

1 Bedaquiline kills persistent *Mycobacterium tuberculosis* with no disease relapse:
2 an *in vivo* model of a potential cure
3

4 Yanmin HU^{1*}, Henry PERTINEZ², Yingjun LIU¹, Geraint DAVIES² and Anthony COATES¹

5 ¹Institute for Infection and immunity, St George's, University of London, Cranmer Terrace,
6 London SW17 ORE, United Kingdom. ²Department of Molecular and Clinical
7 Pharmacology, University of Liverpool, Liverpool L69 3GF, United Kingdom.
8

9 Running title: Bedaquiline in the Cornell mouse model
10
11
12
13
14
15
16
17
18
19
20
21
22
23
24

25 *Correspondence and requests for reprints should be addressed to Y. Hu Institute of Infection
26 and Immunity, St George's, University of London, Cranmer Terrace, London SW17 ORE, UK.

27 E-mail: ymhu@sgul.ac.uk

28 Abstract

29 OBJECTIVE: Non-replicating persistent *Mycobacterium tuberculosis* is difficult to kill since
30 they become undetectable using our conventional diagnostic methods and tolerant to anti-TB
31 drugs. Resuscitation promoting factors (RPF) have been used to “wake up” non-replicating
32 persisters, making them easy to be detected. Bedaquiline is a novel bactericidal and sterilizing
33 anti-TB drug with the potential to eradicate RPF-dependent persistent *M. tuberculosis*. We
34 present the first head-to-head comparison between standard anti-TB regimen versus
35 bedaquiline-modified regimen for eradicating RPF-dependent persistent *M. tuberculosis*, using
36 the well-defined Cornell Model.

37 METHODS: *M. tuberculosis* infected mice were treated with either the standard regimen,
38 rifampicin, isoniazid, pyrazinamide and ethambutol or the same regimen where ethambutol
39 was replaced by bedaquiline for 14 weeks. The efficacy of both drug regimens was measured
40 by cfu count elimination and eradication of persistent bacteria as evaluated using culture filtrate
41 (CF) containing RPF. At the end of treatment, the remaining cfu count-negative mice were
42 administrated with hydrocortisone for 8 weeks. The induced disease relapse rates were
43 determined by the percentage of mice that developed positive *M. tuberculosis* in lungs, spleens
44 or both.

45 RESULTS: Bedaquiline-containing regimen achieved total organ cfu count clearance at 8
46 weeks after treatment initiation, faster than the standard regimen (14 weeks). Importantly, the
47 bedaquiline-containing regimen removed CF-dependent persistent bacilli at 8 weeks, leading
48 to no disease relapse.

49 Conclusions: A bedaquiline regimen eradicated persistent tuberculosis infections and
50 completely prevents disease relapse in mice. These findings offer the potential of a faster cure
51 for tuberculosis with reduced relapse rate.

52

53 **Introduction**

54 For more than 4000 years, we have known about tuberculosis (TB),¹ yet it is still a leading
55 killer worldwide, responsible for about two million deaths annually.² Often thought of as a
56 disease of the developing countries, TB is now making a substantial comeback in the developed
57 world.³ One of the key reasons for its “hard-to-kill” nature lies in the ability of *M. tuberculosis*
58 to become metabolically inactive, evading detection by diagnostic tests and immune responses.
59 Of additional importance to the patients is that the non-replicating persistent state renders the
60 bacteria tolerant to conventional anti-TB drug therapy. To achieve good long term clinical
61 results, an arduous 6-month course of multi-agent antibiotic therapy is necessary, which is
62 associated with poor patient compliance, leading to high (7 - 13%) relapse rates and drug-
63 resistance.⁴ Therefore the ideal drug regimen is one that can eliminate all of the bacterial
64 populations, that is, both the actively replicating cells and the non-replicating persisters.
65 To kill the persistent bacteria, one must find them first. *M. tuberculosis* persisters are non-
66 replicating,^{5,6} which are present in mouse organs⁷ and in human sputum samples^{8,9} and
67 cannot be detected using conventional diagnostic tests such as culture and microscopy.^{10,11}
68 Since most conventional anti-TB drugs were tested for their ability to eliminate *M. tuberculosis*
69 grown on culture agar or in broth, none of these drugs are actually tested for their ability to
70 eliminate persistent bacteria. It is therefore of no surprise that persistent *M. tuberculosis*
71 populations have never been detected. They are tolerant to conventional anti-TB regimens and
72 prolonged treatment duration is needed.¹²

73 We recently showed in mice that using *M. tuberculosis* culture supernatant filtrates (CF)
74 containing secreted proteins, known as Resuscitation Promoting Factors (RPF),⁸ we can
75 stimulate the persistent bacteria which do not grow on agar and liquid media to actively
76 multiply.^{7,13-15} Furthermore, these CF-resuscitated persisters could be completely eliminated
77 using high-dose rifampicin regimens, resulting in shortened treatment duration with no disease

78 relapses in mice.^{7, 15} High-dose rifampicin regimens are not routinely used for TB therapy and
79 have just begun to enter Phase III trials for use in patients.

80 Bedaquiline is a novel diarylquinoline antimycobacterial agent, approved by the FDA for use
81 in combination regimens against adult multidrug-resistant pulmonary TB.¹⁶ It has both
82 bactericidal and sterilizing activities.¹⁷⁻²⁴ In this study, we examined the therapeutic effects of
83 bedaquiline-modified regimens for eradicating CF-dependent persistent *M. tuberculosis* using
84 the well-defined Cornell mouse model.^{11, 25} We hypothesized that bedaquiline-modified
85 regimen can eliminate CF-dependent *M. tuberculosis* more effectively than the conventional
86 anti-TB regimen.

