 343 0.01 log cfu/ml vs 1mg/kg HT61: 5.65 ± 0.01 log cfu/ml), NN2 (Vehicle: 6.59 ± 0.21 log cfu/ml vs 344 1mg/kg HT61: 6.54 ± 0.20 log cfu/ml) or PA01 (Vehicle: 4.70 ± 0.13 log cfu/ml vs 1mg/kg HT61: 4.97 345 ± 0.06 log cfu/ml). Furthermore, monotherapy with the subthreshold dose of Tobramycin had no 346 effect on bacterial numbers when compared to vehicle for RP73 (Vehicle:  $5.54 \pm 0.01 \log$  cfu/ml vs 347 100 mg/kg tobramycin: 5.56 ± 0.01 log cfu/ml), NN2 (Vehicle: 6.59 ± 0.21 log cfu/ml vs 100 mg/kg348 tobramycin:  $6.24 \pm 0.24 \log \text{ cfu/ml}$  or PA01 (Vehicle:  $4.70 \pm 0.13 \log \text{ cfu/ml}$  vs 50mg/kg Tobramycin: 349 5.06 ± 0.11 log cfu/ml) (Fig 5A and B). However, when mice were treated with a combination of both 350 1mg/kg HT61 and tobramycin, a significant reduction in bacterial numbers was observed against the 351 multi-drug resistant strain RP73 (Vehicle: 5.54 ± 0.01 log cfu/ml vs 1mg/kg HT61 + 100mg/kg 352 Tobramycin: 4.51 ± 0.12 log cfu/ml, P < 0.001) and the tobramycin resistant strain NN2 (Vehicle: 6.59 353 ± 0.21 log cfu/ml vs 1mg/kg HT61 + 100mg/kg tobramycin: 5.49 ± 0.33 log cfu/ml, P < 0.05). In 354 contrast, this finding was not observed for the tobramycin sensitive strain PA01 (Vehicle:  $4.70 \pm 0.13$ 355 log cfu/ml vs 1mg/kg HT61 + 50mg/kg tobramycin: 5.00 ± 0.06 log cfu/ml) (Fig 5C)

Next, we investigated whether the inability of HT61 to potentiate the activity of tobramycin against PA01 was due to an insufficient dose of HT61 used in the combination treatments. We therefore replicated the above studies using an increased 10mg/kg HT61 in the combination treatment with tobramycin. With this increased dose of HT61, we observed significant reductions in pulmonary bacterial numbers against vehicle control mice 48 hours post infection with all strains, RP73 (Vehicle:  $4.81 \pm 0.25 \log cfu/ml vs 10mg/kg HT61 + 100mg/kg tobramycin: 2.57 \pm 0.36 \log cfu/ml, P < 0.001),$ 

362 NN2 (Vehicle: 4.49 ± 0.14 log cfu/ml vs 10mg/kg HT61 + 100mg/kg tobramycin: 3.74 ± 0.31 log
363 cfu/ml, P < 0.05) and PA01 (Vehicle: 4.96 ± 0.11 log cfu/ml vs 10mg/kg HT61 + 50mg/kg tobramycin:</li>
364 3.41 ± 0.46 log cfu/ml, P < 0.05) (Figs 6A-C).</li>

We were interested as to whether or not the significant reductions observed *in vivo* by combining HT61 with tobramycin was due to an additive effect or due to synergistic interactions between the two drugs. We therefore calculated the expected reductions in bacterial numbers if it were due to an additive effect (**Supplementary Table 2**). Here, the reductions in bacterial numbers observed for all 3 strains suggested the possibility that a greater than additive effect was observed between HT61 and tobramycin, which supported our *in vitro* data.

371

# 372 **4. Discussion**

373 The properties of compounds such as HT61 have been of growing interest in terms of clinical utility. 374 In this study, we found that HT61 had little or no discernable antibacterial activity against the gram-375 negative pathogen P. aeruginosa in contrast to the previously described activity observed against 376 gram-positive bacteria (11). However, the key findings of this study were the identification of 377 significant synergistic activities between HT61 and the classical aminoglycoside antibiotic tobramycin 378 against P. aeruginosa. These findings have a particular bearing in terms of the clinical management 379 of airway infection by *P. aeruginosa* for individuals with cystic fibrosis. Whilst novel therapies are 380 emerging that address the fundamental genetic defect associated with cystic fibrosis, it is equally 381 important to improve existing antibiotic approaches towards the clearance of chronic infections by 382 this pathogen, particularly in patients colonized with strains resistant to treatment with antibiotics.

In this study, 3 different strains of *P. aeruginosa* were considered including the multi-drug resistant
 (RP73) and tobramycin resistant (NN2) strains (15) alongside PAO1 as a reference laboratory strain.

