

# BMJ Open European prospective cohort study on *Enterobacteriaceae* showing RESistance to CARbapenems (EURECA): a protocol of a European multicentre observational study

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## ABSTRACT

**Introduction:** The rapid worldwide spread of carbapenem-resistant *Enterobacteriaceae* (CRE) constitutes a major challenge. The aim of the European prospective cohort study on *Enterobacteriaceae* showing RESistance to CARbapenems (EURECA), which is part of the Innovative Medicines Initiative Joint Undertaking (IMI JU) funded COMBACTE-CARE project, is to investigate risk factors for and outcome determinants of CRE infections to inform randomised clinical trial designs and to provide a historical cohort that could eventually be used for future comparisons with new drugs targeting CRE.

**Methods:** A multicentre (50 sites), multinational (11 European countries), analytical observational project was designed, comprising 3 studies. The aims of study 1 (a prospective cohort study) include characterising the features, clinical management and outcomes of hospitalised patients with intra-abdominal infection, pneumonia, complicated urinary tract infections and bloodstream infections caused by CRE (202 patients in each group). The main outcomes will be 30-day all-cause mortality and clinical response. Study 2 (a nested case-control study) will identify the risk factors for target infections caused by CRE; 248 selected patients from study 1 will be matched with patients with carbapenem-susceptible *Enterobacteriaceae* (1:1) and with hospitalised patients with CRE infections. Study 3 (a matched cohort study) will follow patients in study 2 in order to assess mortality, length of stay and hospital costs associated with CRE. All patients will be followed for 30 days. Different, up-to-date statistical methods will be applied to come to unbiased estimates for all 3 studies.

**Ethics and dissemination:** Before-study sites will be initiated, approval will be sought from appropriate regulatory agencies and local Ethics Committees of Research or Institutional Review Boards (IRBs) to conduct the study in accordance with regulatory

## Strengths and limitations of this study

- The European prospective cohort study on *Enterobacteriaceae* showing RESistance to CARbapenems (EURECA) is a prospective, multinational (11 European countries), multicentre (50 sites) study with onsite investigators collecting a magnitude of reliable information on individual level as well as hospital level to reliably characterise risk factors, clinical management, best available therapy (BAT) and outcomes of hospitalised patients with four different types of infections caused by carbapenem-resistant *Enterobacteriaceae* (CRE).
- It will also provide a historical cohort treated with the BAT, enabling inferiority trials as well as historically controlled superiority trials.
- Different up-to-date statistical methods will be applied to come to unbiased estimates for the three studies that EURECA includes.
- This study has limitations, including its mainly observational nature, so an impact of unmeasured variables and residual confounding cannot be discarded. Also, despite the fact that this will be, to the best of our knowledge, one of the biggest cohort of patients with infections caused by CRE, the statistical power in some strata may be limited.

requirements. This is an observational study and therefore no intervention in the diagnosis, management or treatment of the patients will be required on behalf of the investigation. Any formal presentation or publication of data collected from this study will be considered as a joint publication by the participating physician(s) and will follow the recommendations of the International Committee of Medical Journal Editors (ICMJE) for authorship.

**Trial registration number:** NCT02709408.

## INTRODUCTION

Antibiotic resistance is recognised as an important global public health concern.<sup>1</sup> Among antibiotic-resistant organisms, carbapenem-resistant *Enterobacteriaceae* (CRE) have spread rapidly worldwide and now present a major challenge for treating patients suffering from infections caused by them. Resistance to carbapenems can be mediated by different mechanisms, although the production of carbapenemases ( $\beta$ -lactamases with hydrolytic activity against carbapenems) is the most worrisome because of their recent dramatic spread in many countries.<sup>2</sup> Unfortunately, carbapenemase-producing *Enterobacteriaceae* (CPE) are frequently resistant to other antibiotic families, which considerably limits the available therapeutic options against them.

