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Short Title:	Digenic Inheritance in Pituitary Dysgenesis
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Keywords:	genetics; neuroendocrinology; hypopituitarism; pediatric endocrinology
Abstract:	Context: Pituitary stalk interruption syndrome (PSIS, ORPHA95496) is a congenital defect of the pituitary gland characterized by the triad of a very thin/interrupted pituitary stalk, an ectopic (or absent) posterior pituitary gland, and hypoplasia or aplasia of the anterior pituitary gland. Complex genetic patterns of inheritance of this disorder are increasingly recognized.
	Objective: The objective of this study was to identify a genetic etiology of PSIS in an affected child.
	Methods: Whole exome sequencing (WES) was performed using standard techniques, with prioritized genetic variants confirmed via Sanger sequencing. To investigate the effects of one candidate variant on mutant WDR11 function, Western blotting and co- immunofluorescence were used to assess binding capacity, and Leptomycin B exposure along with immunofluorescence were used to assess nuclear localization.
	Results: We report a child who presented in infancy with multiple pituitary hormone deficiencies whose brain imaging demonstrated a small anterior pituitary, ectopic posterior pituitary, and a thin, interrupted stalk. WES demonstrated heterozygous missense mutations in two genes required for pituitary development, a known loss-of-function mutation in PROKR2 (c.253C>T;p.R85C) inherited from an unaffected mother, and a WDR11 (c.1306A>G;p.I436V) mutation inherited from an unaffected father. Mutant WDR11 loses its capacity to bind to its functional partner, EMX1 and to localize to the nucleus.
	Conclusions: WES in a child with PSIS and his unaffected family implicates a digenic mechanism of inheritance. In cases of hypopituitarism where there is incomplete segregation of a monogenic genotype with the phenotype, the possibility that a second genetic locus is involved should be considered.

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PRECIS:	We describe a child with digenically inherited PSIS in the setting of a maternally inherited PROKR2 mutation (c.253C>T;p.R85C) and a paternally inherited WDR11 mutation (c.1306A>G;p.I436V).
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1	Digenic Inheritance of PROKR2 and WDR11 Mutations in Pituitary Stalk Interruption Syndrome
2	with Hormone Deficiencies
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23	

24 Abstract

26	Context: Pituitary stalk interruption syndrome (PSIS, ORPHA95496) is a congenital defect of the
27	pituitary gland characterized by the triad of a very thin/interrupted pituitary stalk, an ectopic (or absent)
28	posterior pituitary gland, and hypoplasia or aplasia of the anterior pituitary gland. Complex genetic
29	patterns of inheritance of this disorder are increasingly recognized.
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31	Objective: The objective of this study was to identify a genetic etiology of PSIS in an affected child.
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33	Methods: Whole exome sequencing (WES) was performed using standard techniques, with prioritized
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35	mutant WDR11 function, Western blotting and co-immunofluorescence were used to assess binding
36	capacity, and Leptomycin B exposure along with immunofluorescence were used to assess nuclear
37	localization.
38	
39	Results: We report a child who presented in infancy with multiple pituitary hormone deficiencies whose
40	brain imaging demonstrated a small anterior pituitary, ectopic posterior pituitary, and a thin, interrupted
41	stalk. WES demonstrated heterozygous missense mutations in two genes required for pituitary
42	development, a known loss-of-function mutation in PROKR2 (c.253C>T;p.R85C) inherited from an
43	unaffected mother, and a WDR11 (c.1306A>G;p.I436V) mutation inherited from an unaffected father.
44	Mutant WDR11 loses its capacity to bind to its functional partner, EMX1 and to localize to the nucleus.
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46	Conclusions: WES in a child with PSIS and his unaffected family implicates a digenic mechanism of
47	inheritance. In cases of hypopituitarism where there is incomplete segregation of a monogenic genotype
48	with the phenotype, the possibility that a second genetic locus is involved should be considered.
49	

50 Precis

51

- 52 We describe a child with digenically inherited PSIS in the setting of a maternally inherited *PROKR2*
- 53 mutation (c.253C>T;p.R85C) and a paternally inherited *WDR11* mutation (c.1306A>G;p.I436V).