385 As such, these strains represented a range of known phenotypic responses to tobramycin. The 386 observation that HT61 in combination with tobramycin produced a synergistic effect in vitro against 387 the strains considered as resistant to tobramycin was therefore encouraging. In turn, this provided a 388 strong rationale for the assessment of the antibacterial activity of combinations of HT61 and 389 tobramycin in vivo using a murine model of pulmonary infection. As such, our observations have 390 extended previous work with HT61 where this small quinolone derived compound has demonstrated 391 activity against gram-positive species, including Staphylococcus aureus (both MSSA and MRSA) in 392 vitro and in a wound infection model (10,11,26,27). Importantly, in these studies HT61 was also 393 observed to enhance the bactericidal activity of existing antibiotics including gentamicin and 394 neomycin against both MSSA and MRSA in addition to its own individual bactericidal capabilities 395 (11,28). Extending from these studies our focus here was on P. aeruginosa, which demonstrates 396 significant resistance to current therapy. The finding in this study that both a tobramycin resistant 397 and multi-drug resistant strain of this species were rendered sensitive – as if "restored" – was 398 therefore a novel and exciting finding and the potential clinical benefits of such a finding are clear. 399 Through the identification of the requirement of HT61 in this combinational role, we propose this 400 class of antibacterial agent as an enhancer of the efficacy and impact of conventional antibiotics, and 401 therefore propose the definition of 'antibiotic enhancer' as a substance that in relatively low 402 concentration extends the antibacterial activity of a conventional antibiotic, despite having no or 403 low-level antibacterial activity in itself.

Given the concern over the lack of novel antibiotics in the pipeline, alternate strategies designed to maximise and enhance the activity and in turn longevity of existing antibiotics are important. Borrowing the same terminology as for antibiotic susceptibility, enhancers could either be narrow or broad in their spectrum. The ability of HT61 therefore to render RP73, a nearly tobramycin resistant strain (MIC of 3µg/mL), susceptible to tobramycin therapy (MIC reduced to 0.6µg/mL), both *in vitro* and *in vivo* is therefore highly important. Such enhancer strategies would avoid scenarios whereby resistance to an antibiotic is overcome by simply increasing the dose of the antibiotic prescribed.

411 This is of particular relevance for aminoglycosides such as tobramycin, as it is neither feasible or 412 ethical to significantly increase the doses used due to their systemic toxicity profiles, as in addition 413 to their ototoxic and nephrotoxic side effects, chronic kidney disease has also been associated 414 chronic tobramycin treatment, in individuals with cystic fibrosis (29–32). As an alternative to simply 415 increasing antibiotic plasma levels, the use of multiple antibiotics in combination has been proposed 416 as a strategy capable of slowing the emergence of antimicrobial resistance whilst also shortening the required duration of therapy (33). Antibiotics from a number of different classes have previously 417 418 been reported to show synergistic effects against tobramycin resistant strains of P. aeruginosa (34), 419 therefore enhancer strategies (or antibiotic resistance breakers), featuring low or no direct antibiotic impact, may therefore be less susceptible as a target for resistance emergence and could be a viable 420 421 alternative approach (35,36)

422 Resistance, emerging or intrinsic, is a feature of the pathogen P. aeruginosa (37). Despite the layered 423 nature of the resistance characteristic of *P. aeruginosa*, compounds able to compromise the integrity 424 of bacterial cell membranes are likely to enhance antibiotic penetration. The mechanism by which 425 HT61 may enhance the activity of classical antibiotics through its non-specific targeting the anionic 426 lipids in the bacterial membrane due to the negative charge of HT61. In the case of S. aureus such 427 anionic lipids may include phosphatidylglycerol (PG) and the zwitterionic phosphatidylethanolamine 428 (12,13). In targeting these lipids, HT61 induces rapid partitioning of the lipid bilayer into a monolayer 429 causing structural changes thus impairing membrane integrity leading to depolarization and 430 catastrophic membrane damage (12,13). In contrast to previous studies, where HT61 has shown 431 bactericidal activity against strains of S. aureus (10,11), HT61 treatment as a monotherapy had little 432 or no bactericidal effects on any of the tested strains of *P. aeruginosa* in any of our *in vitro* or *in vivo* 433 models. This may be due to differences in the membrane lipid composition between the two species 434 (38,39) with cationic membrane acting agents such as HT61 showing greater activity against S. 435 aureus (40).