Until now, little is known on several aspects of infections due to CRE and/or CPE. First, although a meta-analysis showed that infections caused by CRE were associated with higher mortality rates than those caused by carbapenem-susceptible isolates,<sup>3</sup> the studies providing the primary data had methodological limitations such as insufficient control for confounders. Second, most of the studies investigating the clinical impact and outcome of these infections were carried out in specific environments (such as intensive care units (ICUs) or outbreaks), or included only specific types of infection. Third, the management patterns in different settings and their impact on clinical outcomes were not defined. Fourth, the currently recommended therapy (use of at least two active drugs, including at least one carbapenem if the minimum inhibitory concentration (MIC) of these drugs is sufficiently low)<sup>4</sup> is based only on retrospective studies, which mostly included bacteraemic infections caused by *Klebsiella pneumoniae* carbapenemase (KPC)-producing *Klebsiella pneumoniae*.<sup>5–7</sup> As a result, the best available therapy (BAT) is not well defined for different organisms or clinical situations. These issues are important in order to evaluate medical needs in this area and to design randomised controlled trials with newer and older drugs.

Performing randomised trials can be particularly difficult in the case of multidrug-resistant organisms (MDRO), because patients cannot be selectively recruited before microbiological results are available and empirical treatment can dilute the impact of the drugs under study. Historical control groups have been viewed as an option for providing rapid real-world data on the efficacy of anti-infectives specifically in the case of serious infections with poor outcomes and limited treatment options, like those caused by CRE.<sup>8</sup> To be useful for such purposes, the historical cohort should include all known confounders of the effect, use consistent exposure and outcome definitions, and data quality should be ensured.

The European prospective cohort study on *Enterobacteriaceae* showing REsistance to CARbapenems (EURECA), which is part of the Innovative Medicines Initiative Joint Undertaking (IMI JU)-funded

COMBACTE-CARE project,<sup>9</sup> aims to clarify some of the above gaps and to support regulatory pathways for new antibiotics.<sup>10</sup> The main objectives of EURECA are: (1) to identify the predictors for negative outcomes in patients with intra-abdominal infection (IAI), pneumonia, complicated urinary tract infections (cUTI) and bloodstream infections (BSI) caused by CRE, including the impact of clinical management and different antimicrobial regimens on outcome and identification of the BAT; (2) to identify the risk factors for the aforementioned infections caused by CRE; (3) to provide cohorts of patients with the target infections caused by CRE that could eventually be used as historical cohorts for making comparisons of the efficacy and safety of other drugs against CRE organisms; and (4) to assess the mortality, length of hospital stay and hospitalisation costs associated with the target infections caused by CRE.

## METHODS AND ANALYSIS

### Studies and design

To answer the above questions, a prospective, multinational, multicentre, analytical observational project was designed that included three substudies (figure 1). The study designs are:

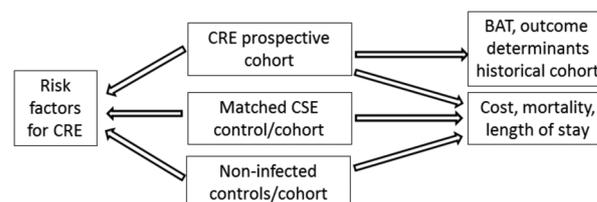
**Study 1:** To achieve objectives 1 and 3, a prospective cohort study will be carried out comprising patients with targeted infections due to CRE.

**Study 2:** To achieve objective 2, a matched nested case-control study will be performed. Cases will be selected from study 1. The first group of matched controls will be selected among patients with infections caused by carbapenem-susceptible *Enterobacteriaceae* (CSE), and the second group of matched controls will comprise admitted patients without CRE infection (admitted patients).

**Study 3:** To achieve objective 4, a matched cohort study will be conducted. Cohorts will comprise patients with infections due to CRE, patients with infections due to CSE and 'admitted patients' included in study 2.

### Sites and study period

The study will be performed in 50 hospitals throughout countries in southern Europe including Albania, Croatia, Greece, Italy, Kosovo, Montenegro, Romania, Serbia, Spain and Turkey. The participating sites were



**Figure 1** Study design according to targeted objectives. BAT, best available therapy; CRE, carbapenem-resistant *Enterobacteriaceae*; CSE, carbapenem-susceptible *Enterobacteriaceae*.

selected after completing specific feasibility questionnaires that included data on rates of infection due to CRE, number of beds for adult and paediatric patients, clinical and laboratory capabilities and experience in clinical studies.