55 Introduction

56

57 Pituitary stalk interruption syndrome (PSIS, ORPHA95496) is a congenital defect of the pituitary gland 58 that is characterized by the triad of a very thin or interrupted pituitary stalk, an ectopic or absent posterior 59 pituitary gland, and hypoplasia or aplasia of the anterior pituitary gland. Patients with PSIS may present 60 with heterogeneous clinical features resulting from single or multiple hypothalamic-pituitary hormone 61 deficiencies. The rare occurrence of families in which several members have PSIS has suggested that at 62 least in some cases PSIS may be genetic (1), and mutations in genes encoding proteins involved in the 63 Wnt, Notch and Shh signaling pathways that are critical for hypothalamic-pituitary development 64 have been reported in some patients with PSIS (2). Nevertheless, in most cases the etiology of PSIS 65 remains unknown. We present a case of PSIS with multiple anterior pituitary deficiencies in which whole 66 exome sequencing analysis identified two heterozygous mutations, thereby implicating a digenic 67 mechanism as the basis for this condition. 68 69 **Methods and Materials** 70 71 Human Subject Considerations. Samples were collected under an approved Institutional Review Board 72 protocol of the Children's Hospital of Philadelphia; the corresponding study was conducted according to 73 the Declaration of Helsinki. Written, informed consent or assent, as appropriate, was obtained from all 74 participants prior to their inclusion. 75 76 Case Presentation. Relevant clinical details were abstracted from the electronic medical record. 77 Biochemical and Genetic Analyses. We extracted DNA from peripheral blood mononuclear cells from the 78 proband and his unaffected parents, and performed exome capture and sequencing, as well as read 79 processing, mapping to human genome reference (GRCh37-derived alignment set used in 1000 Genomes 80 Project), variant calling, annotations and filtering for rare variants affecting the coding sequence and/or

81	consensus splice sites, as previously described (3). The family pedigree (Figure 1) did not suggest a
82	specific mode of inheritance, so we considered nonsynonymous, splice-altering variants, and frameshift
83	variants co-segregating with the disease under either de novo dominant or recessive inheritance models in
84	the family with a minor allele frequency < 1% in public databases (i.e. 1000 Genomes Project and NHLBI
85	ESP6500SI). Subsequent gene prioritization was on basis of deleterious prediction, biological and clinical
86	relevance as suggested by existing databases (i.e., Online Mendelian Inheritance in Man (OMIM) and
87	Human Gene Mutation Database (HGMD)). However, because we failed to identify any candidates
88	relevant to the phenotype under either dominant or recessive models, we next focused on possible digenic
89	mode of inheritance by identifying variants in the proband that were shared with either parent. We
90	validated mutation candidates by Sanger sequencing and used in silico tools (4, 5) to predict their effects.
91	Salivary DNA was collected from his unaffected sister to assess her status for the identified variants. All
92	biochemical analyses were performed in commercial reference laboratories using standard techniques.
93	
94	Mutagenesis. The full-length WDR11 cDNA in pcDNA-GFP or pcDEST-Myc vector was mutagenized
95	using Q5 site-directed mutagenesis kit (New England Biolabs) to introduce c.1306A>G variant following
96	the manufacturer's protocol. Briefly, the nucleotide exchange was introduced using Q5 Hot Start High-
97	Fidelity DNA Polymerase with 'non-overlapping' mutagenic primers (NEBase Changer) via PCR run for
98	25 cycles of 98°C for 30s, 98°C for 10s, 60°C for 30s, 72°C for 5min and 72°C for 2min. The products
99	were ligated at room temperature for 5 minutes and transformed into Top10 chemically competent cells.
100	Mutated plasmid constructs were verified by sequencing (Source Bioscience, Nottingham, U.K.).
101	Sequences of primers used are available upon request.
102	
103	Co-immunoprecipitation and Western blot analysis. HEK293T cells cultured in DMEM supplemented
104	with 2mM L-glutamine, 100 µg/ml penicillin/streptomycin and 10% fetal bovine serum (Sigma-Aldrich)
105	were transfected with plasmid constructs expressing Myc-tagged WDR11 or HA-tagged EMX1 using
106	Fugene (Promega). At 48 hours post-transfection, total cell lysates were extracted with the lysis buffer