436 Using a pharmacodynamic model, Bulitta et al. accounted for two killing mechanisms associated 437 with aminoglycoside use against P. aeruginosa (41). Delayed killing was attributed to the effect of 438 tobramycin on bacterial protein synthesis whilst immediate killing was attributed to disruption of 439 the outer membrane (41). It is possible that our observation of increased tobramycin activity when 440 combined with HT61 is as a result of the initial disruption of the outer membrane by tobramycin 441 increasing the exposure of the anionic phospholipids on the inner cytoplasmic membrane to HT61. The resulting disruption of both membranes would increase the permeability of the gram-negative 442 443 bacterial membranes to tobramycin, resulting in an elevated intracellular tobramycin concentration 444 enhancing the bactericidal activity through its effects on protein synthesis (10,11). Whilst the 445 mechanism of action of HT61 remains open for discussion and further studies are required to fully 446 understand the mechanism of action of HT61 in the potentiation of tobramycin against gram-447 negative bacteria, it is also important to consider the impact on the mode of growth of P. 448 aeruginosa. Here, the impact on biofilm formation, as well as the impact of HT61/tobramycin on 449 existing biofilms was also examined. Whilst HT61 had no impact on either establishing or established 450 biofilm structures in our tested concentration range, when treated in combination with tobramycin 451 we demonstrated a 10-fold reduction in the MBEC observed with tobramycin alone.

These studies therefore demonstrate an exciting enhancement of tobramycin's activity; however, we acknowledge that our studies used an extended range of assays, the findings are limited by the assessment of a single antibiotic. Whilst we used three individual strains of *P. aeruginosa* covering a range in susceptibility to a tobramycin the assessment of HT61's ability to enhance the bactericidal activity of additional antibiotics would further strengthen the findings detailed in this study.

In conclusion, the combination of tobramycin with HT61 demonstrated significant potentiation of bactericidal activity when compared to tobramycin as a monotherapy against both tobramycin sensitive and resistant strains of *P. aeruginosa*, in both *in vitro* assays and a *in vivo* model of lung infection. This indicates the potential benefits of combination treatments using enhancer

461 compounds, such as HT61 alongside conventional antibiotics including tobramycin in the treatment 462 of antibiotic resistant gram-negative infections. Such enhancer strategies would support the use of 463 lower doses of the aminoglycoside antibiotics significantly reducing their associated toxicity profiles 464 thus providing a potentially novel way of targeting the ongoing global issue of antimicrobial 465 resistance.

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- 468

# 469 Author Contributions

470 RA, MF, BGO, KB, YH, AC and CP were involved with the conception, hypotheses delineation, and

471 design of the study. RA, BGO and CP were involved with acquisition of the *in vivo* data, analysis and

472 interpretation of the data. MF and KB were involved with acquisition of the *in vitro* data, analysis

473 and interpretation of the data. RA wrote the manuscript. All authors were involved with manuscript

474 revision prior to submission.

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# 476 **6. References**

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630	P. aeruginosa strain		Antibiotic resistance	MIC (µg/mL) Tobramycin HT61					
		PAO1	Tobramycin sensitive (15)	0.4	100				
		RP73	Multi resistant (15)	3	50				
		NN2	Tobramycin resistant (15)	100	100				

631

# 632 **Table 1:** *P.aeruginosa* susceptibility profile to tobramycin and HT61

633 MIC values derived from dose-response curve data for HT61 and tobramycin with three 634 strains of *P. aeruginosa* PA01, RP73 and NN2. Here MIC values are displayed as  $\mu$ g/ml 635 concentrations. Values were produced as a mean of 3 independent experiments performed in 636 duplicate.

637

# 638 Figure 1: Checkerboard assessment of synergy between HT61 and tobramycin

639 Synergy as shown in an example (strain RP73) of the checkerboard assay (A) and the mean 640 FICIs for the three strains tested (B). Each plate contained two control wells; a negative (inhibitor on its own) and a positive control (no inhibitor). Negative controls or NC, 641 containing no bacterial cells, were also included. Resazurin was used to determine the 642 growth-no growth interface as shown by pink wells (alive and active cells) or blue wells (no 643 dye conversion). MICs for agents alone or in combination were determined and used to 644 calculate FICIs (B). FICIs are shown as the mean of 5 independent experiments, bar 645 represents SEM. 646

647

# Figure 2: Time kill assay demonstrating synergy between tobramycin and HT61 against *P. aeruginosa.*

Effect of sub-inhibitory concentrations of tobramycin (•), HT61 ( $\blacksquare$ ) and combination ( $\blacktriangle$ ) on the viability of *P. aeruginosa* strains PAO1 (A), RP73 (B) and NN2 (C). Samples were taken 652 for enumeration at 0, 4, 8, 12 and 24 hours and number of live bacterial cells were plotted as 653 log<sub>10</sub>. (CFU/mL). Results are the mean of two independent experiments, bars show SEM.