All consecutive patients with IAI, pneumonia, cUTI and BSI due to CRE diagnosed at the participating hospitals (202 patients in each group) will be eligible. These patients will be identified daily by reviewing local microbiological laboratory reports at each site. Each patient with any *Enterobacteriaceae* isolate fulfilling the microbiological criteria for CRE (see below) taken from a clinical sample (screening samples will not be considered) will be evaluated for inclusion and exclusion criteria. These patients will form the CRE cohorts in study 1; 248 of these patients will be selected to serve as the CRE case group in study 2 and the CRE cohort in study 3 (figure 2).

For each CRE case patient, one patient will be included from whom CSE has been isolated; CSE controls will be matched by centre, type of acquisition (community or nosocomial), type of hospital service, length of hospitalisation before infection and type of infection. These patients will serve as the matched CSE control group of study 2 and the matched CSE cohort of study 3.

Finally, for each CRE case patient, three admitted patients without *Enterobacteriaceae* infection will be included matched to the corresponding CRE case by centre, ward and length of hospitalisation. These patients will serve as the matched admitted patient

controls in study 2, and as the matched 'admitted patient' cohort in study 3.

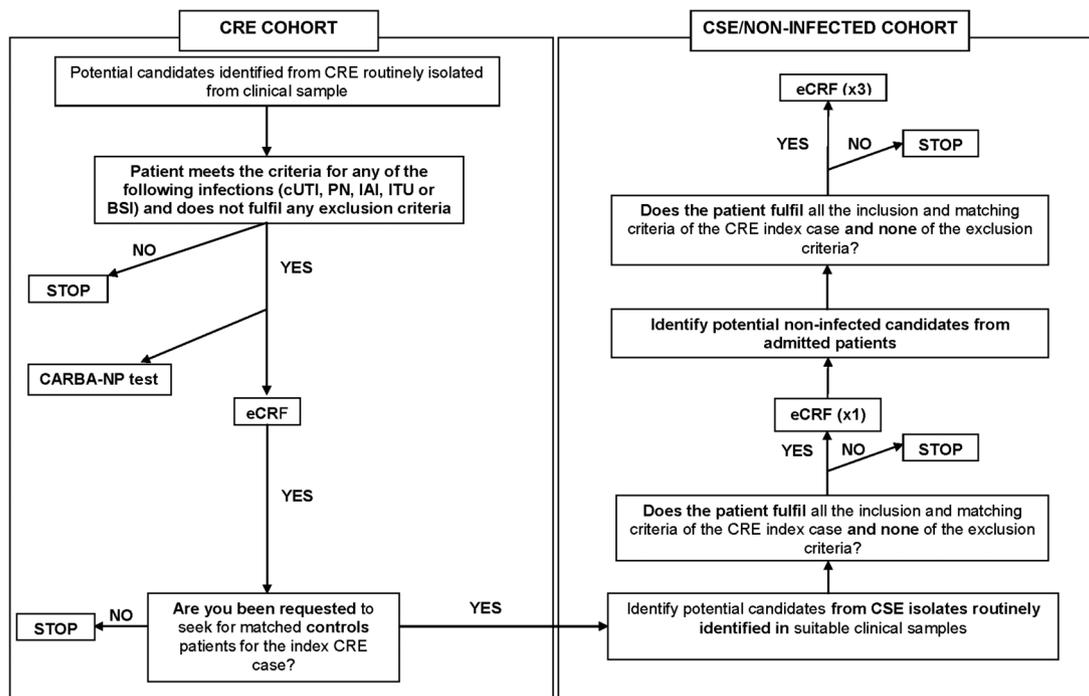
All patients will be followed for a period of 30 days after inclusion. A summary of the three key visits during follow-up is shown in table 1.

### Inclusion criteria for CRE patients

- ▶ CRE is isolated from a clinical sample (eg, a sample obtained in the work-up of a patient with suspicion of infection; hence, screening samples will not be considered).
- ▶ The patient meets the criteria for any of the following infections (see definitions below): cUTI, pneumonia, IAI or BSI.
- ▶ The patient or his/her representative has signed an informed consent form if requested by the local Institutional Review Board (IRB).