87 **Materials and methods**

88 **Bacterium strain and growth condition**

89 *M. tuberculosis* strain H37Rv was grown in 7H9 medium supplemented with 10% albumin
90 dextrose complex (ADC; Becton and Dickinson, UK) and containing 0.05% Tween 80 at
91 37°C without disturbance for 15 days. The culture was subsequently stored at -70°C. To
92 determine the viable counts prior to infection, cfu counting was performed prior to freezing
93 and once again after thawing. Cfu counting was carried out by plating serial 10-fold dilutions
94 of the cultures on 7H11 agar medium supplemented with oleic albumin dextrose complex
95 (OADC, Becton and Dickinson, UK). Colonies were counted after incubation of the plates
96 at 37°C for 3 to 4 weeks and viability was expressed as Log cfu/mL. The cultures were diluted
97 in PBS and used for inoculations in mice.

98 **Antimicrobial Agents**

99 Bedaquiline was provided by Janssen Pharmaceutica (Beerse, Belgium), while the other drugs
100 used were human medicines: isoniazid from Morningside Healthcare UK, rifampicin from
101 Sanofi-Aventis France, pyrazinamide from Genus Pharmaceuticals UK and ethambutol from
102 Morningside Healthcare UK.

103 **Cornell mouse model**

104 The standard TB drug regimen (isoniazid, rifampicin, pyrazinamide and ethambutol) and
105 bedaquiline substitution for ethambutol in the standard TB drug regimen (Bedaquiline-
106 containing regimen) were tested using the Cornell mouse model.^{11, 25} The model was
107 conducted using the experimental design and procedure described previously.^{7, 13-15} Briefly, a
108 total of 118 BALB/c mice (Female, Harlan UK Ltd) was infected intravenously via the tail vein
109 with 1.2×10^5 cfu of mouse-passaged *M. tuberculosis* strain H37Rv per mouse. At 3 weeks
110 after infection, treatment was given to the mice for 14 weeks by daily oral administration (0.2
111 mL) for 5 days per week with daily prepared drug suspension at the dosages of rifampicin 10
112 mg/kg, isoniazid 25 mg/kg, pyrazinamide 150 mg/kg, ethambutol 100 mg/kg or bedaquiline 25
113 mg/kg. For assessment of treatment efficacy, 4 mice were sacrificed at 0, 2, 4, and 6 weeks, 6
114 mice was sacrificed at 8 weeks and 8 mice were used at 11 and 14 weeks of post treatment to
115 monitor cfu counts. Importantly, sampling time points for viable counting were always on
116 Monday before the start of the 5 day drug dosing schedule to avoid drug carryover. It has been
117 shown that after a single oral dose of bedaquiline (25 mg/kg), at 72 hours, the drug levels were
118 reduced to approximately 1 and 0.3 $\mu\text{g/g}$ per lung and spleen, respectively.²⁶ There was no
119 accumulation of the drug in the tissue,²⁶ indicating that there was not enough drug remaining
120 in the organs to inhibit bacterial growth. The organ homogenates from the 14th week for the
121 standard regimen and from the 6th week to the 14th week for the bedaquiline - containing
122 regimen were cultured in selective Kirchner liquid medium by the addition of polymyxin B
123 200 U/mL, carbenicillin 100 mg/L, trimethoprim 20 mg/L and amphotericin B 10 mg/L
124 (Selectatab, Mast Diagnostica GmbH) for 4 weeks with subsequent sub-culturing onto selective
125 Löwenstein-Jensen slopes for a further 4 weeks to confirm organ cfu count clearance.
126 Immediately after termination of 14 weeks of chemotherapy, the remaining mice were
127 administered hydrocortisone acetate (0.5 mg/mouse) by daily oral dosing for 8 weeks to

128 suppress host immune response. Disease relapse rates for the treatments with the standard and
129 bedaquiline-containing regimens were determined by the percentage of mice that developed
130 positive *M. tuberculosis* cfu counts in lungs, spleens or both.

131 Organ drug carryover was examined. The suspension of tissue homogenates was collected after
132 viable cell counting by centrifugation at 14,000 rpm for 5 minutes. *M. tuberculosis* cells were
133 removed by filtration using 0.2 µm filter (Sartorius) twice. The cell-free suspension of tissue
134 homogenates was diluted 10-fold in 7H9 medium followed by addition of *M. tuberculosis* to
135 the final concentration of 10⁷, 10⁶ and 10⁵ cfu/mL, respectively. Controls were 7H9 only which
136 were incubated with the same numbers of *M. tuberculosis*. The cultures were incubated at 37°C
137 for 20 days, viability was examined by cfu counting at 0, 4, 10 and 20 days.

138 The animal husbandry guidelines and animal experiments were performed according to the
139 Animals Scientific Procedures Act, 1986 (an Act of the Parliament of the United Kingdom
140 1986 c. 14) (Home Office Project licence Number 7008492) with approval from St George's,
141 University of London ethics committee.

142 **Resuscitation of *M. tuberculosis* in mouse lungs and spleens**

143 For resuscitation of *M. tuberculosis* in mouse organs, culture filtrates containing RPFs were
144 prepared as described previously.^{8,13} *M. tuberculosis* H37Rv was grown in 7H9 medium for
145 15 to 20 days until an optical density of 1 to 1.5 was reached. The culture supernatants were
146 collected by centrifugation at 3600 rpm for 15 minutes and sterilised by filtration with 0.2 µm
147 filter (Sartorius) twice. The culture filtrates were made selective by addition of the Selectatab
148 (Mast Diagnostica GmbH) and immediately used for broth counting of the most probable
149 number (MPN) of the bacilli. Broth counting of lungs and spleens was performed as serial 10-
150 fold dilutions in triplicate in which 0.5 mL of tissue homogenates were added to 4.5 mL of the
151 culture filtrates. At 10-day intervals over a 2-month period of incubation at 37°C, the broth
152 cultures were examined for visible turbidity changes. Growth of *M. tuberculosis* in turbid tubes

153 was confirmed by colonial morphology on 7H11 agar plates. The MPN of viable bacilli was
154 then estimated from the patterns of positive and negative tubes.²⁷ The absence of
155 microorganisms other than mycobacteria from turbid tubes was confirmed by plating on blood
156 agar medium (Oxoid) and Sabouraud dextrose agar (Oxoid). In order to assess the sterility of
157 culture filtrates free of *M. tuberculosis*, tubes containing culture filtrates were incubated at
158 37°C for 2 months to ensure the absence of *M. tuberculosis* in the culture filtrates.

