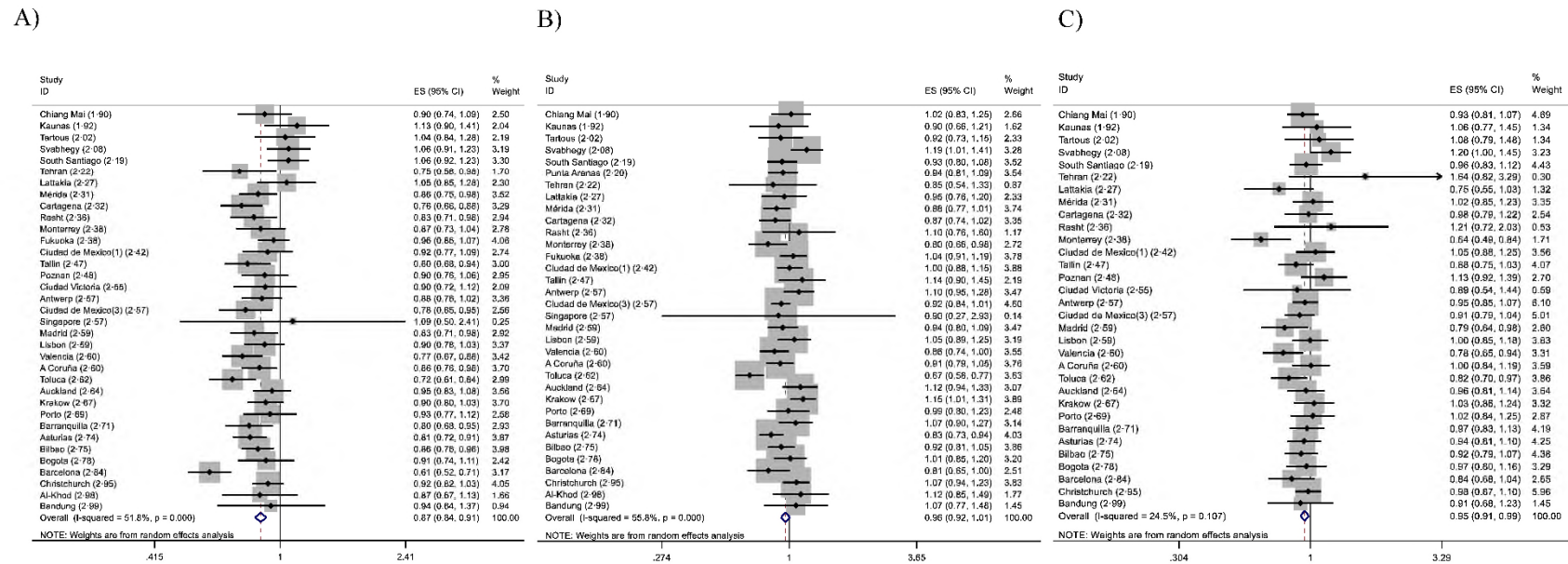


Figure 1. Associations* (odds ratio and 95% CI) between 1-point increase in Healthy Lifestyle Index (HLI) during childhood and current wheeze¹ (A), current symptoms of rhino-conjunctivitis² (B), and current symptoms of eczema³ (C), ISAAC Phase Three.



*Centre-specific odds ratios and 95% confidence intervals from meta-analysis using random effects.

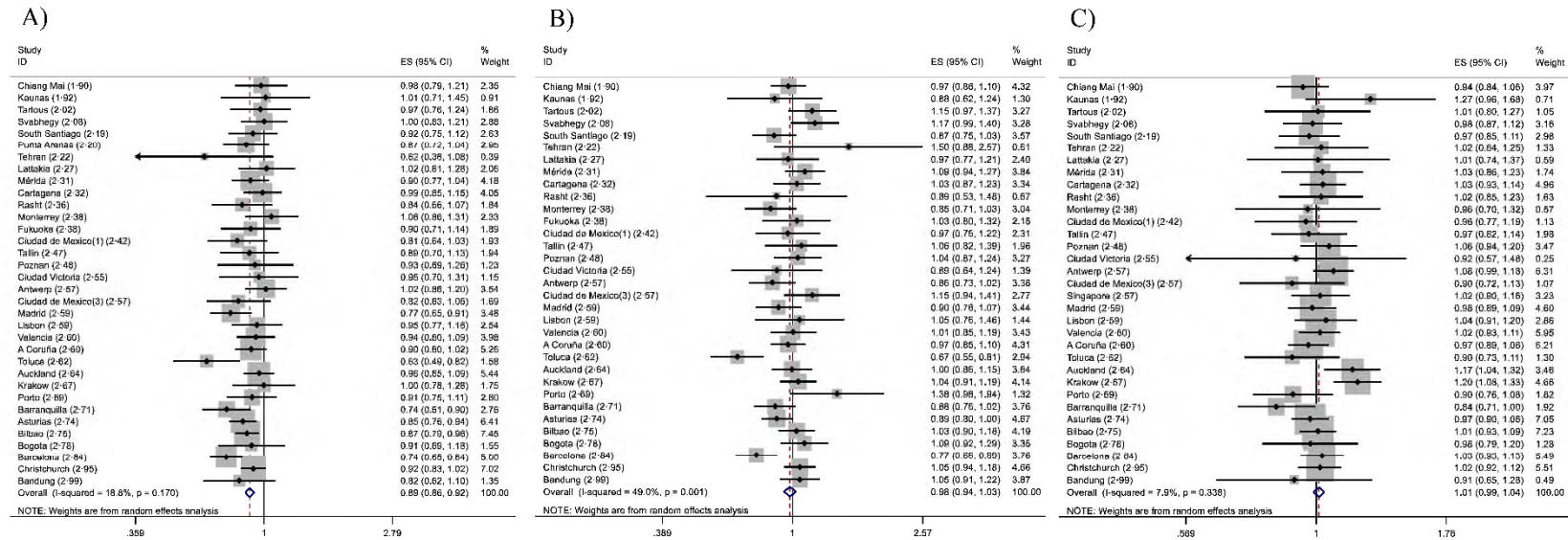
For each centre, the mean HLI score is stated in brackets.

¹Models adjusted for child's sex, breastfeeding and pets at home. Punta Arenas and Caracas centers not included because of incomplete data.

²Models adjusted for child's sex and pets at home. Poznan, Ciudad Victoria and Caracas centers not included because of incomplete data.

³Models adjusted for child's sex, maternal education level, breastfeeding and siblings. Punta Arenas, Caracas, Fukuoka, Singapore, and Al-Khod centers not included because of incomplete data.

Figure 2. Associations* (odds ratio and 95% CI) between 1-point increase in Healthy Lifestyle Index (HLI) during childhood and asthma ever¹ (A), hay fever ever² (B), and ever eczema³ (C) in children aged 6-7 years, the ISAAC Phase Three.



*Centre-specific odds ratios and 95% confidence intervals from meta-analysis using random effects.

For each centre, the mean HLI score is stated in brackets.

¹Models adjusted for child's sex, maternal education level, siblings and pets at home. Singapore, Al-Khod and Caracas centers not included because of incomplete data.

²Models adjusted for child's sex, maternal education level, breastfeeding and siblings. Punta Arenas, Caracas, Singapore and Al-Khod centers not included because of incomplete data.

³Models adjusted for child's sex, maternal education level and breastfeeding. Punta Arenas, Caracas, Fukuoka and Al-Khod centers not included because of incomplete data.