### Exclusion criteria for CRE patients

- ▶ The infection is considered to be polymicrobial according to standard microbiological interpretations of culture results (except for IAI, in which polymicrobial infections are allowed).
- ▶ The patient is participating in a clinical trial that involves active treatment for these infections.
- ▶ The patient was previously included in the same cohort of this study for the same organism. A single episode of CRE per patient may be included.
- ▶ Patients with do-not-resuscitate orders or with a life expectancy of <30 days.



**Figure 2** Decision tree for patient enrolment. BSI, blood stream infection; CRE, carbapenem-resistant *Enterobacteriaceae*; CSE, carbapenem-susceptible *Enterobacteriaceae*; cUTI, complicated urinary tract infection; eCRF, electronic case report form; IAI, intra-abdominal infection; PN, pneumonia.

## Study variables

The primary end points for study 1 are 30-day all-cause mortality and clinical response at day 21 (test-of-cure, TOC), categorised as failure versus cure/improvement. The secondary end points are: microbiological response at TOC, mortality during hospitalisation, infection-related mortality until day 21, length of hospital stay after infection, length of ICU stay (if appropriate), duration of antibiotic treatment, recurrence, superinfection and therapy-related adverse events.

The primary end point for study 2 is infection due to CRE. The primary end points for study 3 are 30-day all-cause mortality, length of hospital stay after infection, length of ICU stay and duration of mechanical ventilation, if appropriate.

The following explanatory variables will be collected: age, gender, date of admission, ethnicity, country, hospital, type of hospital ward, recent travel abroad, contact with pets or livestock, profession, contact with persons colonised by CRE during previous hospitalisations in an acute care hospital or long-term care facility, previous colonisation by CRE, comorbidities (type and severity according to the Charlson index for adults<sup>11</sup> and Antibiotic Resistance and Prescribing in European Children (ARPEC) Point Prevalence Survey (ARPEC PPS) definitions for children),<sup>12</sup> transplantation, neutropaenia, use of immunosuppressive drugs, HIV infection with <200 CD4 cells/mm<sup>3</sup> type of acquisition (nosocomial, healthcare-associated or community),<sup>13 14</sup> severity of sepsis,<sup>15 16</sup> Pitt score,<sup>17</sup> Sepsis-related Organ Failure Assessment (SOFA) and QuickSOFA scores,<sup>18 19</sup> Pediatric Early Warning Score (PEWS) score in children,<sup>20</sup> Acute Physiology And Chronic Health Evaluation II (APACHE II) score in ICU patients,<sup>21</sup> Pediatric Index of Mortality 2 (PIM2)2 in children admitted to the ICU,<sup>22</sup> invasive procedures (mechanical ventilation, central venous catheter, urinary catheter, surgery), type of infection, microbiological features of the isolate (carbapenemase producer or not, carbapenemase type, susceptibility profile, carbapenem MICs), clinical management other than antimicrobial therapy

(source control, support therapy), antimicrobial therapy (including all antibiotics administered, dose, start and discontinuation dates, reason/s for discontinuation) and adverse events related to antimicrobial therapy (renal toxicity, liver toxicity, *Clostridium difficile* infection).

## Definitions

The definitions of cUTI, pneumonia, IAI and BSI are shown in [table 2](#). For the purpose of the study, a CRE is defined as any isolate identified as an *Enterobacteriaceae* showing a MIC of meropenem or imipenem of  $\geq 1$  mg/L if using any dilution method, and/or of  $\leq 22$  mm if using a disk-diffusion method (10  $\mu$ g disks). A CSE is defined as any isolate identified as an *Enterobacteriaceae* showing susceptibility to carbapenems according to the above criteria. Meropenem-susceptible and imipenem-susceptible isolates showing resistance to ertapenem will be excluded.

## Microbiological studies

Local laboratories will identify the isolates and perform routine susceptibility testing according to standard microbiological procedures; also, CRE isolates will be studied locally using the CARBA NP test. All CRE isolates will be preserved at  $-20^{\circ}\text{C}$  and sent to a central laboratory for detection and characterisation of carbapenemase genes.