159 **Statistical analysis**

160 A simple model for mono-exponential bacterial growth and elimination²⁸ was fitted to the
161 profiles of cfu versus time obtained experimentally, which was demonstrated previously.¹³⁻¹⁵
162 Parameter estimation of elimination rate constants was carried out using the nonlinear least-
163 squares optimization function “lsqnonlin” as part of the “pracma” package in the R statistical
164 software language (v 3.4.2) with an objective function weighted by $1/(\text{predicted value})^2$.
165 Standard errors of parameter estimates were calculated using the method described previously
166²⁹ with the Jacobian of model parameter sensitivities estimated using a numerical central
167 difference method. The datasets comprised from multiple individual subject animals were
168 treated as a naïve pool for data analysis purposes³⁰ rather than using the average of the data
169 at each time-point. The significance of differences between model parameter estimates under
170 different therapies was examined with pairwise Z-tests, where P values <0.05 would be
171 considered significant. The significance of differences between the relapse rates was
172 determined with pairwise Fisher’s exact tests, with P values <0.05 considered significant.

173 **RESULTS**

174 **Bedaquiline-containing regimen more than doubles TB kill rate and completely prevents**
175 **disease relapse in mice**

176 We investigated the effects of the standard and bedaquiline-containing regimens on the rate of
177 bacterial cfu elimination and relapse in the Cornell mouse model. No mice died during the
178 experimental period (6 months) from either of the two groups.

179 After 3 weeks, the bacterial cfu counts reached a peak with mean cfu counts of log 7.54 in the
180 lungs and 6.99 in the spleens (Table 1). After initiation of the treatment, the bedaquiline-
181 containing drug regimen demonstrated rapid bactericidal activity, leading to 99% kill at 1.2
182 weeks. In contrast, the same feat took more than twice as long using standard drug regimen (3
183 weeks for 99% kill). Using the bedaquiline-containing regimen, complete kill (100% bacterial
184 elimination with undetectable cfu counts) in the lungs and spleens was achieved after 8 and 6
185 weeks of treatment, respectively. Again, the same feat took much longer using the standard
186 regimen (complete kill in 14 weeks for both the lungs and the spleen; Table 1). Incubation of
187 the cell-free suspension of tissue homogenates with *M. tuberculosis* showed no inhibition of
188 growth compared with the control (data not shown) indicating there was no drug carry-over
189 from tissue homogenates to the subsequent cultures.

190 The enhanced bactericidal activity with the bedaquiline-containing regimen was further
191 confirmed using mono-exponential bacterial elimination rate constants (Fig 1, and Table 2)
192 where the exponential rate constants (logarithmic base 10) for net bacterial elimination during
193 treatment ($k_{\text{net_with_drug}}$) for the standard regimen versus bedaquiline-containing regimens were
194 -0.46 versus -0.75 in the lungs and -0.46 versus -1.22 in the spleens, respectively (Table 2).
195 These values indicate that compared to a standard regimen, bedaquiline-containing regimen
196 produced a significant increase in bacterial elimination in both the lungs and the spleens.

197 Remarkably, after 8 weeks of immunosuppression with hydrocortisone, mice treated with the
198 bedaquiline-containing regimen had no (0%) disease relapse, while mice treated with the
199 standard regimen had a high (90%) relapse rate (Table 3).

200

201 **Determination of post-treatment levels of CF-dependent bacteria**

202 To investigate the effect of bedaquiline-containing regimens on the post-treatment level of
203 persistent bacteria through CF-induced resuscitation, lung and spleen homogenates at 0, 2, 4,
204 6, 8, 11 and 14 weeks after initiation of treatment for the standard and bedaquiline-containing
205 regimens were incubated with the culture filtrates containing RPF. At the beginning of the
206 treatment, the MPN counts were 1 log higher than cfu counts in both the lungs and the spleens
207 (Figure 2). For the standard regimen, there was a stepwise reduction of both cfu counts and
208 MPN counts in both the lungs and the spleens with approximately two-log difference between
209 cfu counts and MPN counts (Figure 2A and 2B). At 14 weeks of treatment in both the cfu count
210 free lungs and spleens, high levels of CF-resuscitated bacilli (2.4 logs) still remained. For mice
211 which were treated with the Bedaquiline-containing regimen, there were 2 logs more CF-
212 dependent persister counts than the cfu counts at 2 weeks. This was followed by a significant
213 reduction of persister counts at 4 and 6 weeks (Figure 2C), there were only a mean of 0.17 (1/6
214 lungs) log of MPN in cfu count-free mouse lungs at 8 weeks (Figure 2C). At 11 and 14 weeks
215 post-treatment, both organs were free of CF-dependent bacilli. There were significant
216 reductions of RPF-dependent bacilli in the spleens with a 0.78 log of persisters fall at 6 weeks
217 post treatment and complete sterilization of the spleens was achieved at 8 weeks (Figure 2D).