107	(50 mM HEPES, 150 mM NaCl, 10% glycerol, 1% Nonidet P-40, and 1 mM EDTA) containing protease
108	inhibitor cocktail (Sigma-Aldrich) and phosphatase inhibitor (Sigma-Aldrich). After incubation on ice for
109	10 min and centrifugation for 10 min at 4 °C, the pre-cleared lysate (500 $\mu$ g – 1 mg protein) was
110	incubated with anti-Myc antibody (M4439, Sigma-Aldrich) and protein A/G-Agarose beads (Santa Cruz
111	Biotechnology) overnight at 4 °C on a rotating wheel. The immune complexes on the beads were washed
112	4 times with the lysis buffer, separated by SDS-PAGE and transferred to Hybond-ECL membrane
113	(Amersham) which was probed with anti-WDR11 (1:500, ab175256, Abcam) and anti-EMX1 (1:500,
114	PA5-35373, Invitrogen) antibody diluted in blocking buffer (5% skim milk in TBS with 0.05% Tween
115	20).
116	
117	Immunofluorescence. GFP-tagged wild-type and mutant WDR11 expression constructs were transfected
118	into HEK293T. After 48 hours, cells were treated with Leptomycin B (10ng/ml) for 10 hours before being
119	fixed with 4% paraformaldehyde. After washing three times in PBS, the nuclei were counterstained with
120	DAPI and the cover slips were mounted in Mowiol 4-88 (Fluka). Images were analysed using Zeiss
121	Axioplan 2 Upright fluorescence microscope and ImageJ software (http://rsbweb.nih.gov/ij/). In each
122	experiment, approximately 200 cells were scored for the nuclear or cytoplasmic location of WDR11
123	based on the GFP signal at 488 nm, against the total cells in the field based on the DAPI signal at 405 nm.
124	
125	Results
126	
127	The proband was the 2.92 kg product of a 39-week gestation, born to a 45 year old G2P1A0 mother
128	(Figure 1). He is of Ashkenazi Jewish heritage and was conceived by <i>in vitro</i> fertilization and underwent
129	targeted pre-implantation genetic diagnosis because both parents are carriers for Gaucher disease and
130	familial hyperinsulinism. He is a carrier of GBA N370S and ABCC8 c.3989-9G>A mutations.
131	

He developed transient, mild hypoglycemia within first 36 hours of life and was diagnosed with central
congenital hypothyroidism based on low thyroid hormone levels on newborn screening. MRI of the brain
showed small anterior pituitary and ectopic posterior pituitary with a thin and interrupted pituitary stalk,
consistent with pituitary stalk interruption syndrome (PSIS). Hydrocortisone replacement was begun at 6
weeks of life based on low serum cortisol levels of ~1-2 mcg/dL. At birth he was thought to have a
normal sized phallus, but at 8 months of life he received testosterone 25 mg IM q3weeks x 6 for small
phallus.

139

140 Growth hormone status was initially normal, and his length was at the 25-50% ile until age ~16-18 141 months, after which he made little gain in length, such that by 2 8/12 years, his height was <1% ile. Head 142 circumference demonstrated a similar pattern. His weight increased to 50-75% ile by around 12 months, 143 but also faltered thereafter. He was begun on recombinant human growth hormone (GH) at 2 9/12 years 144 for lack of statural growth (Height SD -1.8); a very low random growth hormone level of 0.93 ng/ml, low 145 IGF-1 level of 27 ng/mL and low IGFBP3 of 0.6 mg/L, all of which in this clinical context were 146 consistent with GH deficiency. Both height and weight responded well to GH; height increased to the 147 38% ile and weight to the 20% ile after ~15 months of therapy. Neurocognitive development has been 148 normal.

149

150 Whole exome sequencing revealed heterozygous mutations in two genes known to affect hypothalamic 151 and pituitary development, one in PROKR2 (c.253C>T; p.R85C) inherited from an unaffected mother, 152 and one in WDR11 (c.1306A>G;p.I436V) inherited from an unaffected father, both confirmed by Sanger 153 sequencing (Figure 1). Additional candidates were considered under *de novo*, X-linked and recessive 154 models, and were excluded due to a lack of pathogenicity or relevance to the phenotype (Supplementary 155 Table 1). A clinically unaffected sister carried only the *PROKR2* missense mutation (Figure 1). Publicly 156 available databases show that *PROKR2* p.R85C is present in the population with a minor allele frequency 157 of 0.0005024 in the ExAC database (http://exac.broadinstitute.org/gene/ENSG00000101292) and is