## Sample size

The sample size for the CRE has been calculated in a way that the cohorts can serve as 'historical' cohorts in future comparisons involving other drugs against CRE infections. To do this, and because the estimate for the outcome variable of the new drug is unknown, we seek to generate clinical cure rate estimates for the BAT with 95% CI and 8% precision. For an estimated cure rate of 50%, based on data from previous studies,<sup>5-7</sup> 151 patients with each type of infection (cUTI, pneumonia, IAI and BSI) are needed. However, since ~25% of patients will not receive the BAT, 201 patients per type of infection will be included. This sample size will also

**Table 1** Simplified follow-up schedule and variables to be collected

Variables	Day 0	From day 0 to 21	Day 21 (TOC)	Day 30 (end of follow-up)
Selection criteria	✓			
Demographics	✓			
Risk factors	✓			
Comorbidities	✓			
Clinical features	✓	✓	✓	
Microbiology	✓			
Antimicrobial therapy	✓	✓	✓	✓
Non-antibiotic treatment	✓	✓	✓	✓
Outcome			✓	✓
Other analytical results	✓	✓	✓	✓
Safety of drugs	✓	✓	✓	✓

TOC, test-of-cure.

**Table 2** Definitions of infections included in the study

Type of infection	Definition
Complicated urinary tract infection	<p><i>For adults and children &gt;12 years (any of them)</i></p> <p>A positive blood culture for CRE or CSE <i>and</i> One of the following: One local symptom (urgency, frequency, dysuria, tenesmus or suprapubic tenderness) <i>or</i> Two systemic symptoms or predisposing conditions (fever (&gt;38°C core or &gt;38.3°C armpit) or hypothermia (&lt;36°C core), new cognitive impairment or change in mental status (in patients over 70 years), flank pain, costovertebral angle tenderness on physical examination, urinary tract abnormalities or presence of a urinary catheter) <i>or</i> A positive urine culture (isolation of CRE or CSE, <math>\geq 10^5</math> microorganisms per mL of urine) <i>and</i> No other recognised cause of the bloodstream infection</p> <p><i>For children &gt;2 years</i></p> <p>Abnormal urinary dipstick test (leucocyte esterase &gt;1+, or positive nitrite test) or urinalysis (pyuria with at least 10 WCCs per high power field in centrifuged urine, and bacteriuria with any bacteria per high power field on an unstained specimen of urinary sediment) <i>and</i> At least two of the following clinical or biological signs:</p> <ol style="list-style-type: none"> <li>1. Fever with temperature of 38°C or higher</li> <li>2. Abdominal or flank pain, urgency, frequency, dysuria, suprapubic tenderness</li> <li>3. Elevated C reactive protein or procalcitonin concentrations, according to the local laboratory</li> </ol> <p><i>and</i></p> <p>A positive urine culture with isolation of CRE or CSE only (spontaneously voided urine with <math>\geq 10^5</math> microorganisms per mL of urine or suprapubic aspirate/urinary catheter with <math>\geq 10^4</math> microorganisms per mL of urine) or a positive blood culture with isolation of CRE with no other recognised cause</p> <p><i>For children <math>\leq 2</math> years old</i></p> <p>Abnormal urinary dipstick test (leucocyte esterase &gt;1+ or positive nitrite test) or urinalysis (pyuria with at least 10 WCCs per high power field in centrifuged urine, and bacteriuria with any bacteria per high power field on an unstained specimen of urinary sediment) <i>and</i> At least two of the following clinical or biological signs:</p> <ol style="list-style-type: none"> <li>1. Fever with temperature of 38°C or higher</li> <li>2. General, non-specific signs such as irritability, vomiting, diarrhoea or feeding problems in infants</li> <li>3. Elevated C reactive protein or procalcitonin concentrations according to the local laboratory</li> </ol> <p><i>and</i></p>