218 **DISCUSSION**

219 This is the first study to elucidate the therapeutic efficacy of bedaquiline replacement of
220 ethambutol against CF-dependent *M. tuberculosis* persisters. The main findings are: (i) the
221 bedaquiline-containing regimen rapidly eliminates TB in mice, at more than double the rate
222 achievable using the standard regimen; (ii) the bedaquiline-containing regimen completely
223 prevents disease relapse, and (iii) the bedaquiline-containing regimen removed CF-dependent
224 persistent bacteria even at early stages of treatment. These promising findings represent an
225 important step in a paradigm shift to directly target persisters in the treatment of tuberculosis.

226 The Cornell model combined with CF-dependent persister measurement.

227 As a testbed, the Cornell model is a reliable surrogate for human TB infections, modelling TB
228 treatment as well as disease relapses.^{11,25} It has been used to determine the pharmacodynamics
229 of TB drug regimens and successfully brought TB regimens from critical preclinical evaluation
230 to the clinical bedside.³¹ Previously, we demonstrated that it is feasible to use CF-dependent
231 persistent bacteria which are present in mouse organs in the Cornell model as an evaluation
232 tool for measuring the efficacy of drug regimens which target persistent *M. tuberculosis*.^{7,13-}
233¹⁵ Most interestingly, the step-wise reduction of RPF-dependent persister counts coincided
234 with the reduction of cfu counts during the treatment with standard drug regimen, always with
235 a two-log difference between cfu counts and MPN counts. However, at end of treatment, the
236 cfu count free organs still contained considerable numbers of CF-dependent persistent bacteria.
237 This repeatedly demonstrated that the current drug regimen failed to remove CF-dependent
238 persisters in the Cornell model.^{7,13-15} The significance of this is that regimens which are tested
239 in the Cornell model without CF resuscitation are likely to overestimate the power of the
240 regimen in the reduction of relapse. This may be the reason for the recent unsuccessful clinical
241 trials which aimed to shorten the duration of TB therapy.^{32,33}

242 Bedaquiline – targeting persisters

243 Bedaquiline is a “new-kid-on-the-block” and armed with FDA approval, has been shown as an
244 effective anti-TB drug.^{17,23,24,34,35} Bedaquiline substitution in current anti-TB regimens is
245 also effective in mouse models of latent TB.^{21-23,26} . Our results showed that bedaquiline-
246 containing regimens could eliminate CF-dependent persistent bacteria, which provides a
247 mechanistic insight into its efficacy against latent TB in previous studies. More importantly,
248 this study confirms the ability of bedaquiline to target persisters with the potential to not only
249 shorten the duration of TB chemotherapy but also reduce disease relapse.

250 In contrast to current standard drug regimens which fail to kill CF-dependent persisters when
251 organ become apparent bacterial free (cfu count free),^{7, 13-15} the bedaquiline regimen treatment
252 group, demonstrated a two-log difference between cfu counts and MPN counts only at 2 week
253 post treatment and the difference was significantly reduced at 4 weeks and 6 weeks (Figure
254 2C and 2D), This indicated that CF-dependent persisters were rapidly killed at an early stage
255 of treatment, mostly in less than 4 weeks.

256 Bedaquiline – zero disease relapse

257 The findings that the bedaquiline-containing regimen could completely prevent any occurrence
258 of disease relapse in mice is astounding, particularly considering the standard regimen was
259 associated with a 90% relapse rate. The likely explanation for this finding is that CF-dependent
260 persisters are a major determinant of TB disease relapse in this model.^{7, 13-15} Our findings both
261 strengthens the notion that bedaquiline may target the persisters, thus reducing disease relapse,
262 or, more important from a mechanistic viewpoint, bedaquiline actually kills CF-dependent
263 bacilli, leading to their near complete elimination at an early stage in the treatment period. The
264 mode of bedaquiline action is to inhibit bacterial ATP synthesis³⁴ which is an essential
265 metabolic activity of replicating bacilli. Interestingly, it has been reported that bedaquiline kills
266 *in vitro* non-replicating persistent *M. tuberculosis*³⁵ which retain residual ATP synthase
267 enzymatic activity. This is consistent with our previous finding that non-replicating persisters
268 of *M. tuberculosis in vitro* and in mice is metabolically active containing a residual level of
269 transcriptional activity.³⁶ The specific molecular interactions between CF-dependent persisters
270 and bedaquiline, such as membrane cascade activation, are currently unclear and deserve
271 investigation to further our understanding of this novel drug regimen.

272 Bedaquiline – aggressive TB elimination

273 Bedaquiline substitution in current anti-TB regimens in other laboratories achieved organ cfu-
274 count clearance in mice after 2 months of treatment.^{24, 26} We clearly demonstrated that the drug

275 regimen with bedaquiline in combination with rifampicin, isoniazid and pyrazinamide
276 significantly increased the cfu count elimination rate compared to the standard regimen. The
277 bedaquiline regimen achieved cfu count free organs at 8 weeks in lungs and at 6 weeks in
278 spleens; this early bactericidal activity is consistent with previous findings.^{24, 26} The
279 incorporation of the Cornell model with an established mono-exponential bacterial growth and
280 elimination model, as well as the CF resuscitation method means that we could capture the
281 bactericidal and sterilizing activities of the drug regimen over the entire treatment duration. By
282 measured organ cfu counts at two- to three-week intervals over the entire course of treatment,
283 we achieved better temporal assessment of drug efficacy during treatment. This study
284 demonstrated the excellent efficacy of a bedaquiline-containing regimen in mice. To make the
285 transition into the clinical arena, our findings for targeting CF-dependent persisters need to be
286 confirmed in human studies and in larger multi-centre clinical trials. In clinical practice, the
287 quartet of rifampicin, isoniazid, pyrazinamide and ethambutol have been the cornerstone of
288 anti-TB treatment for many decades. Anti-TB therapy typically requires 6 months to achieve
289 clinical disease clearance and to minimize relapses. Prolonged antibiotic therapy is the
290 antithesis of good therapeutic compliance, and the resultant emergence of multidrug resistant
291 TB only complicates the already-difficult task of global disease control. No current non-
292 investigational regimen has been proven to consistently reduce the duration of treatment to less
293 than 6 months, our results demonstrate that bedaquiline may possess most of these features in
294 mice.