654

#### Figure 3: HT61 reduces the tobramycin concentration required to eradicate established 655 656 biofilm (MBEC)

657 Effect of fixed doses of HT61 (25, 50 or 100 µg/mL) on tobramycin MBEC on P. aeruginosa strain PAO1 (A), NN2 (B) or RP73 (C). MBEC were determined as the lowest concentration 658 of tobramycin to inhibit bacterial recovery after antibacterial challenge of established 659 biofilms. Data are expressed as mean of MBEC (n = 9-12), bars represent SEM. \* P<0.05 and 660 \*\*\*\* P<0.0001 non-treated control vs HT61 at 25, 50 or 100 µg/mL (unpaired student t-test 661 with Welch's correction). 662

663

#### Figure 4: Effect of single treatment of HT61 against *P. aeruginosa* in a murine model of 664 pulmonary infection 665

Mice were infected with either sterile PBS embedded agar beads,  $1 \times 10^6$  cfu/mouse P. 666 667 aeruginosa strains RP73 (A), NN2 (B) or PA01 (C), embedded agar beads, via o.a. inoculation. 24 hours post infection, mice were administered with either vehicle, 0.1, 1 and 5 668 mg/kg HT61 via intraperitoneal injection. 48 hours post infection, colony forming units were 669 quantified in lung homogenate on TSA plates. n=3-5, data expressed as log mean  $\pm$  SEM. \*\*\* 670 P < 0.001 versus sham control mice. LOD = Limit of Detection. Data analysed using one-way 671 672 ANOVA and Sidak's multiple comparisons post-test.

673 674

#### 675 Figure 5: Effect of combination treatment of 1mg/kg HT61 and tobramycin against P. 676 *aeruginosa* in a murine model of pulmonary infection

Mice were infected with either sterile PBS embedded agar beads,  $1 \times 10^6$  cfu/mouse P. 677 678 aeruginosa strains RP73 (A), NN2 (B), PA01 (C) embedded agar beads, via o.a. inoculation. 24 hours post infection, mice were administered with either vehicle, tobramycin (100mg/kg) 679 680 and HT61 (1 mg/kg) as single treatments, or combination treatments 100 mg/kg tobramycin + 1 mg/kg HT61 via intraperitoneal injection. 48 hours post infection, colony forming units 681 were quantified in lung homogenate on TSA plates. n=4-5, data expressed as log mean  $\pm$ 682 683 SEM. ### P< 0.001 versus vehicle, # P<0.05 versus vehicle. LOD = Limit of Detection. Data analysed using one-way ANOVA and Sidak's multiple comparisons post-test. 684

685 686

#### Figure 6: Effect of combination treatment of 10mg/kg HT61 and tobramycin against P. 687 688 aeruginosa in a murine model of pulmonary infection

Mice were infected with either sterile PBS embedded agar beads,  $1 \times 10^6$  cfu/mouse P. 689 690 aeruginosa strains RP73 (A), NN2 (B) or PA01 (C) embedded agar beads, via o.a. 691 inoculation. 24 hours post infection, mice were administered with either vehicle, tobramycin (100mg/kg) and HT61 (10 mg/kg) as single treatments, or combination treatments 100 mg/kg 692 693 tobramycin + 10 mg/kg HT61 via intraperitoneal injection. 48 hours post infection, colony forming units were quantified in lung homogenate on TSA plates. n=4-5, data expressed as 694 695 log mean ± SEM. versus sham control mice, ### P< 0.001 versus vehicle, # P<0.05 versus vehicle,  $\delta P < 0.05$  vs 1mg/kg HT61. LOD = Limit of Detection. Data analysed using one-way 696 697

ANOVA and Sidak's multiple comparisons post-test.

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# Supplementary Table 1: MICs values of tobramycin and HT61 alone or in combination and corresponding FICs

- 702 Data are the mean of 5 independent experiments  $\pm$  SEM from checkerboard assay
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**Supplementary Table 2:** Predicted and experiment reductions in bacterial numbers (log cfu/mL) recovered from a murine model of pulmonary infection with either the *P. aeruginosa* strains RP73, NN2 and PA01. Predicted additive reduction was calculated by adding the reduction of HT61 and Tobramycin alone for each strain, this was then compared against the reduction in bacterial cell numbers following combination treatment

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# 712 Supplementary Figure 1: Tobramycin dose response curves

Mice were infected with either sterile PBS embedded agar beads,  $1 \times 10^6$  cfu/mouse P. 713 714 aeruginosa strains RP73 (A), NN2 (B) or PA01 (C) embedded agar beads, via o.a. inoculation. 24 hours post infection, mice were administered with vehicle or increasing 715 716 concentrations of tobramycin. 48 hours post infection, colony forming units were quantified 717 in lung homogenate on TSA plates. n=4-5, data expressed as log mean  $\pm$  SEM. versus sham control mice, ### P< 0.001 versus vehicle, # P<0.05 versus vehicle,  $\delta$  P<0.05 vs 1mg/kg 718 719 HT61. LOD = Limit of Detection. Data analysed using one-way ANOVA and Sidak's 720 multiple comparisons post-test.

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