158 absent in 1,000 Genomes Project and in 6,503 exomes from the Exome Sequencing Project (ESP6500SI). 159 Several lines of evidence indicate that *PROKR2* p.R85C is pathogenic. First, the amino acid change (from 160 basic to hydrophobic) occurs at a highly evolutionarily conserved site that is predicted to lie within an 161 important functional GPCR domain, and in silico studies predict that this change is pathological 162 (Polyphen2 score 1.0 predicts the change to be probably damaging; PROVEAN score -6.840 is 163 Deleterious). Second, functional studies have indicated that the p.R85C variant has reduced activity in 164 MAPK and/or calcium signaling pathways (6-8) without evidence of a dominant negative effect (8). 165 Third, this mutation has previously been identified in an individual with normosomic idiopathic 166 hypogonadotropic hypogonadism (7). Finally, all other amino acid changes reported at the same site have 167 been also associated with hypothalamic and pituitary dysfunction. For example, heterozygous mutations 168 including PROKR2 p.R85H, p.R85G and p.R85L have all been identified in association with pituitary 169 stalk interruption and multiple pituitary hormone deficiencies (9, 10). On basis of the ACMG guidelines 170 (11), this variant is therefore classified as pathogenic.

171

172 We were unable to identify a point mutation, deletion or duplication in the second *PROKR2* allele, and 173 therefore the WDR11 p.I436V variant became relevant based on the involvement of WDR11 mutations in 174 other pituitary disorders. This variant is rare, and publicly available databases show it has a minor allele 175 frequency of 0.001307 in the ESP6500SI (http://evs.gs.washington.edu/EVS/) and a minor allele 176 frequency of 0.00090840 in the ExAC database (http://exac.broadinstitute.org/gene/ENSG00000120008). 177 Although *in silico* prediction tools do not indicate a high likelihood of pathogenicity (Polyphen 2 score 178 of 0.000; PROVEAN -0.118, Neutral), its location in the functionally significant 6<sup>th</sup> WD domain, an 179 important site for protein-protein interactions, suggested it could be pathogenic. To confirm this, we 180 examined the behavior of this rare variant of WDR11 in two different functional assays in vitro. WDR11 181 binds and co-localizes with the EMX1 transcription factor in the nucleus, and this interaction must be 182 important for its normal function, because this capacity is lost by all WDR11 mutations in patients with 183 idiopathic hypogonadotropic hypogonadism and Kallmann syndrome (12). Our co-immunoprecipitation

184	Western blot assay indicated that the p.I436V variant of WDR11 was unable to bind to EMX1 (Figure 2).
185	We also evaluated the p.I436V variant in a second functional assay that is based on the observation that
186	wild type WDR11 can shuttle between nucleus and cytoplasm, and treatment with a nuclear export
187	inhibitor Leptomycin B induces its accumulation in the nucleus (12). When we introduced GFP-WDR11
188	into HEK293T cells, both the WT and variant WDR11 proteins showed mainly cytoplasmic location, but
189	when the cells were treated with Leptomycin B, the WT but not the p.I436V variant showed nuclear
190	localization (Figure 3). Taken together, these studies demonstrate that the p.I436V substitution disrupts
191	the normal function of WDR11, and provides strong evidence that this is a pathogenic variant.
192	
193	Discussion
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195	PSIS is a common finding in patients with pituitary hormone deficiency, and accounts for hypopituitarism
196	in over 11% of adult patients (13) and in 29 of 46 children with idiopathic growth hormone deficiency
197	(14). Although mechanical pituitary stalk rupture or pituitary stalk ischemia during breech delivery has
198	been implicated as a major cause of PSIS, the existence of familial cases has suggested that a genetic
199	disorder involving developmental processes underlies at least some cases of PSIS, and mutations and/or
200	single nucleotide variants in HESX1, LHX4, PROP1, OTX2, SOX3, PROP1, PROKR2 and GPR161 have
201	been identified in patients with this condition (2, 15). Nevertheless, most patients with PSIS do not have
202	an identified genetic cause. Here, we have used an unbiased approach, whole exome sequencing, to
203	identify a novel genetic basis for PSIS. The proband we studied carried heterozygous missense mutations
204	in two different genes important for hypothalamic/pituitary function, PROKR2 and WDR11. This finding
205	implicates a putative digenic basis for PSIS in this child, and also suggests that this unusual genetic
206	mechanism may explain other cases of PSIS that lack conventional autosomal recessive inheritance.