295 It has been showed that bedaquiline accumulated at high level in the infected organs such as
296 lungs in mice²⁶ which caused a concern that there might be drug carryover followed by the
297 subsequent microbiological analysis on agar plates or broth. In our study, there was no
298 bedaquiline carryover to either inhibit or kill *M. tuberculosis* in the cultures.

299 Limitations and future directions

300 Although bedaquiline is already approved by the FDA with known side effects profiles,^{37, 38}
301 its use is currently limited to drug-resistant TB.³⁹ The major problem to add bedaquiline into
302 the current drug regimen is the drug interaction with rifamycins such as rifampicin or
303 rifapentine.^{24, 40, 41} It has been shown that co-administration of bedaquiline with rifampicin or
304 rifapentine significantly reduce bedaquiline exposure in patients.^{40, 41} In mice combination of
305 bedaquiline with pyrazinamide was synergistic²⁴ and bedaquiline replacement of rifampicin
306 was more effective than rifampicin, isoniazid and pyrazinamide combined regimen²⁴
307 indicating that rifampicin blunted the effectiveness of bedaquiline. Building bedaquiline into
308 the current clinical regimen is the important next step with careful drug component-adjustment.
309 However, our study showed that substitution of bedaquiline to ethambutol was more potent
310 than the standard regimen indicating that the level of bedaquiline was sufficient to shorten the
311 treatment duration, thus may expose patients to less side effects overall compared to the
312 prolonged 6-month therapy with standard regimen, while offering better efficacy against
313 persisters and reduced disease relapse. In this study, bedaquiline was used at a dose of 25
314 mg/kg, which have been shown in previous studies to give rise to a Cmax from 1.1 to 1.3 mg/L,
315 and AUC from 18.5 to 19.4 mg.hour/L.²⁶ When this dose of bedaquiline (25 mg/kg) was added
316 to the standard regimen, significant organ cfu count clearance was observed,²⁶ as confirmed by
317 our results. While we know the minimum effective dose of bedaquiline for preventing gross
318 lung lesions (6.5 mg/kg) and for bactericidal activities (12.5 mg/kg);²⁶ the minimum effective
319 dose for eliminating CF-dependent persisters remains unknown. This is an area for future work.

320 It has not escaped our notice that bedaquiline-based regimens could also be effective against
321 latent sub-clinical tuberculosis because persistent bacteria can live in people for 70 years or
322 more. If bedaquiline could kill persistent bacteria in otherwise healthy people (one third of the
323 world's population carrying TB) this could reduce disease relapse in TB carriers which is a
324 major source of the disease world-wide.

325 **Conclusion**

326 A bedaquiline antimicrobial regimen eradicates persistent tuberculosis infections and
327 completely prevents disease relapse in mice. The findings offer the potential of a new cure for
328 tuberculosis with reduced relapse rate.

329 **Acknowledgments** We would like to thank Alexander Liu for his critical reading of the
330 manuscript and helpful discussion. We are grateful for Janssen Pharmaceutica to supply
331 bedaquiline for this study.

332 **Funding** This work was supported by the Innovative Medicines Initiative Joint Undertaking
333 resources of which are composed of financial contribution from the European Union's Seventh
334 Framework Programme (FP7/2007-2013) and EFPIA companies' in kind contribution (grant
335 number 115337). The publication reflects only the author's views. The European Commission
336 is not liable for any use that may be made of the information herein. The financial support of
337 MRC (MR/P011144/1) is gratefully acknowledged.

338 **Transparency declarations.** All authors report no potential conflicts.

339 **References**

- 340 1. Zink AR, Sola C, Reischl U *et al.* Characterization of Mycobacterium tuberculosis complex DNAs
341 from Egyptian mummies by spoligotyping. *J Clin Microbiol* 2003; **41**: 359-67.
- 342 2. WHO. WHO global tuberculosis report 2018. 2018.
343 <http://apps.who.int/iris/bitstream/handle/10665/274453/9789241565646-eng.pdf?ua=1>
- 344 3. de Vries G, Aldridge RW, Cayla JA *et al.* Epidemiology of tuberculosis in big cities of the
345 European Union and European Economic Area countries. *Euro surveillance : bulletin Europeen sur les*
346 *maladies transmissibles = European communicable disease bulletin* 2014; **19**.
- 347 4. Mitchison DA. Shortening the treatment of tuberculosis. *Nat Biotech* 2005; **23**: 187-8.
- 348 5. Wayne LG. Dormancy of *Mycobacterium tuberculosis* and latency of disease. *Eur J Clin*
349 *Microbiol Infect Dis* 1994; **13**: 908-14.
- 350 6. Lipworth S, Hammond RJ, Baron VO *et al.* Defining dormancy in mycobacterial disease.
351 *Tuberculosis (Edinburgh, Scotland)* 2016; **99**: 131-42.
- 352 7. Hu Y, Liu A, Ortega-Muro F *et al.* High-dose rifampicin kills persisters, shortens treatment
353 duration, and reduces relapse rate in vitro and in vivo. *Front Microbiol* 2015; **6**: 641.
- 354 8. Mukamolova GV, Turapov O, Malkin J *et al.* Resuscitation-promoting factors reveal an occult
355 population of tubercle Bacilli in Sputum. *Am J Respir Crit Care Med* 2010; **181**: 174-80.