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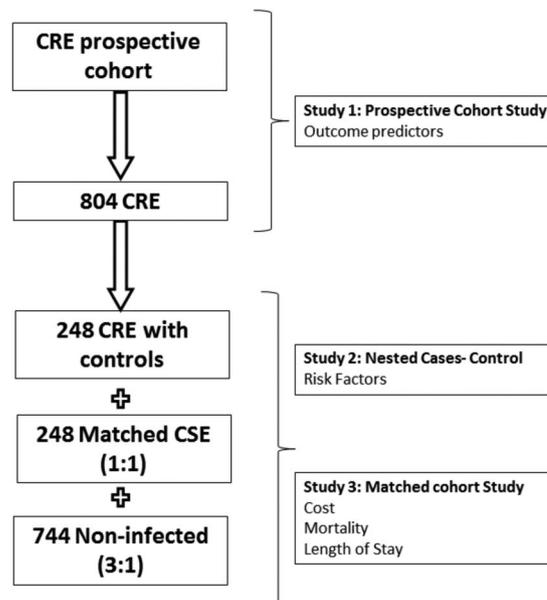
Table 2 Continued

Type of infection	Definition
Intra-abdominal infection	<p>A positive urine culture with isolation of CRE or CSE only (spontaneously voided urine with <math>\geq 10^5</math> microorganisms per mL of urine or suprapubic aspirate/urinary catheter with <math>\geq 10^4</math> microorganisms per mL of urine) or positive blood culture with isolation of CRE with no other recognised cause</p> <p><i>For all age groups (either of them)</i></p> <p>Patient has organisms cultured from purulent material from intra-abdominal space obtained during a surgical operation or needle aspiration.</p> <p>Patient has at least two of the following signs or symptoms with no other recognised cause:</p> <ol style="list-style-type: none"> <li>1. Fever (<math>&gt;38^\circ\text{C}</math>)</li> <li>2. Nausea</li> <li>3. Vomiting</li> <li>4. Abdominal pain</li> <li>5. Jaundice</li> </ol> <p><i>and</i></p> <p>One of the following:</p> <ol style="list-style-type: none"> <li>1. Organisms cultured from drainage from surgically placed drain (eg, closed suction drainage system, open drain, T-tube drain)</li> <li>2. Organisms cultured from blood and radiographic evidence of infection, for example, abnormal findings on ultrasound, CT scan, MRI or radiolabelled scans (gallium, technetium, etc) or on abdominal X-ray</li> </ol>
Pneumonia	<p><i>For all age groups (at least one of the following criteria: radiological, clinical and microbiological)</i></p> <p><b>Radiology</b> Chest X-rays or CT scan with a suggestive image of pneumonia (for patients with underlying cardiac or pulmonary disease, a new infiltrate needs to be demonstrated by comparing with a previous chest X-ray or CT scan)</p> <p><b>Clinical criteria</b> For children <math>\leq 12</math> years old At least three of the following:</p> <ol style="list-style-type: none"> <li>1. Fever <math>&gt;38^\circ\text{C}</math> with no other cause</li> <li>2. Leucocytosis or leucopaenia (see age-specific laboratory variables above)</li> <li>3. Worsening gas exchange (eg, <math>\text{O}_2</math> desaturations (eg, pulse oximetry reading <math>&lt;94\%</math>), increased oxygen requirements or increased ventilator demand)</li> <li>4. Apnoea, tachypnoea, nasal flaring with retraction of chest wall or grunting</li> <li>5. Wheezing, rales or rhonchi</li> <li>6. Cough</li> <li>7. Bradycardia or tachycardia (age-specific)</li> </ol> <p>For children <math>\geq 12</math> and adults At least one each of the following symptoms/signs/laboratory data:</p> <ol style="list-style-type: none"> <li>1. Fever <math>&gt;38^\circ\text{C}</math></li> <li>2. Leucocytosis (<math>\geq 12\,000</math> WCC/<math>\text{mm}^3</math>)</li> <li>3. Leucopaenia (<math>&lt;4000</math> WCC/<math>\text{mm}^3</math>)</li> <li>4. In patients <math>\geq 70</math> years old, new cognitive impairment or worsening mental status</li> </ol> <p><i>and</i></p> <p><b>Microbiology</b> Isolation of bacteria from any of the following:</p> <ol style="list-style-type: none"> <li>1. Quantitative culture from minimally contaminated lower respiratory tract specimen (bronchoalveolar lavage (BAL) with a threshold of <math>&gt;10^4</math> CFU/mL or <math>\geq 5\%</math> of BAL-obtained cells containing intracellular bacteria on direct microscopic examination; protected specimen brush with a threshold of <math>&gt;10^3</math> CFU/mL; distal protected aspirate with a threshold of <math>&gt;10^3</math> CFU/mL)</li> <li>2. Quantitative culture of endotracheal aspirate or unprotected specimen brush with a threshold of <math>10^6</math> CFU/mL</li> <li>3. Blood cultures, not related to any other source of infection</li> <li>4. Pleural fluid or needle aspiration of pleural or pulmonary abscess</li> <li>5. Sputum culture with quality criteria (<math>&gt;25</math> leucocytes/field 100X and <math>&lt;10</math> squamous epithelial cells/field 100X)</li> </ol>