207

A digenic disorder results from heterozygous mutations in two distinct genes that encode different

209 proteins. Often, these proteins are both required for normal function or development of a tissue, and/or act

210 in the same signaling pathway. The impact of having mutations in two different genes in the same 211 pathway can be more than additive, together producing a more severe phenotype than would be expected 212 to occur from the simple combination of their individual effects. For a long time, the existence of digenic 213 inheritance has been proposed as one potential explanation for why in some pedigrees, a monogenic 214 model of inheritance suggests decreased or variable penetrance (16). In these families, a two-locus model 215 may more accurately reflect the observed patterns. Examples of digenic inheritance include some forms 216 of retinitis pigmentosa and facioscapulohumeral muscular dystrophy, and perhaps more relevantly, in 217 some forms of idiopathic hypogonadotropic hypogonadism (17). The number of conditions exhibiting 218 digenic inheritance continues to grow (18). Indeed, a curated database exists (DIgenic Diseases DAtabase, 219 DIDA) and at the time of this writing contains 44 conditions with clear evidence of digenic inheritance 220 (19).

221

222 Although to our knowledge this is the first report of heterozygous mutations in both PROKR2 and 223 WDR11 in the same individual, each of these genes has previously been implicated with another gene 224 mutation as the basis for a digenic pituitary disease. PROKR2 (OMIM #607002) encodes a 384-amino 225 acid G-protein coupled receptor (GPCR) whose signaling activity plays a key role in both development of 226 the olfactory bulb (20) and GnRH secretion (21). Mutations in *PROKR2* have previously been associated 227 with hypogonadotropic hypogonadism with or without anosmia and Kallmann syndrome (7). 228 Heterozygous mutations including PROKR2 p.R85H, p.R85G and p.R85L have all been identified in 229 association with pituitary stalk interruption and multiple pituitary hormone deficiencies (9, 10). The same 230 heterozygous mutation on *PROKR2* that was identified in the proband here, p.R85C, has also been found 231 in a female patient with multiple pituitary hormone deficiencies, including in GH, ACTH, LH and FSH, 232 as well as vasopressin, and an MRI demonstrating normal anterior pituitary, absent posterior pituitary and 233 absent stalk (22). No additional mutations were found in that patient, however only two candidate genes 234 (PROKR2 and FGFR1) were sequenced for individuals in that study. Finally, in the mouse model of 235 PROKR2 deficiency, the Kallmann syndrome phenotype is only observed in the homozygous animals (6). 236 In human studies as well as in animal models, *PROKR2* haploinsufficiency seems not to account for the 237 PSIS phenotype, hence raising the need for a "second hit", either genetic or environmental, to produce 238 pituitary disease. This hypothesis was further supported when a patient with Kallmann syndrome was 239 discovered to carry the same *PROKR2* heterozygous mutation as our proband, p.R85C, in combination 240 with a second heterozygous mutation in *FGFR1*, p.A604T, thereby providing evidence for a digenic basis 241 the syndrome (10). Prokineticin 2 and PROKR2 are both expressed in the hypothalamus and pituitary, 242 and reduced expression or activity of PROKR2 is implicated in both Kallmann syndrome or PSIS, 243 perhaps because of the important role this signaling pathway plays in endocrine angiogenesis and 244 neuronal migration in this region of the central nervous system. Ectopic posterior pituitary has been 245 proposed to be a consequence of defective neuronal axon projections along the pituitary stalk or defective 246 angiogenesis of hypophyseal portal circulation. Therefore, it is reasonable to suggest that the loss of 247 PROKR2 signaling is involved in PSIS.