- 356 9. Chengalroyen MD, Beukes GM, Gordhan BG *et al.* Detection and Quantification of
357 Differentially Culturable Tubercle Bacteria in Sputum from Patients with Tuberculosis. *Am J Respir Crit*
358 *Care Med* 2016; **194**: 1532-40.
- 359 10. McCune RM, Feldmann FM, Lambert HP *et al.* Microbial persistence. I. The capacity of tubercle
360 bacilli to survive sterilization in mouse tissues. *J Exp Med* 1966; **123**: 445-68.
- 361 11. McCune RM, Jr., McDermott W, Tompsett R. The fate of *Mycobacterium tuberculosis* in
362 mouse tissues as determined by the microbial enumeration technique. II. The conversion of
363 tuberculous infection to the latent state by the administration of pyrazinamide and a companion drug.
364 *J Exp Med* 1956; **104**: 763-802.
- 365 12. Mitchison DA. Basic mechanisms of chemotherapy. *Chest* 1979; **76**: 771-81.
- 366 13. Hu Y, Pertinez H, Ortega-Muro F *et al.* Investigation of Elimination Rate, Persistent
367 Subpopulation Removal, and Relapse Rates of *Mycobacterium tuberculosis* by Using Combinations of
368 First-Line Drugs in a Modified Cornell Mouse Model. *Antimicrob Agents Chemother* 2016; **60**: 4778-
369 85.
- 370 14. Liu Y, Pertinez H, Davies GR *et al.* Moxifloxacin replacement in contemporary tuberculosis drug
371 regimens is ineffective against persistent *Mycobacterium tuberculosis*: Novel insights from the Cornell
372 mouse model. *Antimicrob Agents Chemother* 2018; **62**: e00190-18.
- 373 15. Liu Y, Pertinez H, Ortega-Muro F *et al.* Optimal doses of rifampicin in the standard drug
374 regimen to shorten tuberculosis treatment duration and reduce relapse by eradicating persistent
375 bacteria. *J Antimicrob Chemother* 2017; **73**: 724–31.
- 376 16. Gras J. Bedaquiline for the treatment of pulmonary, multidrug-resistant tuberculosis in adults.
377 *Drugs of today* 2013; **49**: 353-61.
- 378 17. Li SY, Tasneen R, Tyagi S *et al.* Bactericidal and Sterilizing Activity of a Novel Regimen with
379 Bedaquiline, Pretomanid, Moxifloxacin, and Pyrazinamide in a Murine Model of Tuberculosis.
380 *Antimicrob Agents Chemother* 2017; **61**: e00913-17.
- 381 18. Diacon AH, Dawson R, von Groote-Bidlingmaier F *et al.* Bactericidal activity of pyrazinamide
382 and clofazimine alone and in combinations with pretomanid and bedaquiline. *Am J Respir Crit Care*
383 *Med* 2015; **191**: 943-53.
- 384 19. Diacon AH, Dawson R, Von Groote-Bidlingmaier F *et al.* Randomized dose-ranging study of the
385 14-day early bactericidal activity of bedaquiline (TMC207) in patients with sputum microscopy smear-
386 positive pulmonary tuberculosis. *Antimicrob Agents Chemother* 2013; **57**: 2199-203.
- 387 20. Diacon AH, Dawson R, von Groote-Bidlingmaier F *et al.* 14-day bactericidal activity of PA-824,
388 bedaquiline, pyrazinamide, and moxifloxacin combinations: a randomised trial. *Lancet* 2012; **380**: 986-
389 93.
- 390 21. Zhang T, Li SY, Williams KN *et al.* Short-course chemotherapy with TMC207 and rifapentine in
391 a murine model of latent tuberculosis infection. *Am J Respir Crit Care Med* 2011; **184**: 732-7.
- 392 22. Veziris N, Ibrahim M, Lounis N *et al.* Sterilizing activity of second-line regimens containing
393 TMC207 in a murine model of tuberculosis. *PLoS ONE* 2011; **6**: e17556.
- 394 23. Ibrahim M, Truffot-Pernot C, Andries K *et al.* Sterilizing activity of R207910 (TMC207)-
395 containing regimens in the murine model of tuberculosis. *Am J Respir Crit Care Med* 2009; **180**: 553-
396 7.
- 397 24. Ibrahim M, Andries K, Lounis N *et al.* Synergistic activity of R207910 combined with
398 pyrazinamide against murine tuberculosis. *Antimicrob Agents Chemother* 2007; **51**: 1011-5.
- 399 25. McCune RM, Jr., Tompsett R. Fate of *Mycobacterium tuberculosis* in mouse tissues as
400 determined by the microbial enumeration technique. I. The persistence of drug-susceptible tubercle
401 bacilli in the tissues despite prolonged antimicrobial therapy. *J Exp Med* 1956; **104**: 737-62.
- 402 26. Andries K, Verhasselt P, Guillemont J *et al.* A diarylquinoline drug active on the ATP synthase
403 of *Mycobacterium tuberculosis*. *Science (New York, NY)* 2005; **307**: 223-7.
- 404 27. US FDA. Bacteriological analytical manual, appendix 2: most probable number from serial
405 dilutions. <https://www.fda.gov/food/foodscienceresearch/laboratorymethods/ucm109656.htm>