Continued

Table 2 Continued

Type of infection	Definition
	At least one of the following: <ol style="list-style-type: none"> <li>1. New onset of purulent sputum</li> <li>2. Change in character of sputum (colour, odour, quantity, consistency)</li> <li>3. Cough</li> <li>4. Dyspnoea or tachypnoea</li> <li>5. Suggestive auscultation signs (rales or bronchial breath sounds), rhonchi, wheezing</li> <li>6. Worsening gas exchange (eg, desaturation or increased oxygen requirements or increased ventilation demand)</li> </ol>
Bloodstream infection	For all age groups Positive blood culture with isolation of CRE or CSE in patients with sepsis criteria CRE, carbapenem-resistant <i>Enterobacteriaceae</i> ; CSE, carbapenem-susceptible <i>Enterobacteriaceae</i> ; UTI, urinary tract infection; WCC, white cell count.



**Figure 3** Sample size required for each study. CRE, carbapenem-resistant *Enterobacteriaceae*; CSE, carbapenem-susceptible *Enterobacteriaceae*.

be sufficient in order to investigate the BAT with the merged CRE cohorts (figure 3).

The CRE case group will comprise 248 patients selected from those with infections due to CRE. In order to represent the proportions of different types of target infection caused by CRE, based on previous studies,<sup>23 24</sup> the first 124 (~50%) patients with cUTI, the first 75 patients (~30%) with pneumonia, the first 25 patients (~10%) with IAI and the first 24 patients (~10%) with BSI not included in the previous groups will be included. For each CRE case, one CSE control patient and 3 non-infected controls will be selected.

### Statistical analysis

The outcomes associated with exposure to different variables will be compared; targeted exposures will be empirical active antimicrobial therapy, early targeted optimised therapy and early source control. Antimicrobial regimens will be analysed as empirical (administered before susceptibility testing is available) and targeted therapy (thereafter). The analysis of end points will be performed with respect to the respective type; survival techniques will be used for time-to-event outcomes, accounting for competing risks; Cox models will be used for all event-specific hazards. Clinical or microbiological response at TOC will be analysed using logistic regression.

For an analysis of risk factors, CRE cases will be compared with both CSE controls and admitted controls. The sampling design requires a nested case-control analysis of the outcome infection due to CRE. Since the occurrence of infection due to CRE is subject to the competing risks of death in hospital or live discharge from hospital with or without CRE infection, the



analyses will be supplemented with those of the competing outcomes. Multilevel hospital data (local CRE rate, antimicrobial consumption, infection control measures) will also be considered in the analyses above.

Mortality, length of hospital and ICU stay, and duration of mechanical ventilation of patients with CRE, CSE and admitted patients will be compared. All time-to-event outcomes will be compared using survival techniques. Extra hospital/ICU days will be estimated using Beyersmann *et al*'s<sup>25</sup> multistate approach. Goodness of fit will be assessed, and variable selection will be based on Akaike's information criterion<sup>26</sup> throughout.