248

249 Our proband carried a second heterozygous mutation in WDR11 (OMIM #606417), which encodes a 250 protein that is a member of the WD repeat protein family that participates in a wide variety of cellular 251 processes. The p.I436V missense mutation affects the 6<sup>th</sup> WD domain of the WRD11 protein within the 252 evolutionarily conserved predicted propeller region that is required for interaction of WDR11 with 253 EMX1, a homeodomain transcription factor necessary for olfactory bulb morphogenesis. We found that 254 the p.I436V mutation, similar to other nearby amino acid substitutions that have been identified in 255 individuals with idiopathic hypogonadotropic hypogonadism with and without anosmia (12, 23), 256 disrupted interaction of WDR11 with EMX1. Specifically, heterozygous missense mutations in 257 neighboring p.A435 (p.A435T) and p.R448 (p.R448Q) have been identified in each of two individuals 258 with idiopathic hypogonadotropic hypogonadism and normosmia (12). In addition, in a different 259 individual, the WDR11 p.A435T mutation was identified in association with a mutation in a second gene, 260 GNRHR (c.275T>C;p.L92P), implicating digenic inheritance of this disorder as well (23). We note that 261 this variant has been identified in homozygous form in two apparently normal subjects

- 262 (<u>http://exac.broadinstitute.org/gene/ENSG00000120008</u>), but their phenotype is unknown, and it is
  263 conceivable that one or both of these individuals has a mild pituitary phenotype.
- 264

265	Digenic inheritance is more likely when the functional roles of the two involved proteins affect a singular
266	pathway and/or there are demonstrated protein-protein interactions (18). Here, both PROKR2 and WDR11
267	have been found to participate in key signaling processes that influence the morphogenesis of the
268	olfactory bulb. The PROKR2 p.R85C variant has been described in heterozygous state in patients with
269	idiopathic hypogonadotropic hypogonadism, Kallmann syndrome, healthy first-degree relatives of
270	Kallmann probands, and in rare healthy controls. We therefore propose that p.R85C (and possibly other
271	PROKR2 mutations) may act as modifier, and contribute to the PSIS phenotype through digenic
272	inheritance, as previously demonstrated in idiopathic hypogonadotropic hypogonadism and Kallmann
273	syndrome (17, 24). Further studies are needed to elucidate in more detail the role of PROKR2 signaling in
274	pituitary and midline development.
275	
276	In summary, this case adds digenic inheritance of mutations in PROKR2 and WDR11 as an additional
277	potential cause of multiple pituitary hormonal deficiencies and PSIS, and highlights the importance of
278	considering unconventional genetic mechanisms when there is incomplete segregation of a heterozygous

279 mutation with the phenotype in a pedigree.

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				2		~

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376 Figure Legends

378	Figure 1. Pedigree and sequencing chromatograms. Panel A (top) shows the pedigree. The affected
379	proband is indicated with an arrow (shaded). Circles are females, squares are males. The genotypes are
380	indicated for each individual. (B) A sequence chromatogram showing the PROKR2 (CC>CT; 85 R/R>
381	R/C) mutation. (C) A sequence chromatogram showing the WDR11 (CA>AG; 436 I/I> I/V) mutation. In
382	the chromatograms, mutations are indicated with arrows.
383	
384	Figure 2. Mutant WDR11 fails to bind to EMX1. (A) WDR11 fusion proteins containing a Myc epitope
385	tag wildtype (WT) or the c.1306 A>G variant (Mutant) were co-expressed in HEK293 cells along with
386	HA-EMX1 protein. The total cell lysates were immunoprecipitated with anti-Myc antibody, and the
387	association of EMX1 protein was determined by immunoblot analysis using anti-EMX1 antibody. Empty
388	pCDNA vector (-) was included as a negative control. (B) The average densitometry values of the EMX1
389	band intensity obtained from 3 independent experiments are shown with the standard deviations (error
390	bars).
391	
392	Figure 3. Mutant WDR11 fails to accumulate in the nucleus after treatment with leptomycin B. (A)
393	HEK293 cells transfected with GFP-WDR11 (green) expression constructs were treated with an
394	leptomycin B (Lep), an inhibitor of nuclear export, or the vehicle (solv) and analyzed by fluorescence
395	microscopy to determine the intracellular localization of WDR11. Nuclei were stained with DAPI (blue).
396	(B) The percentages of cells showing either nuclear or cytoplasmic localization of the mutant WDR11-
397	GFP are shown in comparison with the WT which showed a significant increase of nuclear translocation
398	after Lep treatment. The average data from 3 independent experiments were obtained by counting 100-
399	200 cells in each experiment, and presented as a mean $\pm$ SEM with two-way ANOVA followed by
400	Tukeys post-hoc test (NS, p>0.05; ****, p<0.0001).









Supplemental Material

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