- 406 28. Meagher AK, Forrest A, Dalhoff A *et al.* Novel pharmacokinetic-pharmacodynamic model for
407 prediction of outcomes with an extended-release formulation of ciprofloxacin. *Antimicrob Agents*
408 *Chemother* 2004; **48**: 2061-8.
- 409 29. Landaw EM, DiStefano JJ, 3rd. Multiexponential, multicompartmental, and
410 noncompartmental modeling. II. Data analysis and statistical considerations. *Am J Physiol* 1984; **246**:
411 R665-77.
- 412 30. Ette EI, Williams PJ. Population pharmacokinetics II: estimation methods. *Ann Pharmacother*
413 2004; **38**: 1907-15.
- 414 31. Council. EABMR. Controlled clinical trial of short-course (6-month) regimens of chemotherapy
415 for treatment of pulmonary tuberculosis. *Lancet* 1972; **1**: 1079-85.
- 416 32. Gillespie SH, Crook AM, McHugh TD *et al.* Four-month moxifloxacin-based regimens for drug-
417 sensitive tuberculosis. *N Engl J Med* 2014; **371**: 1577-87.
- 418 33. Jindani A, Harrison TS, Nunn AJ *et al.* High-dose rifapentine with moxifloxacin for pulmonary
419 tuberculosis. *N Engl J Med* 2014; **371**: 1599-608.
- 420 34. Koul A, Dendouga N, Vergauwen K *et al.* Diarylquinolines target subunit c of mycobacterial
421 ATP synthase. *Nat Chem Biol* 2007; **3**: 323-4.
- 422 35. Koul A, Vranckx L, Dendouga N *et al.* Diarylquinolines are bactericidal for dormant
423 mycobacteria as a result of disturbed ATP homeostasis. *J Biol Chem* 2008; **283**: 25273-80.
- 424 36. Hu Y, Mangan JA, Dhillon J *et al.* Detection of mRNA transcripts and active transcription in
425 persistent Mycobacterium tuberculosis induced by exposure to rifampin or pyrazinamide. *J Bacteriol*
426 2000; **182**: 6358-65.
- 427 37. Avorn J. Approval of a tuberculosis drug based on a paradoxical surrogate measure. *JAMA : J*
428 *Am Med Assoc* 2013; **309**: 1349-50.
- 429 38. Diacon AH, Pym A, Grobusch MP *et al.* Multidrug-resistant tuberculosis and culture conversion
430 with bedaquiline. *N Engl J Med* 2014; **371**: 723-32.
- 431 39. Cox E, Laessig K. FDA approval of bedaquiline--the benefit-risk balance for drug-resistant
432 tuberculosis. *N Engl J Med* 2014; **371**: 689-91.
- 433 40. Svensson EM, Murray S, Karlsson MO *et al.* Rifampicin and rifapentine significantly reduce
434 concentrations of bedaquiline, a new anti-TB drug. *J Antimicrob Chemother* 2015; **70**: 1106-14.
- 435 41. Winter H, Egizi E, Murray S *et al.* Evaluation of the pharmacokinetic interaction between
436 repeated doses of rifapentine or rifampin and a single dose of bedaquiline in healthy adult subjects.
437 *Antimicrob Agents Chemother* 2015; **59**: 1219-24.

438

439 Figure legends

440 Figure 1. Treatment profiles of *M. tuberculosis* H37Rv with standard and bedaquiline-
441 containing regimens in the Cornell mouse model. a. Elimination of cfu counts in lungs. b.
442 Elimination of cfu counts in spleens. RHZE, standard regimen (R, rifampicin. H, isoniazid. Z,
443 pyrazinamide. E, ethambutol. RHZB, bedaquiline-containing regimen (B, bedaquiline). The
444 solid arrow indicates the treatment starting at 3 weeks of post infection. The empty arrow
445 indicates starting steroid treatment after the termination of 14 week therapy.

446 Figure 2. Post-treatment levels of RPF-dependent persisters with standard and bedaquiline-
447 containing regimens in the Cornell mouse model. Lungs (a) and spleens (b) treated with
448 standard regimen. Lungs (c) and spleens (d) treated with bedaquiline-containing regimen.

449

450

451

452

453

454

455 Table 1. Organ cfu counts before and after treatment with the standard (RHZE) and bedaquiline-containing (RHZB) regimens

Time of infection and treatment	Mean Log cfu per lung \pm SD			Mean Log cfu per spleen \pm SD		
	Control	RHZE ^a	RHZB ^b	Control	RHZE ^a	RHZB ^b
D0 ^c	4.80 \pm 0.040			5.29 \pm 0.002		
D21 ^d	7.54 \pm 0.002			6.99 \pm 0.007		
2W ^e		6.09 \pm 0.002	4.35 \pm 0.051		5.43 \pm 0.014	4.24 \pm 0.003
4W		4.80 \pm 0.009	1.67 \pm 0.417		4.05 \pm 0.001	1.05 \pm 0.692
6W		4.07 \pm 0.025	1.53 \pm 0.679		3.47 \pm 0.068	0
8W		3.02 \pm 0.003	0		2.45 \pm 0.054	0
11W		1.35 \pm 0.457	0		1.10 \pm 0.251	0
14W		0	0		0	0

456 a. Standard regimen, R, rifampicin. H, isoniazid. Z, pyrazinamide. E, ethambutol. b. RHZB, bedaquiline-containing regimen, B, bedaquiline. c. 2
 457 hours post-infection. d. 21 days post-infection at the time when treatment was started. e. week 2 post-treatment.

458
 459
 460
 461
 462
 463
 464
 465
 466
 467
 468
 469
 470
 471
 472
 473
 474
 475

Table 2. Elimination constant rates of the standard (RHZE) and bedaquiline-containing (RHZB) regimens

Treatment group	Elimination rate constant (wk-1)			
	Lungs ^a		Spleens ^b	
	Estimate	%RSE	Estimate	%RSE
RHZE	-0.46	3.2	-0.46	4.8
RHZB	-0.75	19.8	-1.22	2.79

a. P = 0.05 RHZE versus RHZB. b. P = 0.002 RHZE versus RHZB.