### ETHICAL ISSUES AND DISSEMINATION PLAN

This study will be conducted according to the principles of the Declaration of Helsinki and in accordance with the Medical Research Involving Human Subjects Act (WMO) and local guidelines in the participating countries. Before-study sites will be initiated, approval will be sought from appropriate regulatory agencies and local Ethics Committees of Research or IRBs to conduct the study in accordance with regulatory requirements. This is an observational study and therefore no intervention in the diagnosis, management or treatment of the patients will be required on behalf of the investigation. All patient management, including all antibiotic regimens prescribed, will be decided by the physician/team in charge without any interference. No management procedures from routine evidence-based management are included as part of the investigation.

Processing of the patients' personal data collected in this study will comply with the Data Protection Act 1998 and the European Directive on the Privacy of Data. All data collected, stored and processed will be anonymised (95/46/EC). The principal investigator/lead researcher at each site will guarantee that all team members or other persons involved at his site respect the confidentiality of any information concerning the study patients and ensure that the personal privacy of any patient whose data are collected in the study is not violated.

Individual written consent of the patient is not required; however, if any local or central IRB decides that written informed consent is needed, it will be required at the specific sites. Training in research methods for the study will be provided for all site personnel involving face-to-face meetings and webcast teleconferences. To guarantee data quality and avoid fraud, the study sites will be monitored and/or audited. The sponsor or a designated third party will conduct monitoring and audit visits.

Spot check monitoring and source data verification will be conducted to identify that patients exist and that the data entered in the database have been retrieved from genuine patient files and transferred correctly. All site study-related documents, including patient data source documents, must be made available for monitoring and audit.

Results will be reported at conferences and in peer-reviewed publications. It is mandatory that any publication is based on data from the database, analysed as stipulated in the protocol by investigators in agreement with the sponsor.

Any formal presentation or publication of data collected from this study will be considered as a joint publication by the participating physician(s) and will follow the recommendations of the International Committee of Medical Journal Editors (ICMJE) for authorship.

### DISCUSSION

While antimicrobial resistance is recognised as an important health problem worldwide, it is challenging to perform high-quality comparative clinical research on therapeutic options for infections caused by antimicrobial-resistant bacteria. The reported outcomes of infections caused by MDROs are usually worse than those caused by susceptible organisms, but appropriate control of all relevant confounders is key because MDROs frequently affect debilitated patients prone to worse prognoses, and this is especially true for CRE cases. Appropriateness of therapy, an intermediate variable, should be considered as well, but for CRE cases the BAT is unknown. Then hospital-level variables can greatly influence clinical outcomes as well, and therefore it is of paramount importance to measure risk factors and clinical outcomes in different environments: higher versus lower endemicity, small versus large hospitals, large infection control bundles versus smaller bundles. Therefore, EURECA is a prospective, multinational, multicentre study with onsite investigators collecting a magnitude of reliable information on individual level as well as hospital level to reliably characterise risk factors, clinical management, BAT and outcomes of hospitalised patients with four different types of CRE infections.

On the basis of the results of retrospective cohort studies, mainly including patients with bacteraemic infections caused by KPC-producing *Klebsiella pneumoniae*, it has been suggested that the use of combination therapy is superior to monotherapy for severe/invasive infections caused by CPE.<sup>5-7</sup> Nevertheless, the BAT for different types of infections and different types of patients in different settings remains ambiguous. EURECA will be able to inform future clinical trials on anti-infectives against CRE infections about the BAT. Moreover, it will enable researchers to efficiently include a high proportion of CRE cases, based on clinical profile, and to decide on appropriate sample sizes, based on detailed clinical outcome estimates for different settings. It will also provide a historical cohort treated with the BAT, enabling inferiority trials as well as historically controlled superiority trials.<sup>8</sup>

To the best of our knowledge, despite the fact that the reported mortality rates of patients with infections due to CRE are frequently high, the clinical pathway is unclear and evidence of excess mortality is limited.<sup>3</sup>

Possible mechanisms responsible for negative outcomes include delay in active therapy, use of substandard drugs and/or increased virulence of CRE. However, in evidence-based medicine, it is crucial to produce reliable, actionable information so that quality of care in these complicated cases can be improved.

In conclusion, EURECA aims to provide actionable information for the design of randomised control trials for the treatment of CRE, as well as robust conclusions for appropriate clinical decision-making until the results of such trials are available.

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