Table 3. Relapse rate of the mice after treatment with the standard (RHZE) and bedaquiline-containing (RHZB) regimens

Treatment ^a group	Total mice	Mice with positive organs	Mice with negative organs	Relapse rate %
RHZE	21	19	2	90
RHZB	21	0	21	0

a. Treatment for 14 weeks followed by 8 weeks of hydrocortisone treatment
P = <0.001 RHZE versus RHZB

Figure 1

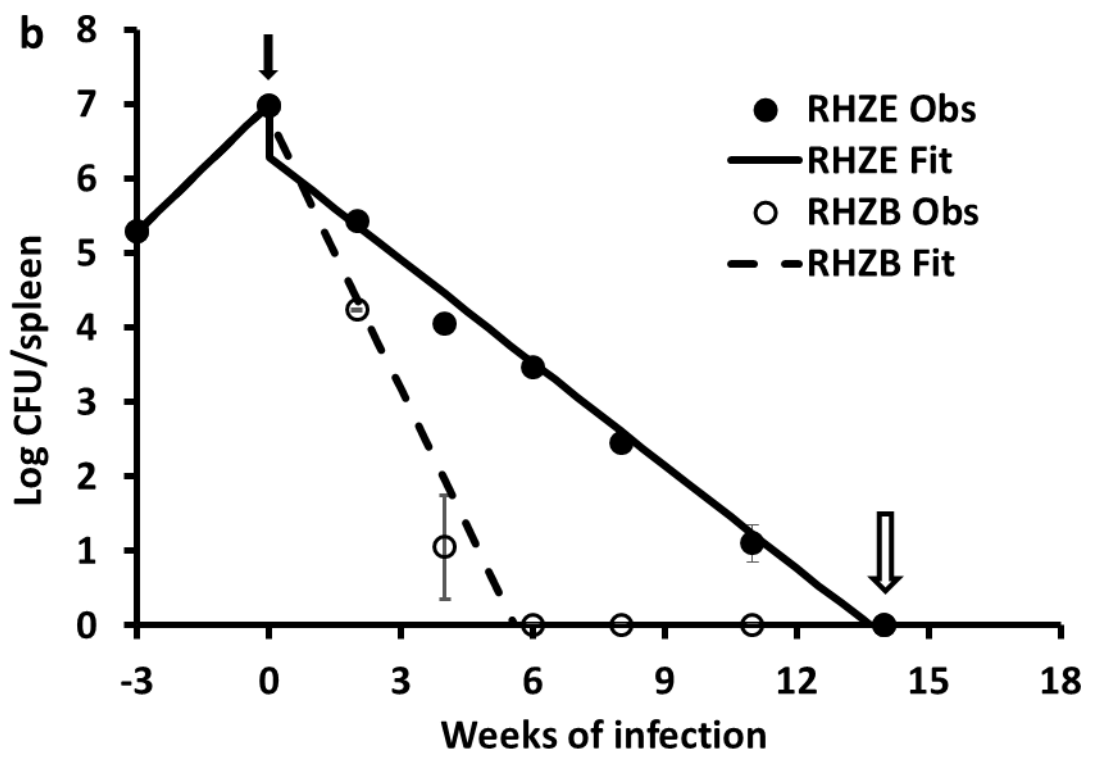
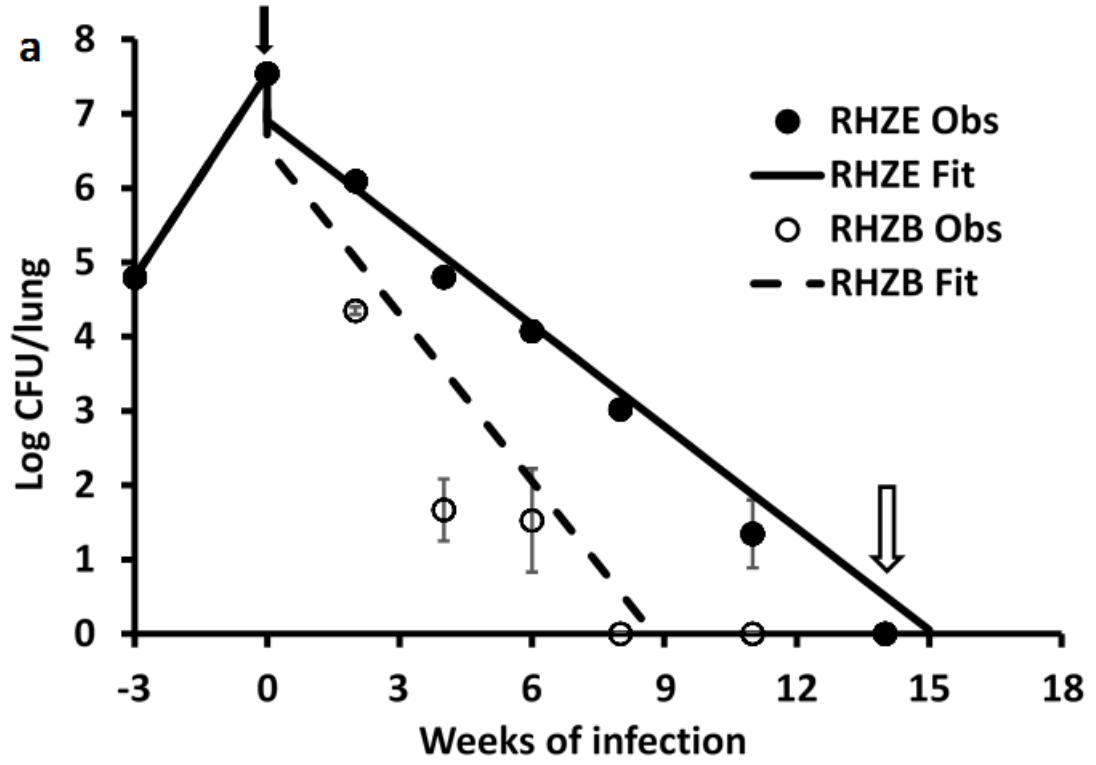


Figure 2

